

Thermodynamic characterization of amyloid polymorphism by Taylor dispersion analysis

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Abstract:

Amyloid fibrils of proteins such as α -synuclein are a hallmark of neurodegenerative diseases and much research has focused on their kinetics and mechanisms of formation. The question as to the thermodynamic stability of such structures has received much less attention. Here, we present a novel experimental method to quantify amyloid fibril stability based on chemical depolymerisation and Taylor dispersion analysis. The relative concentrations of fibrils and monomer at equilibrium are determined through an in situ separation of these species through Taylor dispersion in laminar flow inside a microfluidic capillary. This method is highly sample economical, using much less than a microliter of sample per data point and its only requirement is the presence of aromatic residues because of its label-free nature. Using this method, we investigate the differences in thermodynamic stability between different fibril polymorphs of α -synuclein and quantify these differences for the first time. Importantly, we show that fibril formation can be under kinetic or thermodynamic control and that a change in solution conditions can both stabilise and destabilise amyloid fibrils. Taken together, our results establish the thermodynamic stability as a well-defined and key parameter that can contribute towards a better understanding of the physiological roles of amyloid fibril polymorphism.

Introduction:

Amyloid fibrils are a specific class of protein aggregates characterized by a highly ordered, elongated molecular architecture formed by repeating intermolecular β -sheet motifs. Their accumulation in intra- or extracellular deposits is a common denominator of numerous severe pathologies including Alzheimer's disease (AD), Parkinson's disease (PD), or Amyotrophic lateral sclerosis (ALS) ¹. The individual building blocks of amyloid fibrils are structurally distinct from their soluble precursors which range from short peptides ², intrinsically disordered proteins (IDPs ³), to natively folded proteins ⁴⁻⁷, indicating a certain universality of the "amyloid fold" ⁸. Conversely, cryo-electron microscopy of several amyloid-forming proteins revealed a high degree of structural polymorphism, i.e., a single

34 polypeptide chain adopting several distinct conformations within the amyloid core⁹⁻¹¹. Fibril
35 polymorphism is strongly modulated by extrinsic factors and consequently, structures of fibrils formed
36 *in vitro* often do not correspond to those isolated *ex vivo* from patients' tissues¹¹. Moreover, several
37 polymorphs have been identified in a single test tube in which initially highly pure soluble protein (α -
38 Synuclein) aggregated under well-defined solution conditions¹². Altogether, it is now increasingly more
39 apparent that the free-energy landscape of amyloids is much more degenerate than perhaps originally
40 thought, and that fibril polymorphism is a consequence of the interplay between kinetic factors and
41 stability of individual conformations.

42 The thermodynamic stability of amyloids fibrils can provide the missing link for understanding the
43 mechanisms driving fibril polymorphism. In contrast to the kinetics of amyloid formation which has
44 been extensively studied¹³⁻¹⁵ and characterized in detail for many pathologically relevant proteins such
45 as Amyloid- β ¹⁶, Tau¹⁷, or α -Synuclein (α Syn)¹⁸⁻¹⁹, systematic analysis of amyloid stability has only
46 recently started to gain more attention²⁰. The thermodynamic stability of amyloid fibrils may contribute
47 to defining their persistence *in vivo*, which is influenced by many factors including posttranslational
48 modifications²¹⁻²², proteasomal degradation²³, or clearance by chaperones²⁴⁻²⁶. The dysregulation and
49 insufficient efficiency of these clearance mechanisms leads to pathological states.

50 In general, thermodynamic stability is defined by the concentration of different species in equilibrium,
51 e.g., folded, and unfolded states for protein conformational stability (Equation 1). Similarly, the
52 thermodynamic stability of amyloid fibrils can be defined by the concentration of soluble precursors
53 (herein termed monomers) in equilibrium with the insoluble fibrils. At sufficiently high total
54 concentration, the equilibrium concentration of monomer is independent of the molar concentration of
55 fibrils and relates to fibril stability according to Equation 2.

56 **Eq. 1** $U \rightleftharpoons N$; then $\Delta G_0 = -RT \ln([N]_{eq}/[U]_{eq})$

57 **Eq. 2** $[F]_n + [M] \rightleftharpoons [F]_{n+1}$; then $\Delta G_0 = -RT \ln(1/[M]_{eq})$;

58 where R is the universal gas constant, T is absolute temperature (K), and [F] and [M] are protein
59 concentrations in fibrillar (insoluble) and monomeric (i.e., soluble) states, respectively²⁰. The amyloid
60 state is thought to be the global energy minimum of the protein free energy landscape. Consequently,
61 high thermodynamic stability of fibrils translates to low concentrations of soluble protein at the end of
62 the aggregation reaction which are often difficult to quantify accurately²⁷⁻²⁸. In order to increase the
63 equilibrium concentration of soluble protein to easily quantifiable levels, the equilibrium can be shifted
64 in favour of fibril dissociation by changing external conditions, e.g., increasing (or decreasing)
65 temperature²⁹⁻³³, high pressure³⁴, or by addition of chemical denaturants³⁵⁻³⁸. The latter is perhaps the
66 most versatile since, similarly to protein unfolding, a linear dependence of Gibbs free energy on
67 denaturant concentration can be reasonably assumed^{35, 39} which allows for the application of a

68 (relatively) straightforward analytical framework. This typically involves fitting chemical
69 depolymerization data to an isodesmic polymerisation model, in which a single equilibrium constant is
70 assumed between monomers and aggregates regardless of their size ⁴⁰⁻⁴¹. Recently, a more realistic
71 cooperative model has been applied to the analysis of depolymerization of glucagon and PI3K-SH3
72 domain fibrils ³⁸. The model recognizes nucleation and polymerization through two distinct equilibrium
73 constants and is able to correctly model the protein concentration dependency of the depolymerization
74 curves ³⁸.

75 Chemical depolymerization offers several advantages including simplicity and scalability.
76 Experimental techniques used in chemical depolymerization experiments can be categorized into two
77 groups: (i) separation-based, and (ii) bulk methods. The first group relies on physical separation of the
78 soluble protein from the fibrils, and their subsequent quantification. Methods including (ultra)
79 centrifugation ⁴¹ or chromatography (HPLC) are often used, although they are time and sample
80 consuming. Techniques from the second group rely on monitoring changes in specific features of fibrils
81 or monomers as a function of increasing denaturant concentration, and include, for example, circular
82 dichroism, light scattering, intrinsic fluorescence, or Thioflavin-T fluorescence ³⁵. Spectroscopic
83 techniques have the advantage of analyzing mixtures without the need for separation, which enables
84 fast and high-throughput analysis. However, these methods provide relative measurements rather than
85 absolute concentrations of the species involved which introduces some degree of uncertainty during
86 analysis. Furthermore, they might require presence of specific fluorophores (intrinsic fluorescence) and
87 can be limited by strong scattering (circular dichroism).

88 Here, we present a novel approach for the analysis of fibril stability by chemical depolymerization
89 which combines the advantages of both categories. Our method utilizes flow-induced dispersion
90 analysis (FIDA) for separation of monomers from fibrils and quantification of monomer concentration
91 within a thin fused-silica capillary. The approach is rapid, fully automated, amenable to high
92 throughput, label-free, utilizes a commercially available instrument, and uses minute amounts of
93 sample. We demonstrate its advantages by benchmarking it against four commonly used techniques
94 using α Syn and PI3K-SH3 fibrils as the test cases. Using our newly developed approach we compare
95 stability of fibrils at different experimental conditions and quantify thermodynamic stability differences
96 between distinct fibril polymorphs. We believe that our new method is a versatile and useful tool for
97 probing rugged amyloid landscapes in a quantitative, and efficient manner.

98

99 Results

100 *Flow-induced dispersion analysis of non-diffusive particles*

101 In this study, we employ flow-induced dispersion analysis (FIDA) to measure the thermodynamic
102 stability of α Syn and PI3K-SH3 fibrils. FIDA utilizes Taylor dispersion⁴² to measure the size of the
103 particles based on their diffusivity in a laminar flow defined by low values of the Reynolds number (Re
104 < 2000 ; typical scenarios in FIDA experiments feature $0.1 > Re > 10$ in water and $25^\circ C$). In the laminar
105 flow regime, the fluid travels in parallel layers that move smoothly next to each other without turbulent
106 mixing. The central layers are the fastest while the outermost layers in contact with the capillary wall
107 are immobile, giving rise to the characteristic parabolic flow velocity profile. Consequently, the mass
108 transfer between these fluid layers in the directions perpendicular to the flow can only be achieved by
109 radial diffusion (see **supplementary movie**). Small particles (e.g., small molecules, proteins) diffuse
110 between the layers and travel with the average flow velocity (**Figure 1 a**, and supplementary movie,
111 blue species) resulting in a Gaussian distribution of their concentration at the point of the detection.
112 Their diffusion coefficients (D_{app}) can be obtained by fitting the resulting Taylorgrams by equations (Eq.
113 3 and 4) and used to determine their hydrodynamic radii (R_h) according to the Stokes-Einstein equation
114 (Eq. 5)⁴³⁻⁴⁴.

