

1 Development of a portable SERS tool to evaluate the effectiveness of washing methods to
2 remove pesticide residue from fruit surface

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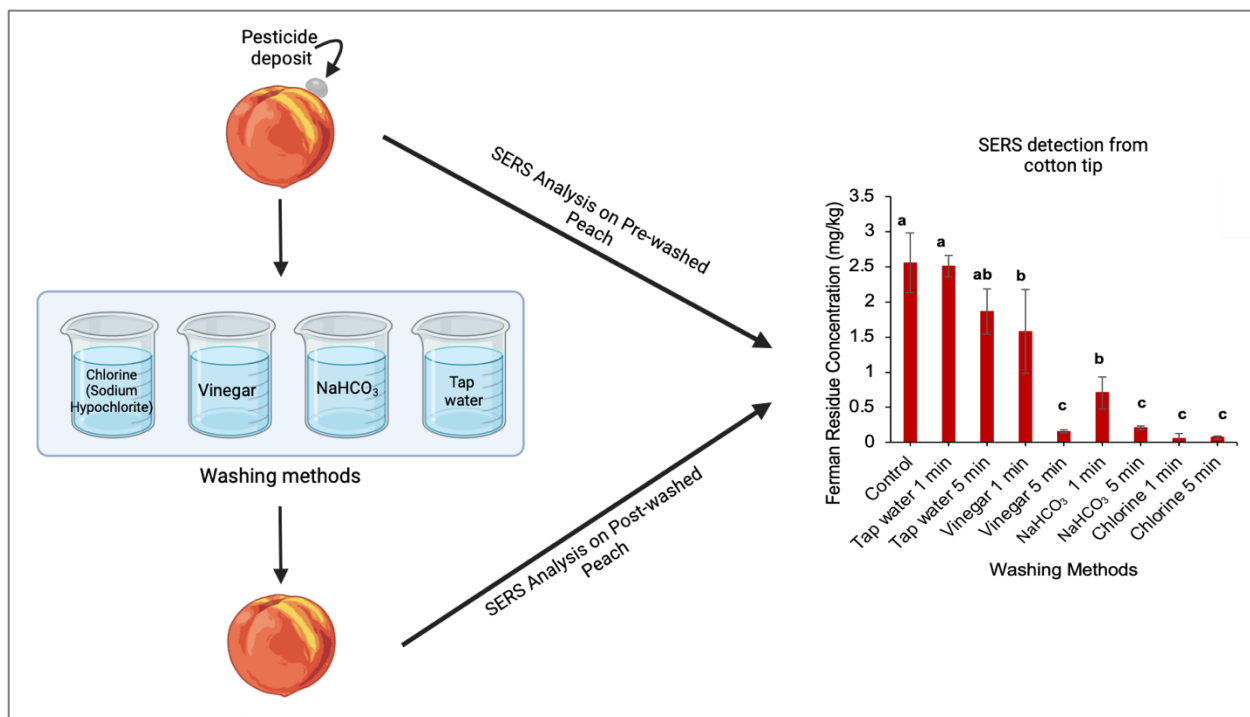
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22 ABSTRACT:

23 Pesticides are commonly used to control pests and improve crop productivity in agriculture.
24 Upon post-harvest, concerns have emerged regarding the potential harmful health effects
25 resulting from the presence of pesticide residues. Analyzing these residues on crop surfaces is
26 challenging due to their typically low concentration and potential interference from the
27 complex matrix of the produce's surface. To address this challenge, we developed a portable
28 surface-enhanced Raman spectrometer (SERS)-based approach that offers a fast turnover rate,
29 simplified protocol, on-site capability, and high sensitivity. Further, this new approach was
30 used to investigate the efficacy of various washing methods to remove a fungicide (ferbam)
31 from peach surfaces. Household washing methods were compared with the chlorine wash
32 used in the food processing industry (25 mg/L, sodium hypochlorite). The 1- and 5-
33 minute chlorine wash (25 mg/L) proved most effective in removing pesticide residues,
34 compared to tap water, sodium bicarbonate, and vinegar-soaking methods. Among household
35 washing agents, sodium bicarbonate and vinegar provided superior removal effectiveness
36 compared to tap water. In addition, SERS analysis on the flesh and backside of the
37 skin revealed negligible penetration of ferbam into peaches. This study not only introduces an
38 innovative method for measuring pesticide residues but also contributes to our understanding
39 of pesticide removal and penetration. This knowledge is crucial for the effective use of
40 pesticides and mitigation of their exposure through food sources.

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43

44 **Graphical abstract.**

45

46 1 | INTRODUCTION

47 Pesticides are commonly used to prevent, destroy, or mitigate pests or to control plant growth.¹

48 According to the Food and Agriculture Organization of the United Nations (FAO), worldwide

49 pesticide usage increased from 1.6 to 2.6 million tones between 1990 to 2020.² Fungicides, a

50 class of pesticides that control fungal growth, are often used in agricultural settings to protect

51 crops from fungal diseases that may damage them and cause them to be unfit for consumption.

52 The application of fungicides to control fungal infestations is often considered indispensable

53 to secure global food supply. However, like all pesticides, fungicides can reach bodies of water

54 and distant soil easily.³ Monitoring pesticide use on agricultural products is vital because while

55 pesticides are designed to intercept the specific pests, the remaining portions of pesticide can
56 leach into the environment, leading to potential entry into the food chain. Prolonged exposure
57 to these compounds may lead to adverse health effects such as neurological disruptions.⁴

58 While the U.S. Food and Drug Administration Produce Safety Rule (PSR) does not
59 mandate the washing of food produce before sale, if producers choose to wash their produce
60 before taking it to market, the PSR requires that all agricultural water must be safe and of
61 adequate sanitary quality for its intended use.^{5,6} The most commonly available sanitizer
62 washing solution for produce is chlorine (active ingredient: sodium hydrochloride) due to its
63 inexpensiveness, ease of use, and relative safeness. As detailed by the United States
64 Environmental Protection Agency (US EPA), fruits and vegetables should undergo soaking in
65 a wash tank containing a sanitizing solution of 25 ppm available chlorine, followed by a final
66 spraying rinse before packaging.⁷ Once purchased, the most standard method to remove
67 potential pesticide residues in households is through washing. Various washing methods have
68 been proposed and developed over the years, yet the most common and familiar methods such
69 as washing in tap water, sodium bicarbonate (baking soda), or acetic acid (vinegar) remain
70 prominent. However, it is unclear about the efficacy of commercial chlorine sanitization and
71 household washing methods in eliminating pesticide residues from fresh produce surfaces.

