

Viscosity-sensitive membrane dyes as tools to estimate the crystal-line structure of lipid bilayers

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ABSTRACT

Lipid membranes are crucial for cellular metabolism, and their correct function has been linked to a tight regulation of their structural and mechanical properties, such as viscosity. Fluorescent probes sensitive to the membrane's environment are being extensively used to investigate the membrane's properties, yet there is currently a lack of understanding on how the lipid organization impacts the readout from these dyes. Here, we investigate this relationship by simultaneously characterizing the membrane's viscosity and structural properties using a combination of X-Ray diffraction, together with environmentally-sensitive optical membrane probes and fluorescence lifetime imaging microscopy. Our results reveal a phase-dependent connection between the different membrane's structural and mechanical parameters and give insight into the relationship between two widely used membrane probes with the structural descriptors of the lipid bi-layer. Such relationship is believed to dictate the lateral organization of lipid bilayers, including the presence of distinct lipid domains which have been traditionally ascribed to a difference in the membrane thickness of the lipid phases; yet we later demonstrate how such connection is not universal and can be disrupted by the presence of line-active molecules. Our results show the capability of membrane dyes to directly report on the membrane's molecular structure – after appropriate calibration – and highlight the need of multiple orthogonal characterization strategies for a proper understanding of the membrane's properties.

INTRODUCTION

Lipid membranes are central in cellular metabolism, and are known to be involved in cellular adaptation, homeostasis and disease.¹ This functionality arises from the complex interplay between lipid molecules, which ultimately determines the membrane tension. Under equilibrium conditions, the bilayer's tension is minimized,^{2,3} and ultimately this dictates the membrane's mechanical properties, such as elasticity and viscosity; and structural parameters, including membrane thickness and lipid area.⁴ Importantly, minimization of the membrane tension may lead to the lipid segregation into regions with distinct composition and biophysical properties.^{5,6} According to the 'lipid raft' hypothesis, these lipid domains have a central role in signal transduction and protein organization, and therefore are of high biological interest.^{7,8}

Several methods have been developed to study the membrane's structure. Particularly, the high spatiotemporal resolution, capability of multiplexed labelling and biocompatibility offered by fluorescence-based approaches has turned these techniques into the preferred method to study the lateral organization of biomembranes.⁹ Moreover, the use of environmentally sensitive dyes has enabled the study of the local molecular organization around the fluorescent probe at biologically-relevant timescales.^{10,11}

42 The use of these fluorophores, including Laurdan,¹² FlipTR^{13,14} or molecular rotors (MRs),¹⁵ has
43 enabled the successful mapping of the membrane's microenvironment,^{12,13,16} including the effect of
44 the cytoskeletal scaffold on cellular membranes.¹⁷ However, the photophysical properties of many of
45 these molecules depend on multiple membrane parameters (*e.g.* microviscosity, polarity or
46 temperature) and therefore it is challenging to unequivocally assign a physical descriptor to a given
47 fluorescent readout. In fact, such multiple dependency prevents an accurate understanding of what
48 biophysical property of the lipid bilayer is being measured by these sensors (*e.g.* whether they are
49 sensitive to the lipid-lipid separation, membrane thickness, headgroup size etc.)

50 Uniquely, the fluorescence readout of BODIPY-based molecular rotors (Fig. 1c) has been shown to
51 be solely dependent on the surrounding microviscosity (η) within physiologically relevant values.^{18,19}
52 This has enabled the quantitative measure of diffusion rates in lipid membranes^{19,20} and could,
53 potentially, allow to relate the bilayer mechanics to its molecular architecture.

54 In molecular rotors, the non-radiative decay efficiency is coupled to the degree of intra-molecular
55 rotation. Hence, in less crowded and less viscous environments, non-radiative decay is preferred and
56 therefore MR's fluorescence intensity and lifetime τ decrease, as predicted by the Förster-Hoffmann
57 equation:

$$58 \quad \tau = z\eta^\alpha \quad (1)$$

59 where z and α are calibration constants which are experimentally determined by measuring the
60 MR lifetime in solutions of known viscosity. Remarkably, fluorescence lifetime is independent of the
61 local probe concentration and instrument setup, and this has allowed the direct quantitative mapping
62 of microviscosity in heterogeneous model²⁰⁻²² and cellular²³⁻²⁵ membranes under different stress
63 conditions.^{11,22,26} Therefore, we anticipate the fluorescence lifetime of membrane-embedded BODIPY-
64 based MRs could be used to infer changes in the membrane's structure.

65 Experimentally, the structure and lateral organization of lipid membranes has been quantitatively
66 probed using small and wide angle X-Ray scattering (SAXS / WAXS).⁴ SAXS diffraction patterns are used
67 to elucidate the lipid mesophase and, in the case of lamellar structures, they report on the
68 interlamellar distance, from where the membrane thickness (d_{HH}) can be extracted. On the contrary,
69 WAXS is sensitive to the in-plane membrane organization, and the position of the WAXS peak can be
70 used to estimate the average area occupied by a lipid molecule (APL) within the membrane, Fig. 1a.