115 **Eq. 3**
$$y = y_0 + \frac{A}{2\sigma\sqrt{\pi/2}} e^{\left(-\frac{(t-t_R)^2}{2\sigma^2}\right)}.$$

116 **Eq.4**
$$D_{app} = t_R a^2 / 24\sigma^2$$

117 **Eq. 5**
$$R_h = \frac{k_B \cdot T}{6\pi \cdot \eta \cdot D_{app}}$$

118 where σ^2 and t_R are variance and residence time of the peak, respectively, and a is the inner diameter of
119 the capillary.

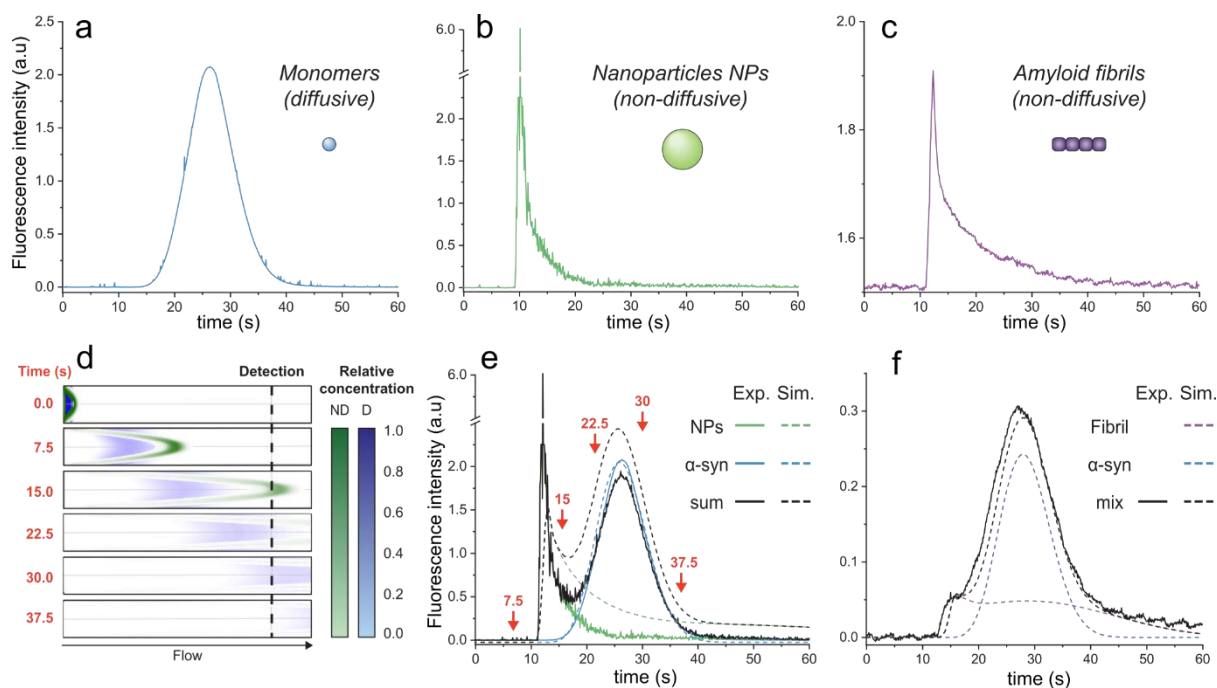
120 Conversely, larger particles ($R_h \gtrsim 100$ nm; e.g., liposomes, large nanoparticles, protein aggregates)
121 cannot radially diffuse (or diffuse marginally within the < 1 minute experimental time scale) and remain
122 in the same flow layer during the experiments, resulting in the deformed, asymmetrical distribution of
123 their signal at the detector (**Figure 1 b and c**; supplementary movie, green species).

124 Here, we exploit this phenomenon to separate non-diffusive aggregates from the diffusive monomers
125 to determine the stability of amyloid fibrils. To better understand the behaviour of the diffusive and non-
126 diffusive particles during FIDA, we first numerically simulated the experiment using the COMSOL
127 software (COMSOL Multiphysics® v. 6.1. COMSOL AB, Stockholm, Sweden). In the simulations, a
128 small plug (20 s, 75 mbar) containing a mixture of nanoparticles (NPs, $D = 2.5 \times 10^{-12} \text{ m}^2 \cdot \text{s}^{-1}$,
129 corresponding to $R_h = 100$ nm) and protein monomers ($D = 7.0 \times 10^{-11} \text{ m}^2 \cdot \text{s}^{-1}$, corresponding to $R_h = 3.5$
130 nm derived from FIDA measurements of α Syn monomer) was injected into the one meter-long capillary

131 with internal diameter of 75 μm , and their time-dependent distribution in 1500 mbar flow was analyzed
 132 (Figure 1 d and e; Supplementary movie). Expectedly, the radially diffusing monomers formed a wide
 133 uniform zone which travels with the average flow speed (Figure 1 d and e; Supplementary movie). In
 134 contrast, the non-diffusive NPs follow the parabolic shape of the flow speed with their major fraction
 135 being pushed ahead of the plug, followed by the gradually decreasing fraction moving in the slower
 136 layers. This translates to a highly skewed distribution at the point-of-detection (84 cm from the
 137 injection) with sharp increase in signal followed by its slow gradual decrease over time (Figure 1 d and
 138 e; Supplementary movie). A COMSOL simulation of different particle sizes are shown in SI figure 1.

139 To validate our simulations, we carried out the experiment in the FIDA instrument using αSyn
 140 monomers (wt or F94W mutant) and fluorescent carboxylate-modified polystyrene NPs ($d = 200 \text{ nm}$;
 141 FluoSpheresTM, Thermo Fisher) as the models of diffusive and non-diffusive particles, respectively
 142 (Figure 1 a-c). The experimental flow profiles of the two types of species match almost perfectly those
 143 obtained by the COMSOL simulations (Figure 1 e). Moreover, the behaviour of the non-diffusive
 144 particles can be well approximated by an analytical solution derived in our previous development of
 145 Taylor dispersion-induced phase separation (TDIPS⁴⁵). As predicted by both the simulations and the
 146 analytical equations, the arrival time of the fastest non-diffusive particles is almost exactly half of the
 147 average monomer residence time.

148



149

150 **Figure 1. Flow-induced dispersion analysis (FIDA) of diffusive and non-diffusive particles.** FIDA of (a)
 151 monomeric αSyn ($R_h = 3.5 \text{ nm}$), (b) fluorescent nanoparticles ($d = 200 \text{ nm}$), and (c) F94W αSyn amyloid fibrils
 152 (non-sonicated large fibrils). Experiments were recorded under the same experimental conditions (i.e., flow rates,
 153 volumes) described in the materials and methods. (d)-(f) COMSOL simulations of FIDA using a mixture of
 154 monomeric αSyn and nanoparticles. (d) Snapshots of the mixture separating in the capillary (i.d. = 75 μm , $l = 1$

155 m) at different time-points (See Supplementary movie for the whole simulation). Concentrations of the non-
156 diffusive (ND) and diffusive (D) particles in the flow are indicated by the colour-gradients shown on the right. (e)
157 Overlay of the simulated Taylorgrams shown on the left with the sum of the experimentally measured FIDA of D
158 and ND species, corresponding to curves in (a) and (b). The arrows correspond to the time points shown as
159 snapshots in (d). (f) Comparison of experimental (black line) and simulated (dashed lines) data for a mixture of
160 F94W α Syn monomers (blue) and sonicated fibrils (purple; length \sim 100 nm, Rh = 20.3 nm) in 1 M urea.

