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**Catalytic Antioxidant Activity of Two Diterpenoid**

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**Polyphenols of Rosemary, Carnosol and Isorosmanol, against**

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**Lipid Oxidation in the Presence of Cysteine Thiol**

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15 **ABSTRACT:**

16 *Lamiaceae* herbs such as rosemary have excellent antioxidant properties, and  
17 lipidic diterpenoid constituents, such as carnosol, are known as characteristic  
18 components to exhibit strong antioxidant activity. This study investigates the effect of  
19 thiol compounds on the antioxidant properties of diterpenoid polyphenols. The results  
20 concerning the antioxidant activity of polyphenols in the presence of thiol showed that  
21 two polyphenols, namely carnosol and isorosmanol, enhanced antioxidant capacity  
22 against the radical-induced oxidation of lipids. Further examination of the mechanism  
23 revealed that both polyphenols exhibit excellent catalytic antioxidant activity by using  
24 the thiol group as a reduction source. Using density functional theory calculations, we  
25 attempted to explain why only these two polyphenols exhibit catalytic antioxidant  
26 properties. The calculation results and the assumed reaction mechanism suggested that  
27 the orthoquinones produced in the antioxidant reactions of carnosol and isorosmanol are  
28 more unstable than the others, and that the regioselectivity of their reactions with thiols  
29 contributes to their catalytic antioxidant properties.

30

31 **KEYWORDS:** *Carnosol, Isorosmanol, Catalytic Antioxidant, Rosemary, Cysteine*

32 *Thiol*

## 33 INTRODUCTION

34 The addition of antioxidants is one of the best ways to prevent the oxidative  
35 deterioration of foods. Therefore, the development of effective antioxidants, both  
36 artificial and natural, has been underway in recent years. However, these antioxidants  
37 are not always as effective when used in actual food products.<sup>1</sup> Of the many possible  
38 reasons for this, one is that foods are complex systems consisting of various ingredients.  
39 For example, effect varies in of emulsion-based foods depending on whether the  
40 antioxidant is in the aqueous or oil phase, as well as its presence at the interface, which  
41 can explain the so-called polar paradox phenomenon.<sup>2</sup> The coexistence of antioxidants  
42 is known to affect the total antioxidant capacity. The antioxidant effects of coexisting  
43 substances have been reported to add up in effects, however, synergistic and  
44 antagonistic effects have also been observed.<sup>3,4</sup> To better understand the function of  
45 antioxidants, an analysis is necessary, assuming the influence of other components in  
46 food. If the resulting synergistic effects could enhance the function of existing  
47 antioxidants, technologies could in turn be developed to prevent the oxidative  
48 degradation of foods more effectively and for longer with the addition of smaller  
49 amounts.

50 *Lamiaceae* herbs, such as rosemary and sage, are known to have particularly strong

51 antioxidant properties.<sup>5</sup> This can be attributed to lipid-soluble abietane diterpenoid  
52 polyphenols, such as carnosol, as well as water-soluble rosmarinic acid. A lipidic  
53 rosemary extract, which contains carnosol and related diterpenes, has a high radical-  
54 scavenging antioxidant capacity, especially against lipid oxidation.<sup>6</sup> Furthermore, it has  
55 been reported to have synergistic effects with other antioxidants,<sup>7</sup> although the  
56 mechanism is not fully understood. Our recent research examines the interactions of  
57 carnosol and related diterpenoid polyphenols [carnosic acid (**CA**), carnosol (**CAR**),  
58 rosmanol (**ROS**), isorosmanol (**isoROS**), and epirosmanol (**epiROS**)] isolated from  
59 rosemary with other food components. The current paper reports the results of studies  
60 on the enhancement of the antioxidant function and its mechanism in the presence of a  
61 thiol compound as a model cysteine-containing food ingredient.

62

## 63 MATERIALS AND METHODS

64 **Chemicals and Instruments.** 2,2'-Azobis(2,4-dimethylvaleronitrile) (AMVN) was  
65 purchased from FUJIFILM Wako (Osaka, Japan). Ethyl linoleate was purchased from  
66 Kanto Chemical (Tokyo, Japan) and utilized after purification using Florisil (FUJIFILM  
67 Wako) eluted with hexane.<sup>8</sup> A mixture of ethyl linoleate hydroperoxide isomers was  
68 obtained through the air oxidation of ethyl linoleate according to the method described

69 by Terao and Matsushita.<sup>9</sup> *N*-Benzoylcysteine methyl ester (**BCysM**) and *N,N'*-  
70 dibenzoylcysteine dimethyl ester [**(BCysM)**<sup>2</sup>] were synthetically prepared using the  
71 previously reported method.<sup>10</sup> The organic solvent extract of rosemary prepared of  
72 rosemary leaves was provided by Mitsubishi Chemicals (Yokohama, Japan). Carnosol  
73 (**CAR**) and carnosic acid (**CA**) as well as the quinone derivative of **CAR** (**CARQ**) were  
74 prepared according to the reported methods.<sup>11,12</sup> All solvents and other reagents of extra  
75 pure or high-performance liquid chromatography (HPLC) grade were obtained from  
76 Nacalai Tesque (Kyoto, Japan). Nuclear magnetic resonance (NMR) spectra were  
77 recorded on a JNM-ECZ400S spectrometer (400 MHz; JEOL, Tokyo, Japan), while  
78 mass (MS) spectra were recorded on a JMS-T100 spectrometer (JEOL) using direct  
79 analysis in real-time (DART) and time-of-flight measurement modes. The molecular  
80 formulas of the compounds were obtained from high-resolution mass spectrometry  
81 (HR-MS) data using ChemCalc.<sup>13</sup> Analytical HPLC was performed on the reaction  
82 products using a PU-4180 quaternary gradient pump (JASCO, Tokyo, Japan) equipped  
83 with an MD-4015 photodiode array detector (JASCO). The data were analyzed using  
84 ChromNAV software (ver.1.19.02, JASCO). The HPLC system used for lipid peroxide  
85 analysis consisted of an LC-10AD pump and an SPD-10Avp UV detector (Shimadzu,  
86 Kyoto, Japan). The obtained data were analyzed using ChromNavi Lite (v.2.04.00,

87 JASCO). Preparative HPLC was performed using an LC-6AD pump (Shimadzu)

88 equipped with an SPD-6A UV detector (Shimadzu).