72 In addition, gaining insight into the movement and migration of pesticides in edible
73 plants enables us to anticipate the potential human exposure through food sources.⁸⁻¹¹
74 Pesticides can be categorized into two groups, nonsystemic and systemic, which differ in their
75 physical characteristics and abilities to permeate the produce surface. Nonsystemic pesticides

76 exhibit minimal or no capacity to infiltrate produce tissues while systemic pesticides possess
77 that feature.¹² However, there is a scarcity of information available concerning the penetration
78 behavior of fungicides in fruits.

79 As for the detection of pesticide residues in food, the most commonly applied methods
80 are gas chromatography (GC) and high-performance liquid chromatography (HPLC)-based
81 techniques; however, these methods are time-consuming and costly.¹³ Alternatively, surface-
82 enhanced Raman scattering (SERS) is a rapid, non-destructive analytical tool that has many
83 advantages over regular Raman spectroscopy, which possesses limited detection sensitivity.
84 SERS technique provides an electromagnetic and/or chemical enhancement to the original
85 Raman signal by a magnitude up to 10^{15} . Thus, it can be employed for the detection and
86 monitoring of inorganic, organic, and biological contaminants.¹⁴ Noble metal nanoparticles
87 such as silver, gold, and copper are often applied as the SERS nanosubstrate due to their ability
88 to enhance Raman signals.¹⁵ Materials such as paper-based and adhesive tapes are often used
89 as the carriers of these noble metal nanoparticles. However, paper-based substrates and
90 adhesive tapes suffer from low extraction efficiency, low sensitivity, and lack of
91 reproducibility.¹⁶ Chen et al. (2016) used flexible AuNP adhesive tape as their nanosubstrate
92 due to its easy fabrication; however, there were strong background signals and little control
93 over the morphology of the deposited nanoparticles.¹⁷ Alternately, Li and Chin (2020)
94 developed self-assembled silver nanocube arrays anchored onto a flexible
95 poly(dimethylsiloxane) membrane which was a complex, multi-step procedure that required
96 organic solvents as linkers.¹⁸

97 The overall goal of this study was to examine the effectiveness of the postharvest
98 washing methods (both commercial and household) in eliminating the applied fungicide from
99 the peach surface. Herein, we developed a portable SERS method to quantify pesticide
100 presence, removal, and penetration on fruit surfaces. We used a rapid and simple protocol to
101 create the SERS nanosubstrate on cotton swabs and integrate it with a portable Raman
102 spectrometer for pesticide detection. In contrast to previous methods that demand several
103 hours for nanosubstrate synthesis, the SERS nanosubstrate we utilized required only 10
104 minutes for preparation, demonstrating the high efficiency in both time and labor. The use of
105 a portable Raman spectrophotometer allows for advantages such as convenience and
106 compatibility for easy transport, on-site capabilities, and an inexpensive alternative to a
107 benchtop spectrophotometer. To the best of our knowledge, this study is one of the first to use
108 SERS as a portable and fast method to track pesticide exposure, removal, and translocation on
109 fruit surfaces.

110

111 2 | MATERIALS AND METHODS

112 2.1 Materials

113 Silver nitrate (AgNO_3), sodium bicarbonate (NaHCO_3), and sodium hydroxide (NaOH) were
114 obtained from Thermo Fisher Scientific (Ward Hill, MA, U.S.A.). Hydroxylamine
115 hydrochloride ($\text{NH}_2\text{OH}\cdot\text{HCl}$) was purchased from Sigma-Aldrich (St. Louis, MO, U.S.A.).
116 Calcium chloride (CaCl_2) was purchased from J.T.Baker (Phillipsburg, NJ, U.S.A.). Iron(III)
117 dimethyldithiocarbamate (fungicide ferbam) was purchased from TCI America

118 (Montgomeryville, PA, U.S.A.). Sodium hypochlorite yielding 12% available chlorine was
119 purchased from Spectrum Chemical (New Brunswick, NJ, U.S.A.). The 6" Sterile Cotton-
120 Tipped Applicators were purchased from Dealmed. Ultra-pure water from a MilliporeSigma™
121 Direct-Q™ 8 Ultrapure Water Purification System was used throughout this work. Organic
122 peaches and distilled white vinegar (5% acidity) were purchased from a local market (NY,
123 U.S.A.).

124

125 **2.2 Synthesis of Silver Nanoparticles (AgNPs)**

126 The synthesis of the silver nanoparticles was conducted following a procedure published by
127 Wang et al.¹⁹ Briefly, a 300 mM stock solution consisting of $\text{NH}_2\text{OH}\cdot\text{HCl}$, AgNO_3 , and NaOH
128 was made by dissolving the solid forms of the compounds in ultrapure water. In a 15 mL
129 centrifuge tube, 9 mL of 2 mmol $\text{NH}_2\text{OH}\cdot\text{HCl}$ solution (containing 3 mmol NaOH) was mixed
130 with 1 mL 10 mmol AgNO_3 . Upon the addition of the AgNO_3 , the solution became a deep
131 yellow color to which it was then vortexed for about a minute.

132 From the 10 mL AgNP suspension, 2 mL was pipetted out and dispensed into a 2 mL
133 microcentrifuge tube. The AgNPs were then centrifuged for 5 minutes at 10,000 *rpm*. The
134 remaining supernatant liquid was decanted and disposed of without disturbing the AgNP
135 precipitate at the bottom. The remaining precipitate left behind was redispersed in 0.2 mL of
136 ultra-pure water and stored in the dark at 4° for future use.

137

138 **2.3 Characterization of AgNPs:**

139 Using a scanning electron microscope (SEM, Zeiss SUPRA 55-VP), the AgNP suspension with
140 and without the addition of calcium chloride (CaCl₂) was characterized at an accelerated
141 voltage of 10 kV. The SEM samples were prepared by depositing the required suspension on
142 copper tape dried at room temperature in the dark before SEM analysis. Employing the
143 technique of dynamic light scattering (DLS), a ZetaSizer Ultra was used to measure the average
144 particle size and zeta potential of the AgNPs. Furthermore, UV-Vis absorbance of the AgNP
145 suspension was measured to provide information about their optical properties.

