

1       The “Carbonyl-Lock” Mechanism Underlying  
2       Non-Aromatic Fluorescence in Biological Matter

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## Abstract

23  
24 Challenging the basis of our chemical intuition, recent experimental evi-  
25 dence reveals the presence of a new type of intrinsic fluorescence in biomolecules  
26 that exists even in the absence of aromatic or electronically conjugated chemi-  
27 cal compounds. The origin of this phenomenon has remained elusive so far. In  
28 the present study, we identify a mechanism underlying this new type of fluo-  
29 rescence in different biological aggregates. By employing non-adiabatic *ab ini-*  
30 *tio* molecular dynamics simulations combined with an unsupervised learning  
31 approach, we characterize the typical ultrafast non-radiative relaxation path-  
32 ways active in non-fluorescent peptides. We show that the key vibrational  
33 mode for the non-radiative decay towards the ground state is the carbonyl  
34 elongation. Non-aromatic fluorescence appears to emerge from blocking this  
35 mode with strong local interactions such as hydrogen bonds. This *carbonyl-*  
36 *lock* mechanism for trapping the excited state leads to the fluorescence yield  
37 increase observed experimentally, and paves the way for design principles to  
38 realize novel non-invasive biocompatible probes with applications in bioimag-  
39 ing, sensing, and biophotonics.

# 40 1 Introduction

41 The current paradigm in biophysics and photochemistry dictates that the origin of  
42 both UV-visible absorption and fluorescence in proteins is mostly associated with the  
43 presence of aromatic amino acids[1] or prosthetic external conjugated moieties.[2,  
44 3, 4, 5] Nevertheless, while the electronic absorption spectrum of proteins is tradi-  
45 tionally considered to appear in the ultraviolet region (185–320 nm) [1], emerging  
46 experimental and computational research has revealed that proteins void of aromatic  
47 amino acids or prosthetic groups can absorb beyond 350 nm and fluoresce in the  
48 visible range. Such light emission has been reported for protein aggregates like amy-  
49 loids, monomeric polypeptides or even single amino acids.[6, 7, 8, 9, 10, 11, 12, 13].  
50 This growing body of evidence calls for a re-evaluation of our photochemical funda-  
51 mentals on what constitutes a fluorophore and which are the chemical mechanisms  
52 that lead to this phenomenon.

53 So far, the current observations indicate that non-aromatic fluorescence is pre-  
54 ceded by a near-visible absorption associated to two alternative electronic transi-  
55 tions: (i) the  $n \rightarrow \pi^*$  transitions localized in the carbonyl bonds, which can be shifted  
56 towards the visible range when local vibrational fluctuations distort the amide plane  
57 and elongate the carbonyl bond (CO) distance,[14] and (ii) charge transfer transi-  
58 tions followed by charge recombination have been also identified as a possible source  
59 for the UV-vis absorption.[15, 16] In addition, the role of hydrogen bonds (HBs)  
60 between CO and peptide NH groups causing electron delocalization and enabling  
61 lower transition energies as well as higher radiative relaxation efficiency, was first  
62 suggested[17, 18] and confirmed later on.[19, 7, 12]

63 The fate of non-aromatic molecules on excited states and how they can possibly  
64 get trapped leading to emission of visible light, remains an open challenge. We have  
65 recently shown, for example, that glutamine amino-acid (L-glu) crystals can be con-  
66 verted through a chemical reaction, in a supramolecular assembly of pyroglutamine  
67 molecules.[20] These pyroglutamine molecules are linked together by very strong  
68 hydrogen bonds (SHB)[21] which appear to endow them with a longer excited state  
69 lifetime, ultimately leading to fluorescence.

70 One of the key ingredients of enabling excited state lifetime increase is curbing  
71 non-radiative decay from the electronic excited to the ground state. These transi-  
72 tions occur through regions of the potential energy surface (PES), commonly referred  
73 to as conical intersections (CoIns), where two or more electronic states become de-  
74 generate (isoenergetic). In recent years, several theoretical studies from our group  
75 have shown that distortions of the amide groups[14, 20, 22] and hydrogen bonding  
76 interactions associated with them, may play a key role in inhibiting non-radiative  
77 decay. Since CoIns are intrinsically multidimensional in character, the relevant mi-  
78 croscopic fluctuations that can compete with the ability of a molecule to fluoresce,  
79 and how the mechanisms change across different systems, have remained elusive to  
80 date.

81 In the present work, we provide a unified mechanism explaining the common  
82 origin of the non-aromatic fluorescence in  $n \rightarrow \pi^*$  and charge transfer transitions  
83 in a series of prototypical biological compounds. Inspired by recent experimental  
84 and theoretical studies on amyloid-like aggregates and amino acid supramolecular  
85 assemblies,[20, 7, 14] we employ five model systems with a different  $S_1$  excited-state  
86 nature (see Figure 6) namely, three systems involving charge transfer excitations and  
87 another two involving  $n \rightarrow \pi^*$  transitions. We demonstrate that the key protagonists  
88 in the ensuing optical properties are the carbonyl (CO) bonds, whose elongation  
89 lead to  $S_1-S_0$  CoIns, enabling the relaxation towards the ground state. We show  
90 that an increased excited state lifetime in biological compounds can be achieved by  
91 hindering this CO stretching with strong neighboring chemical interactions such as  
92 the presence of SHBs. The ubiquitous nature of carbonyl groups in organic systems  
93 and the possibility of using them as optical probes has important implications for  
94 the interpretation of optical and spectroscopic fingerprints in biological matter, as  
95 well as the design of novel probes for bioimaging and sensing applications.

## 96 **2 Results**

97 The essential ingredients for fluorescence to arise involve a combination of having  
98 a long-lived and bright electronic excited state where non-radiative decay mech-

99 anisms are hindered. Most non-aromatic compounds in biology exhibit ultrafast  
100 non-radiative decay that inhibits light emission. Therefore, the first step towards  
101 understanding the origin of fluorescence in non-aromatic biological materials, is to  
102 characterize the ultrafast non-radiative decay. As a non-fluorescent model system,  
103 we employ a dimer consisting of two L-glu molecules with an initial geometry ob-  
104 tained from the crystallographic structure, and an external potential imitating the  
105 effect of the surrounding molecules in the crystal (see Methodology section).[20]

106 Figure 1 illustrates the nature of the  $S_1 \rightarrow S_0$  relaxation in L-glu. We performed  
107 200 independent ab-initio non-adiabatic molecular dynamics (AIMD) simulations  
108 employing the decoherence-corrected trajectory surface hopping (DC-TSH) scheme,  
109 employing the Time Dependent Density Functional Theory (TDDFT) and the PBE0  
110 exchange-correlation functional (see Methodology section). At time  $t=0$ , each tra-  
111 jectory was vertically excited to the  $S_1$  state, emulating the initial photoabsorption,  
112 afterwards the time evolution of the system is monitored for 250 fs. Following an  
113 initial excitation of 4 eV, the ultrafast non-radiative relaxation is evidenced by  
114 98% of the trajectories decaying to the ground state during the simulation time (see  
115 Figure S1 in the SI).