71 When the membranes contain different phases, distinct diffraction peaks appear in the SAXS
72 regions, which arise from the difference in the domain's thickness. However, phase separation could
73 occur between domains with very similar or identical thickness, as expected with the highly dynamic
74 nanosized 'rafts',²⁷ leading to the loss of multiple resolvable SAXS patterns. Alternatively, domains can
75 also be distinguished by their different APL, which can cause the presence of multiple peaks in the
76 WAXS range. Yet, liquid disordered (L_d) and liquid ordered (L_o) phases (which are thought to occur in
77 nature²⁷), are characterized by similar distances between lipid molecules, and they are not easily
78 distinguishable by WAXS.²⁸

79 By using a combination of MRs and XRD, we directly calibrate the fluorescence readout of BODIPY
80 MRs against structural parameters of model lipid membranes. We then explore whether such relation
81 holds true for other bilayer systems, including those displaying phase separation, where hydrophobic
82 height mismatch drives the formation of domains with distinct viscosity. Finally, we challenge this
83 relation by incorporating a line-active molecule, oleic acid, to phase separated membranes and
84 evidence how the presence of this lipid is sufficient to disrupt the structural/mechanical relationship
85 expected in canonical lipid bilayers.

86 **EXPERIMENTAL METHODS**

87 **Materials:** Lipids 1,2-dioleoyl-sn-glycero-3-phosphocholine (DOPC) and 1,2-dipalmitoyl-sn-glycero-
88 3-phosphocholine (DPPC) were purchased from Avanti Polar Lipids® dissolved in CHCl₃ (25mg/mL).
89 Oleic acid (OA) and cholesterol (Chol) were obtained from Sigma Aldrich® and dissolved in CHCl₃ to a
90 stock concentration of 50mg/mL. Molecular rotor **BC10** was synthesized in house according to a
91 previously published literature procedure (see ESI from ref²⁵). All other reagents were purchased from
92 Sigma Aldrich®, VWR or Across Organic and used without further purification. Solvents for
93 fluorescence studies were of spectrophotometric grade.

94 **Large Unilamellar Vesicle (LUV) formation:** LUVs were prepared by extrusion. Shortly, lipids in
95 CHCl₃ were mixed with either **BC10** or Laurdan at 0.5%mol and the organic solvent was evaporated
96 off under a nitrogen stream. The resulting dry lipid film was further dried under vacuum for >2h to
97 remove any solvent traces. Subsequently, the film was hydrated with water to a final lipid
98 concentration of 1mM and vortexed to yield a cloudy solution of polydisperse multilamellar vesicles.
99 This mixture was then extruded (above the lipid's melting transition temperature) through a 200nm
100 polycarbonate filter to yield a monodisperse LUV population (average diameter of ~180nm
101 determined by DLS).

102 **Spectroscopic characterization of LUVs:** LUVs were diluted 10-fold and placed into quartz cuvettes
103 (10mm path length). Emission spectra of Laurdan-labelled vesicles were acquired using a Horiba Yvon
104 Fluormax 4 fluorimeter after 360nm excitation, from which the Laurdan's general polarization (GP)
105 was calculated as:

106
$$GP = \frac{I_{435\pm 2} - I_{490\pm 2}}{I_{435\pm 2} + I_{490\pm 2}} \quad (2)$$

107 Time resolved fluorescence decay traces of **BC10** labelled liposomes were acquired using a Horiba
108 Jobin Yvon IBH 5000 F time-correlated single photon counting (TCSPC) instrument. A pulsed 404nm
109 diode (NanoLED) was used to excite **BC10**, and fluorescence was detected at 515nm. Acquisition was
110 stopped after peak counts reached 10.000, and the resulting traces were fitted using DAS® software
111 to the minimum number of decay components (2 for gel-phase membranes, 1 for liquid-phase
112 bilayers), ensuring the fitting metric $\chi^2 < 2$. The intensity-weighted fluorescence lifetime was defined
113 as:

114
$$\tau_w = \frac{\sum_{i=1}^n \alpha_i \tau_i^2}{\sum_{i=1}^n \alpha_i \tau_i} \quad (3)$$

115 where α_i and τ_i represent the relative amplitude and lifetime of the independent decay
116 components. The measured lifetime was then used to estimate membrane viscosity based on the
117 Förster-Hoffmann with the parameters given by *Hosni et al.*²⁹:

118
$$\log_{10} \tau = 0.4569 \log_{10} \eta - 0.75614 \quad (4)$$

119 Temperature was controlled with a Peltier cell (fluorimeter, error: $\pm 0.5^\circ\text{C}$) or a water bath (TCSPC,
120 error: $\pm 1^\circ\text{C}$) and were left to equilibrate for at least 5 min before each measurement.

121 **X-Ray diffraction experiments:** Dry samples of a given lipid mixture (20mg total mass) were
122 hydrated with DI water to 70% w/w and subjected to 15 freeze-thaw cycles to ensure a proper lipid
123 mixing. The sample was then loaded into a 2mm diameter polymer capillary tube and sealed with a
124 rubber stopper. SAXS and WAXS measurements were performed at beamline I22 (Diamond Light

125 Source, UK).³⁰ Experimental error for OA experiments was obtained from duplicate, independent
126 measurements. For DOPC and DPPC temperature gradients, we ensured sample reproducibility by
127 measuring three independent replicates of the given lipid composition at room temperature.

128 **Giant Unilamellar Vesicle (GUV) formation:** Around 30 μL of a 1mg/mL (total lipid, at the desired
129 DOPC:OA:DPPC:Chol ratio and supplemented with 0.5%mol **BC10** or Laurdan) was spread onto an ITO
130 slide to create a thin lipid film. CHCl_3 traces were removed by drying overnight in a desiccator. A
131 polydimethyl siloxane (PDMS) spacer with a thickness of $\sim 2\text{mm}$ was then placed on top of the ITO slide
132 to create a chamber, which was then filled with a 0.4M sucrose solution and then sealed using a
133 second ITO slide. GUVs were electroformed (at 60°C) by applying an electric field of $1V_{pp}@10\text{Hz}$ for
134 90' followed by a detachment phase of $1V_{pp}@2\text{Hz}$ for 30'. Finally, GUVs were gently recovered by
135 tilting the chamber (avoiding pipetting in the process).