146

147 **2.4 Nano-substrate creation and pesticide detection via a portable Raman Spectrometer:**

148 6" Sterile Cotton tips were used as the supporting material for the nano-substrate. The cotton
149 tips were immersed into a centrifuge tube containing the AgNP suspension for roughly 5
150 seconds, subsequently removed, and left to dry. To increase the number of SERS hotspots, we
151 evaluated the effect of aggregating salt (CaCl₂, 0.1-0.5mM) on the performance of AgNPs.

152 To measure the pesticide on peach surfaces, the nano-substrate was wetted by adding
153 35 µL of ethanol using a micropipette onto the surface of the cotton tip. Directly after, the
154 cotton tip was gently rubbed onto the ferbam-contaminated peach skin and measured using
155 an EZRaman-I Series Portable Raman Analyzer (Enwave Optronics Inc., laser of 785 nm at a
156 laser power of 221 mW). Each run had a 10-second integration time, with spectra collected
157 through a single scan. A total of three spectra were collected on three spots randomly selected
158 on the nano-substrate. Each data file was exported and saved as an Excel file.

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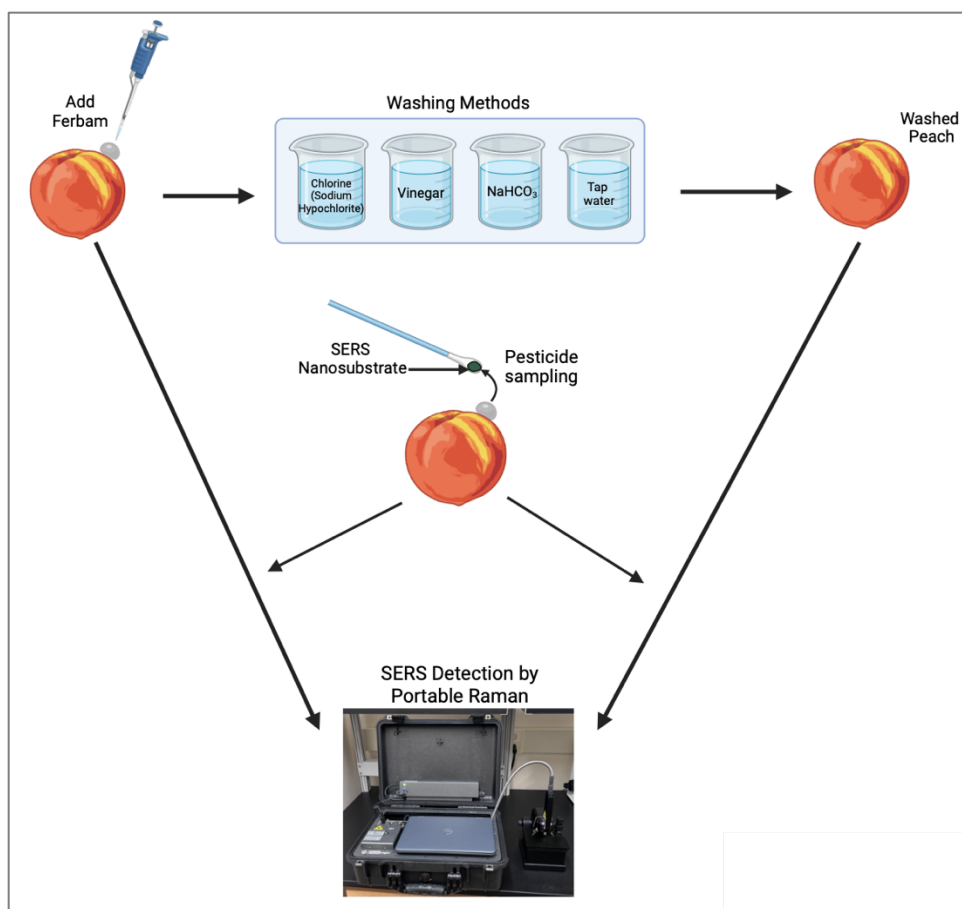
160 **2.5 Preparation of Calibration Curve:**

161 To quantify the pesticide, a matrix-assisted calibration curve was constructed. The ferbam
162 standard solutions at different concentrations were spiked onto slices of peach skin, with each
163 slice receiving three 10 μ L droplets for each concentration. Once the ferbam droplets had
164 dried, the cotton tip nano-substrate was used to swab the surface. The nano-substrates were
165 detected by the portable Raman spectrometer as described above in 2.4.

166

167 **2.6 Evaluation of Washing Methods**

168 The preparation of peach slices followed the identical procedure described in subsection 2.5
169 above. In total, there were eight washing methods conducted with four washing solutions for
170 1 min or 5 min: tap water (pH 7.61), sodium bicarbonate (NaHCO_3 , 10 mg/mL), white distilled
171 vinegar (3:1 water/vinegar, v/v), and sodium hypochlorite (12.5% available chlorine, 25
172 mg/L). Additionally, a non-washed pesticide control group was used as a comparison. For each
173 washing method, once the ferbam droplet had dried on the peach skin surface, the peach was
174 submerged into a clean beaker and left to soak for either 1 or 5 min in one of the above washing
175 solutions. Once the set time had elapsed, the peach slice was gently removed from the beaker,
176 placed on a clean glass slide, and left to dry before being swabbed by the prepared
177 nanosubstrate.



178

179 **Figure 1.** Experimental procedure for pre-washing and post-washing sample preparation and
 180 analysis.

181

182 2.7 Testing Pesticide Penetration

183 With the purchased peaches, each whole peach was gently washed with distilled water to
 184 remove any potential contaminants and air-dried. Afterwards, slices of the skin (approximately
 185 8.3 cm² area and 0.25 cm thickness) were cut from the peach using a knife and placed on a
 186 clean glass slide. A 10 μL aliquot of the 10 mg/L ferbam solution was placed in three locations
 187 per slice and allowed to dry in air at room temperature before being moved to the dark at 4 °C.

188 The penetration of ferbam was monitored at 1, 5, and 7 days. Following the various exposure
189 periods, the prepared nano-substrates were used to swab the surface where ferbam was
190 deposited, as well as the skin directly beneath it, and the flesh of the fruit below. The pesticide
191 was measured by SERS using the method described in 2.4.