116 Characterizing the specific nuclear motions associated with the  $S_1 \rightarrow S_0$  decay  
117 and disentangling them from random thermal fluctuations, by visual inspection of  
118 MD trajectories or by a brute-force search of relevant degrees of freedom (DoFs),  
119 is a daunting task with no guarantee of success: the collective nature of several  
120 modes being possibly activated in the excited state prevents a straightforward iden-  
121 tification of the relaxation dynamics. Therefore, in order to elucidate the nuclear  
122 rearrangements involved in the  $S_1 \rightarrow S_0$  decay, we introduce a linear covariance ap-  
123 proximation to the non-radiative relaxation mechanism. This approximation com-  
124 bines the nuclear coordinate fluctuations along the MD trajectories and the diabatic  
125 energy difference between the  $S_0$  and  $S_1$  states (see  $S_0 \rightarrow S_1$  Relaxation Coordinate  
126 section). As a result of this procedure, we identify the nuclear fluctuations in the  $S_1$   
127 state that lead to the  $S_1$ - $S_0$  CoIn where the relaxation takes place. The power of our  
128 scheme, combining position and energy-fluctuations, is that it reveals automatically

129 the complex interplay of all the different relevant modes in the non-radiative decay  
130 mechanism. It is important to note that, for molecules with more than three atoms,  
131 CoIns are multidimensional seams, and hence the possible relaxation pathways are  
132 infinite[23]. Therefore, the  $S_1 \rightarrow S_0$  decay pathway determined here corresponds to  
133 a statistical average of all the accessible decay motions.

134 Figure 1.A shows the main component of the  $S_1 \rightarrow S_0$  relaxation pathway pro-  
135 jected in the L-glu hydrogen bound dimer model (see also Figure S2 in the SI).  
136 The overall collective motion can be decomposed into three main contributions: (i)  
137 a concerted event involving an HB weakening along with a contraction of the CO  
138 (ii) a planarization of the amide bond (which is deplanarized in the  $S_1$  state), and  
139 (iii) a small intermolecular distancing between the hydrogen-bound monomers. The  
140 three components of the CoIn pathway are centered around the intermolecular hy-  
141 drogen bond: the CO contraction reduces the electrostatic interaction between the  
142 carbonylic oxygen and the ammonium H, decreasing the HB strength, which causes  
143 the intermolecular distancing.

144 A closer inspection into the de-activating degrees of freedom reveals the essence  
145 of the relaxation dynamics along the CoIn: panels **B** and **C** show that accessing  
146 the CoIn implies a transient proton transfer (PT) event (the PT coordinate going  
147 below 0) significantly increasing in the HB strength. Simultaneously, the amide CO  
148 bond stretches, as measured by the CO distance (panel **D**). After this transient HB  
149 strengthening and activation of the CO stretching mode associated with the CoIn  
150 crossing, the L-glu relaxes to the ground state, where the HB is finally weakened,  
151 the CO is contracted and the amide angle is replanarized with respect to the  $S_1$   
152 state conformation (panels **B**, **C** and **D**, see also Figure S3 in the SI). As observed  
153 in Figure S4 in the SI, the  $S_1$  state of L-glu has essentially a charge transfer nature,  
154 which is stabilized by the subsequent PT. This process, also known as proton-coupled  
155 electron transfer (PCET), defines the relaxation process in L-glu, which is also  
156 confirmed by our CASPT2 calculations, that show a remarkable agreement in both  
157 the nuclear geometry (RMSD  $\approx 1.7\text{\AA}$ ) and the electronic structure near the CoIn  
158 (see Methodology section and Figure S5 in the SI).

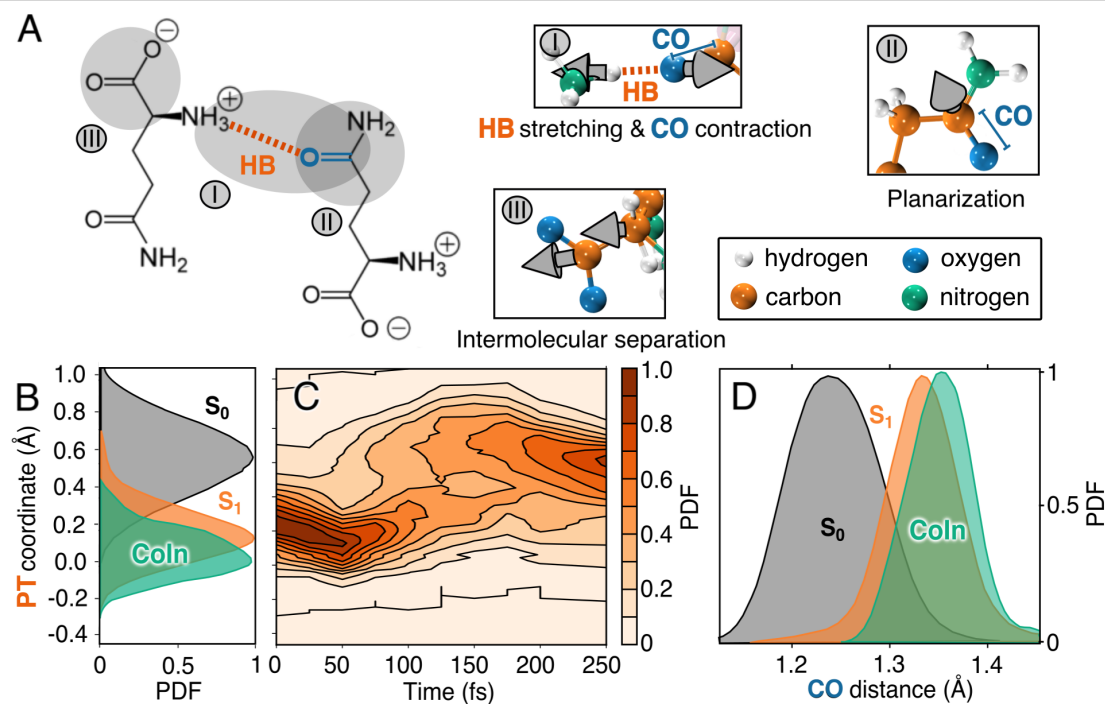


Figure 1: Characterization of L-glu  $S_1 \rightarrow S_0$  relaxation pathway. Panel **A**: intermolecular L-glu hydrogen-bonded (HB highlighted in orange) in the zwitterionic state. The  $S_1 \rightarrow S_0$  decay coordinate is shown in three panels (I-III): the spheres colored in white, orange, green and blue represent the 3D positions of hydrogen, carbon, nitrogen, and oxygen respectively. The grey arrows illustrate the relaxation coordinate, their length is proportional to the relative contribution of the mode to the  $S_1 \rightarrow S_0$  decay. Panel **B**: Proton transfer (PT) coordinate histogram, computed as  $d_{O-H} - d_{N-H}$ , for the  $S_0$  (black) and  $S_1$  states (orange), and the CoIn (green). Panel **C**: Time evolution of the PT coordinate histogram. Panel **D**: CO distance histogram representing the CO distances in the  $S_0$  (black) and the  $S_1$  (orange), as well as in the CoIn (green).