136 **Confocal Laser Scanning Microscopy (CLSM):** Microscopy images were obtained with a Leica SP5
137 II inverted confocal microscope using a 20x (NA:0.7) dry objective. A Ti:Sapphire laser (Coherent,
138 Chameleon Vission II 80MHz) provided two-photon excitation (900nm), and fluorescence emission
139 was collected either between 425-465nm and 480-520nm. Laurdan's General Polarization (GP) was
140 calculated as:

141
$$GP = \frac{I_{425-465} - I_{480-520}}{I_{425-465} + I_{480-520}} \quad (5)$$

142 **Fluorescence Lifetime Imaging Microscopy (FLIM):** FLIM micrographs were obtained with a Leica
143 SP5 II inverted confocal microscope using a 20x (NA:0.7) dry objective. The Ti:Sapphire laser (Coherent,
144 Chameleon Vission II 80MHz) provided two-photon excitation (930nm), and **BC10** fluorescence
145 emission was collected between 500-580nm. The FLIM images were acquired using a TCSPC card
146 (Becker & Hickl GmbH®, SPC-830). Instrument response function (IRF) was obtained using the second
147 harmonic generation signal from urea crystals. Pixel-wise fitting of the fluorescence decays (Fig. S9)
148 was done by fitting the decays to a monoexponential model (minimum of 200 counts/pixel after
149 binning) using the commercially available software SPCImage®. **BC10** lifetimes obtained with
150 SPCImage® or a custom-written script (see ESI) were transformed to viscosity values according to Eq.
151 4.

152 **Statistical analysis and data representation:** Scatter plots display the mean \pm S.D. Box plots display
153 the 25–75% range, error bars represent \pm S.D., median is shown by a horizontal line and mean by a
154 dot. Origin® software was used to perform one-way ANOVA test. * $p < 0.05$; ** $p < 0.01$; *** $p < 0.001$.
155 For the temperature scans, solid lines represent the values obtained by linear fitting of the
156 experimental data (dots) presented in the graph. The shadowed area corresponds to the 95%CI of the
157 linear fit.

158 RESULTS AND DISCUSSION

159 **Membrane microviscosity correlates with the structural parameters of the lipid bilayer:** Initially
160 we explored the relationship between the bilayer's structure, measured by SAXS/WAXS, and its
161 microviscosity, measured by molecular rotor BC10, by systematically increasing the temperature. The
162 gain in thermal energy leads to an increased motion of the lipid's alkyl chains, and this would increase
163 the area per lipid, and decrease the membrane thickness and microviscosity.

164 Measurements performed on 1,2-dioleoyl-sn-glycero-3-phosphocholine (DOPC) membranes
165 confirmed this trend (Fig. 1b and Fig. 2b-e). This lipid remains in the fluid lamellar phase (L_α)

166 throughout the chosen temperature range owing to its two unsaturated chains, and its behavior has
 167 been studied extensively, hence we selected DOPC as a “gold standard”. We observed that heating
 168 DOPC membranes from 5 to 65 °C, caused a gradual decrease in membrane thickness, d_{HH} , from
 169 40.7 ± 0.2 to 37.6 ± 0.2 Å and increase in APL from 67.1 ± 0.5 to 73.5 ± 0.5 Å² (Fig. 2b-e, Fig. S1,S2). These
 170 changes are linear with a slope of $(-4 \pm 0.2) \times 10^{-2}$ Å/°C and $(10 \pm 0.5) \times 10^{-2}$ Å²/°C respectively, consistent
 171 with previous results for fluid membranes.^{31,32} These variations were accompanied by a decrease in
 172 the membrane microviscosity (Fig. S2,S3a) from ~420 to ~10 cP. Notably, the change in DOPC viscosity
 173 with temperature followed the log-inverse relation described by Andrade’s model (Eq. 6, Fig 1d), which
 174 suggest DOPC bilayers exhibit a behavior analogous to an ideal liquid.

$$175 \quad \eta(T) = A \exp\left(\frac{B}{T}\right) \quad (6)$$

176 We also observed a negative correlation between d_{HH} and APL (Fig. 2c), corresponding to a positive
 177 Poisson ratio (ν) typical of bilayers in the fluid phase, where they become thinner as they stretch, in
 178 agreement with previous simulations.³³

179 Next, we replaced BC10 with Laurdan to investigate whether the commercially available probe
 180 displayed similar sensitivity to changes in the membrane structure. In this case, the environmental
 181 sensitivity of Laurdan comes from the presence of a dipole moment along its naphthalene moiety,
 182 which ultimately leads to a reorientation of the solvent molecules around the dye and to a red shift of
 183 the emission spectra in polar/hydrated environments.³⁴ Therefore, changes in lipid order and
 184 membrane hydration will cause a spectral shift of Laurdan spectra.¹² Such alteration is commonly
 185 quantified using the general polarization (GP) function (Eq. 5), although some other more advanced
 186 spectroscopic approaches have been developed.^{35,36}

187 Increasing temperature resulted in a redshift of Laurdan’s fluorescence emission in DOPC
 188 membranes (Fig. S3c). However, there was a lack of linear relationship between the response of
 189 Laurdan’s GP and membrane viscosity reported by BC10 (Fig. S4a) at increasing temperature,
 190 suggesting these dyes sense different membrane properties. Therefore, Laurdan response cannot be
 191 directly related to the bilayer’s structure; and this prevents its use as a tool for quantification of the
 192 membrane’s properties.