89 **Preparation of ROS, isoROS, and epiROS.** A lipidic extract of rosemary (50 g)  
90 was subjected to octadecylsilyl silica gel (ODS) column chromatography (1 kg of  
91 Cosmosil 140C18-OPN, Nacalai Tesque) eluted step gradient from 50%, 60%, and 70%  
92 methanol in H<sub>2</sub>O (2 L each) to obtain three fractions (0.46 g, 1.15 g, and 1.62 g)  
93 containing **isoROS**, **ROS**, and **epiROS**. These fractions were purified by HPLC using a  
94 Cosmosil 5C18-AR-II column (250 × 20 mm i.d.) and 1% acetic acid in H<sub>2</sub>O–CH<sub>3</sub>CN  
95 (55:45) as the solvent (flow rate = 20 mL/min; detection wavelength = 284 nm) to yield  
96 pure **isoROS** (250 mg), **ROS** (630 mg), and **epiROS** (350 mg). The isolated compounds  
97 were identified by comparison of their HR-MS and <sup>1</sup>H-NMR data with reported them.<sup>14–</sup>

98 <sup>16</sup>(Analytical data for structure identification can be found in Supporting Information)

99 **Measurement of the antioxidant activity of rosemary polyphenols with and**

100 **without thiol (BCysM).** To 34 μL of ethyl linoleate in a 10 mL screw-capped tube  
101 (1.6 mm i.d. × 100 mm h), added 4 mM rosemary polyphenol in acetone (63 μL), 0.3 M  
102 AMVN in CH<sub>3</sub>CN (100 μL, CH<sub>3</sub>CN), and 4 mM **BCysM** in acetone (0, 63, 126, or 189  
103 μL) were successively added. The volume of the solution was adjusted to 2 mL with  
104 CH<sub>3</sub>CN. The solution was then incubated at 37°C by shaking (100 min<sup>-1</sup>) in the dark

105 using a water-bath shaker. A 20  $\mu$ L aliquot was removed from the solution at 1-h  
106 intervals, and diluted with 380  $\mu$ L of methanol. Ten microliters of the diluted solution  
107 were injected into the HPLC system to analyze the ethyl linoleate hydroperoxides under  
108 the following conditions: column, YMC-ODS-A (150  $\times$  4.6 mm i.d.) (YMC, Kyoto,  
109 Japan); solvent, CH<sub>3</sub>CN/H<sub>2</sub>O (9:1, v/v); flow rate, 1.0 mL/min; and detection, 234 nm.  
110 The concentration of hydroperoxides was calculated from the peak area of *trans, trans*-  
111 2,4-hexadien-1-ol as the alternative compound using the following calibration equation.  
112  $y = 588,093x + 44,187$  [y, peak area at 234 nm; x, amount (nmol) of *trans, trans*-2,4-  
113 hexadien-1-ol (range, 0.1–10 nmol)]

114 **Analysis of the reaction products from CAR in the antioxidant reaction with and**  
115 **without thiol (BCysM).** The reaction solution of CAR with and without BCysM (one  
116 molar equivalent), were prepared using the same procedure described above. At the  
117 same intervals, an additional 10  $\mu$ L aliquot was removed from the reaction solution and  
118 injected into the HPLC system to analyze the reaction products using the following  
119 conditions: column, Cosmosil 5C18-AR-II (250  $\times$  4.6 mm i.d, Nacalai Tesque); solvent  
120 A, acetic acid–H<sub>2</sub>O (1:100); solvent B, CH<sub>3</sub>OH; gradient conditions, B% (time) = 60%  
121 (0 min), 100% (40 min), and 100% (40–50 min); flow rate flow rate, 0.5 mL/min; and  
122 detection, 245 and 284 nm. The concentration of observed compound was calculated

123 from the peak area using the following calibration equations: **BCysM**:  $y = 486,771x +$   
124  $192,287$  [y, peak area at 245 nm; x, amount (nmol) (range, 0.1–50 nmol); **(BCysM)<sup>2</sup>**:  $y$   
125  $= 1,097,523x + 9631$  [y, peak area at 245 nm; x, amount (nmol) (range, 0.1–10 nmol)];  
126 **CAR**:  $y = 193,581x + 6367$  [y, peak area at 284 nm; x, amount (nmol)(range, 0.1–50  
127 nmol)]; **CARQ**:  $y = 81,197x - 12,429$  [y, peak area at 284 nm; x, amount (nmol) (range,  
128 0.1–10 nmol)];

129 **Analysis of the reaction products of CARQ and BCysM.** To 1.8 mL CH<sub>3</sub>CN, 63  
130 μL of **CARQ** in CH<sub>3</sub>CN (20 mM) and 63 μL of **BCysM** (20 mM) were added. The  
131 solution was stirred well, and 10 μL of aliquot was immediately taken from the solution  
132 and analyzed by HPLC under the following conditions: column, Cosmosil 5C18-AR-II  
133 (250 × 4.6 mm i.d, Nacalai Tesque); solvent A, acetic acid–H<sub>2</sub>O [1:100 (v/v)]; solvent  
134 B, CH<sub>3</sub>OH; gradient conditions, B% (time) = 60% (0 min), 100% (40 min), and 100%  
135 (40–50 min); flow rate, 0.5 mL/min; detection, 245 and 284 nm. The solution was then  
136 incubated at 35°C for 2 h, and additional aliquots were taken 1 and 2 h later and  
137 analyzed under the same conditions. The concentrations of **CARQ**, **CAR**, **BCysM**, and  
138 **(BCysM)<sup>2</sup>** were determined using the corresponding calibration equations. New  
139 products **1** and **2** were quantitatively analyzed using the following calibration  
140 equations:**1**:  $y = 730,972x - 287,348$  [y, peak area at 245 nm; x, amount of **1** (nmol)]



141 (range, 0.1–20 nmol)]; **2**:  $y = 722,504x + 8,203$  [y, peak area at 245 nm; x, amount of **2**  
142 (nmol) (range, 0.1–20 nmol)].

143 **Preparation and structural determination of compounds 1 and 2.** CH<sub>3</sub>CN  
144 solutions (33 mL) of **CARQ** (20 mM) and **BCysM** (20 mM) were mixed well and  
145 incubated for 3 h at 37°C. The solution was evaporated to dryness, and the residue was  
146 purified by preparative HPLC [column, COSMOSIL 5C18-AR-II (250 × 20 mm i.d.);  
147 solvent, acetic acid-H<sub>2</sub>O-CH<sub>3</sub>OH [1:30:70 (v/v/v)]; flow rate: 10 mL/min; detection:  
148 245 nm] to obtain **1** (25 mg) and **2** (20 mg). (Analytical data for structure determination  
149 of **1** and **2** can be found in Supporting Information)

150 **Density functional theory (DFT) calculations.** The 3D structures for the  
151 calculations were created using Avogadro (v.1.2.0)<sup>17</sup> and pre-optimized using molecular  
152 mechanics with the MMFF94 field from predicted stable conformers. The Gaussian  
153 (R)16 package (v.1.1; Hulinks, Tokyo, Japan)<sup>18</sup> was used to optimize the  
154 stereostructures and calculate the energies and natural charges of the compounds. The  
155 B3LYP method, 6-311+G(d, p) basis set, and solvation model density (SMD)<sup>19</sup> (solvent,  
156 CH<sub>3</sub>CN) implemented in the package were used for the calculations.