159 Having characterized the ultrafast  $S_1 \rightarrow S_0$  relaxation of a prototypical non-  
 160 fluorescent compound such as L-glu, the next step towards understanding the mech-  
 161 anism behind non-aromatic fluorescence is to analyze the different possible ways to  
 162 increase the excited state lifetime. Panels **A-D** in Figure 2 show that this can be  
 163 achieved by constraining independently any of the DoFs associated with the relax-  
 164 ation dynamics. Indeed, by inhibiting the different components of the decay pathway  
 165 with an external harmonic constraint (see methods section) the access to the CoIn  
 166 can be blocked, artificially trapping the L-glu in the  $S_1$  state. The four panels show  
 167 in black the  $S_1-S_0$  energy gap for a selected trajectory that decays to the ground  
 168 state at  $\approx 160$  fs (when the  $S_1-S_0$  energy gap vanishes). In contrast, when the  
 169 CO, the HB, or the amide plane DoFs are constrained, the  $S_1 \rightarrow S_0$  relaxation is

170 impeded, as shown by the orange curves in panels **B**, **C** and **D** respectively. It is  
 171 worth noting that the intermolecular distancing mode depicted in Figure 1.A.III was  
 172 not tested here since it involves a rather large perturbation on all the DoFs of the  
 173 dimer resulting in a trivial trapping of the excited state. Additionally, we observe  
 174 that constraining DoFs other than those identified by our covariance approach does  
 175 not lead to a significant reduction of the relaxation time, even if the atoms involved  
 176 are adjacent to the amide group (see Figure S6 in the SI). This evidence not only  
 177 serves as a validation for our covariance decay pathway approximation introduced  
 178 above, but more importantly it sets the design rules for the development of novel  
 179 materials with increased excitonic lifetimes.

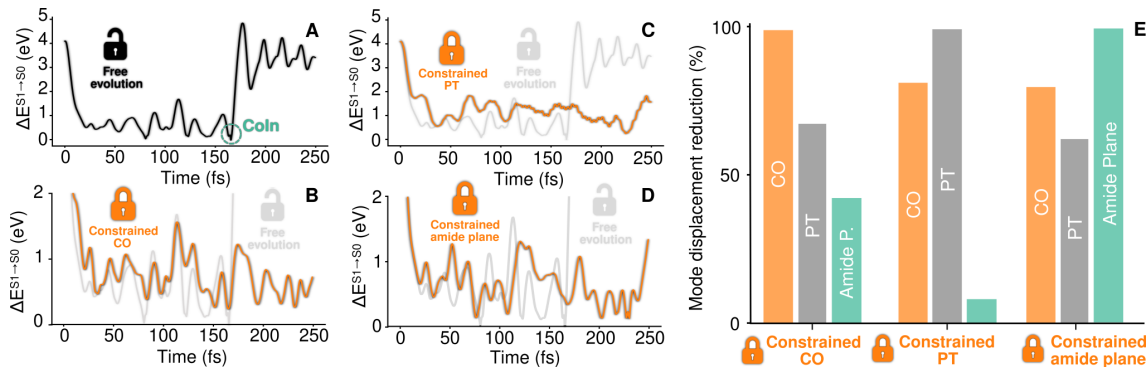


Figure 2: The  $S_1 \rightarrow S_0$  relaxation can be delayed by stiffening the decay pathway modes. Panel **A** shows the  $S_1-S_0$  energy difference for a selected L-glu trajectory evolving freely without constraints. Panels **B**, **C** and **D** show the  $S_1-S_0$  energy difference for a selected L-glu trajectory evolving under an applied harmonic constraint (orange curve) on the CO distance (panel **B**), the PT coordinate computed as  $d_{O-H} - d_{N-H}$  (panel **C**) or the amide bond plane (panel **D**). Panel **E** shows a bar chart indicating the percentual reduction of the displacements in the PT coordinate, CO distance and amide plane degrees of freedom as a result of the constraints applied in panels **B**, **C** and **D** respectively (see methods section). Upon application of the constraints labeled in the horizontal axis, the vertical bars show the percentual reduction in the CO (orange bar), PT coordinate (grey bar) and amide plane (green bar) DoF displacement.

180 Panels **B-D** confirm that the CO, PT or the amide plane DoFs have a role  
 181 in the relaxation process. But, are these three DoFs equally important for the  
 182  $S_1 \rightarrow S_0$  decay? In order to dissect the individual role played by each DoF in the  
 183 CoIn crossing pathway, panel **E** shows a bar chart quantifying how the constraint  
 184 in a given DoF affects the displacements in each of the three DoFs (for further  
 185 details on this estimation see methodology section and Figure S7 in the SI). This



186 enables establishing a hierarchical ordering between the different DoFs: when the  
 187 HB distance is constrained, the amide plane DoF remains almost unperturbed, which  
 188 indicates that the relaxation process can be hindered without altering significantly  
 189 the natural dynamics of the amide plane. Therefore, the amide planarization by  
 190 itself is not enough for the relaxation process to take place. Conversely, the CO  
 191 bond dynamics is the most affected by the three different  $S_1$ -trapping constraints,  
 192 indicating that it is at the core of the relaxation pathway. Similarly, but to a lesser  
 193 extent, the HB displacement is moderately affected by all the three constraints,  
 194 showing that it is also a critical fluctuation for the decay process.