193 After demonstrating the ability of MRs to report on the molecular structure of simple, fluid
 194 membranes we investigated whether such capability is retained in bilayers displaying a more complex
 195 phase behavior, such as 1,2-dipalmitoyl-sn-glycero-3-phosphocholine (DPPC). The fully saturated DPPC
 196 lipids experience stronger inter-molecular attractive forces, and this significantly decreases DPPC in-
 197 plane motion, causing the membrane to be arranged in a highly ordered tilted gel ($L_{\beta'}$) phase. As
 198 temperature is increased, the attractive interactions become weaker and the gel membrane transitions
 199 towards a ripple ($P_{\beta'}$) phase and, finally to the L_{α} phase at $T > 41$ °C, analogous to DOPC membranes.

200 At room temperature, DPPC $L_{\beta'}$ phase, is evidenced by the two peaks observed in the WAXS pattern
 201 (Fig. S5b). Upon heating, an increase of both d_{HH} and APL was observed, Fig. 2g,h, suggesting a negative
 202 Poisson ratio, $\nu = (-9 \pm 0.1) \times 10^{-2}$. This behavior can be attributed to a decrease of the lipid tilt, which
 203 outweighs the reduction in length of the hydrocarbon chains due to the increase in chain motion (Fig.
 204 S2b),³⁷ and results in both higher membrane thickness and APL with increased temperature. Moreover,
 205 the stronger lipid-lipid interactions of gel membranes are also reflected in the higher dependency of
 206 membrane viscosity on d_{HH} and APL of gel phases (Fig. 2i,j, blue) compared to DPPC bilayers in the L_{α}
 207 phase (Fig. 2i,j, red), consistent with lack of stress buffering capacity provided by the greater structural
 208 flexibility of fluid membranes.

209 Overall, these results show that, if the response of an environmentally sensitive membrane probe
210 is known and unequivocal, it would be possible to relate the fluorescent readout to the molecular
211 architecture of lipid membranes. Such relation has the potential of being used to infer alterations in
212 the membrane's structure which are not measurable *in-cellulo* using available techniques, such as XRD.

213 **Structure-viscosity relationship is maintained for membranes in the same phase regardless of**
214 **lipid composition:** After measuring the relationship between the structure and microviscosity of DOPC
215 and DPPC membranes, we explored whether such relation could be exploited to infer the structural
216 properties of lipid bilayers with different composition. Given the linear relationship between
217 temperature and the XRD derived parameter \mathcal{P} (either d_{HH} or APL) of the form:

$$218 \quad \mathcal{P}(T) = \mathcal{P}_0 + bT \quad (7)$$

219 where \mathcal{P}_0 is the structural parameter at 0K and b is the thermal coefficient; it is then possible to
220 combine Eq. 6 and Eq. 7 to yield:

$$221 \quad \mathcal{P}(\eta) = \mathcal{P}_0 + \left(\frac{bB}{\ln(\eta) - \ln(A)} \right) \quad (8)$$

222 To test this hypothesis, we focused on the APL as a structural descriptor instead of d_{HH} , as the former
223 had a greater dependency on viscosity. First, the parameters from Eq. 8 were obtained from the APL
224 and microviscosity obtained for DOPC membranes. Subsequently, we employed BC10 to measure the
225 microviscosity of 1-palmitoyl-2-oleoyl-glycero-3-phosphocholine (POPC) and 1,2-dilauroyl-sn-glycero-
226 3-phosphocholine (DLPC) fluid membranes (containing one and no unsaturation, respectively), and
227 mapped those values to the corresponding APL according to the calibration carried out using DOPC
228 membranes. Finally, these values were compared to APL values obtained from SAXS/WAXS
229 measurements (Fig. S6).

230 As seen in Fig. 3b the temperature response (*i.e.* slope) of all fluid membranes was similar, but such
231 relation did not hold for bilayers in the gel phase (Fig. S7). Importantly, we noticed an offset between
232 the model and actual data corresponding to fluid membranes, which could be anticipated from the
233 \mathcal{P}_0 term in Eq. 8. However, if a numerical value for this term is obtained either through empirical
234 relations (Fig. S8) or *in-silico* methods, and the membrane composition is not significantly altered
235 during the experiment, Eq. 8 could be used to derive changes in the membrane's structural parameters
236 under stress, by using molecular rotor's fluorescent readout.

237 This approach would be applicable within timescales where the membrane composition does not
238 vary significantly (e.g. below hour-scale range^{11,38}), and it could enable the mapping of the bilayer's
239 structural properties in physiological-relevant setups, which to the best of our knowledge has not been
240 possible using existing techniques.

241

242 **Combined XRD/FLIM characterization of ternary lipid mixtures reveals the relationship between**
243 **structure and viscosity in phase-separated membranes:** After demonstrating the ability of BC10 MR
244 to indirectly report on the membrane's structural parameters, we increased the complexity of our
245 model membranes by combining DOPC, DPPC and cholesterol (Chol) lipids. This mixture is known to
246 exhibit microscopic phase separation between DOPC rich liquid disordered (L_d) domains and
247 DPPC/Chol rich liquid ordered (L_o) domains,³⁹ and has been used as a model system of the membrane
248 heterogeneity suspected to occur in cellular membranes.