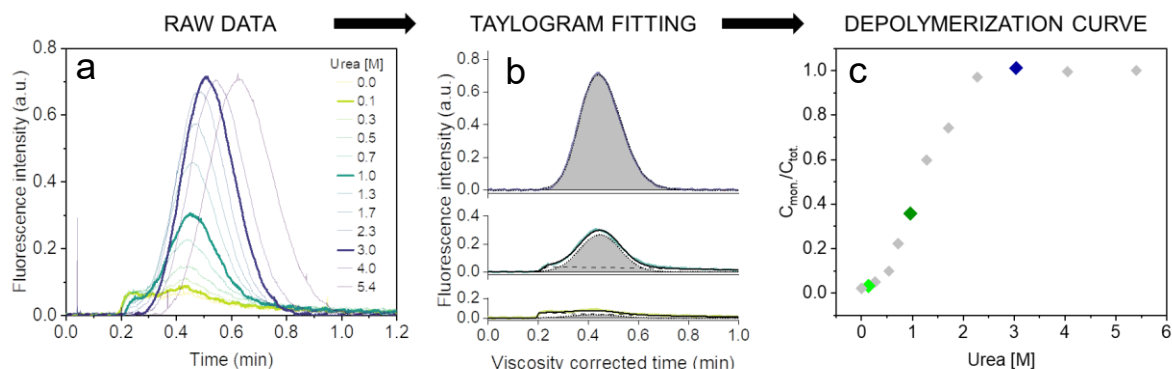
161 *Amyloid fibrils behave as non-diffusive particles during FIDA.*

162 Following the successful modelling and experimental validation of the NPs behaviour during FIDA, we
163 extended the methodology to the analysis of amyloid fibrils (**Figure 1 f**). We used α Syn fibrils
164 equilibrated in 1 M urea to allow their partial dissociation to monomers and analyzed the resulting
165 mixture using FIDA (Figure 1 f). The profile resembled the one obtained as the sum of NPs and
166 monomeric α Syn (Figure 1 e), suggesting similar, non-diffusive behaviour of the fibrils. We analyzed
167 the curve using numerical COMSOL simulations assuming two species and obtained diffusion
168 coefficients of 7.0×10^{-11} and $1.2 \times 10^{-11} \text{ m}^2 \cdot \text{s}^{-1}$ for α Syn monomer and fibril, respectively. Both values are
169 in excellent agreement with those measured by FIDA of α Syn monomers (Rh = 3.5 nm), and DLS
170 analysis of fibrils (Rh = 20.3 ± 0.5 nm). The latter corresponds to a fibrillar species of around 100 nm
171 length with 10 nm width based on the models of rod-like particles derived elsewhere⁴⁶. Together, our
172 results clearly demonstrate that FIDA is a suitable method for separation and individual quantification
173 of diffusive soluble proteins from their mixtures with non-diffusive particles.

174 *Chemical depolymerization of α Syn fibrils studied using FIDA*

175 Next, we repeated the experiment in a range of urea concentrations to derive the full depolymerization
176 curve of the α Syn fibrils. First, we tested fibrils of the α Syn tryptophan-containing mutant (F94W) to
177 obtain a higher signal-to-noise ratio compared to the wild type in the intrinsic fluorescence-based
178 detection system. We analyzed F94W α Syn fibrils equilibrated in a range of urea concentrations from
179 0 to 5.4 M using FIDA (**Figure 2**). For each sample, a buffer with the matching concentration of urea
180 was used as surrounding of the sample plug to avoid artifacts from dilution or viscosity gradients. In
181 low concentrations of urea, the resulting Taylorgrams were characteristic of the two-component system
182 described above, i.e., sum of asymmetrical and Gaussian peaks (Figure 2 b). The amplitude of the
183 former gradually decreased and completely disappeared at high urea concentrations (> 2.28 M),
184 indicating complete fibril dissociation. Similar to the experiments described above, the monomer
185 diffusion in the complex mixture was mostly unaffected by the larger species and behaved in a
186 predictable manner which could be accurately modelled and analyzed (Figure 2 c). Conversely, the
187 signal from protein aggregates was less reproducible due to the unspecific self-interaction or interaction
188 with the capillary surface resulting in signal spikes or delayed elution (sometimes appearing in the
189 washing step). Therefore, we concluded that absolute quantification of monomers, rather than relative
190 quantification of fibrils and monomer is a more robust and reproducible approach and used it for further
191 analysis. We verified that fluorescence and hydrodynamic radius of the monomer are not affected by the

192 denaturant by performing control experiments with monomeric α Syn in increasing concentrations of
193 urea (SI figure 2).



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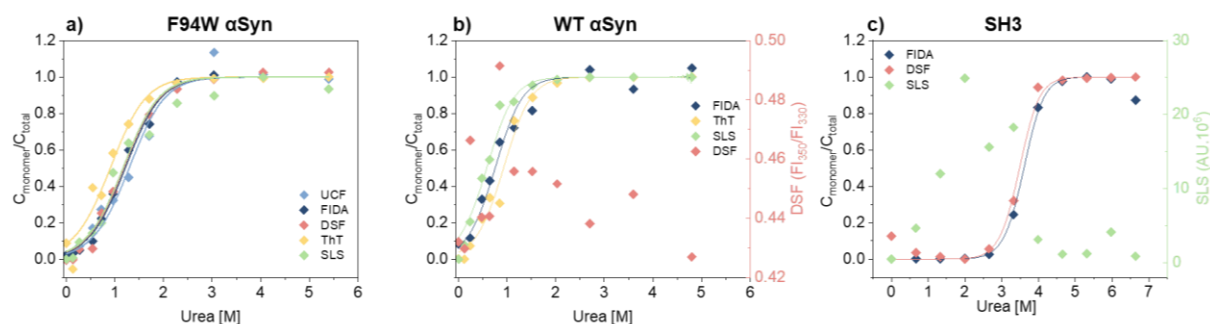
195 **Figure 2: Chemical depolymerization of amyloid fibrils using FIDA.** (a) Raw Taylorgrams of F94W fibrils
196 ($c = 20 \mu\text{M}$) equilibrated in increasing concentrations of urea. (b) Quantification of monomer concentration from
197 the Taylorgrams (after correction for the urea viscosity, see materials and methods). Fitting of three representative
198 curves (highlighted in the panel (a)) by the sum of the equations describing asymmetrical (dotted line) and
199 Gaussian (dashed lines) distributions (Eqs. 6 and 7). The area of the Gaussian peak (gray) is proportional to the
200 monomer concentration. (c) Depolymerization curve of F94W α Syn fibrils. The points correspond to the ratio of
201 monomer concentrations derived from the Taylorgram fitting and the total protein concentration as a function of
202 urea.

203 The quantification of monomer was carried out in several different ways. First, we removed the signal
204 contribution from the fibrils by subtracting a manually generated linear baseline connecting the
205 hypothetical intersections of the two distinct peaks and integrated the remaining monomer peak to
206 obtain the corresponding area (SI figure 3, SI table 1). Although simple, the procedure is lengthy and
207 subjective regarding the selection of the intersects. To overcome these limitations, we fitted the
208 viscosity-corrected data to the sum of the two distributions described by equations 6 and 7 (see Materials
209 and Methods for details) to obtain the deconvoluted areas under the Gaussian peaks. The procedure
210 worked well for curves where the two distributions could be clearly distinguished. In cases where the
211 contribution from one of the peaks to the overall signal was minimal (0 to 10%), analysis was more
212 challenging and often resulted in overfitting due to the high number of parameters. We solved this by
213 writing a custom python script that globally fits the Taylorgrams across the whole urea concentration
214 range by parametrizing the monomer peak area using ΔG and m -value from the isodesmic model and
215 sharing the rest of the parameters from equations 6 and 7 (except the area of the asymmetric fibril peak).
216 The global analysis gives well defined confidence intervals of the fitted parameters, albeit sometimes
217 at the expense of quality of the individual fits. Finally, we verified the results using deconvolution of
218 the curves by numerical analysis in COMSOL. The depolymerization curves obtained by the four
219 methods are almost identical and yield similar energy parameters (within error) when analyzed within
220 the isodesmic depolymerization model framework (SI figure 2). We chose the global fitting approach
221 for analysis of further experiments owing to its reliability, speed, and automation.

222 *FIDA is a robust method for the analysis of amyloid fibril thermodynamic stability.*

223 To validate our newly developed FIDA analysis, we measured the thermodynamic stability of the WT
224 and F94W mutant of α Syn, and PI3-SH3 fibrils using other available techniques including DSF
225 (differential scanning fluorimetry), static light scattering (SLS) intensity, Thioflavin T fluorescence, and
226 ultracentrifugation (UCF) followed by quantification of the monomer in the supernatant using UV-
227 absorbance (**Figure 3, Table 1**). Depolymerization curves obtained by each method were fitted to the
228 isodesmic model with shared m -value to reduce its correlation with ΔG , making the quantitative
229 comparison of individual fits in terms of the latter parameter more reliable and straightforward. The
230 isodesmic model is conceptually simpler than the cooperative model which limits overfitting by
231 reducing the number of free parameters, particularly in cases where only a single protein concentration
232 is measured³⁸. We obtained excellent agreement between experiments for the F94W α Syn with nearly
233 overlapping depolymerization curves (apart from that obtained by ThT fluorescence) and differences
234 between ΔG values within the range of fitting errors (**Figure 3 a**, Table 1). Since both FIDA and DSF
235 are based on the detection of intrinsic fluorescence, we decided to test their limits by repeating the
236 experiment using fibrils of wild type α Syn which does not contain tryptophan, but only 4 tyrosine
237 residues as fluorophores (**Figure 3 b**, Table 1). The fibrils were prepared according to the same protocol
238 used for the F94W mutant and depolymerized at two-times higher final concentration (40 μ M) to
239 compensate for the signal loss. The sensitivity of the FIDA proved to be sufficient and we were able to
240 obtain a well-defined depolymerization curve (Figure 3 b). In contrast, DSF which utilizes the shift of
241 the tryptophan fluorescence emission spectrum induced by changes in its local environment (e.g.,
242 monomeric vs fibrillar state⁴⁷⁻⁴⁸) did not yield any meaningful results (Figure 3 b), confirming that the
243 tyrosine residues lack the environmental sensitivity necessary to distinguish aggregated from soluble
244 states. Interestingly, the stability of WT fibrils was ca. 5 $\text{kJ}\cdot\text{mol}^{-1}$ lower compared to the F94W mutant
245 (Table 1). This difference is higher than the variability of ΔG values obtained for WT using different
246 techniques ($\sim 3 \text{ kJ}\cdot\text{mol}^{-1}$). Arguably, the mutation alters the energy landscape of α Syn and is therefore
247 not a non-invasive probe for analysis of α Syn fibril stability. This is an important finding since similar
248 effects might be, in principle, observed in studies of amyloid forming proteins lacking tryptophan and
249 that use engineered Trp variants instead.