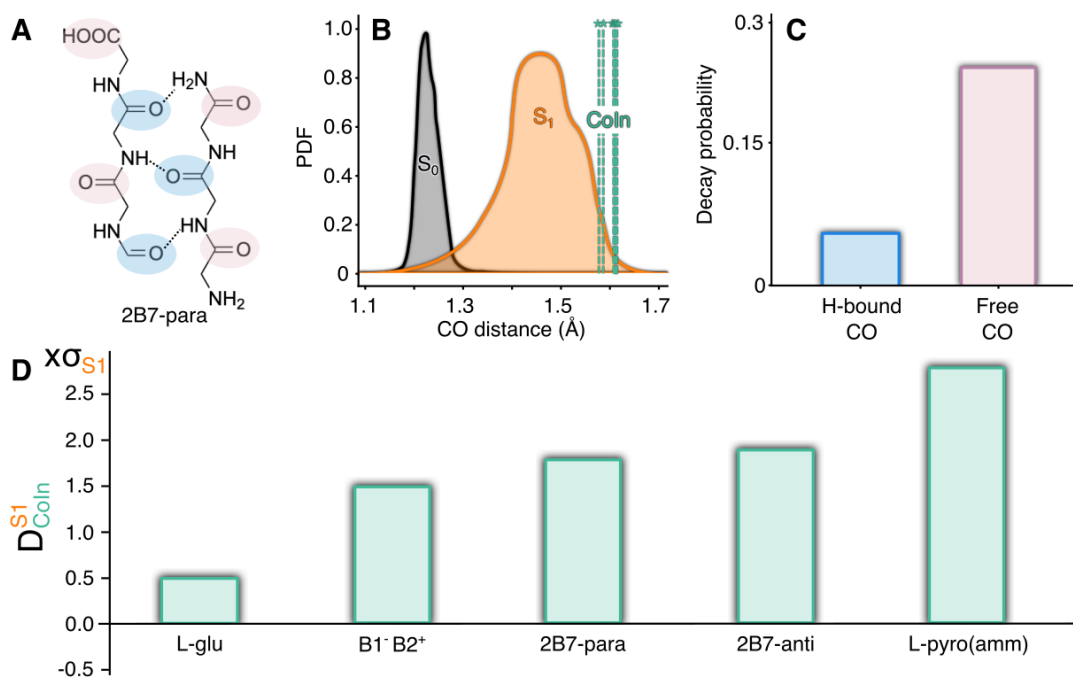


Figure 3: The CO stretching mode role in the  $S_1 \rightarrow S_0$  relaxation is ubiquitous among a diversity of prototypical peptide structures. Panel **A** depicts the 2B7 amyloid model composed of 2-strand anti-parallel configuration adopted in the  $\beta$ -sheet arrangement. The H-bonded and the *free* COs are colored in light blue and pink, respectively. Panel **B** shows the CO distance distribution in the  $S_1$  state (orange), ground state (black) and the distances associated with the CoIn crossings (green) are marked with vertical dashed lines and an asterisk. Panel **C** shows a bar chart indicating the proportion of  $S_1 \rightarrow S_0$  relaxation events occurring through H-bonded CO elongations (light blue bar) or non-H-bonded (free) CO elongations (pink bar). Panel **D** shows a bar chart quantifying the difference between the average CO distance,  $D_{CoIn}^{S1}$ , between the CO length distributions in the  $S_1$  state and in the CoIn crossings. This distance is computed as the difference between the means of the two distributions normalized by the standard deviation of the excited state CO length.

195 Analogously, the  $S_1-S_0$  CoIn crossing dynamics in the small model system in-

196 spired from the amyloid sequence A $\beta_{30-35}$ ,<sup>[7]</sup> and dubbed 2B7-para (see Figure 3),  
197 involves a strong CO elongation. Amyloids are self-assembled polypeptides char-  
198 acterized by a highly ordered cross  $\beta$  arrangement, where the  $\beta$ -strands are in-  
199 terconnected by HBs. Because of their involvement in a wide range of human dis-  
200 eases, amyloids have been the focus of attention for numerous experimental and  
201 theoretical studies.<sup>[12, 14]</sup> 2B7-para is characterized by a 2-strand-parallel  $\beta$ -sheet  
202 arrangement,<sup>[14]</sup> and two types of carbonyl groups can be distinguished in its struc-  
203 ture: those that are H-bonded with the NH group of the neighbor strand, and those  
204 that are not bonded or *free* (Figure 3.A). At variance with the case of L-glu, the  
205 nature of the S<sub>1</sub> state in 2B7 is  $n\pi^*$  localized on the carbonyl groups.<sup>[14]</sup> Notewor-  
206 thy, the CO elongation that leads to the CoIn crossing molecular configuration is  
207 approximately 4 times more likely to occur in a free CO than in the H-bonded ones.  
208 This prevalence of the free CO deactivations indicates that the HBs can hinder the  
209 CO elongation, inhibiting the S<sub>1</sub>  $\rightarrow$  S<sub>0</sub> relaxation. Furthermore, the decay events  
210 localized in the non-bonded COs show that the CO stretching by itself can act as a  
211 stand-alone relaxation pathway, without coupling to an HB mode. Thus, the pre-  
212 cise mechanisms involved in non-aromatic fluorophores will naturally be fine-tuned  
213 by the chemical details of the HB networks involved at the site of photochemical  
214 activity.

215 In order to assess the ubiquitous role of the CO-elongation in the non-radiative  
216 relaxation dynamics of non-aromatic fluorescent systems, Figure 3, panel **D** com-  
217 pares the characteristic CO elongation associated with the S<sub>1</sub>-S<sub>0</sub> CoIn crossing of  
218 5 representative model systems (see also Figure 6 for detailed molecular structures).  
219 Among them, L-glu is the only non-fluorescent model. The remaining model sys-  
220 tems are some of the most relevant non-aromatic fluorescent cases that have been  
221 reported so far.<sup>[12]</sup> The fluorescent counterpart of L-glu, L-pyro(amm), shares the  
222 same charge transfer S<sub>1</sub> character and a very similar crystal intermolecular arrange-  
223 ment. In addition, three models associated with the non-aromatic fluorescent 2Y3J  
224 (amyloid segment) peptide are employed: (i) 2B7-para, (ii) 2B7-anti, which is the  
225 antiparallel analog of 2B7-para, and (iii) B1<sup>-</sup> B2<sup>+</sup>, which represents two zwitterionic

226 H-bonded termini residues of 2Y3J. The  $S_1$  character of (i) and (ii) is  $n\pi^*$ , while  
 227 that of (iii) has a charge transfer nature. The vertical axis in the bar chart quantifies  
 228 the distance between the CO length distributions in the  $S_1$  state and in the CoIn  
 229 crossing ( $D_{\text{CoIn}}^{S_1}$ ). This distance is an estimation of how rare the CoIn crossing event  
 230 is for the  $S_1$  state dynamics. Loosely speaking, it indirectly provides a measure  
 231 of the magnitude of fluctuation needed along the CO in the  $S_1$  state in order to  
 232 elongate it up to a  $S_1-S_0$  crossing point. The requirement of a CO elongation in  
 233 the excited state as a precondition for the  $S_1 \rightarrow S_0$  relaxation is verified in the five  
 234 different model systems, suggesting that it is a general fingerprint for the  $S_1 \rightarrow S_0$   
 235 non-radiative decay in polypeptides.

236 At the two extremes of Figure 3.D L-glu and L-pyro(amm) show the lowest and  
 237 the highest  $D_{\text{CoIn}}^{S_1}$  value respectively. Figure S8 in the SI shows that the fluorescence  
 238 in L-pyro(amm), as compared to its precursor L-glu, does not arise from an increase  
 239 in the  $S_1 \rightarrow S_0$  transition dipole moment (i.e. the instantaneous emission probabil-  
 240 ity), which indicates that destabilization of the non-radiative decay pathways is the  
 241 main origin of its fluorescence.

