

1 **Untargeted metabolomics based prediction of therapeutic potential for apigenin**
2 **and chrysin**

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41 **Abstract:**

42 Flavonoids belong to the polyphenol superfamily and present in our foods derived from natural
43 sources including fruits and vegetables. Apigenin and Chrysin, prominent flavonoids have been
44 demonstrated to have systemic benefits. Our previous work was first to establish the impact of
45 apigenin and chrysin on cellular transcriptome. In the current study, we have revealed the ability
46 of apigenin and chrysin to alter cellular metabolome based on untargeted metabolomics. Based
47 on our metabolomics data, both these structurally related flavonoids demonstrate diverging and
48 converging properties. Apigenin demonstrated the potential to possess anti-inflammatory and
49 vasorelaxant properties through the upregulation of alpha-linolenic acid and linoleic acid
50 metabolism intermediates. Chrysin on the other hand exhibited abilities to inhibit protein and
51 pyrimidine synthesis along with downregulation of gluconeogenesis pathways based on the
52 metabolites obtained. These metabolic effects were due to the impact of chrysin to modulate L-
53 alanine metabolism and urea cycle. On the other hand, both the flavonoids demonstrated
54 converging effects by their ability to downregulate metabolites involved in cholesterol
55 biosynthesis and uric acid synthesis namely 7-dehydrocholesterol and xanthosine respectively.
56 Our work could provide understanding regarding the various therapeutic potential of these
57 naturally occurring flavonoids which are food constituents to treat metabolic complications in
58 conditions like obesity, diabetes, cancer, and cardiovascular diseases. Further investigation of
59 these natural agents for targeted diseases using whole animal and translational approaches will
60 validate their therapeutic ability and help in curbing an array of metabolic complications.

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74 **1 . Introduction:**

75 Foods are a direct link to our environment. Most of the global population relies on naturally
76 available foods from plant and animal sources¹⁻³. Polyphenols are naturally occurring bioactive
77 compounds presents in vegetables, fruits and other plant parts that humans have been
78 consuming for years^{4, 5}. In recent decades, chemists have developed strategies and tools to
79 isolate the pure individual bioactive component from a plant part or the whole plant. This is
80 important for understanding the physiological impact of that individual component. Apigenin and
81 Chrysin are two structurally related polyphenols belonging to flavonoid family that are present
82 in fruits, leaves and vegetables^{6, 7}. In the available literature, a lot of medical benefits associated
83 with these are described^{4-6, 8}. The rationale for using these agents in most reports published to
84 date has been more of a “pick and choose” strategy. Most of the published work has only
85 portrayed the beneficial effects associated with apigenin and/or chrysin in the area of
86 cardiovascular disease, cancer, or neurodegeneration^{4-6, 8}. From a pharmacological perspective,
87 it is very crucial to remember that these natural agents are not specific ligands and could regulate
88 an array of targets, resulting in a landscape shift in cellular signaling and function. When we
89 consume these agents through foods, we cannot tightly control the dose. There are dose specific
90 and dose dependent pharmacological and toxicological effects that are entirely unknown and
91 need to be identified.

92 We have been consistently working on determining the benefits and risks associated with the
93 use of these agents using omics based approaches including our current and previous works⁷. In
94 our previous work, using a transcriptomic approach, we identified that both apigenin and chrysin
95 were able to downregulate the cholesterol biosynthesis pathway while promoting ketogenic
96 pathway⁷. In our current work using an untargeted metabolomics approach, we have
97 corroborated our past findings, and have demonstrated that a penultimate metabolite in the
98 cholesterol biosynthesis pathway is down regulated. Interestingly along with some existing
99 similarities, we were able to observe quite diverse properties in regulating cellular metabolites
100 by these two related polyphenols. Based on this omics approach, we will be able to predict their
101 potential application or usage. It will reveal both their potential benefits and associated risks,
102 which could help us in judicious use of these bioactive agents. This work will reveal a plethora of
103 information regarding these two polyphenols and will help us in determining whether they can
104 be selected as ideal therapeutic agents along with their suitability for specific indications.

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111 **2 . Materials and Methods:**

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113 **2.1 Cell culture and treatments**

114 Mouse Embryonic Fibroblasts (MEFs) purchased from Lonza Walkersville, Inc. (MD, USA) with
115 Cat#M-FB-481 were employed for our experiments. Healthy passages from 2–5 was used for the
116 different treatment groups. The cells were cultured and passaged in Dulbecco's Modification of
117 Eagle's Medium (DMEM) (Corning®, USA). DMEM comprising high glucose (4.5 g/l) was filtered
118 along with 10% Fetal Bovine Serum, (FBS00), 500 ml, USDA-Origin, Neuromics, MN, USA. 1.5 %
119 penicillin/Streptomycin and amphotericin from VWR, Avantor, USA. During treatment, the serum
120 containing medium will be replaced with a serum free 1g/L glucose containing (DMEM) medium
121 supplied with only 1.5 % penicillin/Streptomycin and amphotericin. The cells were subjected to
122 only serum free 1g/L glucose containing (DMEM) medium (controls) or incubated with 25 µM
123 Apigenin in 1 g/l glucose containing DMEM or c) 25 µM Chrysin 1 g/l glucose containing DMEM
124 for 24 h before they are pellet, and shipped at freezing temperatures using dry ice to perform
125 untargeted metabolomics.

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128 **2.2 Sample Preparation:**

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130 The untargeted metabolomics service was performed at our outsourcing facility (Creative
131 Proteomics, NY, USA). In brief, the shipped cell pellets were thawed, and 80-85% of methanol
132 was added to cover the pellets (750-1000 µl). These sample sets were subjected to ultrasound-
133 based extraction at a steady temperature set at 4°C for approximately 30 minutes. Following
134 ultrasound exposure, samples were kept at -40°C for at least an hour. After the cold exposure,
135 samples were removed, vortexed well for 30 seconds and then centrifuged at a speed of over
136 12000 rpm at 4°C for at least 12-15 minutes. A clear supernatant from the top layer of
137 approximately 200µl and DL-O-Chloro-phenylalanine at a concentration of 140 µg/mL made into
138 2-5 µl was transferred to vial for LC-MS analysis.