250 In contrast to α Syn, the SH3 domain of phosphatidylinositol-3-kinase (PI3K-SH3) contains a single
251 tryptophan which gives the protein two distinct fluorescence emission spectra in a monomeric and
252 fibrillar state (fluorescence is fully quenched in the fibrillar state), making it an ideal probe for studying
253 fibril stability by DSF³⁸. Our analysis of PI3K-SH3 fibril stability by FIDA agreed well with DSF
254 measured here (**Figure 3 c**, Table 1) and published previously³⁸. In contrast, the SLS signal was noisy
255 at low denaturant concentrations, presumably due to higher order assembly of fibrils and sedimentation
256 and could not be used for the fitting.



257

258 **Figure 3: Thermodynamic stability of three different amyloid fibrils measured with different techniques.**
 259 (a) Chemical depolymerisation of F94W α Syn mutant fibrils was studied reliably with all techniques including
 260 ultracentrifugation (UCF), FIDA, DSF, ThT and SLS. Data from ThT fluorescence is slightly out of the error range
 261 of the other techniques. (b) WT α Syn fibrils were reliably measured by FIDA, ThT and SLS, however, DSF failed
 262 to monitor the monomer/fibril conversion as expected due to lack of W amino acids. (c) PI3K-SH3 amyloid fibrils
 263 were measured reliably by FIDA and DSF, but SLS intensity data was unreliable most probably due to
 264 precipitation at low denaturant concentrations. Non-normalized data for DSF in (b) and SLS intensities in (c) are
 265 shown in the second Y axis of the corresponding graphs.

266 Using three model cases we successfully verified the general applicability of our novel approach for
 267 analyzing fibril stability. The only other method which could be successfully applied to all three cases
 268 was ThT fluorescence which is also simple, fast, and scalable. However, different fibrils have distinct
 269 sensitivity to ThT, and some fibril polymorphs are even "ThT-invisible" and cannot be monitored by
 270 this fluorescent dye⁴⁹⁻⁵². Although applicable in some cases, scattering techniques (SLS and DLS) suffer
 271 from large dependency of scattered light intensity on aggregate size, hindering reliable normalization
 272 of the depolymerization curves when small amounts of residual aggregates are present in the
 273 depolymerized samples at high urea concentrations. Similar issues apply to ultracentrifugation, which
 274 additionally requires higher volumes of sample (> 30 μ L), specialized equipment, and long
 275 centrifugation times (> 1.5 h) at high-speed (> 150,000 x g) to ensure complete removal of the
 276 aggregates.

277 **Table 1. Comparison of thermodynamic stability of three model amyloid systems measured using different**
 278 **techniques.**

Analytical technique	WT α Syn		F94W α Syn		SH3	
	ΔG (kJ.mol ⁻¹)	m (kJ.M ⁻¹ .mol ⁻¹)	ΔG (kJ.mol ⁻¹)	m (kJ.M ⁻¹ .mol ⁻¹)	ΔG (kJ.mol ⁻¹)	m (kJ.M ⁻¹ .mol ⁻¹)
UCF	n.m.		35.0 \pm 0.6		n.m.	
FIDA	-31.2 \pm 0.3		34.4 \pm 0.6		-59.8 \pm 3.5	
DSF	n.d.	9.8 \pm 0.1	34.1 \pm 0.6	7.4 \pm 0.4	-58.6 \pm 3.3	10.0 \pm 1.0
ThT	-32.0 \pm 0.4		32.1 \pm 0.5		n.m.	
SLS	-29.5 \pm 0.1		34.0 \pm 0.5		n.d.	

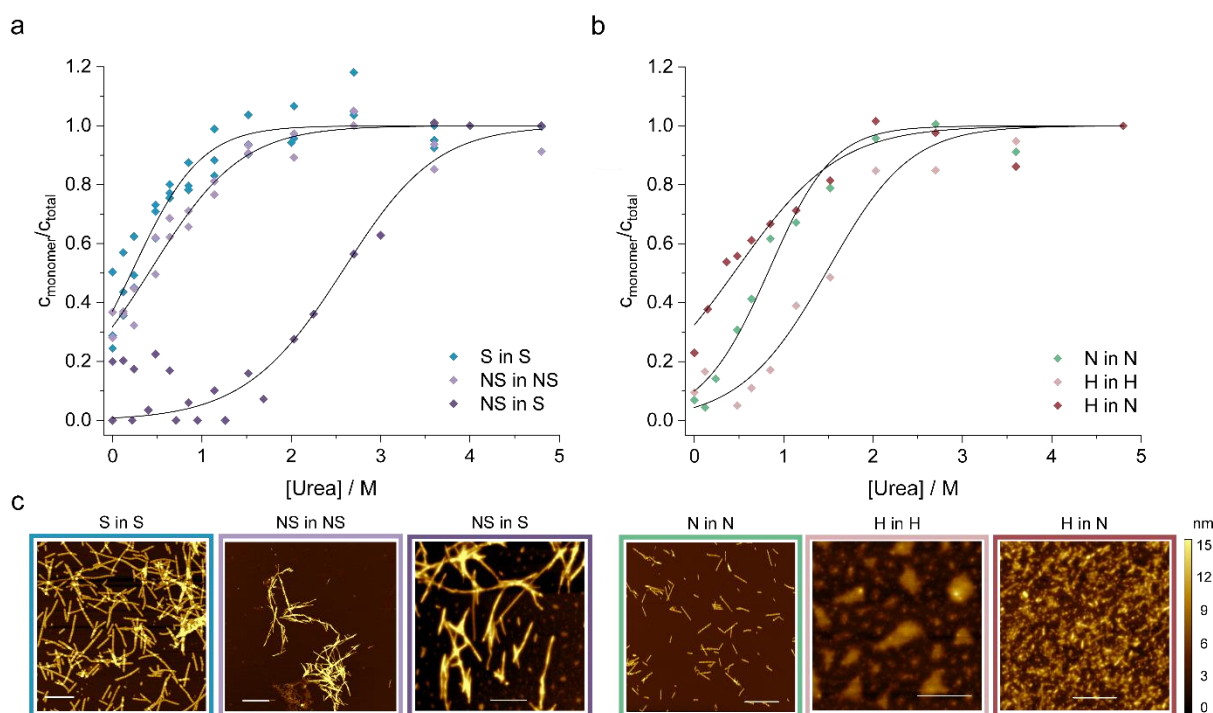
279 UCF – ultracentrifugation, FIDA – Flow-induced dispersion analysis, ThT – Thioflavin T assay, SLS – static light
 280 scattering, DSF – Differential scanning fluorimetry, n.m. – not measured, n.d. – ΔG could not be determined.

281

282 *Thermodynamic stability as potential indicator of α Syn fibril polymorphism*

283 Finally, we applied our newly developed methodology to study how the solution conditions dictate the
284 stability of WT α Syn fibrils (**Table 2**). First, we selected two well characterized α Syn fibril polymorphs
285 – fibrils (polymorph S) assembled under physiological conditions (50 mM Tris-HCl, pH 7.4, 150 mM
286 KCl; i.e., salt condition), and ribbons (polymorph NS) assembled in the absence of salt (5 mM Tris-HCl
287 pH 7.4, i.e., no salt condition)⁵³. We prepared the two fibril polymorphs using the established protocols
288 ⁵³ and confirmed their morphology using AFM (**Figure 4 c**). Fibrils of polymorph S are composed of
289 two protofilaments (8.23 ± 1.17 nm height) that twist with an average pitch length of 204 ± 63 nm. In
290 contrast, the ribbons were thinner (6.59 ± 0.87 nm height), had no detectable twist, and were often found
291 in bundles (Figure 4 c). Both polymorphs were sonicated and depolymerized using increasing
292 concentrations of urea in (i) their original buffer (native conditions) and in (ii) buffer with salt to allow
293 direct comparison of their stability. Interestingly, although the two polymorphs showed similar stability
294 in their native buffers, polymorph NS was $6 \text{ kJ}\cdot\text{mol}^{-1}$ more stable than polymorph S when measured in
295 the presence of salt (**Figure 4 a**). Using ssNMR, it has been shown that polymorph NS is formed by
296 regular long β -strands whereas polymorph S has an irregular pattern of shorter β -strands⁵⁴. The higher
297 stability of polymorph NS observed here can thus arguably reflect the stronger network of hydrogen
298 bonds within its cross- β -sheet architecture and/or higher number of residues forming the amyloid core.