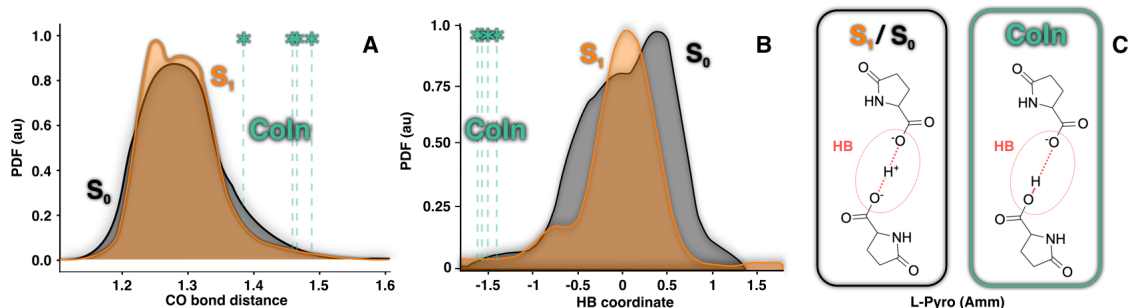


Figure 4: The excited state lifetime of L-pyro(amm) increases by "locking" the CO stretch with a strong HB. Panels **A** and **B** show the distribution of CO distance and PT coordinate values, defined as  $d_{\text{O-H}} - d_{\text{O'-H}}$  (where O and O' identify the two carboxyl oxygens involved in the HB), in the  $S_1$  state (orange), ground state (black). The CoIn configurations are represented in green vertical bars (only 2.5 % of the AIMD trajectories decay to the ground state). Panel **C** depicts the molecular arrangement of the L-pyro(amm) dimer model system in the  $S_0$  and  $S_1$  states (black framed panel), and the transient proton transfer arrangement associated to the CoIn crossing configuration (green framed panel).

242 A closer inspection into the L-pyro(amm) dynamics (Figure 4), indicates that the  
 243 HB interaction plays a crucial role in hindering the access to the  $S_1-S_0$  CoIn, and  
 244 hence in the ensuing fluorescence. The main structural difference between L-glu and

245 L-pyro(amm) is the presence of a very strong HB between the carboxyl groups (with  
246 a length of  $\approx 2.45$  Å) in the latter, while L-glu presents a more conventional HB (with  
247 a length of  $\approx 2.85$  Å). As in the case of L-glu, the  $S_1$  excited state of the crystalline  
248 L-pyro(amm) is characterized by a charge transfer transition between the H-bonded  
249 residues (see Figure S4 in the SI). Only 2.5% of L-pyro(amm) NAMD trajectories  
250 decay to the ground state within 250 fs (see Figure S1 in the SI), showing that its  
251 excited state lifetime is considerably increased with respect to L-glu. Panels **A** and  
252 **B** provide a clear explanation for this: at variance to the case of L-glu, both the HB  
253 coordinate and the CO distance in L-pyro(amm) are not considerably altered upon  
254  $S_0 \rightarrow S_1$  excitation. The  $S_1$  structural arrangement remains very similar to that in  
255 the  $S_0$  state. This hampers the access to the CoIn crossing conformations which, as  
256 in L-glu, have a PCET nature that requires further CO elongation coupled with a  
257 proton donation (panel **C**). Therefore, the  $S_1$  lifetime in L-pyro(amm) is enhanced  
258 with respect to that of L-glu by destabilizing the  $S_1 \rightarrow S_0$  relaxation pathway.

### 259 **3 Discussion**

260 Two alternative types of electronic transitions have been identified behind the non-  
261 aromatic fluorescence phenomenon:  $n \rightarrow \pi^*$  and charge transfer.[12] In both cases  
262 the absorption and fluorescence occur in the near-UV to visible range. In the present  
263 study we show that the CO stretching is the key molecular distortion occurring dur-  
264 ing the  $S_1 \rightarrow S_0$  relaxation in both types of excitations, by means of non-adiabatic  
265 excited state MD simulations of a series of prototypical peptide systems. Impor-  
266 tantly, this is equally valid when the  $S_1$  state character is either  $n \rightarrow \pi^*$  (2B7-para  
267 and -anti case) or charge transfer (L-pyro(amm), L-glu, and  $B1^-B2^+$  case), suggest-  
268 ing that a common decay pathway could be ubiquitous among proteins and peptide  
269 aggregates.

270 Furthermore, we have shown that strong local interactions, such as SHBs, can  
271 prevent the CO from stretching, hindering the relaxation towards the ground state,  
272 and hence increasing the  $S_1$  excited state lifetime. We propose this “CO-locking”  
273 mechanism as the origin of the non-aromatic fluorescence. Importantly, the ubiq-

274 uity of SHBs in biological and inorganic matter[24] added to recent experimental  
 275 evidence revealing fluorescence in carbonyl containing compounds,[25, 11] suggest  
 276 that this “CO-locking” fluorescence mechanism might be widespread among biology  
 277 and beyond.

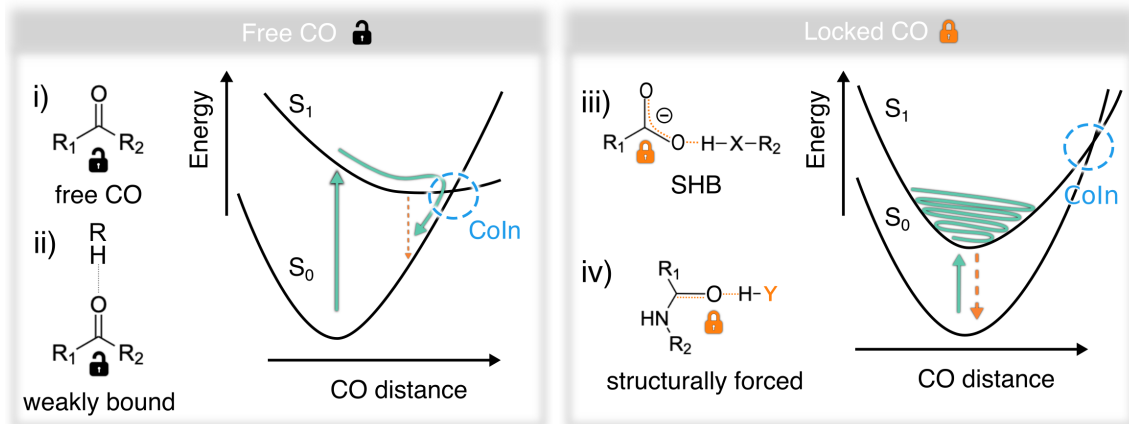


Figure 5: The CO “lock” mechanism of non-aromatic fluorescence. The left panel shows the typical relaxation pathway triggered by a CO elongation in two possible scenarios where the CO is non-bound (case i) or weakly bound (case ii) or non-bound (case ii). The right panel shows the CO-lock mechanism in which a strong local interaction blocks the large amplitude CO elongations preventing the relaxation towards the ground state. Again, two alternative CO-locking scenarios are presented: in case iii an electron withdrawal HB donor strongly interacts with the carboxyl group, limiting the resonance of the double bond and preventing its elongation. In case iv an HB is established with the CO group imposing a direct restriction to large elongations.