157

158 RESULTS AND DISCUSSION

159       **Antioxidant activity of rosemary polyphenols in the presence and absence of**  
160 **cysteine thiol, BCysM.** The antioxidant activity of five types of rosemary  
161 polyphenols (**CA**, **CAR**, **ROS**, **epiROS**, and **isoROS**: see structures in Figure 1) was  
162 assessed by inhibiting the formation of hydroperoxides from ethyl linoleate. All  
163 polyphenols, at a concentration of 0.125 mM, showed potent antioxidant activity for up  
164 to 1 h against lipid oxidation induced by AMVN (15 mM). In contrast, the cysteine thiol  
165 **BCysM**, at the same concentration, did not display any antioxidant activity, as shown in  
166 Figure 2. Figure 2 further shows the antioxidant activity of the polyphenols with one  
167 molar equivalent of **BCysM**, revealing that only **CAR** and **isoROS** have a longer  
168 antioxidant effect in the presence of the thiol. The potent antioxidant functions of thiol  
169 compounds such as glutathione and *N*-acetylcysteine are well recognized in biological  
170 systems,<sup>21</sup> and their effective antioxidant activity has been observed in various assay  
171 systems, however, their efficacy depends on the radical species used, the measurement  
172 system, and other conditions.<sup>22</sup> In 2014, we discovered that *N*-acetylcysteine esters do not  
173 exhibit antioxidant properties against lipid oxidation but cysteine derivatives with free  
174  $\alpha$ -amino or carboxylate groups strongly inhibit AMVN-induced linoleic acid oxidation,  
175 because of the formation of an active thiolate anion by an intramolecular proton shift to  
176  $\alpha$ -amino or carboxylate.<sup>23</sup> Comparing bond dissociation enthalpy (BDE) of S-H (ca. 86

177 kcal/mol) in *N*-acylcysteine esters<sup>24</sup> to that of hydroperoxides (OO-H, ca. 88 kcal/mol)<sup>25</sup>  
178 indicated that the thiol group of **BCysM** cannot exhibit effective antioxidant activity  
179 through lipid peroxy radical trapping, but rather that degradation began with the  
180 withdrawal of a hydrogen atom at  $\alpha$ -position with lower BDE (ca. 80 kcal/mol).<sup>24</sup> Thiols  
181 are also known to have high nucleophilicity and can be easily conjugate-added to  
182 carbonyl compounds. Orthoquinones are antioxidant reaction products of catechol-type  
183 polyphenols and are targets of the conjugate addition of thiols as carbonyl compounds.  
184 As a result, phenolic groups were restored, and antioxidant activity was exhibited.  
185 Several phenolic acids and flavonoids have been reported to exhibit longer antioxidant  
186 effect by this mechanism.<sup>26–29</sup> Figure 3 shows the results of measuring the enhancement  
187 of the antioxidant properties of **CAR** and **isoROS** by different amounts of coexisting  
188 **BCysM**; the antioxidant effect lasted longer with the amount of thiol added in both  
189 cases. Considering the structures of **CAR**- and **isoROS**-derived quinones (**CARQ** and  
190 **isoROSQ** respectively), the conjugate addition reaction of **BCysM** is only possible at  
191 one site at the 14-position. Therefore, for these diterpenoid polyphenols, other  
192 mechanisms for enhancing the antioxidant effect should be considered besides the thiol  
193 addition mechanism described.

194 **Catalytic antioxidant properties of CAR and isoROS in the presence of BCysM.**

195 **CAR** was used to elucidate the mechanism of the antioxidant reaction in the presence of  
196 **BCysM**. Figure 4 shows the results of the HPLC analysis of the antioxidant reaction  
197 products from **CAR** in the presence of one molar equivalent of **BCysM** as well as the  
198 analytical data at the beginning of the reaction. At the beginning of the reaction, the  
199 peaks of **CAR** and **BCysM** were observed at retention times 28.3 and 9.7 min  
200 respectively. During the 4-h reaction, **BCysM** decreased by 87%, while **CAR** decreased  
201 by only 22%. Three new peaks were observed at retention times 14.6, 29.8, and 31.0  
202 min. The peak at 14.6 min was attributed to the cystine derivative **(BCysM)<sup>2</sup>** (a dimer of  
203 **BCysM** through SS linkage) based on a comparison with the retention time of the  
204 synthetically obtained sample. Figure 5 shows the time-course change of the  
205 compounds at the peaks detected in the antioxidant reaction of **CAR** (0.63 mM) with or  
206 without **BCysM** (0.63 and 1.26 mM). Under the conditions employed (AMVN, 15 mM;  
207 ethyl linoleate, 50 mM; solvent, CH<sub>3</sub>CN; and reaction temperature, 37°C), **CAR**  
208 decreased linearly by 68% in 4 h. However, under the same conditions, **BCysM**  
209 decreased by 44%, as shown in panels C and D respectively in Figure 4. Note that this  
210 concentration of **BCysM** did not show antioxidant activity, whereas **CAR** showed  
211 strong activity (data not shown) and produced the same amount of quinone **CARQ**. In  
212 the presence of both **CAR** and **BCysM**, the rate of decrease in **CAR** was smaller,

213 whereas that in **BCysM** was greater. Furthermore, a small amount of **CARQ** was  
214 produced, while **(BCysM)<sup>2</sup>** and new compounds **1** and **2** accumulated as the reaction  
215 progressed (Figure 5, panel A). This trend was even more pronounced in the reaction of  
216 **CAR** with two molar equivalents of **BCysM**, as shown in Figure 5, panel B. The  
217 reaction products in the radical scavenging-antioxidation of catechol-type polyphenols  
218 are *orthoquinone* derivatives.<sup>11,30</sup> The oxidative reactivity of **CARQ** was considered to  
219 convert **BCysM** to disulfide **(BCysM)<sup>2</sup>**. Figure 6 shows the results of HPLC analysis of  
220 the reaction products from the mixture of **CARQ** and equimolar **BCysM** and from  
221 **CARQ** alone and **BCysM** alone, under the same analytical conditions. The reaction  
222 results showed that **CAR** and **(BCysM)<sup>2</sup>** were formed immediately after mixing **CARQ**  
223 and **BCysM**, as shown in the time course data on the right side of Figure 6. These  
224 results suggest that **CARQ**, the product of the antioxidant reaction of **CAR**, is quickly  
225 reduced by **BCysM** to restore **CAR** and reexhibits antioxidant activity. In conclusion,  
226 **CAR** should be recognized as a catalytic antioxidant since it exhibited excellent  
227 antioxidant properties in the presence of thiols in this study. **IsoROS**, which showed  
228 similar antioxidant properties, could be another catalytic antioxidant. Antioxidant  
229 catalysts have been examined by several studies. They are mimics of the catalytic sites  
230 of redox enzymes<sup>31</sup> or synthetic compounds containing heavy chalcogen atoms with