299 Next, we studied the effect of pH on fibril stability. We prepared α Syn fibrils at pH 7.4 (neutral (N)
300 polymorph) and 5.5 (acidic (H) polymorph) in the presence of 150 mM NaCl to mimic cytosolic and
301 lysosomal pH, respectively⁵⁵. We characterized their morphology using AFM and found that the neutral
302 polymorph has an average pitch length of 162 ± 47 nm and height of 5.2 ± 0.7 (Figure 4 c). The
303 morphology of acidic polymorph was difficult to assess due to the clumping of individual fibrils into
304 amorphous-like large particles observed by AFM (Figure 4 c). When depolymerized in their native
305 conditions, the acidic polymorph was more stable compared to the neutral polymorph (**Figure 4 b**).
306 However, its stability decreased significantly when transferred to the neutral condition, to below the
307 stability of the neutral polymorph (Figure 4 b, Table 2). Arguably, this shift of fibril stability is caused
308 by the higher solubility of α Syn in the neutral pH compared to the acidic one leading to (partial) fibril
309 dissociation upon the pH jump. Similar destabilization of α Syn fibrils upon change in pH was observed
310 by others and could be an important phenomenon occurring in vivo⁵⁵.



311

312 **Figure 4: Chemical depolymerization of different α Syn fibrils measured under various solution conditions.**

313 (a) Stability of fibrils prepared and measured in the absence (NS, violet), or presence (S, blue) of salt. The
 314 depolymerization of the ribbons in the presence of salt (dark violet) was carried out to directly compare their
 315 stabilities. All curves were fitted to the isodesmic model of fibril depolymerization (black lines). (b) Stability of
 316 fibrils prepared and measured in neutral (pH 7.4, N, green), or acidic (pH 5, H, salmon) pH. The depolymerization
 317 of the H polymorph in neutral pH (red) was carried out to directly compare its stability with that of fibrils formed
 318 at neutral pH. All curves were fitted to the isodesmic model of fibril depolymerization (black lines). (c) AFM
 319 analysis of fibril morphologies. The H polymorph formed amorphous-like assemblies on the mica preventing
 320 reliable analysis of the individual particles.

321 **Table 2: Thermodynamic stabilities of different WT α Syn fibril polymorphs prepared and measured under**

322 **different sets of solution conditions.** The Gibbs free energy difference between monomeric and fibrillar state
 323 (ΔG) and m-values were obtained from fitting the chemical depolymerization data shown in Figure 4 by the
 324 isodesmic model of depolymerization (black lines, Figure 4). The name of the polymorphs corresponds to the
 325 condition at which they were formed and is described in the buffer column (S-salt condition, NS – no salt
 326 condition, N – neutral, H – acidic).

Fibril polymorph	Condition	ΔG (kJ.mol ⁻¹)	m-value (kJ.M ⁻¹ .mol ⁻¹)	Buffer
S	S	-25.2 ± 1.5	5.8 ± 1.6	50 mM Tris, 150 mM KCl pH 7.5
NS		-37.3 ± 5.3	4.5 ± 1.3	
NS	NS	-25.8 ± 0.3	5.7 ± 0.1	5 mM Tris pH 7.5
N	N	-29.9 ± 0.8	7.4 ± 0.8	20 mM NaP, 150 mM NaCl pH 7.4
H		-25.8 ± 0.5	4.6 ± 0.8	
H	H	-32.2 ± 1.0	5.7 ± 0.6	20 mM NaAc, 150 mM NaCl pH 5

327

328

329 **Discussion:**

330 *FIDA is a robust, sensitive, and sample-economical method for analysis of fibril stability.*

331 Several different experimental methods are used to probe thermodynamic stability of amyloid fibrils
332 (**Table 3**)^{35, 38, 41}. These include methods based on separation of the two species from each other (e.g.,
333 ultracentrifugation), or those detecting the spectroscopic or scattering signatures from mixtures of fibrils
334 and soluble protein (e.g., ThT, DSF, SLS). Ultracentrifugation, followed by quantification of soluble
335 protein in the supernatant, is considered a standard method for the quantification of the solubility at any
336 given set of conditions. Despite being conceptually simple and straightforward, it is time-consuming
337 and has relatively low throughput. Furthermore, in our study, we failed to separate extensively sonicated
338 fibrils from monomer even by centrifugation at 180,000 x g for 1 hour. The resulting supernatant was
339 ThT positive, indicating presence of residual fibrils or oligomers (**SI figure 4**).

340 Higher-order assemblies and aggregates of proteins strongly scatter light which can be used for
341 determination of fibril stability⁵⁶⁻⁵⁷. The analysis of stability curves determined by DLS or SLS can be
342 cumbersome due to the large uncertainty in quantification of soluble monomers in samples with small
343 amounts of large aggregates that dominate the scattering signal which consequently hinders correct
344 normalization of the depolymerization curves. Moreover, aggregates that precipitate out of solution do
345 not show any scattering signal (e.g. SH3 fibrils, Figure 3c). The Thioflavin-T (ThT) assay is an
346 extensively used and popular method for quantification of fibrils, mostly in kinetic analysis of fibril
347 formation, owing to its simplicity, throughput, and use of commonly available fluorescence plate
348 readers. One of the main disadvantages of ThT-based (or other fluorescent probes such as ANS)
349 detection is the great sensitivity of the fluorescence intensity of the dye towards solution conditions or
350 structural features of the fibrils^{49-52, 58}. DSF is an attractive method due to its high throughput and low
351 sample consumption. However, it requires the presence of tryptophan residues localized such that their
352 structural context within the protein changes between monomeric and fibrillar states and is accompanied
353 by sufficiently large shift of its fluorescence spectrum³⁸. Unfortunately, tryptophan is a relatively rare
354 amino acid⁵⁹⁻⁶⁰ and its introduction into the wild type by mutagenesis can affect the protein's free
355 energy landscape, as demonstrated here in a case of α Syn (Figure 3 a and b). The output of spectroscopic
356 and scattering techniques reports only on relative concentrations of the species and the resulting data
357 analysis requires making assumptions which might be incorrect. Specifically, the normalization of data
358 may suffer from errors if the fibrils are partially dissociated in the absence of urea or not completely
359 depolymerized in the highest urea concentration, where the relative monomer concentration is
360 normalized to zero and one.

361 In contrast, the methodology described here combines fast, *in situ* separation of the two species using
362 ultra-low sample volume (5 μ L minimal sample volume with only a few nL sample consumption per
363 data point) on relatively short time scales (minutes) in an automated, high throughput-amenable manner.

364 The intrinsic fluorescence detector is sensitive enough to detect species of protein that do not contain
 365 tryptophan. Here, down to 5 μM of monomeric unlabelled WT αSyn ($\epsilon_{280} = 5,960 \text{ M}^{-1}\text{cm}^{-1}$; four tyrosine
 366 residues) could be detected. The quantification of monomer concentration enables straightforward and
 367 reliable data normalization. Moreover, absolute concentration of monomer can be obtained if it can be
 368 independently demonstrated that the samples are fully monomeric at the highest denaturant
 369 concentrations. Otherwise, a calibration curve with known monomer concentrations can be used.
 370 Although not considered in detail in our present analysis, the fluorescence signal of the fibrils during
 371 FIDA provides valuable qualitative information about their properties. Fibrils that are prone to self-
 372 association form larger aggregates that are detected as signal spikes whose intensity is related to their
 373 size. Conversely, isolated, and homogenized (sonicated) fibrils are often small enough to appear as
 374 continuous signal of non-diffusive particles (Figure 1 c). Such information can be useful in attempts to
 375 optimize solution conditions towards favouring well-defined individual fibrils, something that is a
 376 requirement for structural analyses of amyloid fibrils, e.g. by AFM or cryoEM.