278 Figure 5 shows a schematic representation of the CO-locking mechanism. The  
 279 left panel represents the non-radiative decay mechanism based on the elongation  
 280 of a free (case i) or weakly bound (case ii) CO bond. The right panel shows two  
 281 alternative scenarios for hindering the CO-relaxation. In both cases the HB stiffens  
 282 the carbonyl vibrations, impeding its stretching. Case iii depicts the trapped charge  
 283 transfer  $S_1$  state exemplified in the previous section with the case of L-pyro(amm).  
 284 Here the electron withdrawal effect of the SHB limits the internal double bond  
 285 resonance in the carboxyl group, inhibiting the double-bond elongation. The relax-  
 286 ation coordinate in this case consists essentially in a PCET where the electron-hole  
 287 recombination is preceded by a concerted proton transfer and CO elongation.

288 The second scenario depicted in the right panel corresponds to the 2B7 amyloid  
 289 model, where the HB is directly established with the CO group and the nature of

290 the  $S_1$  excited state is  $n \rightarrow \pi^*$ . Here, the CO and NH groups belong to opposite  
291  $\beta$ -strands in the amyloid-like structure, hence the CO elongation forces an energetically  
292 unfavorable inter-strand separation, limiting the access to the non-radiative  
293 relaxation.

294 The generality of this mechanism is reinforced by employing a combination of  
295 *ab initio* non-adiabatic molecular dynamics simulations at multiple levels of theory:  
296 going from TDDFT, to ADC(2), to CASPT2. We have combined these techniques  
297 with a simple data-driven approach pinpointing the key structural and dynamical  
298 aspects of the  $S_1 \rightarrow S_0$  decay, and enabling the recognition of the CO elongation as  
299 the essential nuclear fluctuation associated with the CoIn configurations that lead  
300 to the non-radiative relaxation.

301 Similar aggregation-induced emission (AIE) has been reported in the context  
302 of aromatic synthetic molecular materials, where it was hypothesized that steric  
303 restrictions in the aggregate phase induce the emissive response.[26, 27] The “CO-  
304 locking” mechanism identified here can be considered as a particular form of AIE,  
305 with the singularity that it enables the fluorescence of non-aromatic naturally oc-  
306 ccurring biomolecular aggregates. Whether this mechanism could be operative in a  
307 broader variety of synthetic and aromatic molecular or polymeric materials reminds  
308 an open question that will be the focus of our future research.

309 Traditionally, autofluorescence has been primarily considered a source of noise for  
310 fluorescence imaging methods, arising from different aromatic biomolecules.[28, 29]  
311 However, very often these signals show absorption and emission in the spectral  
312 range of non-aromatic fluorophores.[12, 30] In this context, our findings offer a new  
313 interpretation for the fluorescence fingerprints of complex biological systems, paving  
314 the way for the development of non-invasive measurements monitoring structure  
315 and conformational dynamics of proteins inside living cells. Furthermore, the in-  
316 teractions originating non-aromatic fluorescence can be linked to specific secondary  
317 structural arrangements, for instance, it has been shown that the characteristic flu-  
318 orescence and absorption features in amyloid proteins emerges at the beginning of  
319 the  $\beta$ -sheet formation process.[31] This fold-sensitive biooptical effect could be har-

320 nessed to design label-free medical diagnosis technology and precise phototherapy  
321 treatment protocols for amyloidosis at its early stages.[8]

322 Overall, the findings reported in this work lay down the ground principles be-  
323 hind non-aromatic fluorescence in biological materials. This simple molecular-level  
324 picture might enable the rational design of a new generation of bioinspired pep-  
325 tide integrated optical devices with unique photonic and electronic properties and  
326 an intrinsic biocompatibility. Specifically, the development of biological aggregates  
327 with a supramolecular arrangement imposing a constraint on the carbonyl stretching  
328 modes could lead to bright materials with adjustable optical properties.

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## 340 5 Methodology

341 Five different prototypical model systems were employed throughout this work (Fig-  
342 ure 6). Among them, two different types of  $S_0 \rightarrow S_1$  transitions characterize these  
343 compounds:  $n \rightarrow \pi^*$  or charge transfer (left and right panel respectively).

344 Three of the simulated systems correspond amyloid-based structures: 2B7(-para  
345 and -anti) were obtained starting from available crystal structure of hexapeptide  
346  $A\beta_{30-35}$ [32] (PDB code: 2Y3J) replacing all side-chains with H, removing 1-C and

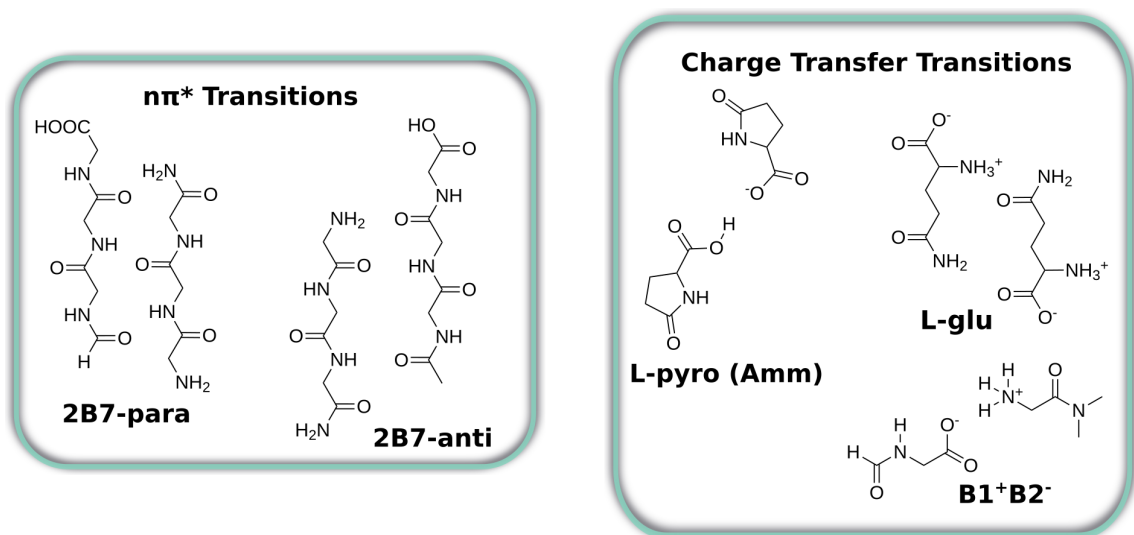


Figure 6: Molecular structures for the five model systems studied in this work separated by the electronic transition character.