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140 **2.3 Chemical Structures:**

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142 The chemical structures with the IUPAC names were generated using the software- ChemDraw
143 Prime v19.1 from Perkin Elmer

144

145 **2.4 UPLC-TOF-MS Technology**

146 The Ultra Performance Liquid Chromatography (UPLC) with Time-of-flight Mass Spectrometry
147 (ESI-TOF-MS) was performed at our outsourcing facility by a well established method^{9, 10}. In
148 brief, the sample separation was performed using Ultimate 3000LC combined with Q Exactive
149 Mass Spectrometry (Thermo) followed by screening with ESI-MS. The LC system is a
150 combination of two systems unit with Thermo hyper gold C18 (100×2.1mm 1.9 µm) combined
151 with the Ultimate 3000LC system. The mobile phase comprises of 2 solvents – Solvent A and
152 Solvent B. Solvent A comprises of 0.1% formic acid, 5% acetonitrile and water and Solvent B is a

153 mixture of 0.1% formic acid and acetonitrile with a gradient elution of 0-1.5 min, 0-20% B; 1.5-
154 9.5 min, 20-100% B; 9.5-14.5 min, 100% B; 14.5-14.6 min, 100-0% B; 14.6-18.0 min, 0% B. The
155 flow rate for the mobile phase was fixed at 0.3 ml/min. The column temperature is maintained
156 at 40°C, and the sample manager temperature is set at 4°C. Mass spectrometry parameters in
157 ESI+ and ESI- mode are the following. For positive ion mode (ESI+) the experimental
158 parameters were the following: with heater temperature set at 300 °C, flow rate of the sheath
159 gas at 45 arb, auxiliary gas flow rate at 15 arb, sweep gas flow rate at 1 arb with a spray voltage
160 of 3.0 kV, the capillary temperature is set at 350 °C with the S-Lens RF Level adjusted to 30%.

161 **2.5 Statistical Analysis**

162 The analysis was performed using well established previously published statistical method^{10, 11}.
163 Following the acquisition of the raw data, will be aligned with the aid of Compound Discover
164 using 3.0 system from Thermo based on their m/z ratio and the retention times of ion signals.
165 The emerging ions from both the positive (ESI+) and negative (ESI-) ion modes are fused before
166 importing into the SIMCA-P program (version 14.1) for multivariate analysis. A preliminary
167 unsupervised method was employed for Principal Components Analysis (PCA) for visualization of
168 data and for the identification of outliers. The data sets are then subjected to a supervised version
169 of regression modeling using Partial Least Squares Discriminant Analysis (PLS-DA) or Orthogonal
170 Partial Least Squares Discriminant Analysis (OPLS-DA) to identify the target metabolites. The
171 filtered out metabolites are confirmed by combining the obtained results with that of variable
172 importance in projection (VIP) values. The VIP values > 1.5 and p value < 0.05 based on t-test
173 were taken into consideration. The quality of data fit is then explained with the help of R2 and
174 Q2 values. R2 indicates the variance and denotes the quality of the fit explained in the model. Q2
175 indicates the variance in the data with the model's predictability.

176 From the obtained raw values, fold change and log 2 fold change was calculated. A log 2 fold
177 change of > +/- 1.5 with a statistical significance as indicated by P<0.05 was considered as a
178 significant change. The calculated values were analyzed using GraphPad Prism software to
179 evaluate the statistical significance of the test and difference between groups and plotted.

180 **3 . Results:**

181 **3. 1. Apigenin and Chrysin treatment altered the whole cell metabolome in MEF cells.**

182 The two closely related flavonoids, apigenin and chrysin (**Fig 1 A**) altered the cellular metabolome
183 in MEFs. Metabolites obtained from both negative and positive ion mode (ESI- and ESI+) were
184 analyzed using Principal Components Analysis (PCA), Partial Least Squares Discriminant Analysis
185 (PLS-DA) or Orthogonal Partial Least Squares Discriminant Analysis (OPLS-DA) to reveal the
186 different metabolites formed following apigenin and chrysin treatments in comparison to control
187 treatment. A clear distinction was evident between the cluster of formed metabolites in apigenin
188 and chrysin treated groups in comparison to the control groups in both ESI- (**Fig 2 A – Left Upper
189 Panel**) and ESI+ mode (**Fig 2 B – Left Lower Panel**). Volcanic plot of metabolite data sets validated
190 the findings that apigenin and chrysin can make that clear cut distinction in the metabolite

191 changes. Univariate analysis of volcanic plot of metabolite sets when expressed as Log 2-fold
192 change revealed that apigenin was able to upregulate and chrysin was able to downregulate
193 some of the major metabolite markers within the fibroblast cells as exhibited by data sets from
194 both negative (**Fig 2 C Right Upper**) and positive (**Fig 2 D Right Lower**) ion modes. The increase
195 or decrease in metabolite levels as depicted by data points in volcanic plot, (colored) pink is in
196 the significant range. These data sets reveal the ability of these closely related flavonoids in
197 regulating cellular metabolome

198 **3. 2. Alpha linolenic acid and linoleic acid metabolism emerged as the major metabolic** 199 **pathways specifically regulated by apigenin**