377 **Table 3: Comparison of different experimental methods used for chemical depolymerization experiments.**

Technique	Detection/ Species	Advantages	Disadvantages
FIDA	Intrinsic fluorescence/ monomer	Quantification of monomer, sizing of the soluble species, 5 $\mu\text{L}/\text{sample}$ (>95% recoverable ^a), 15 samples/hour ^b in autonomous manner from 96 well-plate, qualitative information about fibril size ^c , can be used in tandem with centrifugation ^d , label-free	Requires presence of at least one Y/W in the sequence, parallel measurements not possible.
UCF	Absorbance/ monomer	Quantification of monomer, medium throughput (72 samples per run ^e), sensitivity dependent on the protein quantification assay and can be optimized.	Labor-intensive ^f , large sample volume ($\sim 30 \mu\text{L}$), no sizing of soluble species available, presence of soluble aggregates in the supernatant.
ThT	Extrinsic Fluorescence/ Fibril	High throughput (768 samples/hour ^g), low sample consumption (15 μL), autonomous, continuous monitoring of multiple samples during equilibration possible (depolymerization kinetics)	Low or no sensitivity to certain fibrils (i.e., ThT invisible polymorphs), indirect measurement ^h , interference with other molecules (e.g., DNA), no information about the soluble species which can render normalization difficult.

SLS, DLS	Light scattering/ Fibrils	Simple and fast, high throughput (48 samples/run ⁱ), low sample consumption (10 μ L ⁱ). label-free, no specific protein amino acid requirements, continuous monitoring of multiple samples during equilibration possible (depolymerization kinetics)	Large dependence of scattering intensity on aggregate size, no information about the concentration of the soluble species leading to errors in data normalization, low signal/noise ratio.
DSF	Intrinsic fluorescence/ both	Simple and fast, high throughput (48 samples/run ⁱ), low sample consumption (10 μ L ⁱ), continuous monitoring of multiple samples during equilibration possible (depolymerization kinetics).	Requires presence of tryptophan residues and measurable difference of their fluorescence spectra in the monomeric versus fibrillar state.

378 a – 5 μ L is the minimal working volume for sample injection, < 250 nl of sample is used for the analysis; b –
379 based on the method used here which includes washing steps; c – asymmetric peak = not diffusive or slowly
380 diffusive aggregates; spikes = large, non-diffusive aggregates; absence of spikes and asymmetric peak = large and
381 macroscopic aggregates that do not enter the capillary; d – removal of most aggregates by centrifugation followed
382 by FIDA allows more reliable sizing of the residual soluble species; e – using Type 42.2 Ti Fixed-Angle Titanium
383 Rotor (Beckman); f – e.g. pipetting in and out of the centrifugation tubes and absorbance measurement off-line; g
384 – using 384-well plates and 30 min read time/plate; h –ThT signal is not always linearly dependent on fibril
385 concentration; i – using DSF capillary-based platforms such as Prometheus Panta (NanoTemper).

386 FIDA – Flow-induced dispersion analysis, UCF – ultracentrifugation, ThT – Thioflavin T assay, SLS – static light
387 scattering, DLS – dynamic light scattering, DSF – Differential scanning fluorimetry. HTP – high-throughput,

388 *Thermodynamic stability of α Syn fibrils is a valuable probe of fibril polymorphism.*

389 Multiple polymorphs of α Syn fibrils have been observed in both patient samples⁶¹⁻⁶² and *in vitro* studies
390 using recombinant monomer⁶³⁻⁶⁴. The structural variation of fibrils assembled *in vitro* is dictated by the
391 solution conditions of the aggregation assay, including pH, salt concentration, incubation temperature,
392 or shaking⁶³⁻⁶⁴. Conversely, the diversity of fibril polymorphs isolated *ex vivo* may be attributed to the
393 unique cellular environments⁶⁵ characteristic for each disease (similarly to what has been observed for
394 the tau protein⁹). These include dopaminergic neurons in PD and oligodendrocytic glial cells in
395 different brain regions in MSA^{61,66}. This is supported by the finding of unknown electron densities in
396 the structures of both disease-related α Syn polymorphs, indicating a cell specific "aggregation co-
397 factor" whose absence explains the inability to replicate these structures *in vitro* using seeded
398 experiments¹¹. While it is plausible for different fibril polymorphs to nucleate in a cellular environment,
399 disease-specific polymorph evidence suggests that only one polymorph emerges as the dominant
400 competitor, propagating itself due to higher stability, faster kinetics, or better compatibility with the
401 cellular environment, including ligands or post-translational modifications (PTMs).

402 We studied the effect of salt and pH separately on the thermodynamic stability of the fibrils. We first
403 prepared the fibrils in the absence or presence of salt (150 mM KCl) as well as neutral (pH 7.4) and
404 acidic (pH 5) conditions. It has been reported that a distinct dominant polymorph is formed in each

405 condition^{53, 67} which is supported by the morphological differences observed in our AFM analysis of
406 the fibrils (Figure 4 c).

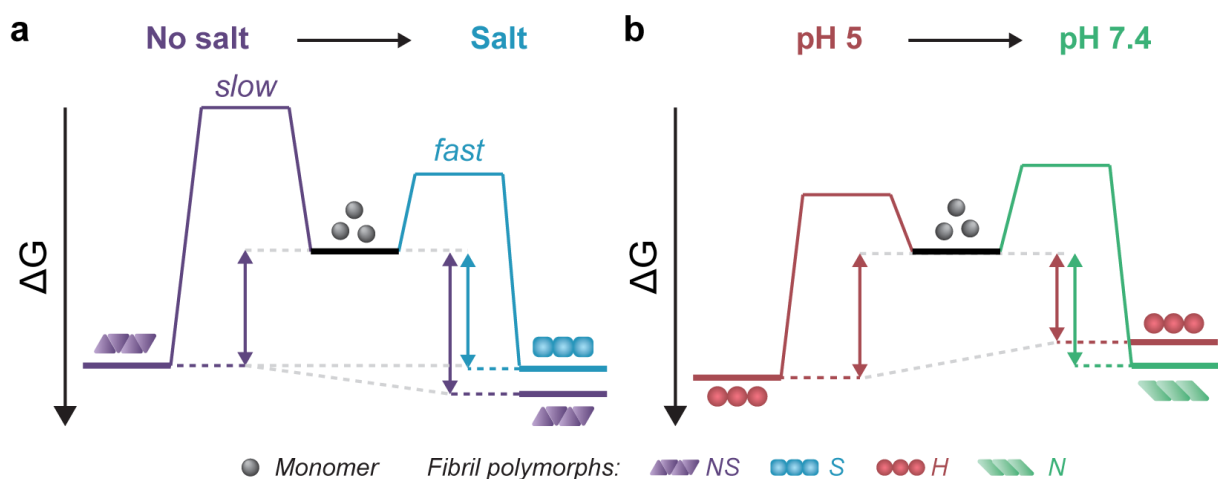
407 The thermodynamic stability of the polymorph S (salt condition) and NS (non-salt) was similar when
408 assayed in the conditions at which they were formed (**Figure 5a**). However, the polymorph NS was
409 more stable than polymorph S when measured in the buffer conditions in which the latter was formed
410 (Figure 5a). The result was unexpected since the kinetics of fibril formation was faster at high salt, both
411 in terms of nucleation and elongation (**SI figure 5**). In contrast, the aggregation of α Syn in the absence
412 of salt was slow and the reaction had to be promoted by sonication during the time course of reaction
413 to achieve complete conversion of monomers to fibrils. Analysis of the aggregation kinetics in the
414 presence of preformed seeds revealed that elongation saturates already at low μ M concentrations of
415 monomer, which might explain the need for sonication which promotes formation of new elongation-
416 competent fibril ends and greatly accelerates the overall conversion of monomer to fibrils (**Error!**
417 **Reference source not found.** b, right panel). To rationalize all our observations, we consider that α Syn
418 can adopt different conformations during fibril formation⁶³⁻⁶⁴. High ionic strength increases the
419 screening of charge repulsion between monomers and fibrils⁶⁸. Consequently, the fibril conformations
420 with lowest energy barrier of nucleation/elongation are formed first, i.e., the structural polymorphism
421 is dominated by kinetic factors. This might lead to structures that are not optimised to avoid electrostatic
422 repulsion, because such avoidance is not necessary under highly screened conditions. In contrast, the
423 high electrostatic repulsion in the absence of salt creates an energy barrier leading to slower aggregation.
424 In this scenario, the formation of amyloid fibrils is driven by α Syn conformations with an optimally
425 minimized set of unfavourable electrostatic interactions and maximization of favourable interactions to
426 ensure fibril stability under such unfavourable conditions. In other words, structural polymorphism is
427 primarily influenced by thermodynamic stability of the resulting fibrils. These polymorphs exhibit
428 enhanced stability compared to the kinetically controlled ones when transferred to the conditions where
429 electrostatic forces are attenuated (high salt). The NS polymorph represents a low and possibly the
430 global energy minimum on the rugged conformational landscape for neutral pH conditions which is
431 unlikely to be sampled in the physiologically relevant context due to the easier accessibility of other
432 fibril morphologies at physiological ionic strength. However, it provides important insights into the
433 delicate interplay between kinetic and thermodynamic factors and their influence on fibril stability and
434 polymorphism.