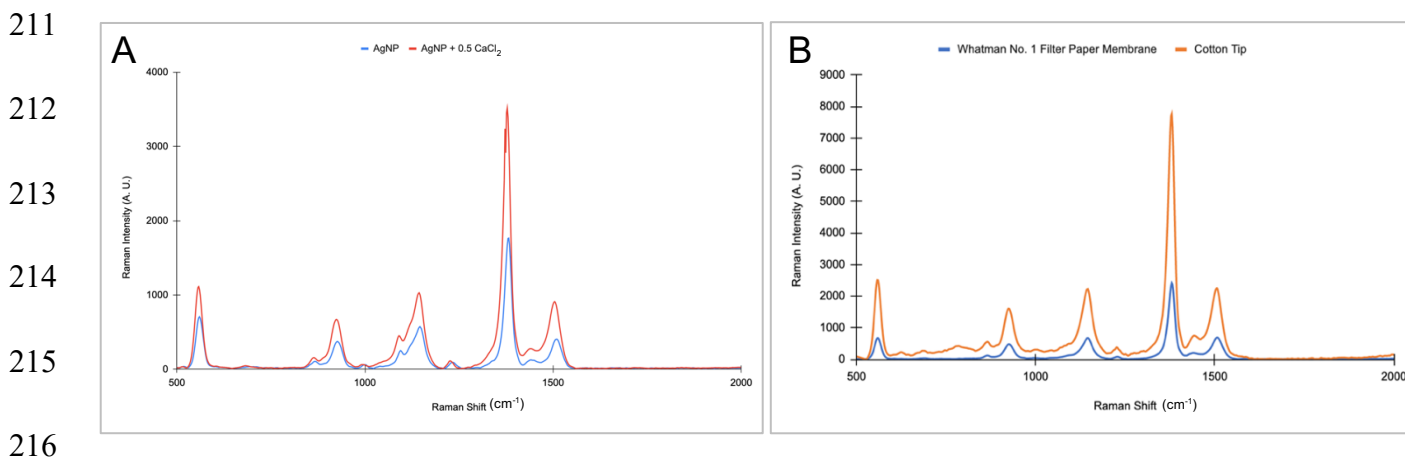
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193 3 | RESULTS AND DISCUSSION

194 3.1 SERS nanosubstrate preparation and optimization

195 In this study, the Raman signal enhancer we used was made of AgNPs. It provided
196 electromagnetic enhancement induced by hotspots and the chemical enhancement produced
197 by the charge transfer between AgNPs and ferbam through the Ag-thiol groups. The highest
198 SERS peak of ferbam was detected at 1380 cm^{-1} and chosen as the characteristic peak for ferbam
199 detection. The peak observed at 1380 cm^{-1} in the Raman spectrum of ferbam is associated with
200 this symmetric stretching vibration of the dithiocarbamate (DTC) group's C-N bonds. As
201 shown in [Figure S1](#) of the Supporting Information, the peach surface alone yielded a negligible
202 Raman signal. Meanwhile, the characteristic Raman peaks of ferbam were hard to observe
203 from Raman spectra when AgNPs were absent from the cotton tip ([Figure S2](#)). To increase the
204 Raman hotspot number, we added CaCl_2 to the AgNP suspension to generate nanoclusters. The
205 optimal CaCl_2 concentration was determined by evaluating two concentrations, with 0.5 mM
206 exhibiting the most significant improvement in Raman signal ([Figure S3](#)). With the addition
207 of 0.5 mM CaCl_2 to the AgNP suspension, the signal intensity of ferbam at 1380 cm^{-1} increased
208 by 68.9% ([Figure 2A](#)) confirming the generation of more hotspots induced by CaCl_2 .²⁰ We

209 speculate that when CaCl₂ was dispersed in the AgNP suspension, it reduced the surrounding
210 negative charge on AuNPs resulting in their aggregation and more SERS hotspots.²¹



217 **Figure 2. (A)** SERS spectra on nanosubstrate created with AgNPs alone (blue) or AgNPs + 0.5
218 mM CaCl₂ (red). Both contained ferbam (10 mg/L) as the analyte of interest. With the addition
219 of 0.5 mM calcium chloride to the AgNP suspension, the Raman single enhancement increased
220 by 68.9%. **(B)** SERS spectra on nanosubstrate created with the 0.5 mM CaCl₂ on a Whatman No.
221 1 Filter Paper Membrane and on a sterile cotton tip with 10 mg/L ferbam deposition. The use of
222 a cotton tip as a nano-substrate allows for higher Raman enhancement, as well as more flexibility
223 and accessibility by the users when removing pesticide residue from fruit surfaces.