200 Pathway enrichment analysis of altered metabolites revealed that alpha linolenic and linoleic acid
201 pathways were the prominently regulated pathways by apigenin unanimously in both positive
202 and negative ion mode as depicted in **Fig. 3 right** and **Fig. 3 left panels** respectively. The
203 enrichment ratio along with the P-value reached at significant levels for the metabolites are
204 selected. Specific analysis of metabolites belonging to these two major pathways regulated by
205 apigenin revealed eicosapentaenoic acid, docosapentaenoic acid and docosahexaenoic acid were
206 the major ones. When comparing metabolites, the parameters were set to either $> \pm 1.5$ -fold
207 change (increase/decrease) as per the *Log 2-fold change* values with a statistical significance set
208 at $P < 0.05$. Eicosapentaenoic acid levels in apigenin treated MEFs showed a significant increase
209 with log 2 fold change values > 1.7 fold as compared to control groups and even chrysin treated
210 groups based on the values from negative ion mode (**Fig. 4 A**). Docosapentaenoic acid and
211 Docosahexaenoic acid exhibited only > 1.3 and > 1.04 respectively as per the log 2-fold change
212 expressed in negative ion mode in comparison to both control and chrysin treatment groups (**Fig**
213 **. 4 B and Fig. 4 C**) and didn't fulfill the selection criteria. For metabolites in the linoleic acid
214 pathway, the metabolites that appeared in the list were arachidonic acid and adrenic acid. The
215 changes in arachidonic levels were statistically significant ($P < 0.05$) but the log 2-fold change
216 didn't reach up to 1.5-fold rather it was 0.671 fold increase (**Fig.5 A**). Interestingly, adrenic acid
217 reached over > 2.88 log 2-fold change (increase) along with the statistical significance ($P < 0.05$)
218 compared to both control and chrysin treated groups (**Fig.5 B**). The original peak values for the
219 metabolites are available as upper inserts in these figures.

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221 **3. 3 Alanine metabolism and urea cycle are the major metabolic pathways specifically** 222 **controlled by Chrysin**

223 The metabolite sets which emerged as the top regulated ones by chrysin in positive (**Fig. 6 right**
224 **panel**) and negative mode (**Fig. 6 left panel**) as revealed by pathway enrichment analysis were
225 urea cycle and alanine metabolism respectively. L- Alanine metabolism is tissue specifically
226 regulated. In non hepatic cells like in MEFs, L-alanine can be formed from pyruvate via glucose or
227 lactate sources (**Fig. 7 A**). The formed L-alanine can be either released into the circulation, which
228 can be taken up by liver for the process of gluconeogenesis or can be used for the synthesis of

229 proteins. It can also serve as an amino acid source for ATP generation in normal tissues and also
230 in cancerous tissues. When measured, L-Alanine levels decreased > 1.7 fold (-1.78) as expressed
231 by the log 2 fold change with the statistical significance in comparison to control and apigenin
232 treated MEFs (**Fig . 7 B**). We also analyzed the levels of pyruvate and lactate. Pyruvate expressed
233 in protonated form as pyruvic acid didn't reach the cut off criteria (< or > 1.5 fold), rather only
234 demonstrated a 0.815 fold decrease (**Fig . 7 C**). Unlike pyruvic acid, lactic acid levels demonstrated
235 >2.09 fold decrease (-2.09) as expressed by log 2 fold change levels in comparison to control and
236 apigenin treated groups (**Fig . 7 D**). The levels of L-alanine, pyruvic acid and lactic acid correlated
237 well demonstrating the channelization of this metabolic pathway. Regarding urea cycle, the
238 intermediates within the urea cycle; L-arginine and D-ornithine did not exhibit major change
239 compared to control or apigenin treated groups (**Fig . 8 B and C**). A major precursor or substrate
240 provider for urea cycle is carbamoyl phosphate, which has 2 major fates- either help in formation
241 of citrulline or can take an alternative path forming Orotidine as shown in **Fig . 8 A**. Carbamoyl
242 phosphate is formed from N-acetyl glutamate in the presence of carbon dioxide, ammonium ion
243 and ATP. N-acetyl glutamate is formed by the combination of glutamate and acetyl coA (**Fig . 8**
244 **A**). In the absence of any change in the metabolites/substrates of urea cycle, we measured the
245 levels of orotidine, N-acetyl glutamic acid and glutamic acid, the protonated forms of N-acetyl
246 glutamate and glutamate were the ones appeared in the metabolite list. Interestingly, there was
247 over 2.457-fold level decrease in orotidine (**>-2.457 fold, Fig . 8 D**) which correlated well with
248 over 1.52 decrease (**>-1.52 fold, Fig . 8 E**) for N-acetyl glutamine and over 2.30 fold decrease (**>-**
249 **2.30 fold, Fig . 8 F**) for L-glutamic acid, which are the upstream metabolites of orotidine as
250 expressed by log 2-fold change values. Orotidine is a major precursor for pyrimidine synthesis
251 and is known to generate pyrimidine bases. In our metabolite list the downstream metabolite of
252 orotidine and a pyrimidine base; uracil demonstrated a significant change with log 2 fold change
253 over -2.675 change (Supplementary Figure-3). The nucleotide form of uracil and cytosine; uridine
254 monophosphate and cytidine monophosphate also demonstrated significant changes with their
255 log 2 fold change values over > -2.17 and >-1.89 respectively (decrease) (Supplementary Figure -
256 4).

257 The peak/raw values for the metabolites belonging to different groups are represented as upper
258 inserts in each figure.

259 **Apigenin and Chrysin demonstrated similarity in downregulating metabolites involved in** 260 **cholesterol and uric acid biosynthesis pathways.**

261 Along with the divergent properties demonstrated by both flavonoids- apigenin and chrysin in
262 regulating specific metabolites, they both also exhibited some commonality. Major metabolites
263 that were regulated in a similar manner by both apigenin and chrysin, were 7-dehydrocholesterol
264 and xanthosine. Both 7-dehydrocholesterol and xanthosine are the major intermediate
265 substrates/metabolites in cholesterol and uric acid biosynthesis pathways. 7-dehydrocholesterol
266 demonstrated over 1.618 fold (**>-1.618**) and 2.605 fold (**>-2.605**) decrease as expressed by the
267 log 2 fold change values for apigenin and chrysin respectively (**Fig . 9 A**). Xanthosine

268 demonstrated a decrease of over 2.23 fold (**>-2.23**) and over 5.963 fold (**>-5.963**) for apigenin
269 and chrysin respectively as expressed by the log 2 fold change values (**Fig . 9 B**). The original peak
270 values for the metabolites are expressed as upper inserts inside the figures.