231 high redox reactivity.<sup>32</sup> This study is the first to report the catalytic antioxidant activity  
232 of diterpenoid polyphenols **CAR** and **isoROS**, but not of **CA**, **ROS**, and **epiROS**.

233 **The addition products of BCysM to CARQ.** Thiols have high nucleophilic  
234 activity and can undergo conjugate addition to quinones. This addition reaction is  
235 another mechanism whereby the antioxidant activity of polyphenols can be enhanced by  
236 restoring the 1,2-diphenol structure.<sup>27,28,33</sup> In the reaction of **CARQ** with **BCysM**, the  
237 same products **1** and **2** from the antioxidant reaction of **CAR** were detected, as shown in  
238 Figures 4 and 6. Compounds **1** and **2** were successfully isolated from the reaction  
239 mixture of **CARQ** and **BCysM**. The HR-MS data of **2** revealed its molecular formula to  
240 be C<sub>31</sub>H<sub>37</sub>NO<sub>7</sub>S (*m/z* 566.2198 [M-H]<sup>-</sup>). The <sup>1</sup>H-NMR data of **2** showed signal sets  
241 similar to those of **CAR** and **BCysM**, but did not show signals corresponding to the  
242 proton at the 14-position of **CAR** and the thiol group of **BCysM**. These data revealed  
243 that **2** was a coupling product of **CAR** and **BCysM** between the 14-position of **CAR**  
244 and the thiol group of **BCysM**, as shown as structure 2 in Figure 7. The molecular  
245 formula of compound **1** was estimated to be C<sub>31</sub>H<sub>35</sub>NO<sub>7</sub>S from its HR-MS data (*m/z*  
246 564.2042 [M-H]<sup>-</sup>). <sup>1</sup>H-NMR data of **1** showed similar data to those of **2**, indicating the  
247 same coupling structure with **CAR** and **BCysM**. However, two protons were missing  
248 from the proton set owing to **BCysM**, and a low-field-shifted olefinic proton was

249 observed at 7.14 ppm. These data indicated that **1** was an oxidized compound at the  
250 1',2'-positions of the **BCysM** part. The stereostructure of the olefin was determined to  
251 be *Z* by observing the nuclear Overhauser effect (NOE) from 3'-OCH<sub>3</sub> to H-1'. Thus,  
252 the structure of **1** was determined to be a dehydrocysteine-substituted **CAR** as shown in  
253 Figure 7. Both compounds were addition products of the thiol to the 14-position of  
254 **CARQ** and have restored diphenol groups, which again exhibit antioxidant activity.  
255 Although the reason for the production of oxidized product **1** is unclear, radical  
256 oxidation may occur at the  $\alpha$ -position of **BCysM**, where the bond dissociation enthalpy  
257 of the carbon-proton bond is lowest, producing a 1,2-dehydro derivative of **BCysM**,  
258 which may act as another nucleophilic thiol.

259 **Prediction of the reaction mechanisms of rosemary polyphenol quinones with**  
260 **BCysM based on DFT calculations** Quinones are known to have both oxidative and  
261 electrophilic addition reactivities, and thiols have reductive and nucleophilic addition  
262 reactivities, which shape their functional expression in foods and living cells.<sup>34</sup>  
263 Regardless of the type of reactions, both reactivities of substituted quinones generally  
264 increase with the electron-withdrawing capacity of the substituent groups.<sup>35,36</sup> In the  
265 studied polyphenols, the only differing substituent attached to the quinone structure is  
266 the alkyl group adjacent to the 8-position. Specifically, **CA** has a simple methylene

267 group, **ROS** and **epiROS** have a hydroxymethylene group, and **CAR** and **isoCAR**  
268 have an acyloxymethylene group, as shown in Figure 1. The most electron-  
269 withdrawing group is the acyloxymethylene group, which explains the high reactivity  
270 of the quinone derivatives of **CAR** and **isoROS** (**CARQ** and **isoROSQ** respectively)  
271 with the thiol compound **BCysM**. These considerations, based on the electronic theory  
272 of classical organic chemistry, were confirmed by *ab initio* calculations. Table 1 shows  
273 the DFT calculation results for the following redox reaction between **BCysM** and the  
274 quinone derivatives of rosemary polyphenols.



276 (Optimized stereostructures resulting from the calculations are shown in Figure S1).

277 Compared with other polyphenol quinones, the larger negative values (−7.405 and  
278 −6.338 kcal/mol respectively) of the calculated Gibbs free energy change ( $\Delta G$ ) in the  
279 reactions of **isoROSQ** and **CARQ** indicate that the reactions yield the products more  
280 efficiently. Although a comparison of transition states is necessary to accurately  
281 determine reaction rates, if the Bell-Evans-Polany principle<sup>37</sup> or Marcus theory<sup>38</sup> can  
282 be adapted, the high negative  $\Delta G$  values of **isoROS** and **CAR** would suggest that these  
283 reactions occurred more rapidly.