249 We electroformed 40:40:20 (%mol) DOPC:DPPC:Chol giant unilamellar vesicles (GUVs) and
250 measured the lifetime of BC10 within the membrane. FLIM imaging, Fig. 4b, revealed two distinct

251 regions (L_d and L_o) with viscosities of 197 ± 33 cP and 413 ± 128 cP, respectively, in agreement with
252 previous reports.²⁰ L_d/L_o phase separation was further confirmed by two clearly defined peaks in the
253 SAXS region (Fig. 4c) which correspond to membrane thicknesses of 40.5 ± 0.6 Å and 46.1 ± 0.2 Å for the
254 L_d and L_o phases, respectively. These distinct values for the two phases are consistent with those
255 previously reported⁴⁰⁻⁴² and exemplify how hydrophobic mismatch is a driving force for lipid phase
256 separation. In addition, these (η , d_{HH}) data pairs show reasonable correlation with those observed in
257 pure DOPC membranes (39.9 Å, 166 cP @ 20°C) and DPPC bilayers (41.28 Å, 510 cP @ 30°C). The higher
258 bilayer thickness of DPPC-rich L_o regions can be attributed to the presence of cholesterol, which
259 disrupts the lipid tilt.⁴³

260 Although the presence of two phases was evident in the SAXS region, they could not be clearly
261 resolved from the WAXS diffraction pattern (Fig. 4d), thus preventing an accurate estimation of the
262 lipid-lipid distance. Previous work suggested a 40:40:20 DOPC:DPPC:Chol membrane will contain a
263 relative fraction of cholesterol in the L_d and L_o phase of ~ 0.1 and 0.3 , respectively.⁴⁴ Therefore we
264 decided to map the measured lifetimes in GUVs onto calibrations performed on pure DOPC and
265 DPPC/Chol (70/30 %mol) model membranes, Fig. 4e, to obtain an estimate of the APL in the different
266 phases. Our results suggested an area per lipid of 68.3 Å² and 52.4 Å² for the L_d and L_o phase,
267 respectively, in good agreement with previous reports (~ 67 Å² and 52 Å² for L_d and L_o regions).^{42,44,45}

268 Overall, these results highlight the combination of viscosity-sensitive MRs and FLIM has the
269 potential to be a proxy reporter of the membrane's structure, including those displaying phase-
270 separation.

271

272 **Line-active molecules disrupt the structural-mechanical relationship of canonical membranes:**
273 We finally explored whether our approach could be applied when the hydrophobic height mismatch
274 between the two lipid domains was minimized. This condition has been postulated to be responsible
275 of the transient nature of cellular lipid "rafts",^{27,46} and we aimed to mimic it by incorporating line-active
276 molecules, which accumulate at the domain boundary reducing the line tension and the difference in
277 membrane thickness.⁴⁷

278 An example of such a molecule is oleic acid (OA). Evidence from epidemiological studies suggests
279 that a higher proportion of monounsaturated fatty acids, such as OA, in the diet is linked with a
280 reduction in the risk of coronary heart disease, which is possibly achieved through modification of lipid
281 membrane composition.⁴⁸ In this case, OA is known to increase the membrane curvature, thickness
282 and bending rigidity,⁴⁹ while the effect on membrane order remains controversial.^{50,51} In addition, OA
283 acts as a lineactant,⁵² reducing the line tension between L_d and L_o domains, and is thus able to
284 modulate the lateral organization of phase-separated membranes, such as biologically-relevant "lipid
285 rafts".^{48,52}

286 Initially, we investigated the effect of OA in pure DOPC membranes, as they both have the same cis-
287 monounsaturated hydrocarbon chain. The addition of the fatty acid resulted in shift of the SAXS
288 spectra to lower q -values, Fig. S9a,b, indicative of thicker membranes – from 39.3 ± 0.1 Å to 46.1 ± 0.2 Å
289 – up to 40%mol OA,⁵⁰ beyond where the highly curvature imposed by the fatty acid led to the
290 appearance of an inverted hexagonal (H_{II}) phase, as described by Tyler *et al.*⁴⁹ and others.^{53,54} However,
291 changes in the in-plane membrane distribution were minimal, as judged from the WAXS traces (Fig.
292 S9c,d). On the contrary, the addition of OA lead to an increase of the membrane's bending rigidity⁴⁹
293 and order.^{50,55,56} Such reports were consistent with our BC10 measurements indicating an increase in
294 membrane microviscosity from 185 ± 12 cP to 222 ± 25 cP after 40% DOPC was replaced with OA. This

295 change in viscosity corresponded to a decrease in the average APL of -0.24 \AA^2 using the calibration
296 depicted in Fig.3b, which was within the same order of magnitude as the one measured directly from
297 the WAXS traces, -0.41 \AA^2 .

298 Based on this outcome, we then replaced DOPC with OA in phase separated membranes, as OA has
299 a high affinity towards the L_d phase,⁵² to investigate whether the disruptive effect of this fatty acid was
300 also observed in ternary lipid mixtures. As a result, we observed an increase in the lattice parameter
301 and membrane thickness of the L_d phase, which saturated at $d_{HH} \sim 45.4 \text{ \AA}$ for OA concentrations above
302 20%, coupled to a slight decrease in thickness of the L_o domains (Fig. 5b, Fig. S10a,b). At this point, the
303 signals from the L_d and L_o phases appeared to merge in the SAXS pattern, as evidenced by the presence
304 of a single peak at 20% OA. Yet, our microscopy images clearly indicated the presence of distinct lipid
305 domains (Fig. 3c,d), in agreement with previous work by Shimokawa *et al.*⁵² This suggests the addition
306 of OA disrupted the structure-viscosity relationship typical of phase separated membranes, thus
307 further reinforcing the idea of the bilayer microviscosity being dictated not only by the membrane's
308 structure but also by the lipid composition itself.

