# Glutathione significantly inhibits the nanozymatic activity of N-doped carbon dots Saeed Reza Hormozi Jangi<sup>1\*</sup>

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## Abstract

Herein, the effect of the glutathione molecules (a possible inhibitor) on the peroxidaselike activity of the enzyme-like N-doped carbon dots was evaluated. To do this investigation, the enzyme-like activity of N-doped carbon dots was evaluated toward peroxidase-mediated oxidation of TMB as a common peroxidase substrate, revealing high intrinsic peroxidase-like activity of N-doped carbon dots. However, the intrinsic peroxidase-like activity of the N-doped carbon dot was significantly inhibited by the introduction of the glutathione molecules in the reaction media. Hence, the inhibitory effect of glutathione molecules on their nanozymatic activity was evaluated as a function of enzyme-like residual activity in the presence of glutathione molecules. The results reveal that the relative activity of nanozymes was inhibited by increasing the glutathione concentration in the reaction media and reached its minimum value (45%) when the glutathione concentration was 14 µM and then leveled off.

Keywords: N-doped carbon dots; nanozymes inhibitors; glutathione

# Introduction

In recent years, a wide variety of nanoscale materials as artificial enzymes had been synthesized and utilized for different type of applications, for instance, sensing and detection, catalysis, biomedical, and imaging purposes. Among different types of nanoscale artificial enzymes, metal oxides such as manganese dioxide, Co<sub>3</sub>O<sub>4</sub> and Fe3O4 nanoparticles, noble metal-based nanoparticles, for example, gold and silver nanoparticles, metal-organic frameworks, e.g., NEQC-340, and metallic nanoclusters for instance, BSA-AuNCs, and AgNCs attracted an attention for application in real word due to their high catalytic efficiency and biocompatibility [1-12]. It is notable that the nanoscale artificial enzymes are known as "nanozymes" due to their nanoscale particles. Up to now different nanozymes with oxidase-like, peroxidase-like, urease-like, and hydrolase-like activity were synthesized and applied for different applications, however, most nanozymes reveal significant peroxidase-like activity and can cleavage the peroxide bonds to produce active oxygen species such as hydroxyl radicals [13-18]. The resulting radicals can react with peroxidase substrates such as TMB, DAB, and OPD and proceed their oxidation to producing the colored products. It is notable that the product of oxidation of TMB and OPD is a colored cation radical while DAB oxidation resulted in production a colored indamine polymer via an n-electron irreversible oxidation pathway. Probing the absorbance of the colored product via spectrophotometric assay or analyzing the color intensity of the product via color analyzers can be utilized for estimation of enzyme-like activity of nanozymes as well as can be used as analytical response for

quantification of several analytes [19-30]. The wide application of nanozymes compared of the natural enzymes is maybe due to the characteristic limitations of native enzymes for instance pH and temperature instability, short storage time, no reusability, and highly expensive production methods. Notably, to fix drawbacks of native enzymes, there is two protocols; (i) immobilization of enzymes [31-33] and (ii) developing nanozymes. However, in the case of enzyme immobilization, the reduction of initial enzyme activity is a routine drawback and nanozymes development can be considered as a right solution for overcoming this drawback [28]. In fact, the deep development of nanoscience leads to synthesis of new nanomaterials with unique catalytic activity [34, 35], unique optical properties [36-38], high active area [39], antibacterial properties [40], and high biocompatibility [41]. Some of new nanomaterials with unique catalytic activity show enzyme-like activity with high stability, leading to their application in different fields, in developing sensing assays of amino acids, glutathione (GSH), tetracycline, metal cations, glucose, H<sub>2</sub>O<sub>2</sub>, explosives, malathion [42-48], and new SARS-CoV-2 [49] as after the first report of COVID-19 [50, 51]. However, the researches focusing on the inhibitory effect of inhibitors on nanozymes activity are limited to a few reports. Herein, the effect of the glutathione molecules (a possible inhibitor) on the peroxidase-like activity of the enzymelike N-doped carbon dots was evaluated. To do this investigation, the enzyme-like activity of N-doped carbon dots was evaluated toward peroxidase-mediated oxidation of TMB as a common peroxidase substrate, revealing high intrinsic peroxidase-like activity of N-doped carbon dots. However, the intrinsic peroxidase-like activity of the N-doped carbon dot was significantly inhibited by the introduction of the glutathione molecules in the reaction media. Hence, the inhibitory effect of glutathione molecules on their nanozymatic activity was evaluated as a function of enzyme-like residual activity in the presence of glutathione molecules. The results reveal that the relative activity of nanozymes was inhibited by increasing the glutathione concentration in the reaction media.