284 Quinones have multiple reaction positions for nucleophilic addition and have a high  
285 potential for redox reactions, therefore, the predicting the reaction mechanism is  
286 challenging. Although many methods have been developed to predict reactive  
287 positions,<sup>39</sup> in this study, the most reactive position of **CARQ** and predicted  
288 intermediates was selected based on the condensed Fukui function, easily obtained by  
289 the natural population analysis of DFT calculations.<sup>40</sup> The indices for the condensed  
290 Fukui functions were obtained using UCA-FUKUI software.<sup>41</sup> The values for the  
291 atoms of orthoquinone moieties of **CARQ** and its reaction intermediates are  
292 summarized in Table 2. As for the ionic reaction mechanism (Scheme 1 in Figure 8),  
293 the most reactive position in the nucleophilic attack on **CARQ** is the 8-position ( $f^+ =$   
294 0.216), where **BCysM** reacts nucleophilically to form intermediate **3**. Although the 14-  
295 position is the third most reactive position of **3** for nucleophilic attack ( $f^+ = 0.139$ ), the  
296 electrophilic reactivity of S at the 8-position is predominant ( $f^- = 0.335$ ) in comparison  
297 with other positions. Therefore, intramolecular cyclization may occur to yield **4**. The  
298 thiol anion produced in the reaction thus far makes a nucleophilic attack on the thiirane  
299 S atom ( $f^+ = 0.589$ ) at the 8- and 14-positions, resulting in the formation of **CAR** and  
300 disulfide (**BCysM**)<sup>2</sup>. Reacting at the second reactive 14-position ( $f^0 = 0.107$ ) of **4**, the  
301 thiirane ring is opened by the attack of the thiyl anion ( $RS^-$ ), and the aromaticity is

302 restored by the elimination of one mole of the thiol to yield product **2**. In the hydrogen  
303 atom transfer and radical reaction mechanism (Scheme 2 in Figure 8), the most  
304 radically reactive carbonyl oxygen ( $f^0 = 0.123$ ) at the 11-position of **CAR** is attacked  
305 by an hydrogen atom from **BCysM** to form the 11-radical of semiquinone **5** and the  
306 thiyl radical ( $RS\bullet$ ). The most radically reactive carbonyl oxygen ( $f^0 = 0.191$ ) at the 12-  
307 carbonyl group of **5**, further absorbs a hydrogen atom from another **BCysM**. The two  
308 thiyl radicals produced couple to form disulfide (**BCysM**)<sup>2</sup>. These successive reactions  
309 correspond to the redox reactions of **CARQ** and **BCysM**. When the thiyl radical reacts  
310 at the second reactive 8-position of **5**, the same product **3** is formed as the product of  
311 the ionic reaction scheme, and the subsequent ionic reaction pathway produces **CAR**  
312 and **2**.

313 In conclusion, **CAR** and **isoROS** in rosemary diterpenoid polyphenols showed  
314 catalytic antioxidant activity in the presence of thiols. This mechanism allows **CAR**  
315 and **isoROS** to continuously exhibit antioxidant properties in the presence of thiol-  
316 containing substances as long as thiols are present. Antioxidant activity depends on the  
317 physicochemical properties of the antioxidant used. The use of catalytic antioxidants is  
318 advantageous in that their superior properties are continuously maintained during food  
319 storage. Further, two quinone derivatives, the antioxidant products of **CAR** and

320 **isoROS**, were found to efficiently convert thiols to disulfides. Quinone substances are  
321 well known to be toxic to living organisms. This toxicity is attributed to the irreversible  
322 binding of quinones to biomaterials including protein thiol.<sup>42</sup> Therefore, the  
323 mechanism of thiol addition to quinones has been extensively studied.<sup>43</sup> On the other  
324 hand, the mechanism of disulfide formation by quinones is complex and not yet fully  
325 understood.<sup>44</sup> Importantly, this reaction has the advantage of yielding only the original  
326 polyphenol and disulfide without producing toxic substances. Furthermore, the  
327 formation of disulfide bonds is important for improving the texture of food products,  
328 such as in the dough formation of flour<sup>45</sup> and the texture improvement of meat.<sup>46</sup>  
329 Therefore, quinone derivatives of **CAR** and **isoROS** could be utilized as texture  
330 modifiers in food processing, because they preferentially form disulfides over addition  
331 products.

332

333 ASSOCIATED CONTENT

334 **Supporting Information**

335 Supporting information is available free of charge.

336 1. Analytical Data for Identification of **isoROS**, **ROS**, and **epiROS**.

337 2. Analytical Data for Structure Determination of Compounds **1** and **2**.

338 3. Figure S1. Drawing of the Optimized Stereostructures of Rosemary Polyphenols,  
339 Their Quinone Derivatives, **BCysM**, and **(BCysM)<sup>2</sup>**.

340

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344

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358 T. M. did the study conceptualization. H. H. performed the experiments, data analysis,  
359 and DFT calculations. A. K. performed the experiments. All authors have approved the  
360 final version of the manuscript for submission.

361 **Founding**

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363 **Notes**

364 The authors declare no competing financial interests.

365

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497

498

499 **Table 1. Calculated Gibbs Free Energy Change of the Reaction of Rosemary**  
500 **Polyphenol Quinones and BCysM.**

501

Compound	$\Delta G$ (kcal/mol)
<b>isoROSQ</b>	-7.405
<b>CARQ</b>	-6.338
<b>epiROSQ</b>	-4.895
<b>ROSQ</b>	-4.518
<b>CAQ</b>	-2.824

507

508  $\Delta G$  was calculated by the equation:  $\Delta G = [G(\text{Quinone}) + G((\text{BzCysM})^2)] -$   
509  $[G(\text{Polyphenol}) + G(\text{BzCysM}) \times 2]$ . G is the sum of electronic and thermal free energy  
510 calculated by DFT method using B3LYP functional, 6-311+G(d,p) basis set, and SMD  
511 solvation model (CH<sub>3</sub>CN).

512

513

514 **Table 2. Condensed Fukui Indices of the Atoms in Quinone Moieties of CARQ and**  
 515 **Its Predicted Intermediates for Nucleophilic ( $f^+$ ), Electrophilic ( $f^-$ ), and Radical ( $f^0$ )**  
 516 **Attacks.**

517

Atom position	CARQ		3		4	5
	$f^+$	$f^0$	$f^+$	$f^-$	$f^+$	$f^0$
C-8	<b>0.216</b>	0.080	-0.046	0.013	-0.108	0.167
C-9	-0.014	0.108	0.136	0.055	0.001	0.066
C-11	0.128	0.060	-0.008	0.074	0.023	0.090
C-12	0.139	0.065	<b>0.207</b>	-0.027	0.052	0.080
C-13	0.041	0.110	0.017	0.092	0.001	0.116
C-14	0.046	0.081	0.139	0.031	0.107	0.016
11-C- <u>Q</u>	0.156	<b>0.123</b>	0.029	0.069	0.000	0.080
12-C- <u>Q</u>	0.156	0.117	0.170	0.027	0.023	<b>0.191</b>
8-C- <u>S</u> or 8,14-C- <u>S</u>	-	-	0.130	<b>0.335</b>	<b>0.589</b>	-

518 The Fukui index ( $f^+$  for nucleophilic attack,  $f^-$  for electrophilic attack, and  $f^0$  for  
 519 radical attack) values were obtained using UCA-FUKUI software through the finite  
 520 difference approximation using the natural charges of corresponding atoms, which were  
 521 obtained by DFT calculations. Bold number in each column indicates the largest Fukui  
 522 index value.