309 Using FLIM measurements of **BC10**, it was clear that the membrane's lateral organization was
310 altered when DOPC was replaced with OA. In particular, adding OA at a 20% molar concentration to
311 replace DOPC led to a change in the GUV morphology, where the total area corresponding to
312 disordered regions decreased and appeared as multiple circular domains within a more ordered matrix
313 (Fig. S11). The lower degree of domain coalescence was likely a consequence of a reduced line tension
314 at the domain's boundary, in agreement with the lower height mismatch between domains when OA
315 was added.⁵² In addition, our quantitative analysis (see ESI for details) of lifetime clusters in FLIM
316 images (Fig. 3d & Fig. S12) revealed the presence of three distinct regions of different viscosity
317 ($\sim 155 \pm 30$, $\sim 250 \pm 45$, $\sim 465 \pm 75$ cP), which could also be distinguished using a polarity sensitive dye
318 Laurdan¹² (Fig. S13). We also estimated the APL for these regions from the BC10 readings, obtaining
319 approximate values of 68.6, 67.9 and 51.9 \AA^2 , respectively.

320 Altogether, these findings lead us to hypothesize the domain composition of OA-enriched GUVs
321 could involve the following:

- 322 (i) *High viscosity* regions ($\eta \sim 465$ cP): The membrane thickness and viscosity are similar to OA-
323 free L_o domains, suggesting the relative DPPC:Chol ratio remains unchanged, and OA does
324 not partition significantly into these regions. The estimated APL (51.9 \AA^2) is also similar to
325 that of the L_o region in OA-free GUVs.
- 326 (ii) *Low viscosity* regions ($\eta \sim 155$ cP): These are likely domains which predominantly contain
327 DOPC lipids.
- 328 (iii) *Intermediate viscosity* regions ($\eta \sim 250$ cP): The viscosity values are similar to OA-saturated
329 DOPC membranes (Fig. S14), while the membrane thickness is compatible to that of OA-free
330 L_o domains, suggesting this region is rich in DOPC and OA. Remarkably, the $\sim 0.9\%$ decrease
331 in the estimated APL with respect to the low viscosity regions is similar to previous OA-
332 induced changes in the lipid area.⁵⁰

333 Overall, these results suggest microscopic lipid phase separation is possible despite the presence
334 of a height mismatch between the different domains, contrary to the common hypothesis. This
335 situation was previously described by Mills *et al.*, who proposed to use peak splitting in the SAXS region
336 as a sufficient, but not necessary, condition for phase coexistence.⁵⁷ Such occurrence could arise, for
337 example, when two domains of different thickness are present if they are unregistered. We note this
338 is not likely the case here, as the increase in membrane thickness of DOPC membranes upon OA

339 addition is comparable to the value seen in the L_0 phase (Fig. S9), thus reinforcing the hypothesis height
340 mismatch suppression in the presence of OA.

341 CONCLUSIONS

342 The combination of small and wide-angle X-Ray scattering and FLIM imaging of MRs
343 described here has enabled a combined structural and micromechanical characterization of
344 lipid membranes exhibiting different lipid phases and lateral organization. We demonstrate
345 how the calibration of the fluorescence readout of a molecular probe against known structural
346 descriptors of the membrane allow to use fluorescent dyes to derive quantitative information
347 regarding the molecular organization of the lipid bilayer (e.g. the area per lipid), for both single-
348 component membranes and bilayers containing multiple domains. Finally, we exploited this
349 strategy to demonstrate how the addition of lineactant molecules led to lipid phase separation
350 can occur without hydrophobic mismatch, the most agreed driving force for domain formation.
351 Such lipid arrangements may be of importance in biology, where the lack of hydrophobic
352 mismatch can facilitate the formation of transient lipid nanodomains with distinct mechanical
353 properties (“rafts”) while still capable of undergoing easy lipid exchange.

354 Overall, our approach expands the capability of environmentally sensitive membrane dyes,
355 allowing the estimation of the membrane’s structural properties in physio-logically relevant
356 settings. Hence, our approach has the potential to help bridge the gap in the understanding of
357 lateral structuring between model and biological membranes.