## 2. Experimental

#### 2.1. Synthesis of N-doped carbon dots

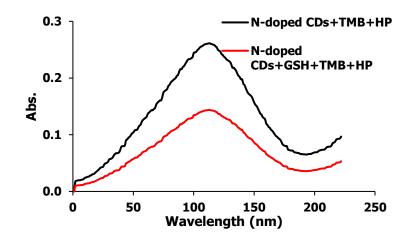
300 mg ethylenediaminetetraacetic acid was directly heated at 400 °C for about 2 hours. Afterward, the CDs were dissolved in acetone and centrifuged to remove the residual solid particles. The solvent was then evaporated and the results CDs were collected and dissolved in water for next use.

#### 2.2. Inhibitory experiments

In a typical test, different concentrations of inhibitor were introduced into 2.0 mL acetate buffer (pH, 4.0; 0.1 M) containing 90  $\mu$ g mL<sup>-1</sup> nanozymes, 60  $\mu$ M of TMB, and 1.0 mM hydrogen peroxide. The mixture was incubated for about 5.0 min to complete the oxidation process. Afterward, the absorbance of the oxidation product was calculated at 663 nm. The residual activity of the nanozymes in the presence and the absence of the inhibitor molecules was calculated by dividing the activity of the nanozymes by the activity of control (i.e., activity in the absence of inhibitor).

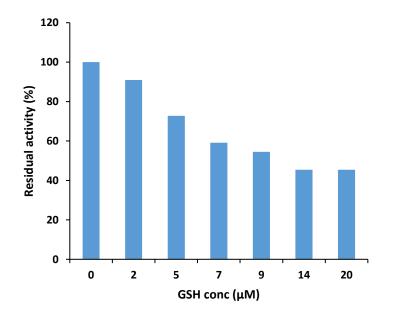
## 3. Results and discussion

The inhibitory effect of glutathione (GSH) molecules on the nanozymatic activity of peroxidase-like N-doped carbon dots was evaluated by calculating their nanozymatic activity in the presence and absence of glutathione molecules. The UV-visible spectra of the oxidation product of TMB in the presence and the absence of glutathione molecules as an inhibitor are shown in Figure 1, revealing that the absorbance at 662 nm was significantly reduced by introducing GSH into the reaction media. Based on this investigation it can be concluded that N-doped CDs reveal high intrinsic peroxidase-like activity of N-doped carbon dots, however, this intrinsic peroxidase-like activity significantly inhibit by glutathione molecules.



**Figure 1.** UV-visible spectra of the TMB-ox in the presence and the absence of glutathione molecules as an inhibitor

However, to provide a better view of the inhibitory effect of glutathione molecules on the nanozyme's activity, the inhibitory effect of glutathione molecules on their nanozymatic activity was evaluated as a function of enzyme-like residual activity in the presence of glutathione molecules. The results (Figure 2) reveal that the relative activity of nanozymes was inhibited by increasing the glutathione concentration in the reaction media and reached its minimum value (45%) when glutathione concentration is 14  $\mu$ M and then leveled off, revealing a strong inhibitory effect of glutathione molecules on the nanozymatic behavior of peroxidase-like N-doped carbon dots.



**Figure 2.** Residual activity of as-prepared peroxidase-like nanozymes in the presence of different concentrations of glutathione as a typical inhibitor.

# 4. Conclusions

Herein, the effect of the glutathione molecules (a possible inhibitor) on the peroxidaselike activity of the enzyme-like N-doped carbon dots was evaluated. To do this investigation, the enzyme-like activity of N-doped carbon dots was evaluated toward peroxidase-mediated oxidation of TMB as a common peroxidase substrate, revealing high intrinsic peroxidase-like activity of N-doped carbon dots. However, the intrinsic peroxidase-like activity of the N-doped carbon dot was significantly inhibited by the introduction of the glutathione molecules in the reaction media. Hence, the inhibitory effect of glutathione molecules on their nanozymatic activity was evaluated as a function of enzyme-like residual activity in the presence of glutathione molecules. The results reveal that the relative activity of nanozymes was inhibited by increasing the glutathione concentration in the reaction media and reached its minimum value (45%) when the glutathione concentration was 14 µM and then leveled off.

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# **Conflict of interest**

There is no conflict of interest.

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