523 Methyl mercaptan ( $\text{CH}_3\text{SH}$ ) was used as the thiol for DFT calculations instead of  
 524 **BCysM**.

525

526

527 **Figure captions**

528 **Figure 1.** Chemical structures of five rosemary polyphenols and *N*-benzylcysteine

529 methyl ester (**BCysM**).

530

531 **Figure 2.** Antioxidant activity of rosemary polyphenols in the presence or absent of

532 **BCysM**.

533 Reaction conditions: Ethyl linoleate, 50 mM; AMVNN, 15 mM; Polyphenols, 0.125

534 mM; and **BCysM**, 0.125 mM in CH<sub>3</sub>CN at 37°C. Data are presented by mean ± SE (n =

535 2).

536

537 **Figure 3.** Concentration effects of **BCysM** on antioxidant activity of **CAR** and **isoROS**.

538 Reaction conditions: Ethyl linoleate, 50 mM; AMVNN, 15 mM; Polyphenols, 0.125

539 mM; and **BCysM**, 0.125–0.375 mM in CH<sub>3</sub>CN at 37°C. Data are presented by mean ±

540 SE (n = 2).

541

542 **Figure 4.** HPLC analytical results of antioxidant reaction solutions of **CAR** in the

543 presence of **BCysM**.



544 Reaction conditions: Ethyl linoleate, 50 mM; AMVNN, 15 mM; **CAR**, 0.63 mM;  
545 and **BCysM**, 0.63 mM in CH<sub>3</sub>CN at 37°C. Analytical conditions: column, Cosmosil  
546 5C18-AR-II (250 × 4.6 mm i.d); solvent A, acetic acid–H<sub>2</sub>O (1:100); solvent B,  
547 CH<sub>3</sub>OH; gradient conditions, B% (time) = 60% (0 min), 100% (40 min), 100% (40–50  
548 min); and flow rate, 0.5 mL/min.

549

550 **Figure 5.** Quantitative time-course data for **CAR**, **CARQ**, **BCysM**, (**BCysM**)<sup>2</sup>, and  
551 compounds **1** and **2** in antioxidant reaction solutions.

552 Panel A: Reaction of **CAR** (0.63 mM) and **BCysM** (0.63 m); Panel B: Reaction of  
553 **CAR** (0.63 mM) and **BCysM** (1.26 mM); Panel C: Reaction of **CAR** (0.63 mM); Panel  
554 D: Reaction of **BCysM** (0.63 mM). Other reaction conditions: Ethyl linoleate, 50 mM;  
555 AMVNN, 15 mM in CH<sub>3</sub>CN at 37°C.

556

557 **Figure 6.** HPLC analysis data for **CARQ**, **BCysM** and a reaction mixture of **CARQ**  
558 and **BCysM**, and time-course data for the reaction mixture.

559 Reaction conditions: 0.63 mM **CARQ** and 0.63 mM **BCysM** in CH<sub>3</sub>CN at 37°C  
560 Analytical conditions: column, Cosmosil 5C18-AR-II (250 × 4.6 mm i.d); solvent A,  
561 acetic acid–H<sub>2</sub>O (1:100); solvent B, CH<sub>3</sub>OH; gradient conditions, B% (time) = 60% (0

562 min), 100% (40 min), and 100% (40–50 min); and flow rate, 0.5 mL/min.

563

564 **Figure 7.** Chemical structures of compounds **1** and **2**.

565 Position numbers were tentatively assigned based on those of abietane diterpenoids.

566

567 **Figure 8.** Reaction mechanisms of **CARQ** and thiol based on the condensed Fukui

568 indices.

569  $RS-H = \text{BCysM}$ ,  $RSSR = (\text{BCysM})^2$ . Calculations were performed using methyl

570 mercaptan ( $\text{CH}_3\text{SH}$ ) as the thiol instead of **BCysM**.

571 Scheme 1. Mechanism starting from the nucleophilic addition of RSH to **CARQ**,

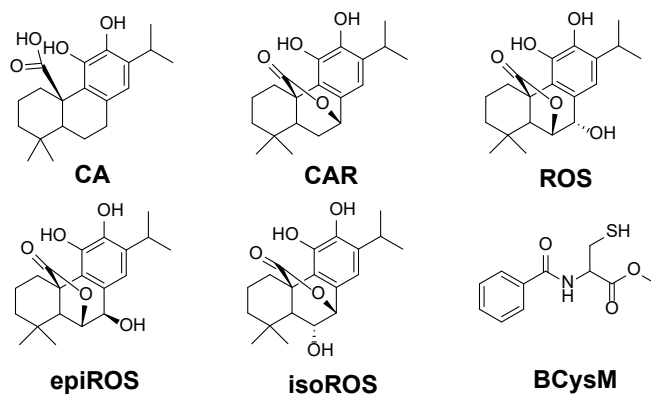
572 followed by intramolecular addition and second nucleophilic addition or isomerization.

573 Scheme 2. Mechanism starting from the hydrogen atom transfer reaction from RSH

574 to **CARQ**, followed by radical coupling and intramolecular addition (the same

575 nucleophilic addition or isomerization as shown in Scheme 1).