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272 **4 . Discussion:**

273 There is not much known about the impact of apigenin and chrysin on the cellular metabolome.
274 Rather than directly advocating for the natural compounds of interest in treating a specific
275 disease, it is important to understand in depth the overall impact of using these flavonoids at
276 cellular level. Our previous work demonstrated the influence of apigenin and chrysin at the
277 cellular transcriptome level⁷. Current work has furthered the information by revealing the impact
278 these compounds have on cellular metabolome. Along with their ability to turn on or off certain
279 transcripts as demonstrated by our previous work, this study with the application of untargeted
280 metabolomics revealed their ability to change the metabolite levels inside the cell. The data has
281 revealed an in-depth knowledge regarding how these compounds could influence cellular
282 function by altering various metabolic pathways. Also, it is crucial to consider the pros and cons
283 for these agents before we even advocate them for specific condition. Apigenin and Chrysin are
284 structurally similar and related flavonoids but differ in chemical structure by having one 4-
285 hydroxyl group in the 2-phenyl for apigenin compared to chrysin as described in **Fig.1**.

286 Even with a difference of just one hydroxyl group (**Fig. 1**), there is a major divergence in the
287 metabolic properties possessed and the metabolites regulated by these two compounds
288 (**Supplementary Fig -2**). Interestingly, in both negative and positive ion mode metabolite
289 detection, alpha linolenic acid and linoleic acid metabolic pathways are the crucial ones regulated
290 by apigenin in a significant manner with high enrichment ratio (**Fig. 3**). This was a notable
291 observation not only against the control group but also against the chrysin treated groups
292 (**Supplemental Figure-2**). Based on these observations we could interpret that apigenin could be
293 an ideal agent for activating alpha linolenic acid and linoleic acid pathways. The protective role
294 of alpha linolenic acid and linoleic acid in cardiovascular diseases and neurodegenerative diseases
295 is well established but we have rarely perceived agents that can channelize the intracellular lipid
296 metabolism¹²⁻²⁰. Among the metabolites regulated in these pathways, EPA, DPA and DHA
297 demonstrated changes but only EPA levels were significant and more than >1.5 fold change as
298 expressed by Log 2 FC values. EPA levels were increased >1.7 fold whereas DPA and DHA levels
299 were only > 1.3 and >1.04 fold respectively. It is a clinically proven fact based on data from
300 numerous studies that prolonged DHA increase could enhance the LDL cholesterol levels in
301 subjects, which is considered the bad cholesterol^{21, 22}. In contrary, EPA provision is known to
302 decrease the total cholesterol and triglyceride concentrations and improve cardiovascular health.
303 In recent years, the only EPA containing FDA approved drug (Vascepa) has demonstrated
304 incredible cardiovascular benefits that reaffirms this claim^{23, 24}. Uniqueness about our findings is
305 that apigenin can trigger the biochemical pathways involving alpha-linolenic acid pathway
306 leading to more of EPA than any other metabolites, which could be protective not only for

307 cardiovascular system but also for systemic health. The other top regulated metabolic pathway
308 by apigenin is the linoleic acid pathway as per our findings. In the pathway, both arachidonic acid
309 and adrenic acid were upregulated, but adrenic acid was the only metabolite that demonstrated
310 a Log 2 FC of over > 1.5 (>2.88) in comparison to arachidonic acid, which also changed > 0.671
311 (Log 2 FC). Adrenic acid is also known as 7,10,13,16-docosatetraenoic acid which is an omega
312 (ω)-6 polyunsaturated fatty acid²⁵. The protective roles for adrenic acid include endothelial
313 derived relaxation factor as demonstrated in bovine coronary artery model and adrenal cortical
314 arteries and as an anti-inflammatory agent inhibiting leukotriene synthesis (LTB4) in neutrophils
315 using murine model of peritonitis and arthritis²⁵⁻²⁷. Apigenin by enhancing endogenous adrenic
316 levels without significantly elevating arachidonic acid could potentially enhance vasorelaxant and
317 anti-inflammatory effects in cardiovascular and other systems but it needs further testing in vivo.
318 These findings for the first time provide clear insight about the multiple protective signaling
319 networks turned on by apigenin mediated major metabolites EPA and adrenic acid.

320 With regard to Chrysin, L-alanine metabolism was the most regulated pathway in negative ion
321 mode and urea cycle in positive ion mode. Hepatic tissue assimilates alanine secreted by other
322 tissues into circulation and convert them into glucose through the process of gluconeogenesis
323 and make use of excess alanine as the raw material for the synthesis of proteins²⁸⁻³⁰. When there
324 is an upregulation of L-alanine metabolism, it could potentially lead to enhanced gluconeogenesis
325 as seen during insulin resistance, cancer^{29, 31} and diabetes³¹⁻³³. Also, excess protein biosynthesis
326 is another hallmark of metabolic syndrome and cancer^{32, 33}. By curbing L-alanine provision to
327 liver, we could limit the upregulation of gluconeogenesis and the trigger to synthesis excess
328 proteins by the liver therefore reducing hepatic stress. These phenomena (excess
329 gluconeogenesis and excess protein synthesis) are very prevalent during insulin resistance,
330 diabetes, and cancer. By curbing these pathways, we could potentially limit metabolic
331 complications associated with diabetes and cancer. Besides L-alanine, the other top major
332 metabolic pathway regulated by Chrysin in positive ion mode was urea cycle. Interestingly as
333 mentioned in our results section, no significant changes were noted in the levels of intermediate
334 metabolites in urea cycle which came up in our analyte list; Arginine and Ornithine. An alternative
335 fate for carbamoyl phosphate, the precursor for intermediates in urea cycle is to form Orotidine,
336 which is a known precursor for pyrimidine nucleotides^{34, 35}. Most malignancies have been
337 associated with excess pyrimidine nucleotide synthesis and inhibiting this biochemical process
338 has been considered a major strategy to combat malignancies³⁶⁻³⁸. Both orotidine and its
339 predecessor; N-acetyl glutamate has been demonstrated to be downregulated by chrysin
340 treatment not only in comparison to control but even apigenin treated groups. We also evaluated
341 the levels of downstream metabolites of orotidine, the pyrimidine base; Uracil (**Supplementary**
342 **Fig-3**) and also its nucleotide form Uridine monophosphate along with another pyrimidine
343 nucleotide analog cytidine monophosphate (**Supplementary Fig – 4**). These downstream effects
344 confirm chrysin's ability to regulate pyrimidine biosynthesis. The unique ability of chrysin to
345 downregulate Orotidine, a pyrimidine precursor demarcates it from its flavonoid counterpart in
346 the treatment of cancer and associated complications. By influencing both L-alanine and

347 orotidine mediated pyrimidine nucleotide synthesis pathways, Chrysin emerges as an ideal
348 candidate that could curb gluconeogenesis, and preventing excess protein and pyrimidine
349 synthesis as seen with cancer^{32, 37, 38}.