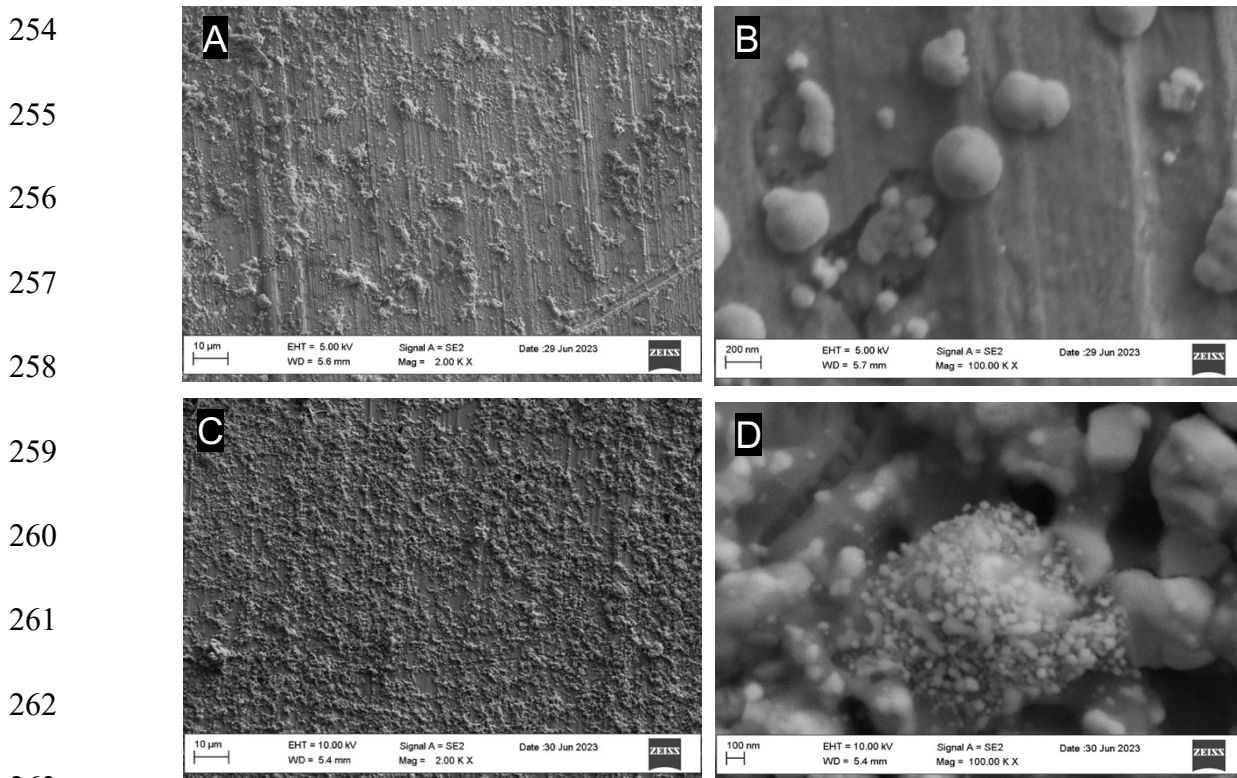
224 To confirm the speculation, we characterized AgNPs with and without using CaCl₂ by
225 DLS, UV-visible spectroscopy, and SEM. Using DLS (ZetaSizer), we determined that the
226 original suspension of AgNPs had a Z-average of 42.58 ± 0.55 nm and increased to $288.56 \pm$
227 20.31 nm with the addition of CaCl₂. When salts are added to a nanoparticle suspension, the
228 ions in the salt solution can shield the surface charges of the nanoparticles, reducing the
229 electrostatic repulsion between particles. As a result, the nanoparticles can approach each

230 other more closely, leading to aggregation.^{22,23} We discovered that the original suspension of
231 AgNPs had a zeta potential of -42.09 ± 0.40 mV and increased to -21.06 ± 0.48 mV with the
232 addition of CaCl₂, confirming that the particles in the suspension exhibited less electrostatic
233 repulsion and formed more aggregates with high Raman enhancement.

234 The AuNP suspensions were further measured by UV-Vis spectrophotometer (Figure
235 S4). The presence of silver in its colloidal form was evidenced by the absorption spectrum of
236 AgNPs, which exhibits a distinct peak at approximately 400 nm. The effect of CaCl₂ on the
237 spectra could distinctly be seen as the peak intensity was reduced by 78.9%. Furthermore, the
238 broadening of the peak suggests that the aggregated nanoparticles interacted more heavily
239 with light of a longer wavelength than non-aggregated nanoparticles.²⁰

240 In addition, scanning electron microscopy (SEM) was employed to investigate AgNP
241 morphology before (Fig. 3A, B) and after (Fig. 3C, D) adding 0.5 mM CaCl₂. In the absence of
242 CaCl₂, the AgNPs were less populated and distributed more sparsely. With the addition of
243 CaCl₂, a more cohesive and uniform layer of particles could be seen (Fig. 3C). In addition, the
244 AgNPs exhibited a densely populated array of nanoscale features nearby a central nanoparticle
245 (Fig. 3D), indicative of core-satellite assembly on nanoparticles which provide additional
246 multiple enhanced electromagnetic field locations (hot spots).²⁴ This can be attributed to the
247 role of CaCl₂ in promoting controlled aggregation or assembly of the nanoparticles. CaCl₂ may
248 act as bridges, facilitating attractive interactions between the silver nanoparticles. This
249 controlled aggregation leads to the creation of core-satellite structures, where one central
250 nanoparticle (core) is surrounded by smaller satellite nanoparticles.^{25,26} The presence of CaCl₂

251 likely influences the surface charge and interparticle forces, fostering the development of these
252 well-defined nanostructures and enhancing the electromagnetic field at specific regions,
253 ultimately resulting in the observed hotspots.²⁷



264 **Figure 3.** SEM images of AuNPs before (A, B) and after (C, D) mixing with 0.5 mM CaCl₂. The
265 scale bar is denoted in the bottom left corner of each image.

266 To fully develop the SERS nanosubstrate, we elevated two types of low-cost carrier
267 materials (Whatman No. 1 Filter Paper and cotton tip) to support CaCl₂-aggregated AgNPs. As
268 shown in Figure 2B, the nanosubstrate prepared on the cotton tip caused a substantial SERS
269 signal increase at the peak of 1380 cm⁻¹ compared with the one on the Whatman Filter Paper.
270 This increase is likely due to the flexibility and ease of the cotton tip when applying it to food

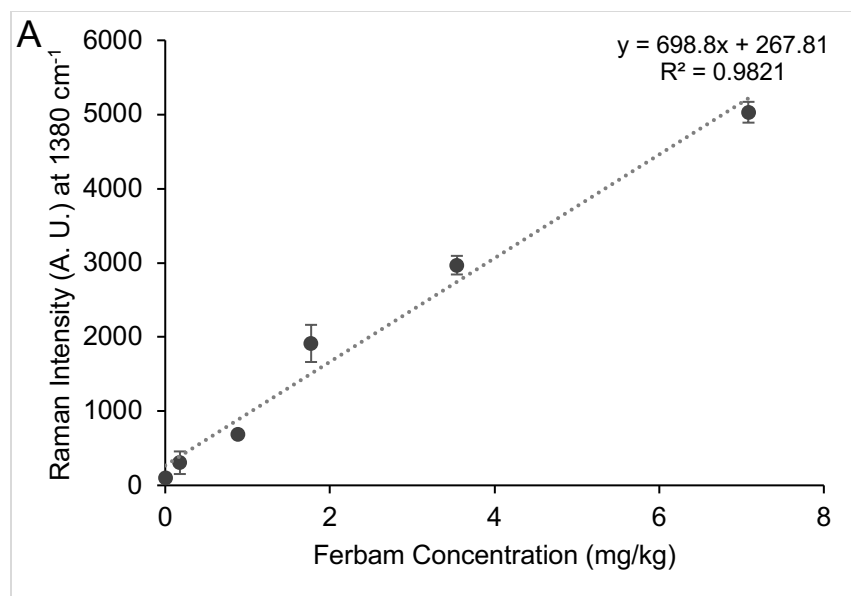
271 produce surfaces, leading to more effective sample collection. Therefore, the nanosubstrates
272 prepared on the cotton tips were used for the following experiments.