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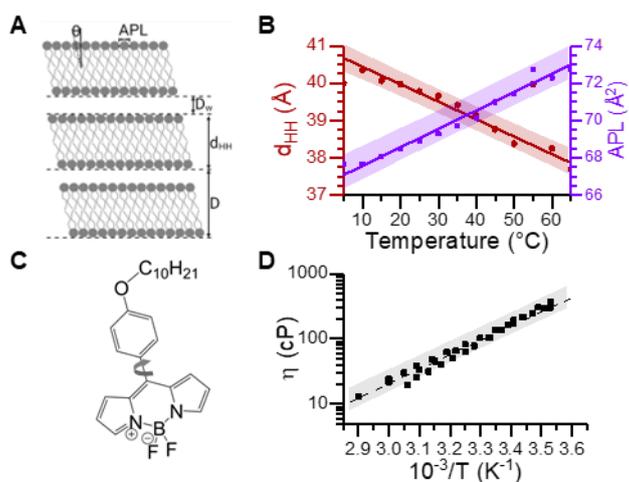
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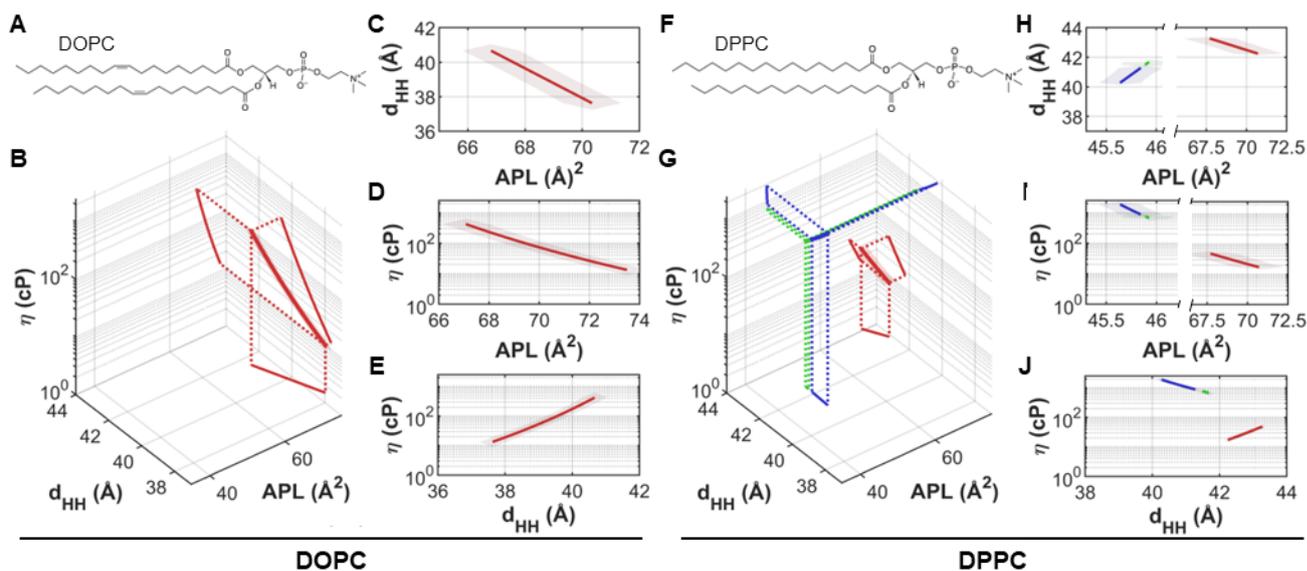
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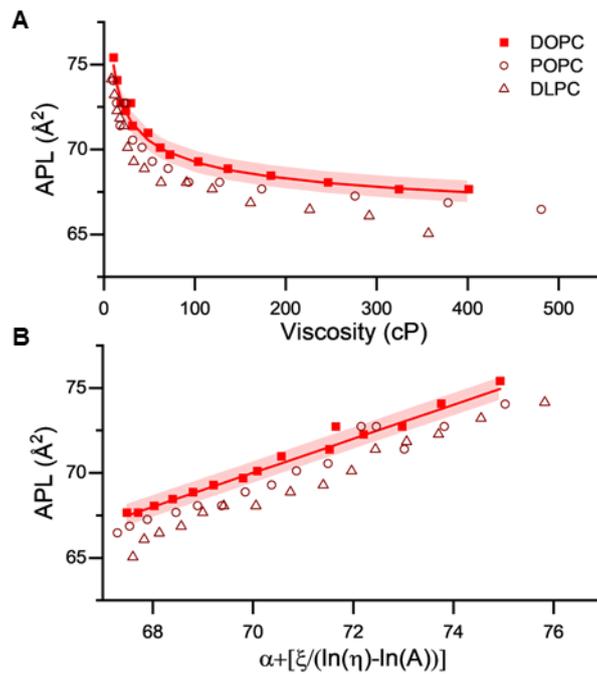
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Figure 1. The effect of temperature on the lipid membrane structure and viscosity. (A) The structural parameters APL, tilt angle (θ), d_{HH} , water layer thickness (D_w) and lamellar repeat spacing (D) are extracted from SAXS and WAXS diffraction patterns. (B) Increasing the temperature leads to a higher degree of chain splay, which commonly results in a decrease of d_{HH} and an increase of the APL. (C) Structure of MR BC10. (D) Andrade's relationship between membrane viscosity and temperature in DOPC membranes.



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Figure 2. The relationship between the membrane's structural and mechanical properties as a function of the lipid phase. (A,F) Molecular structure of DOPC and DPPC. (B,G) 3D plots showing the interrelations between d_{HH} , APL and η , as measured by MR BC10. Corresponding 2D projections of the 3D plots: (C,H) d_{HH} vs APL plots, from which the Poisson ratio ν can be extracted. (D,I) Relationship between η and APL. (E,J) Influence of d_{HH} on η . Colour coding corresponds to tilted gel $L_{\beta'}$ (blue), ripple $P_{\beta'}$ (green) and fluid L_{α} (red) lipid phase.