576

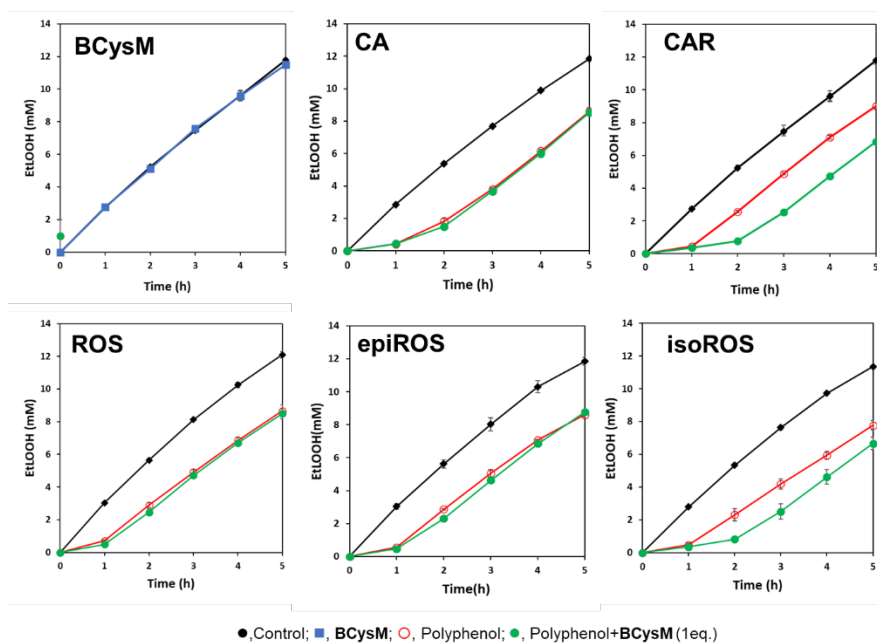


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**Fig. 1**

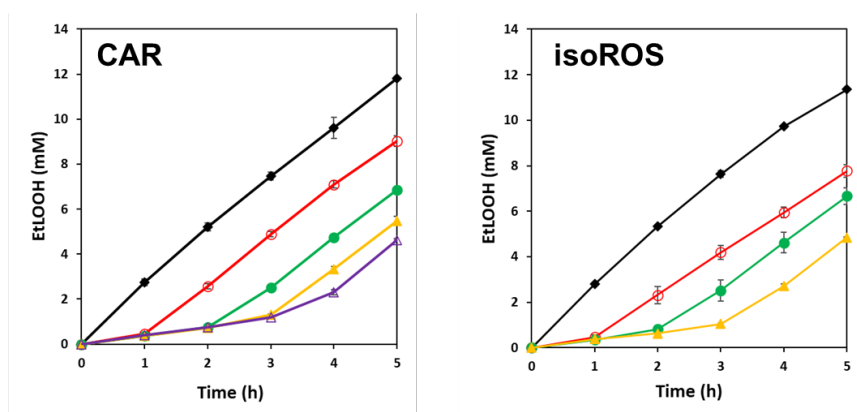
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581

**Fig. 2**



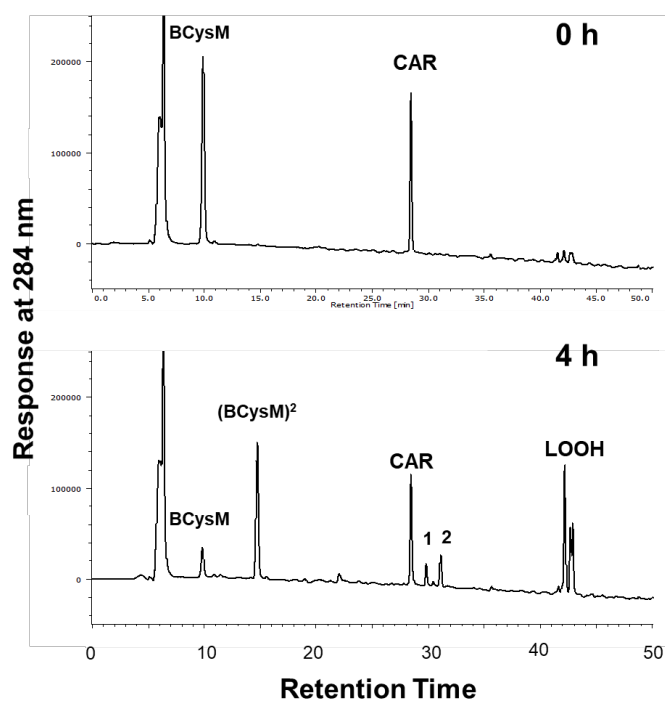
●,Control; ○, Polyphenol; ●, Polyphenol+BCysM (1 eq.); ▲, Polyphenol+BCysM (2 eq.); △, Polyphenol+BCysM (3 eq.)

582

583

Fig. 3

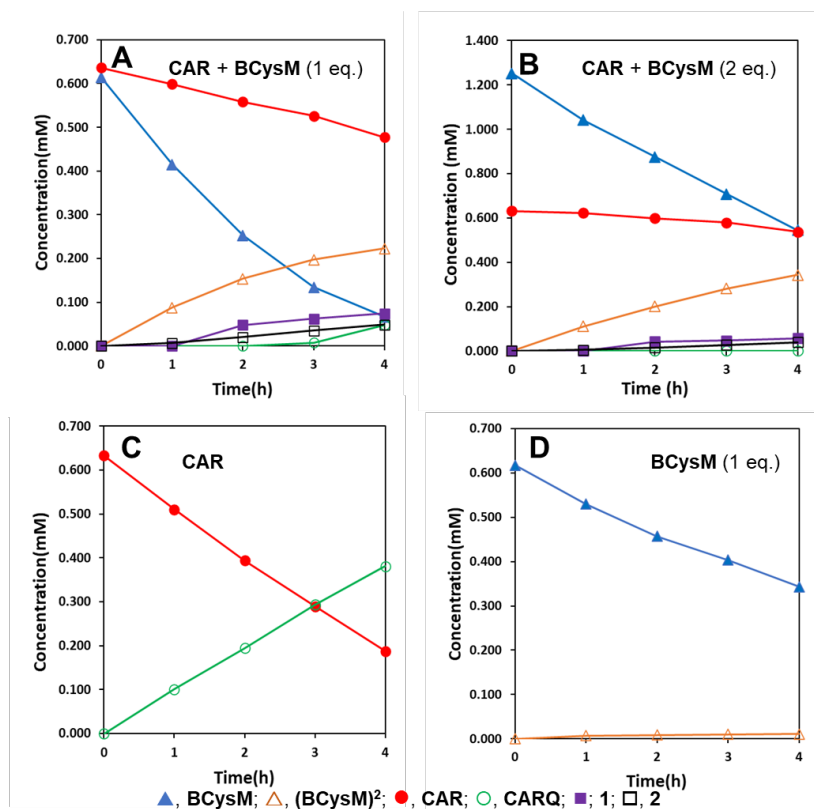
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Fig. 4