347 1-N termini from each chain, and capping respectively with  $-CHO$  and  $-CONH_2$ .  
 348 The geometry of two chains were optimized by either keeping parallel configuration  
 349 2B7-para (as in the crystal) or by preparing it in antiparallel fashion 2B7-anti (more  
 350 details about these systems can be found in reference[14]). B1<sup>+</sup>B2<sup>-</sup> model was  
 351 prepared starting from the same crystal structure, but selecting only the head-to-  
 352 tail termini-fragments (C-termini capped with  $CHO$  and N-termini capped with  
 353  $N(CH_3)_2$ ). In the optimization and the ground state trajectories for B1<sup>+</sup>B2<sup>-</sup> the  
 354 proton was constrained to remain on the N-side.

355 For L-glutamine (L-glu) and L-pyro-glutamine-ammonium (L-pyro(amm)) we  
 356 extracted a dimer conformation from the crystal structures (see Figure S9 in the SI),  
 357 taking care that they accurately reproduce the optical properties of the solid.[20] In  
 358 order to preserve the molecular arrangement of the crystal structure we applied soft  
 359 harmonic constraining potentials (with a constant of  $100 \text{ Kcal/mol\AA}$ ) to the atoms  
 360 indicated in Figure S9 in the SI. This procedure does not suppress any vibrational  
 361 motion, but rather approximates the steric effect of neighboring molecules in the  
 362 crystal structure. In the case of L-pyro(amm), our model does not explicitly include  
 363 the ammonium ion, but due to the presence of the soft constraining potentials de-  
 364 scribed above the system retains the same molecular arrangement as in the presence  
 365 of ammonium.



## 366 5.1 Non-Adiabatic Molecular Dynamics: Trajectory Sur- 367 face Hopping

368 In order to examine the excited state dynamics and relaxation of the systems de-  
369 scribed in the previous sections, we employed the trajectory surface-hopping (TSH)  
370 approach[33, 34, 35] using two different electronic theory levels: TDDFT for L-glu  
371 and L-pyro and ADC(2) for amiloid-like systems (see next section).

372 TSH employs a swarm of independent classical trajectories, each one evolving  
373 on a single potential energy surface (PES). In every MD step, the hop probability  
374 to other PES is computed according to the following expression:

$$P_{i \rightarrow j} = -2 \int_t^{t+dt} \frac{c_i^* c_j \dot{R} \vec{d}_{ij}}{|c_i|^2}. \quad (1)$$

375 The coefficients of each electronic state  $c_i$  evolve according to the Time Dependent  
376 Schrödinger Equation (TDSE):

$$i \frac{dc_j(t)}{dt} = c_j(t) E_j - i \sum_i c_i(t) \dot{R} \vec{d}_{ij}, \quad (2)$$

377 where  $\dot{R}$  denotes the time derivative of nuclear coordinates  $R$ . In contrast with  
378 the electrons, the nuclei are propagated using classical mechanics following Newton's  
379 law:

$$M \frac{\partial^2}{\partial t^2} R = -\nabla_R E_j \quad (3)$$

380 The term  $\vec{d}_{ij}$  in equations 1 and 2 is the key variable in NAMD called Non-Adiabatic  
381 Coupling Vector (NACV).

$$\vec{d}_{ij} = \langle \Psi_i | \frac{\partial}{\partial R} | \Psi_j \rangle \quad (4)$$

382  $\Psi_i$  is the Born-Oppenheimer (BO) wavefunction of PES  $i$ . Whether the system  
383 change its PES or not is controlled by stochastic decision algorithm[36, 37].

384 We included a decoherence correction (DC) developed by Granucci et al[38], where  
385 the electronic coefficients  $c_j$  are damped with the following equations:

$$c_j(t) = c_j(t)e^{-\Delta t/\tau_{ji}}, \quad (5)$$

386 where the decoherence time  $\tau$  is defined by:

$$\tau_{ji} = \frac{\hbar}{|E_j - E_i|} \left( 1 + \frac{C}{E_{kin}} \right). \quad (6)$$

387 The state  $i$  denotes the actual PES,  $C$  is an adjustable parameter (0.1 in this work)  
 388 and  $E_{kin}$  is the nuclear kinetic energy.

## 389 5.2 NAMD Simulation Protocol

390 The initial conditions for our L-glu and L-pyro(amm) NAMD simulations were gen-  
 391 erated by extracting a dimer conformation from a ground state optimized structure,  
 392 followed by 200 ns of classical MD in the NVT ensemble at 300 K with a 1 fs  
 393 time-step, employing the *AMBER* package[39]. From this trajectory, 200 nuclear  
 394 conformations were employed as initial configurations for a 1 ps *ab initio* ground  
 395 state MD simulation in the NVT ensemble at 300 K with a time step of 0.5 fs. The  
 396 calculations were performed using TDDFT at the PBE0/6-31G[40] level as imple-  
 397 mented in the **LI** $\hat{\mathcal{O}}$  package by our group.[41, 42] The nuclei were evolved classically  
 398 by employing *AMBER*. [39] After the initial sampling on the ground state, the sys-  
 399 tem was vertically excited onto the  $S_1$  electronic state, and then evolved for 250  
 400 fs, employing the TSH scheme with a timestep of 0.5 fs in NVE ensemble. Excita-  
 401 tion energies and oscillator strengths were calculated using LR-TDDFT[43] and the  
 402 Tamm-Dancoff approximation[44]. The NACVs were calculated at the same theory  
 403 level using the method developed by Furche et al[45, 46]. The functional and basis  
 404 set used for the NAMD trajectories were the same as those employed in ground state  
 405 dynamics. A total of 200 NAMD trajectories were performed L-glu system and 100  
 406 NAMD trajectories for L-pyro.