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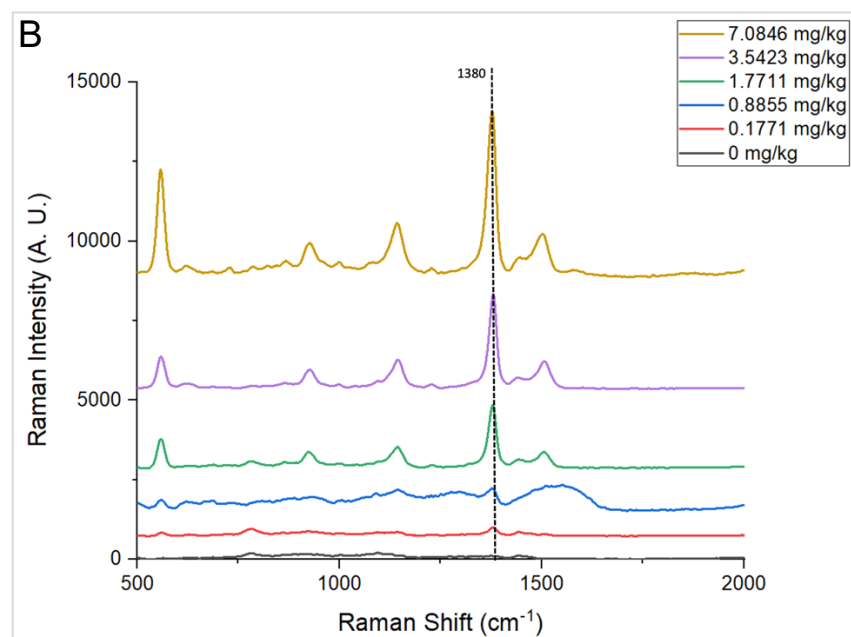
274 **3.2 Development of Calibration Curve to Quantify Pesticide Residue on Fruit Surface.**

275 To evaluate the ferbam removal from peach surfaces following each washing method, a linear
276 calibration curve ($R^2 = 0.9821$, [Figure 4](#)) was created to quantify ferbam surface concentration
277 based on the Raman intensity at 1380 cm^{-1} , the strong feature band of ferbam.

278 To define the lowest ferbam concentration that can be reliably detected, the limit of
279 detection (LOD) was calculated using the equation, $\text{LOD} = 3\sigma/S$, where σ is the standard
280 deviation of the response from the blank control and S is the slope of the calibration curve.
281 Upon calculating, we received an LOD of 0.01195 mg/kg . Based on U.S. Environmental
282 Protection Agency, the existing tolerance for ferbam residue on peaches is 7 mg/kg .²⁸ Since our
283 LOD is lower than 7 mg/kg , our method is sensitive enough to detect concentrations lower
284 than the regulated concentration.



285



286

287 **Figure 4.** (A) The linear relationship between SERS peak intensity (at 1380 cm⁻¹) and ferbam
 288 concentrations (0, 0.1771, 0.8856, 1.7712, 3.5423, 7.0947 mg/kg). The error bars represent the
 289 standard error of three replicates at each concentration. (B) Raman spectra of ferbam
 290 concentrations.

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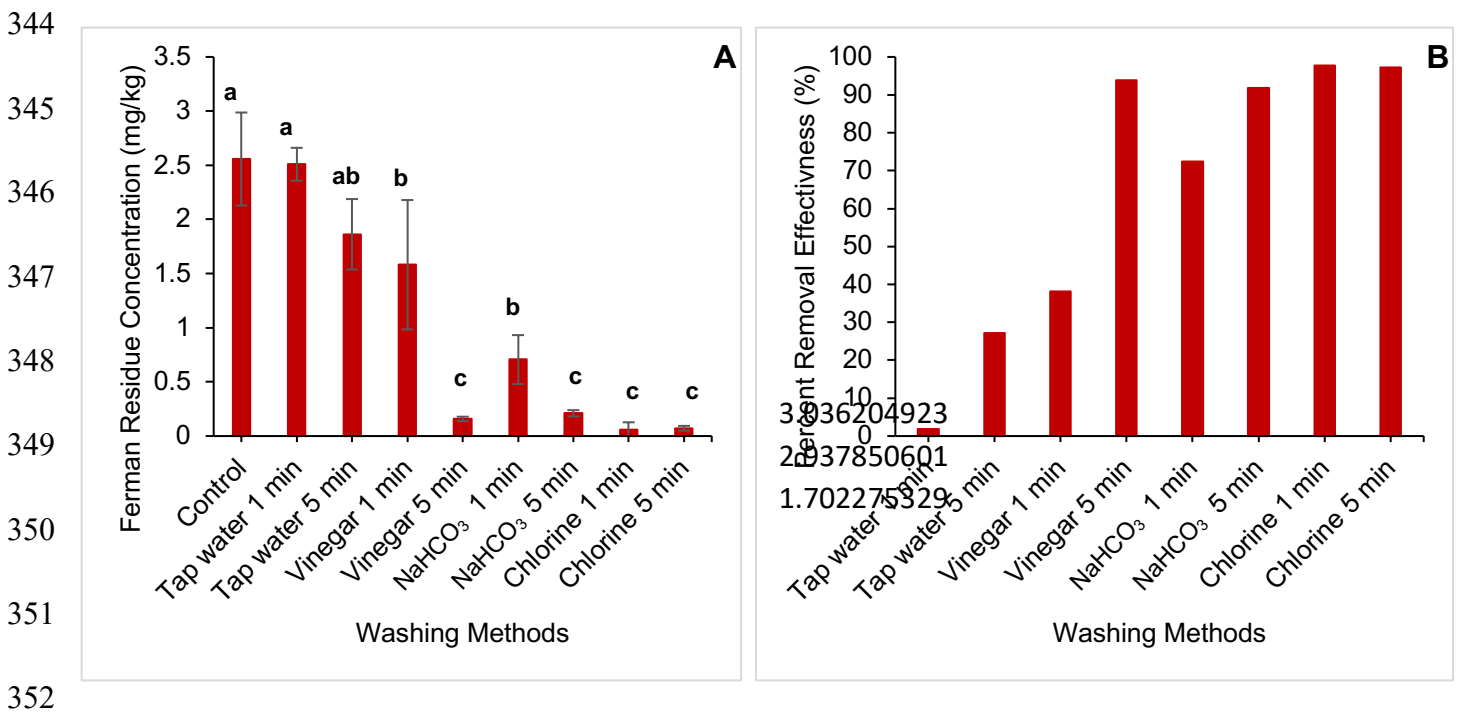
292 3.3 Effectiveness of Different Washing Methods on Pesticide Removal from Fruit Surface.