350 Even with the existing divergence, we have observed some converging features in these
351 structurally related flavonoids. Our previous work, based on transcriptomic analysis was the first
352 to show that both apigenin and chrysin possess hypocholesterolemic property by downregulating
353 multiple enzymes in the mevalonate pathway⁷. In the current work, we observed consolidating
354 evidence that both apigenin and chrysin was able to down regulate 7-dehydrocholesterol, the
355 penultimate metabolite in the cholesterol biosynthesis pathway. Based on the observed results
356 chrysin was able to downregulate in a robust manner even compared to apigenin (-2.6 vs -1.6).
357 Interestingly, another novel target which was downregulated by both apigenin and chrysin was
358 xanthosine (-2.23 and -5.9) in comparison to control. Both cholesterol and uric acid accumulation
359 has been reported to be an initiator of metabolic complications in cardiovascular pathologies and
360 cancer³⁹⁻⁴¹. Uric acid is also the biochemical end product of purine metabolism, that gets elevated
361 during both cancer and cardiovascular complications^{42, 43}. Agents to lower hypocholesterolemia
362 has been considered a major therapeutic strategy for treating cardiovascular complications and
363 has been studied for over a decade^{44, 45}. Recently NIH funded clinical trials - Colchicine
364 Cardiovascular Outcomes Trial (COLCOT) and Low-Dose Colchicine (LoDoCo) have brought to light
365 the significance of inhibiting uric acid using colchicine following cardiac ischemic conditions^{46, 47}.
366 Apigenin and Chrysin with their ability to simultaneously inhibit cholesterol and uric acid could
367 serve as ideal agents to curb metabolic complications found during cancer and cardiovascular
368 diseases.

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373 **5 . Conclusion:**

374 To conclude, our work based on an untargeted metabolomics approach reveals the unique
375 properties of two closely related flavonoids. Currently we don't have much information on how
376 these agents act at cellular level dissecting their effects on the cellular metabolome. This work
377 will lay the foundation for future studies involving apigenin and chrysin in understanding the
378 pharmacological properties and specifically influence of these agents on the cellular metabolic
379 landscape. As far as the **limitations** of this study are concerned, our predictions are based on
380 untargeted metabolomics from an in vitro model system and the predictions on the systemic
381 effects are based on extrapolations. We recommend that this work should be definitely followed
382 up with studies involving in vivo model systems to identify the correct dose and toxicity when
383 treating metabolic complications associated with cardiovascular disease or cancer. Both apigenin

384 and chrysin has demonstrated high potential to emerge as therapeutic agents that can help in
385 curbing metabolic diseases with feasibility and with predictable and minimal adverse effects.

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411 **Author contributions**

412 CC and KM conducted experiments and edited manuscript, DR conducted experimented and
413 edited the manuscript. JC, AS, and AL performed experiments. SK contributed to the figures and
414 edited the manuscript. PP conceived hypothesis, conducted experiments and collected data,
415 wrote and edited the manuscript and was primarily involved in plotting the figures and making
416 diagrams. All the authors have read and approved the manuscript.

417

418 **Conflicts of interest**

419 All authors declare no conflict of interest.

420

421

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441 **Figure legends:**

442 **Figure -1:** IUPAC nomenclature for structurally related flavonoids. Apigenin is a 5,7-Dihydroxy-
443 2-(4'-hydroxyphenyl)-4*H*-chromen-4-one and Chrysin is a 5,7-Dihydroxy-2-phenyl-4*H*-chromen-
444 4-one.

445 **Figure-2:** Metabolic profiling of mouse embryonic fibroblasts following apigenin and chrysin
446 treatment for 24 hours. Scatter plots following Principal Components Analysis (PCA), Partial Least
447 Squares Discriminant Analysis (PLS-DA) and Orthogonal Partial Least Squares Discriminant
448 Analysis (OPLS-DA) in both negative ion mode (ESI- (2 A – Left Upper Panel)) and positive ion
449 mode (ESI+ mode (2 B – Left Lower Panel)). The volcanic plot based metabolite profiling under
450 negative and positive ion mode can be found on the upper right side (2 C) and lower right side (2
451 D) respectively.

452 **Figure – 3:** Pathway enrichment analysis of altered metabolites in mouse embryonic fibroblasts
453 following apigenin treatment. Following 24 hours of apigenin treatment, there were numerous
454 metabolite pathways which got altered following both negative ion mode (Fig 3 left) and positive
455 ion mode (Fig 3 right) panels respectively.

456 **Figure – 4:** Analysis of components of alpha-linolenic acid pathway regulated by apigenin. The
457 metabolites belonging to the alpha-linolenic acid pathway that appeared in the analysis panel
458 were A) Eicosapentaenoic acid B) Docosapentaenoic acid and C) Docosahexaenoic acid. The raw
459 values are plotted on the upper inserts and the raw values converted to Log 2 fold change and
460 plotted using graph pad prism were used in the main figure. Significance was determined based
461 on $P < 0.05$ and with log 2-fold change difference of ± 1.5 fold change.

462 **Figure – 5:** Metabolites of linoleic acid pathway regulated by apigenin. In the linoleic acid
463 pathway, the metabolites which were differentially regulated by apigenin were A) arachidonic
464 acid and B) adrenic acid. The upper inserts represent the raw values. The Log 2 fold change values
465 were plotted using graph pad and significance set at $P < 0.05$ with a ± 1.5 fold change.