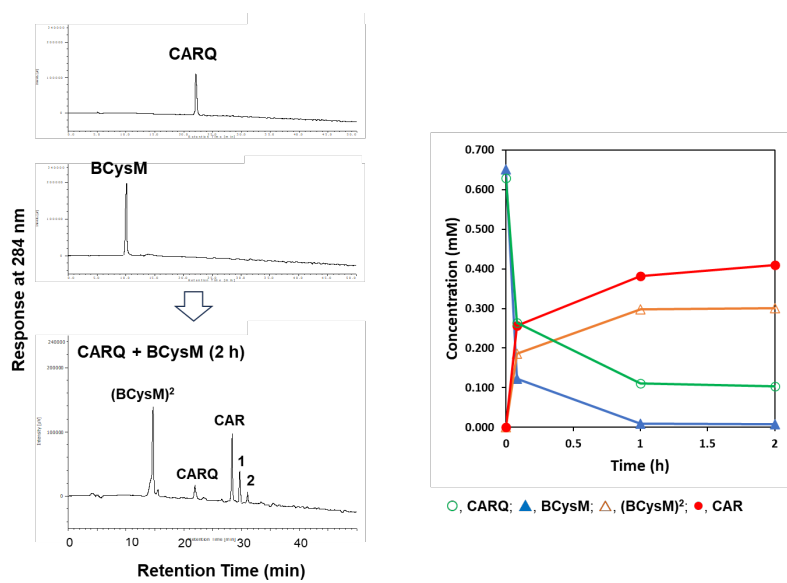


587

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Fig. 5

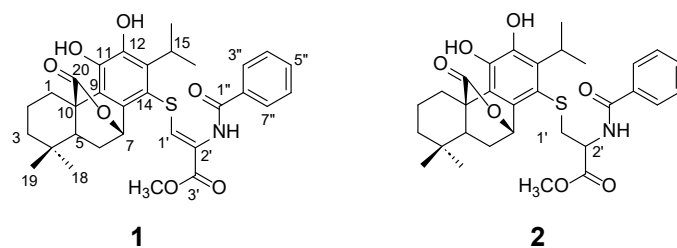
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Fig. 6



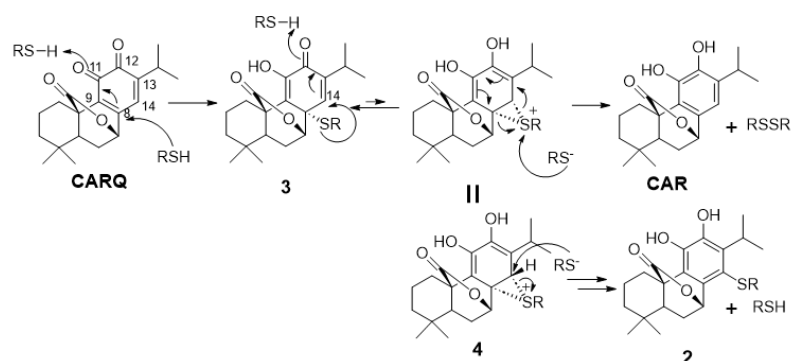
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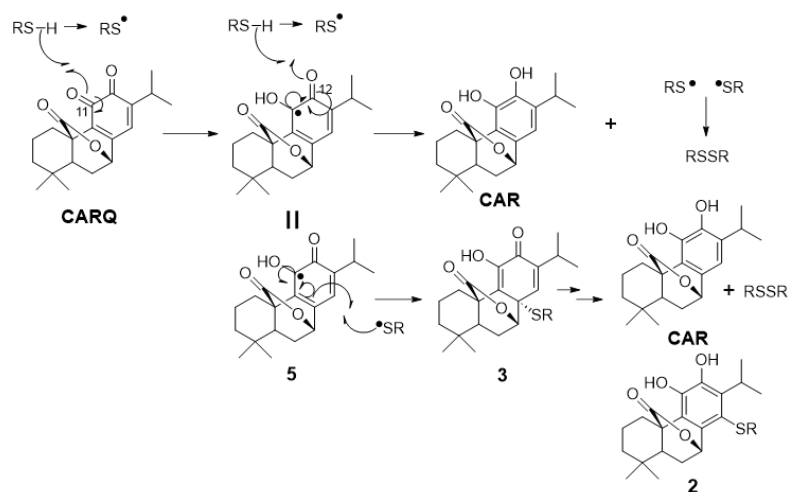
**Fig. 7**

594

**Scheme 1. Ionic Reaction Mechanism**



**Scheme 2. Hydrogen Atom Transfer–Radical Reaction Mechanism**



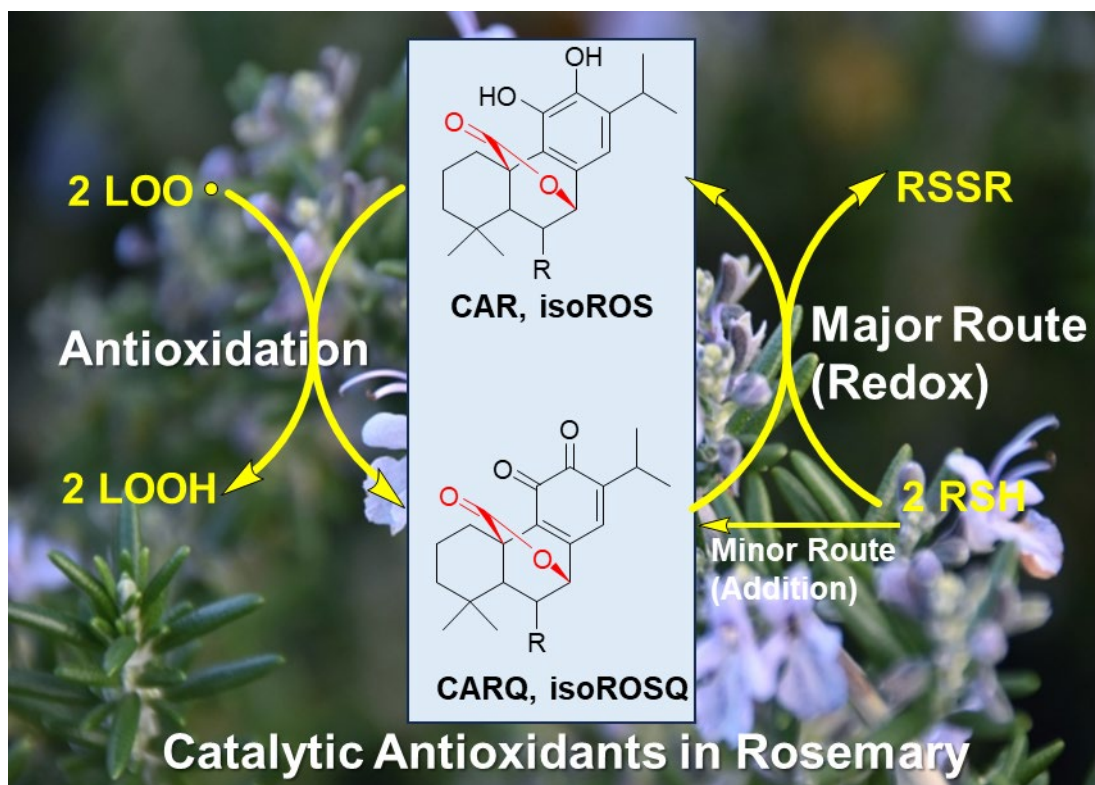
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**Fig. 8**

598



600

601

## TOC Graphic Abstract