435 Changes in fibril stability in response to pH variation are likely to have more physiological relevance.
436 It has been reported that fibrils formed in under conditions that simulate the acidic cellular
437 compartments (lysosomes, endosomes) are destabilized when transferred to the neutral pH of the
438 cytosolic environment⁵⁵. Our results agree with such observations and provide a quantitative view of
439 this phenomenon. Aggregation of α Syn under acidic pH conditions is faster and the resulting fibrils (H)
440 are slightly more stable compared to a neutral pH (Figure 4b, Figure 5b; SI figure 5 c and d). In contrast

441 to the case above, the solubility differs between the fibril-forming conditions which explains the higher
 442 stability of fibrils at pH 5. However, the stability of H fibrils decreases upon transfer to physiological
 443 pH even below the stability of fibrils formed under such conditions. This indicates that a given fibril
 444 structure can be well-adapted to a given set of solution conditions, while a change in solution conditions
 445 can severely destabilize the structure. A change in pH can lead to a significant change in charge state of
 446 a protein and hence can lead to the emergence of additional unfavourable electrostatic interactions that
 447 render the given structure ill-adapted to the new solution environment.

448 To conclude, we demonstrate the importance of thermodynamic stability measurements in probing the
 449 rugged amyloid landscape and provide useful novel methodology for its analysis. We believe that future
 450 studies, that link thermodynamic stability of fibril polymorphs with high resolution structural
 451 information can provide a missing link between the observed structural polymorphism of amyloid fibrils
 452 and the properties relevant for disease.

453



454

455 **Figure 5. Schematic representation of energy landscapes of the different types of α Syn fibrils studied.** Effect
 456 of (a) salt and (b) pH on kinetics and stability of fibrils. A change in solution conditions can both increase (a) and
 457 decrease (b) the thermodynamic stability of a given type of fibril.

458

459 **Materials and Methods**

460 *Protein purification and sample preparation*

461 Human wild type or F94W mutant α Syn were expressed in *E. coli* BL21 (DE3) cells transformed by
 462 the pT7-7 plasmid carrying the respective gene (Addgene plasmid # 36046;
 463 <http://n2t.net/addgene:36046>; RRID: Addgene_36046⁶⁹). Transformed cells were used to inoculate 1
 464 L LB media containing ampicillin (50 μ g/ml final concentration) as a selection marker. Cell suspension
 465 was incubated at 37 °C and α Syn expression induced by IPTG (1 mM final concentration) at OD₆₀₀

466 ~0.6-0.8. The cells were harvested by centrifugation (5,000 x g, 20 minutes) following the 4-hour
467 expression at 37 °C. Cell pellet corresponding to 1 L culture was resuspended in 20 mL of Tris buffer
468 (10 mM Tris-HCl, 1 mM EDTA, pH 8.0) with 1 mM PMSF (phenylmethylsulfonyl fluoride). The
469 suspension was sonicated with a probe ultrasonicator for 8 min (10 s on time, 30 s off time, 12 rounds
470 with 40 % amplitude). 1 µL Benzonase (DNAase) was added to the cell lysate and the insoluble fraction
471 was removed by centrifugation (20,000 × g, 30 min at 4 °C). The resulting cell-free extract was boiled
472 for 20 min and the heat-precipitated proteins removed by centrifugation (20,000 × g for 20 min at 4 °C).
473 αSyn was precipitated by addition of saturated (NH₄)₂SO₄ (4 mL per 1 mL of supernatant). The solution
474 was incubated on a rocking platform at 4 °C for 15 min and then centrifuged (20,000 × g, 20 min, 4°C)
475 to obtain a protein pellet. The pellet was dissolved in 7 mL of 25 mM Tris-HCl pH 7.7 with 1 mM DTT.
476 Protein was dialyzed against the same buffer for 16–18 h with a buffer exchange after 12 h of dialysis
477 at 4 °C. The dialyzed protein was then subjected to anion exchange chromatography (AEC) (HiTrap Q
478 Hp 5 ml, GE healthcare) followed by size exclusion chromatography (SEC) (HiLoad 16/600 Superdex
479 200 pg. column). Monomeric fraction of αSyn eluted in 10 mM of sodium phosphate buffer (pH 7.4)
480 was collected, and protein concentration determined by UV-absorption at 280 with theoretical molar
481 extinction coefficients calculated from the protein sequence using ProtParam80 (ExPASy, Switzerland).

482

483 *Fibril preparation*

484 The αSyn fibrils were prepared using a single monomer batch which was transferred to different buffer
485 conditions (200 µM final monomer concentration) followed by incubation in the benchtop thermo-
486 shaker with constant agitation (1,200 rpm) at 37 °C for 7 days. Fibril samples were frozen and stored at
487 -20 °C. Prior to the experiment, fibrils were thawed and sonicated using probe ultrasonic (Heilscher
488 UP200St). Sonication was carried out in repeating intervals of 3-second pulse with 20 % amplitude and
489 12-second pause for 5 minutes (one minute total sonication time) to prevent sample overheating.

490

491 *Flow-induced dispersion analysis of non-diffusive particles*

492 The flow-induced dispersion analysis (FIDA) experiments were carried out using FIDA1 instrument
493 (FidaBio, Denmark). For each measurement, the following method was used unless stated otherwise:

- 494 1- Wash 1 (1M NaOH): 45 s, 3500 mbar.
- 495 2- Wash 2 (MQ water): 45 s, 3500 mbar.
- 496 3- Equilibration (Buffer): 30 s, 3500 mbar.
- 497 4- Sample application (Protein/NP stock): 20 s, 75 mbar.
- 498 5- Measurement and detection (Buffer): 75 s, 1500 mbar.

499 All FIDA experiments were performed at 25°C. The resulting Taylorgrams were corrected for the
500 viscosity of urea according to the following empirical formula derived in ⁷⁰:

501 **Eq. 5.**
$$\frac{\eta}{\eta_0} = 1 + 3.75 \times 10^{-2} \cdot (C) + 3.15 \times 10^{-3} \cdot (C)^2 + 3.10 \times 10^{-4} \cdot (C)^3$$

502 where η is the viscosity of the sample, C is concentration of urea (in moles per liter), and η_0 is the
503 viscosity of water.

504 The monomer quantification was carried out using four different methods of Taylorgram deconvolution
505 following the reasoning that (i) the observed signal is a sum of contributions from diffusive particles
506 (i.e., monomers) with a Gaussian distribution, and non-diffusive particles (i.e., fibrils/nanoparticles)
507 exhibiting an asymmetrical distribution, and (ii) that the monomer concentration is proportional to the
508 signal amplitude of the former.

509 *Method 1: Baseline subtraction*

510 The contribution from the non-diffusive particles was subtracted from the monomer signal using linear
511 baseline connecting manually selected points at the intersects of the two distributions using OriginPro
512 (OriginLab, USA). The monomer concentration was determined from the integral of the resulting peak.

513 *Method 2: Independent fitting*

514 Each Taylorgram was fitted to the sum of the Gaussian and asymmetrical distributions (Asym2Sig;
515 OriginPro 2021) described by the Equations 6 and 7, respectively.

516 **Eq. 6.**
$$y = y_0 + A_1 / \left(w \sqrt{\pi/2} \right) \exp(-2(t - t_{r1})^2 / w^2)$$

517 Where y_0 is the signal offset, and t_r , A , and w are the peak centre (retention time, i.e., time for average
518 flow to reach the detector), area, and width (reflecting the size of the monomers), respectively.

519 **Eq. 7.**
$$y = \left[A_2 / \left(1 + \exp(- (t - t_{r2} + w_1/2) / w_2) \right) \right] \left[1 - 1 / \left(1 + \exp(- (t - t_{r2} - w_1/2) / w_3) \right) \right]$$

520 Here, w_1 denotes the full width of half maximum, and parameters w_2 and w_3 represent the variance of
521 the left- and right-sides of the peak, respectively. Consequently, a symmetrical distribution is recovered
522 when $w_2 = w_3$. The retention times of the two distributions were fixed together with the width of the
523 Gaussian peak and the offset to reduce the number of parameters during fitting. The monomer
524 concentration was determined from the area of the Gaussian peak.

525 *Method 3: Global fitting*

526 Fits of individual Taylorgrams often suffered from overparameterization and did not converge, most
527 notably in cases where the contribution from the non-diffusive particles to the overall signal was low
528 (0 - 10%). To overcome this, Taylorgrams across the whole urea depolymerization series were analyzed
529 globally.