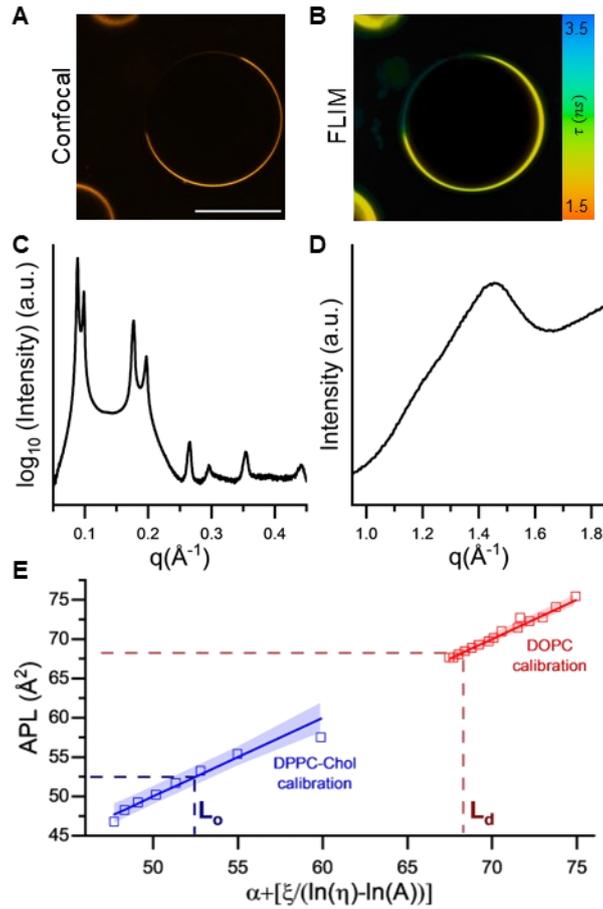


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515 **Figure 3.** Membrane's viscosity-structure relationship is maintained in fluid lipid bilayers. (A) Relationship between
 516 microviscosity reported by BC10. (B) Relationship between APL and the transformed viscosity according to Eq. 8, showing
 517 the lipid-dependent offset.

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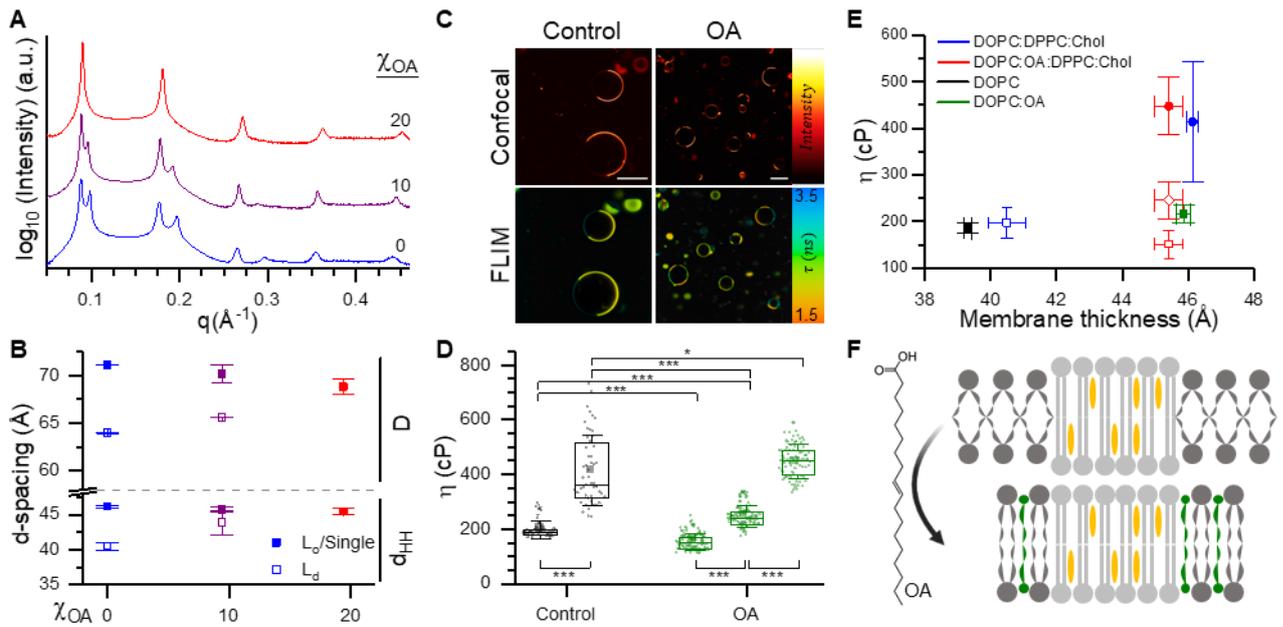


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521 **Figure 4.** MRs can be used to infer structural properties of membrane domains. (A) Confocal and (B) FLIM images of 40:40:40
 522 DOPC:DPPC:Chol GUVs. Scalebar: 30 μ m. (C) SAXS and (D) WAXS traces corresponding to the lipid mixture used in (A). While
 523 bilayer thickness can be easily extracted from the clearly-defined SAXS peaks, estimation of the APL from the WAXS pattern
 524 is challenging. (E) Calibration in known lipid mixtures allows to estimate the APL in the L_d and L_o phases.

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Fig. 5 The effect of oleic acid (OA) on phase separation. (A) SAXS pattern from DOPC:OA:DPPC:Chol membranes with increasing OA replacing DOPC. (B) Effect of increasing OA on lamellar repeat spacing and membrane thickness. (C) Confocal and FLIM micrographs of 40:0:40:40 and 20:20:40:20 DOPC:OA:DPPC:Chol GUVs. Scalebar: $30\mu\text{m}$. (D) Box plot showing the change in viscosity upon OA addition. (E) Plot of membrane viscosity against membrane thickness. (F) Schematic showing a possible interaction of OA with phase separated membranes.