466 **Figure -6:** Metabolic pathways regulated by chrysin Pathway enrichment analysis. Both the
467 negative ion mode (5 left) and positive ion mode (5 right) panels with their respective enrichment
468 ratio are presented.

469 **Figure – 7:** Regulation of Alanine metabolism by Chrysin: The schematics for alanine regulation
470 in non hepatic cells are represented A) the source of alanine is from either of the glucose
471 metabolites- pyruvate or lactate. The formed alanine is then effluxed of the cell. B) Represents L-
472 alanine raw values (upper insert) and log 2 fold change values. The log 2 fold change values for
473 pyruvic acid and lactic acid which are the acidic forms for pyruvate and lactate with their
474 respective raw values (inserts) are represented in figure 3 panel C) and D) respectively.

475 **Figure – 8:** Chrysin mediated regulation of metabolites in Urea cycle: Based on the metabolite
476 panel urea cycle was the other top regulated metabolic pathway. A) Glutamate and acetyl CoA
477 act as major substrates for the formation of N-acetyl glutamate and finally carbamoyl phosphate
478 which is the precursor for substrates in the urea cycle including citrulline, arginine and ornithine.
479 The raw values (upper inserts) and the log 2 fold change values of B) L-Arginine, C) D-Ornithine
480 and D) Orotidine are expressed respectively. The protonated forms of N- acetylated glutamate
481 and glutamate; N-acetyl L -glutamic acid and L- glutamic acid with the raw values (upper inserts)
482 and calculated log 2 fold change values are represented in E) and F) respectively.

483 **Figure – 9:** Down regulation of cholesterol and uric acid pathways by apigenin and chrysin: Both
484 apigenin and chrysin demonstrated to have a suppressive effect on cholesterol biosynthetic
485 pathway and uric acid pathway based on the major metabolites belonging to these pathways; A)
486 7-dehydrocholesterol and B) Xanthosine levels as determined by raw values (upper inserts) and
487 log 2 fold change values as expressed in respective figures.

488 **Figure – 10:** Summary diagram demonstrating the distinct and similar metabolic pathways
489 regulated by apigenin and chrysin. Apigenin through the regulation of alpha-linolenic and linoleic
490 acid pathways generate endogenous anti-inflammatory and vasorelaxant metabolites. On the
491 other hand, chrysin by regulating alanine and urea cycles suppresses gluconeogenesis, protein
492 synthesis and pyrimidine synthesis pathways. Both apigenin and chrysin demonstrates
493 converging effect by inhibiting the generation of metabolites involved in biosynthesis of
494 cholesterol and uric acid pathways.

495 **Supplementary Figure 1:** Metabolites differentially regulated by apigenin and chrysin. Pathway
496 enrichment analysis and volcanic plots provide cluster of metabolites differentially regulated by
497 apigenin and chrysin in positive (left) and negative (right) ion modes.

498 **Supplementary Figure 2:** Dot plot of enrichment analysis of perturbed metabolites in apigenin
499 versus chrysin treated groups. The dot plot of enrichment analysis of metabolites which were
500 altered in apigenin versus chrysin treated groups in positive ion mode (right) and negative ion
501 mode (left) are depicted in this figure. The altered metabolites with the enrichment ratio are
502 depicted in this figure.

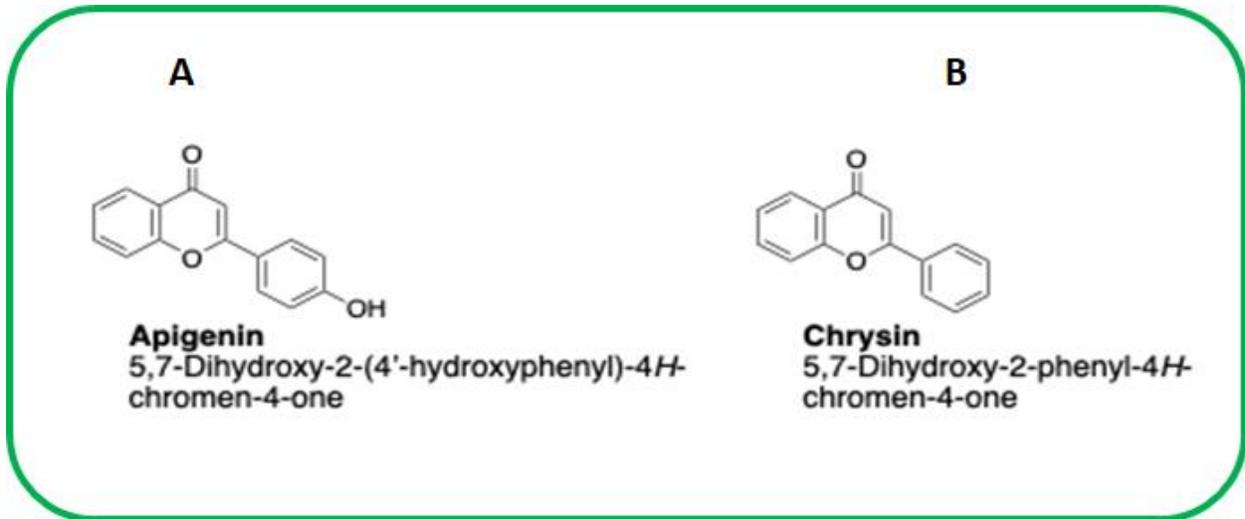
503 **Supplementary Figure 3:** Decrease in orotidine mediated pyrimidine synthesis by chrysin. Along
504 with orotidine, we also observed a chrysin mediated decrease in uracil synthesis (pyrimidine
505 base). The raw values are presented as upper insert and log 2 fold change values are provided in
506 the figure.

507 **Supplementary Figure 4:** Decrease in monophosphates of cytidine and uridine with chrysin. A)
508 Orotidine usually gets converted into cytidine and uridine (pyrimidine bases) and the phosphate
509 forms of these nucleotide bases were evaluated from the metabolite panel. The log 2 fold
510 change values and the raw values (upper inserts) for cytidine monophosphate and uridine
511 monophosphate were represented in B) and C) respectively.