530 A global fit allows shared parameters across all data obtained for one series of measurements at different
531 denaturant concentrations, which restricts the model and makes fitting more robust. The residency time
532 (retention time) of the samples should be independent of urea after normalizing the data based the
533 viscosity increase and was therefore shared between all samples. The hydrodynamic radius of the
534 monomer was shown to be independent of denaturant and could thus be represented with Gauss curves
535 with shared widths (Eq. 6) but different total areas which were defined by the isodesmic polymerization
536 model (Eq. 8, ³⁸) multiplied with a constant to relate fluorescence to concentration.

537 **Eq. 8.**

$$y = \frac{2[M]_{tot} \cdot \exp\left(-\frac{\Delta G + m \cdot [D]}{RT}\right) + 1 - \sqrt{2[M]_{tot} \cdot \exp\left(-\frac{\Delta G + m \cdot [D]}{RT}\right)}}{2[M]_{tot}^2 \cdot \exp\left(-\frac{\Delta G + m \cdot [D]}{RT}\right)^2}$$

538 Where $[M]_{tot}$ is the total concentration of the protein, m (or m value) is the denaturant dependency, $[D]$
539 is the concentration of the denaturant, R is gas constant, and T is temperature.

540 We found that the signal for the fibrils changed slightly with urea, however this change could not be
541 directly modelled by the empirical fit using the asymmetric distribution (Eq. 7). Also, the amount of
542 fibrils present in the signal was stochastically changing in each sample due to sticking, sampling-issues
543 due to heterogeneous samples and sedimentation, etc. To limit the over-parameterization and correlation
544 between parameters in the fit, which made the estimation of monomer unreliable, the global analysis
545 therefore used a shared asymmetric distribution curve to account for the fibril signal in all samples, and
546 only the total area of the fibril signal was an independent fit parameter for each individual measurement.
547 Because clumping fibrils caused spikes in the signal, all samples were smoothed using a median filter
548 with a window size of 31 data points. Least squares fit was performed with `lmfit` in Python using the
549 Levenberg-Marquardt algorithm (the code is available online).

550 *Method 4: COMSOL simulation*

551 Monomer and fibril transport were simulated using COMSOL Multiphysics 5.6 (COMSOL AB,
552 Sweden) finite element analysis software. The simulated geometry was a straight capillary 1m in length
553 aligned along the z-axis with a cylindrical 500 μm detector region at $z = 840$ mm.

554 Using the "Transport of Diluted Species" interface, a Poiseuille velocity field was imposed in the
555 channel, with the magnitude determined by a parameterized pressure/viscosity term that was variable
556 in time. In the first 20 seconds of the simulation, the velocity corresponded to an inlet pressure of 75
557 mbar, and two solute species were introduced by concentration constraint at the inlet, resulting in the
558 introduction of a sample "plug". After 20 seconds, the concentration constraint at the inlet was set to
559 zero and the pressure parameter increased to a value corresponding to the desired experimental velocity.
560 The concentration of each species at the detector was recorded as a function of simulation time.

561 The simulation output was calibrated against experimental data from monomer-only runs. As the total
562 protein concentration was constant (20 μM), and only the leading edge of the peak was used as reference
563 data (avoiding confounding effects from adsorption of fibrils to the capillary walls), a separate
564 calibration factor for fibrils was computed. The hydrodynamic radius of the monomer was
565 experimentally determined using the FIDA 1 instrument, and its diffusion coefficient used as derived
566 ($7.0 \text{ e}^{-11} \text{ m}^2/\text{s}$). An approximate fibril diffusion coefficient (D_f) was derived from a COMSOL fit to an
567 experimental FIDA run for fibrils and confirmed by calculation of approximate expected values for
568 fibrils of the experimentally determined average length ($1.2 \text{ e}^{-11} \text{ m}^2/\text{s}$).

569 Using the “Parameter Estimation interface”, the free monomer concentration, fibril diffusion coefficient
570 and fibril concentration/signal calibration multiplier were used as fitting parameters with the first 30
571 seconds of each experimental run as reference data. The fibril signal calibration value was entered as a
572 fitting parameter to verify consistency of results.

573 *DSF and static light scattering (SLS)*

574 Intrinsic fluorescence and light scattering of the fibrils equilibrated at different concentrations of urea
575 were measured using the Prometheus Panta instrument (NanoTemper, Germany). Samples were loaded
576 into the standard grade capillaries and their fluorescence and light scattering recorded for 30 min at 25
577 $^{\circ}\text{C}$. Scattering intensity was averaged over the measured timespan and normalized based on the
578 assumption that fibrils at the lowest (0) and the highest concentration of urea (5.4 M) contain negligible
579 amounts of free monomer or are completely dissociated, respectively.

580

581 *Thioflavin T (ThT) fluorescence*

582 In the ThT experiments, 10 μM ThT was added to the equilibrated samples (3 days, 25 $^{\circ}\text{C}$), and their
583 fluorescence (ex./em. = 440/480 nm) was recorded in a 384-well plate (Corning® 384-well Black and
584 Clear Bottom; Corning 3544) using Omega Fluorescence plate reader (BMG Labtech, Germany).

585 *Aggregation kinetics*

586 Aggregation kinetics of wt αSyn were monitored under seeded and non-seeded conditions by ThT assay
587 (ex./em. = 440/480 nm, 50 μM ThT). In the seeded experiments, 2.5 μM of sonicated seeds pre-formed
588 at the same conditions as the respective experiment were added to the varying concentrations of fresh
589 monomeric αSyn . The elongation kinetics were measured in the 384-well low volume non-binding
590 black plates with clear bottom (Corning 3544) under quiescent conditions at 37 $^{\circ}\text{C}$. Quantification of
591 the residual monomer at the end of the aggregation reaction was carried out for samples with the highest
592 initial monomer concentration by FIDA and used to convert the ThT signal into concentration of the
593 fibrils (in monomer equivalents). The apparent elongation rates were obtained from slopes of the linear
594 curves fitted into the initial timepoints (5 hours).

595 In the non-seeded experiments, varying concentrations of monomeric WT α Syn in different buffer
596 conditions were incubated with a single glass bead ($d = 1$ mm) in the 384-well low volume non-treated
597 polystyrene plates (Corning 3540) at 37 °C and the ThT fluorescence was monitored during continuous
598 shaking (300 rpm, double orbital). Resulting datasets were fitted individually to a logistic function
599 described by the equation 9.

600 **Eq. 9.:**
$$y = y_0 + A / \left(1 + \exp(-k(t - t_{0.5})) \right)$$

601 The y_0 is the pre-transition baseline, A is the signal amplitude, k is the apparent growth rate, and $t_{0.5}$ is
602 the midpoint of the transition, i.e., half-time ⁷¹.

603 *Ultracentrifugation*

604 Fibril samples equilibrated in 72 hours at different concentrations of urea were ultracentrifuged
605 (180,000 x g, 1 h, 25 °C) to pellet the aggregated fraction. The supernatant was carefully collected to
606 an Eppendorf tube and the concentration of the residual monomer determined by UV absorption using
607 a NanoDrop instrument (ThermoFisher, USA) and the extinction coefficients of the respective variants
608 (WT or F94W).

609

610 *AFM imaging and analysis of the fibrils*

611 Fibrils were diluted to 5 μ M monomer equivalent concentration and 10 μ L of the solution was pipetted
612 onto freshly cleaved mica substrates. Following 10 min of incubation, the substrates were cleaned
613 extensively with miliQ water and dried under air flow. All fibrils were imaged in tapping mode in air
614 using a DriveAFM (Nanosurf, Liestal, Switzerland) using PPP-NCLAuD cantilevers (Nanosensors,
615 Neuchatel, Switzerland).

616 Amyloid fibrils are characterized by pitch length and height. Fibril pitch is analyzed from fibril height
617 profiles along the fibril length extracted using Gwyddion. Multiple pixel averages have been used to
618 measure slightly curved fibrils. This is acceptable for analysis since the absolute height of the fibrils
619 does not influence pitch analysis. Additionally, length profiles shorter than 300 nm are excluded from
620 the analysis. The Fourier transforms of the fibril height profiles were computed, using the *fft* and *fftfreq*
621 modules of the *scipy.fft* python library. To avoid the frequency domain being dominated by
622 measurement noise and the mean fibril profile, frequencies translating to length scales below 5 pixel-
623 lengths and above 1/3 of the full fibril or profile length are excluded. From the remaining frequency
624 domain, the primary frequency peak is identified as the frequency of fibril rotation and converted to
625 length to obtain the periodicity. The pitch length (full 360 degree rotation) is calculated as double the
626 length of a single fibril rotation. Fibril height is analyzed from fibril cross-section profiles extracted
627 using Gwyddion. The surface baseline is calculated as the median height of the cross-section and fibril
628 height is calculated from the peak of the cross-section.

629

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