293 To determine the most effective method to remove pesticide residues from fruit surface, we
294 conducted tests comparing eight methods, including tap water-1 min, tap water-5 min,
295 NaHCO_3 -1 min, NaHCO_3 -5 min, vinegar-1 min, vinegar-5 min, chlorine-1 min, and chlorine-
296 5 min. The time indicates the soaking period, mimicking a typical at-home wash time. After
297 washing, the remaining ferbam concentration was quantified using the SERS nanosubstrate
298 developed above. As a basis of comparison, a non-washed sample was used as the control. The
299 concentration of the remaining pesticide after each washing method is shown in [Figure 5A](#).
300 Among the eight methods, the tap water washing for 1 min is the least effective method to
301 remove ferbam, without significant difference from the control group. In contrast, vinegar-5
302 min, NaHCO_3 -5 min, chlorine-1 min, and chlorine-5 min are the most effective, showing
303 similarly low levels of ferbam residue on the surface. Increasing the soaking time improved
304 the pesticide removal for the tap water, vinegar, and NaHCO_3 group while in the chlorine
305 group, the effect was not significant. [Figure 5B](#) illustrates the effectiveness of the washing
306 methods in removing ferbam residues from the peach surface. As for the two vinegar washing
307 treatments (1 min and 5 min), they exhibited pesticide removal of 38.2 and 93.8%, respectively.
308 Pesticide removals of 72.4 and 91.8% were observed for the 1-min and 5-min NaHCO_3 treated
309 groups, respectively. The significantly higher removal effectiveness by vinegar and NaHCO_3
310 than the 1.9 and 27.2% displayed by the tap water 1 min and 5 min, respectively, is likely due
311 to the pH difference. The stability of pesticides, including fungicides such as ferbam, can be
312 pH-dependent. The chemical properties of a pesticide may change under different pH

313 conditions, which can influence its solubility, persistence, and effectiveness. Specifically,
314 ferbam is a dithiocarbamate fungicide, and the stability of dithiocarbamates is often influenced
315 by pH. Dithiocarbamates can undergo hydrolysis reactions when exposed to alkaline
316 conditions, which leads to the breakdown of the compound.^{29,30} Alternately, certain pesticides
317 may undergo acid hydrolysis which involves the use of an acid to break the chemical bonds in
318 the pesticide.^{29,30} Regarding our washing agents, baking soda is basic and vinegar is acidic,
319 which may cause alkaline or acid hydrolysis of the pesticides and facilitate the pesticide
320 removal.

321 As for the postharvest washing method using a 25 mg/L sodium hypochlorite solution,
322 it effectively removed surface ferbam by 97.2% and 97.7% for both the 1- and 5-minute wash
323 times, respectively. Yang et al. (2017) studied apple surfaces contaminated by phosmet and
324 thiabendazole and did not detect a considerable increase in the removal of their selected
325 pesticide residues by sodium hypochlorite.³¹ In contrast to our findings, it is possible that a
326 certain portion of their pesticides might have penetrated the wax layer on the surface of the
327 apple, making it inaccessible while soaking in the sodium hypochlorite solution. In addition,
328 the research paper lacks quantification or calculation of removal effectiveness, which poses a
329 challenge in comparing it with our data. While chlorine (active ingredient sodium hypochlorite)
330 is widely used within industrial washing practices, it is commonly only used in small-scale
331 operations.³² Despite the solution showing impressive removal effectiveness, there are
332 drawbacks. Currently, only registered formulations are permitted for use on produce;
333 household bleach is not an authorized substance for treating produce.³² Moreover, applying

334 sodium hypochlorite repeatedly to recirculating water may result in excessive sodium
 335 accumulation, leading to potential damage to delicate produce.²⁸ When chlorine is used for
 336 pesticide washing treatments, it interacts with organic substances present in the water, leading
 337 to the formation of disinfection byproducts (DBPs).³³⁻³⁵ The formation of DBPs is a concern
 338 because some of them may pose adverse health effects, particularly if present in elevated
 339 concentrations. Water treatment facilities and agricultural practices may employ strategies to
 340 minimize the formation of DBPs, such as using alternate disinfectants or optimizing chlorine
 341 dosage. Our findings suggest that implementing an alternative washing method, like vinegar-
 342 5 min or NaHCO₃-5 min, could yield a removal rate almost identical to that achieved with a
 343 chlorine wash.



353 **Figure 5.** (A) The ferbam residue concentrations on peach surfaces after washing by different
 354 methods. A control group without washing was used for comparison. The sodium hypochlorite