512 **Figures:**

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519 **Figure -1**

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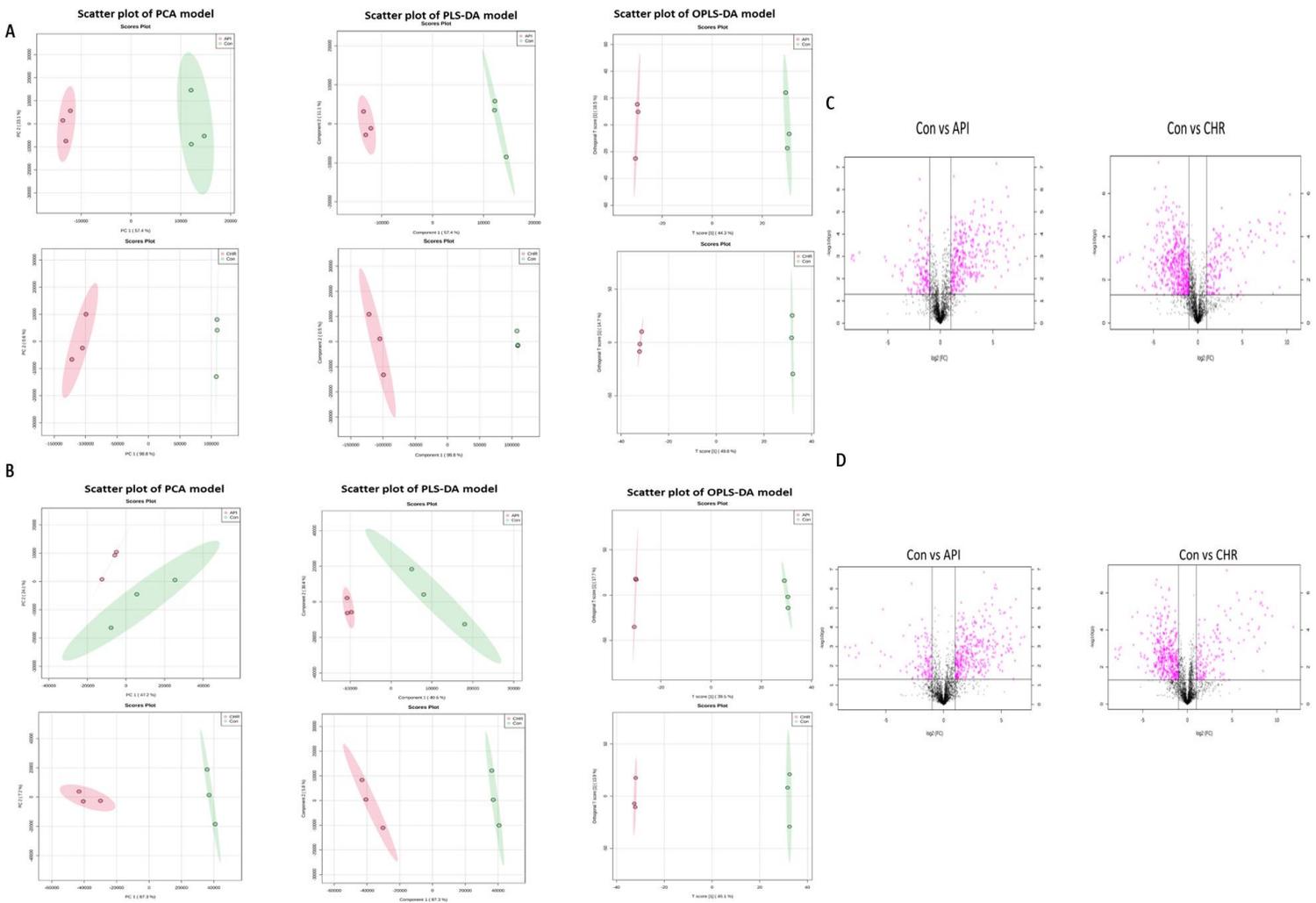
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535 **Figure – 2**