407 The amyloid model systems (Figure 6 left panel) were prepared by first perform-  
 408 ing ground state *ab initio* molecular dynamics (AIMD) simulations employing the  
 409 CP2K package[47]. A convergence criterion of  $5 \times 10^{-7}$  a.u. was used for the op-

410 timization of the wave function. Using the Gaussian and plane wave methods, the  
411 wave function was expanded in the Gaussian double- $\zeta$  valence polarized (DZVP)  
412 basis set, and the Becke-Lee-Yang-Parr (BLYP)[48, 49] functional with the D3(0)  
413 Grimme dispersion corrections for van der Waals interactions[50]. TSH dynamics for  
414 2B7(-para and -anti) and B1<sup>+</sup>B2<sup>-</sup> was performed according to the scheme presented  
415 before, employing an in-house version of the Zagreb surface hopping code[51] based  
416 on the fewest switches surface hopping algorithm[33] at the the ADC(2) level of  
417 theory. The initial conditions (positions and velocities) were prepared by randomly  
418 selecting frames from GS AIMD and by vertically exciting to the S<sub>1</sub>-S<sub>5</sub> manifold.  
419 In the case of 2B7, a total of 21 trajectories were obtained, 15 with parallel and  
420 6 with anti-parallel  $\beta$ -strand configuration. For B1<sup>+</sup>B2<sup>-</sup> 22 trajectories were per-  
421 formed. These simulations were obtained for 250 fs or until the energy gap between  
422 the S<sub>1</sub> and S<sub>0</sub> states dropped below 0.1 eV. More information can be found in the  
423 Supplementary material of reference [14].

### 424 5.3 Validation of TDDFT results at the CASPT2 level

425 Describing the electronic structure and nuclear configurations around CoIns repre-  
426 sents a challenging task for most electronic structure methods. One of the most  
427 robust and accurate approaches for the characterisation of CoIns is the CASPT2  
428 method.[52, 53] In this study, in order to validate our TDDFT-based simulations  
429 near the S<sub>1</sub>-S<sub>0</sub> crossing regions we performed SS- and MS-CASPT2/6-31G\* cal-  
430 culations averaging over three states (i.e. SA-3). The active space included the  
431 orbitals mainly involved in the photoreactive molecular region (see Figure S4 in the  
432 SI), corresponding to 10 electrons in 8 orbitals in the case of L-glu and 14 electrons  
433 in 10 orbitals in the case of L-pyro(amm). CoIn optimizations were performed with  
434 numerical gradients at the MS-CASPT2 level, utilizing the gradient projection algo-  
435 rithm of Bearpark et al.[54, 55] as implemented in COBRAMM.[56, 57] The active  
436 space of the CoIn optimizations included 8 electrons in 7 orbitals for both the sys-  
437 tems. Thereby, the ionization-potential-electron-affinity (IPEA) shift[58] was set to  
438 0.0, and an imaginary shift[59] of 0.2 a.u. was used throughout. All CASPT2 calcula-

439 tions were performed using the Gaussian16 code[60] and OpenMolcas package[61, 62]  
 440 through its interface with COBRAMM. The validation of our TDDFT results in the  
 441 proximities of the CoIn was performed by comparing both the structures of the MS-  
 442 CASPT2 optimized CoIns and those obtained from NAMD at the TDDFT level (see  
 443 the previous method sections), as well as the symmetry and orbitals involved in the  
 444  $S_0 \leftrightarrow S_1$  electronic transition.

## 445 5.4 $S_1 \rightarrow S_0$ Relaxation Coordinate

446 In order to elucidate the nuclear rearrangements involved in the  $S_1 \rightarrow S_0$  relaxation,  
 447 we employed a modified principal component analysis (PCA) combining the nuclear  
 448 coordinate fluctuations ( $x - \bar{x}$ ) along the AIMD trajectories and the energy difference  
 449 between the diabatic electronic states ( $\Delta E^D$ ). If  $N$  is the number of atoms in the  
 450 system, we define the  $3N$ -dimensional  $S_1 \rightarrow S_0$  relaxation pathway vector  $\mathbf{c}$  as:

$$\mathbf{c}_i = \frac{\langle [x_i(t) - \bar{x}_i] \text{Sign}[-\Delta E^D(t)] \exp^{-\frac{|\Delta E^D(t)|}{\alpha k T}} \rangle}{\sqrt{\langle [x_i(t) - \bar{x}_i]^2 \rangle \langle [\exp^{-\frac{|\Delta E^D(t)|}{\alpha k T}}]^2 \rangle}}, \quad (7)$$

451 where the index  $i$  spans over the  $3N$  Cartesian coordinates of the system,  $x_i(t)$  rep-  
 452 represents the  $i$ -th component of the cartesian position vector at time  $t$ ,  $\Delta E^D$  is the  
 453 diabatic energy difference between  $S_0$  and  $S_1$ , and the angular brackets as well as  
 454 the over-bar represent a time average. The diabatic energies were approximated by  
 455 the adiabatic ones before the CoIn crossing and swapping the  $S_1$  and  $S_0$  identities  
 456 after the CoIn passage. The second term in the numerator,  $\text{Sign}[-\Delta E^D(t)]$ , sets the  
 457 direction of the relaxation pathway vector from the  $S_1$  to the  $S_0$  configurations. The  
 458 third term,  $\exp^{-\frac{|\Delta E^D(t)|}{\alpha k T}}$ , is an Arrhenius-like factor, where  $T$  is the room tempera-  
 459 ture,  $k$  is the Boltzmann constant, and  $\alpha$  is an adjustable parameter that controls  
 460 the width of the exponential term with respect to  $\Delta E^D(t)$  (throughout this work  
 461  $\alpha$  was fixed to 100, see Figure S10 in the SI). This factor enables disentangling the  
 462 thermal fluctuations from the relaxation process. As the nuclear configurations get  
 463 closer to the CoIn, the  $|\Delta E^D(t)|$  tends to zero and the Arrhenius-like term peaks for  
 464 these configurations, increasing their weight in the ensemble average. In this way,  
 465 the vector  $\mathbf{c}$  is a linear estimator of the nuclear fluctuations in the  $S_1$  state that lead

466 to the  $S_1$ - $S_0$  crossing. It is important to note that usually the excited state landscape  
467 is characterized by many accessible CoIns, and several different decay pathways can  
468 be accessible. In these cases, the relaxation pathway vector  $\mathbf{c}$  represents a statistical  
469 average of all the decay motions.

## 470 **5.5 Hierarchical Ordering of the $S_1 \rightarrow S_0$ Relaxation Degrees** 471 **of Freedom**

472 The bar chart in Figure 2 estimates the extent in which the dynamics of each degree  
473 of freedom (DoF) is influenced by a constrain in a chosen DoF. This magnitude is  
474 quantified as the normalized variance  $\tilde{\text{Var}}_{ij}(Y) = 1 - [\text{Var}(Y_i^j) - \text{Var}(Y_i^0)]/\text{Var}(Y_i^0)$ ,  
475 where  $\text{Var}(Y_i^j)$  is the variance of the displacements in the  $i$ -th DoF obtained from  
476 a NAMD simulation where the  $j$ -th DoF is being constrained, both  $i$  and  $j$  indexes  
477 label the CO, HB and amide plane modes, and the 0 index refers to the unconstrained  
478 simulation (see Figure S7 in the SI). The values of  $\tilde{\text{Var}}_{ij}(Y)$  indicate how much the  
479 dynamics in the  $i$ -th DoF is affected by the constraint in the  $j$ -th DoF.

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