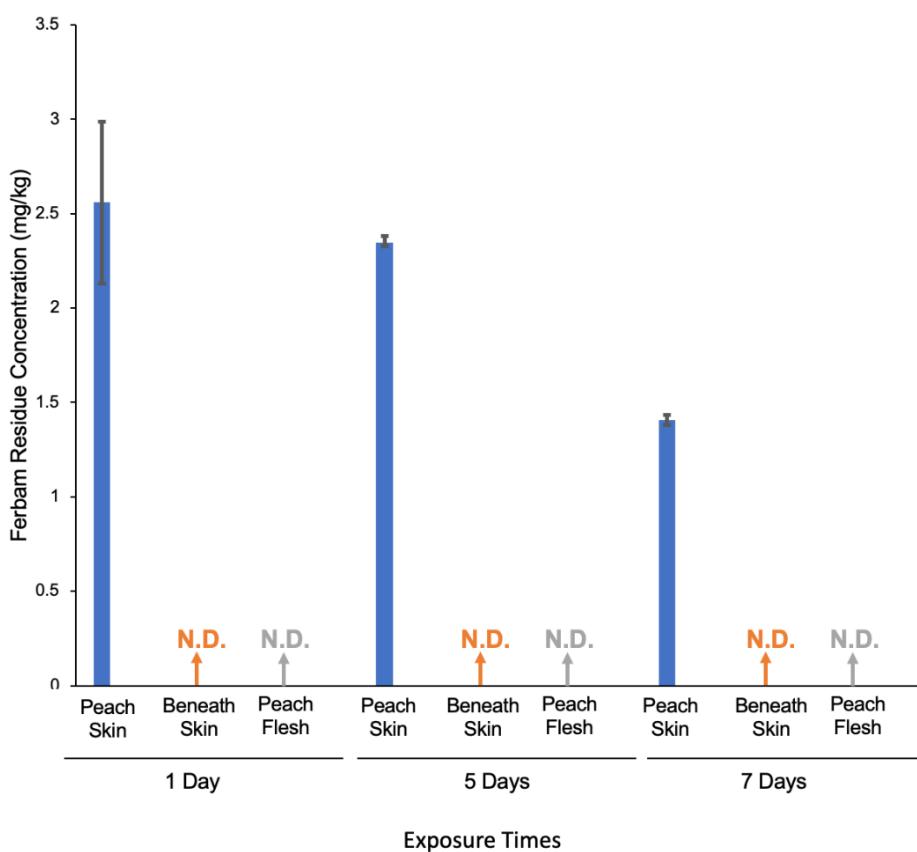
355 washing was performed at a concentration of 25 mg/L. The vinegar solution maintained 3:1
356 ratio (water/vinegar, v/v), while the NaHCO₃ solution had a concentration of 10 mg/mL. The
357 error bars represent the standard error of three replicates in each group. The significance of
358 the differences was analyzed by Tukey's test with $p < 0.05$ considered to be statistically
359 significant. **(B)** Effectiveness (%) of washing methods to remove the ferbam residue from peach
360 surfaces.

361

362 **3.4 Evaluation of Pesticide Penetrating Fruit Surface.**

363 We further examined the ability of ferbam to penetrate the peach skin using the developed
364 SERS approach. Peach samples were subjected to a 10 mg/L ferbam solution and measured at
365 1 day, 5 days, and 7 days, respectively by SERS. The results of ferbam penetration through the
366 peach surface, the skin underneath, and fruit flesh are demonstrated in [Figure 6](#). We found
367 that ferbam exhibited non-detectable penetration beyond the treated surface and into the
368 underlying flesh across all exposure durations. The result agrees with an earlier study, which
369 observed negligible penetration of 20 mg/L ferbam in spinach leaves.¹⁰ In contrast, another
370 study employed a 100 mg/L ferbam concentration and detected an internalized signal in basil
371 leaves, likely due to the higher ferbam concentration applied on the leaf's surface.¹¹ The
372 variation in collected data suggests that the penetration behavior fluctuates depending on the
373 pesticide nature and the matrices of the produce.³⁶ The different penetration abilities observed in
374 produce may be attributed to discrepancies in the cuticle and epicuticular wax composition. The
375 plant cuticle, which consists of a polymeric cutin matrix and soluble cuticular waxes, is a nonliving

376 and nonuniform plant structure acting as a barrier against foreign substances.³⁷ Additionally, the
377 cuticular membranes of fruits, composed of cutin and waxes, are generally thicker than those of
378 leaves.³⁸ Another key finding we observed is that the ferbam concentration on the peach skin
379 decreased over time. Since our samples were saved in a dark condition, photo-induced
380 degradation is excluded. However, microbial degradation is possible given that a variety of
381 microbes may grow on peach surface over time. Future studies are needed to reveal the
382 chemical and biological changes of ferbam on fruit surfaces.



383
384 **Figure 6.** Tracking of ferbam penetration through peach layers (peach surface (blue), beneath
385 skin (orange), peach flesh (gray) at varying exposure times using SERS. Ferbam was not

386 detectable (N.D.) under the fruit skin or in the flesh. The error bars represent the standard
387 error of three replicates per group.

388

389 4 | CONCLUSION

390 In this study, we quantified the pesticide removal effectiveness of varying washing agents on
391 fruit surfaces using a SERS nanosubstrate deposited on a cotton-tip. By implementing the use
392 of the cotton tip as our substrate, we achieved high sensitivity, quick and simple assembly, as
393 well as flexibility for delicate fruit surfaces. Due to its fast and straightforward construction,
394 this substrate has high potential to be used in conjunction with a portable Raman spectrometer
395 for fieldwork. Our experimental results have shown that the home-accessible washing agents,
396 such as NaHCO_3 and vinegar, provided effective removal of ferbam residue from peach
397 surfaces, whereas tap water alone did not successfully eliminate the pesticide. Regarding the
398 commercial post-harvest chlorine washing (25 mg/L sodium hypochlorite), ferbam was swiftly
399 and effectively removed from the fruit surface. Nevertheless, produce is not always guaranteed
400 to be washed well nor washed at all before being released to the market thus it is vital to wash
401 produce after purchase.

402 As suggested by our findings, it is evident that tap water in isolation exhibits limited
403 efficacy in reducing pesticide residue. Thus, it is advisable to include supplementary cleansing
404 agents, such as vinegar and NaHCO_3 , as exemplified in this research. Furthermore, while not
405 investigated in this study, the potential benefits of incorporating physical force, such as

406 mechanical tools like scrub brushes or manual friction using one's hands, should be considered
407 for future research.

408

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411

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413

414 **List of Acronyms:**

Abbreviations	Meaning
SERS	Surface-enhanced Raman spectroscopy
FAO	Food and Agriculture Organization of the United Nations
PSR	Produce Safety Rule
US EPA	United States Environmental Protection Agency
GC	Gas chromatography
HPLC	High-performance liquid chromatography
AuNP	Gold nanoparticles
AgNP	Silver nanoparticles
SEM	Scanning electron microscope
DLS	Dynamic light scattering
DTC	Dithiocarbamate
LOD	Limit of detection
DBPs	Disinfection byproducts

415

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