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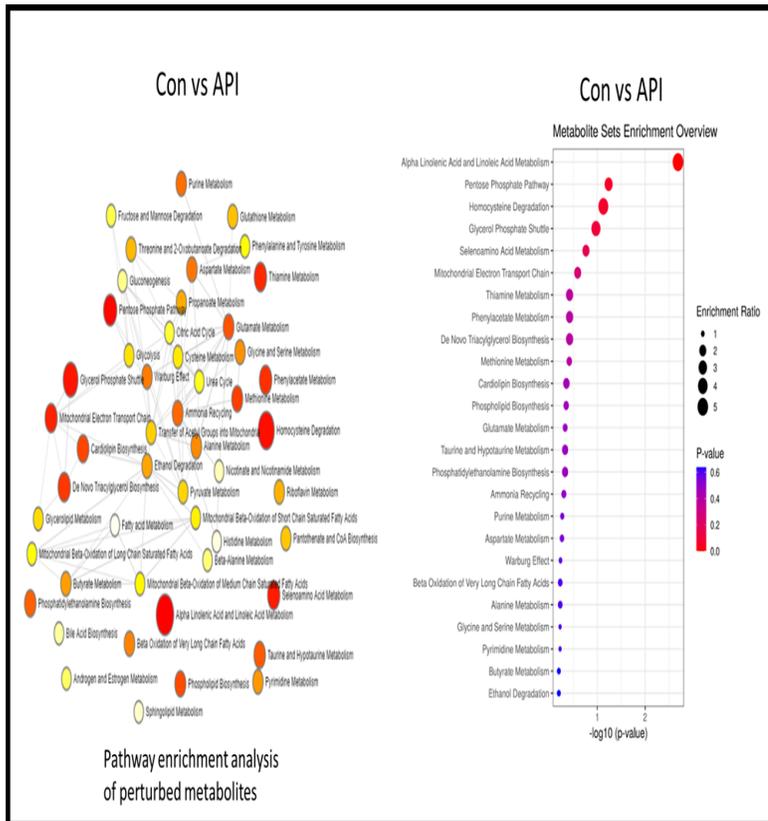
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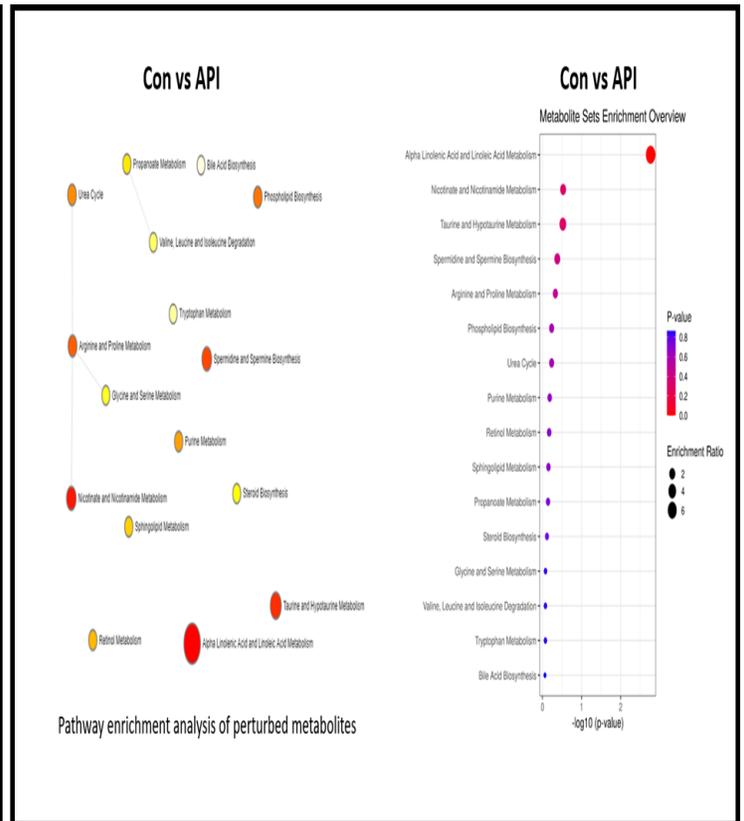
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Negative mode [ESI -]



Positive mode [ESI +]

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545 **Figure – 3**

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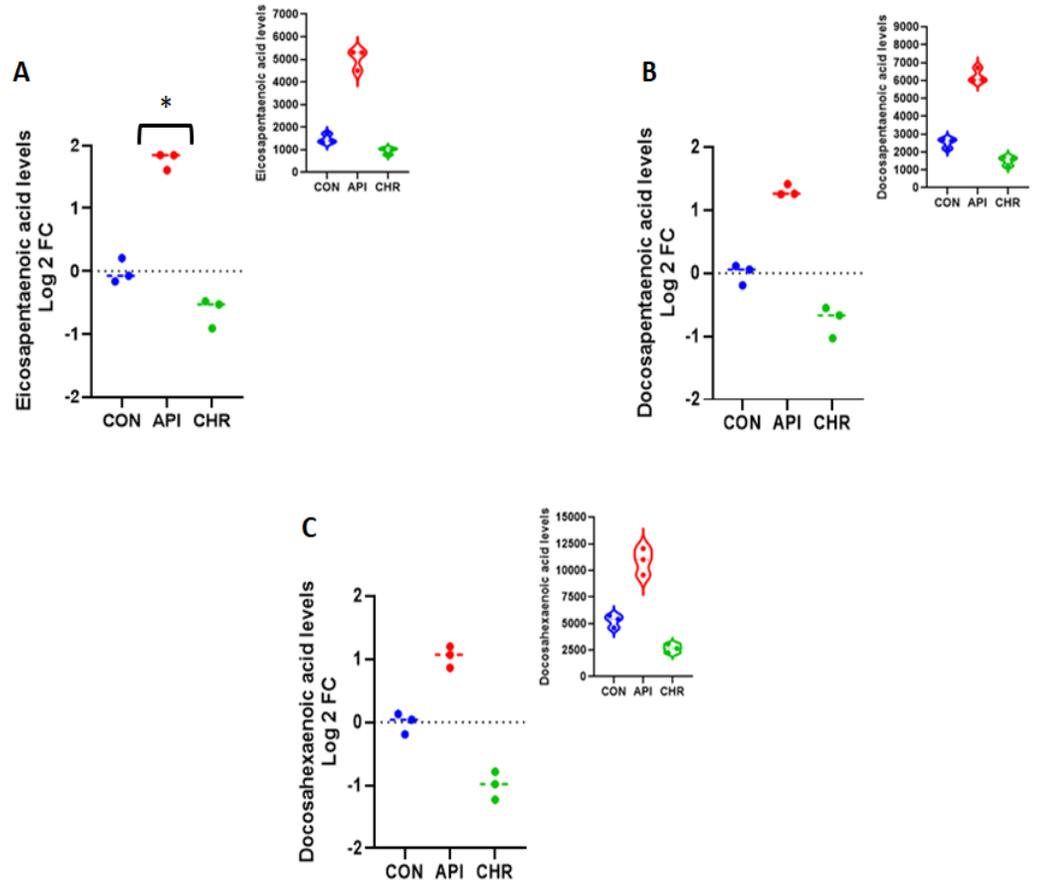
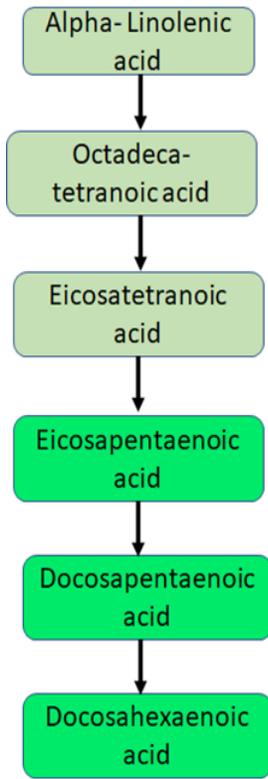
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555 **Figure – 4**

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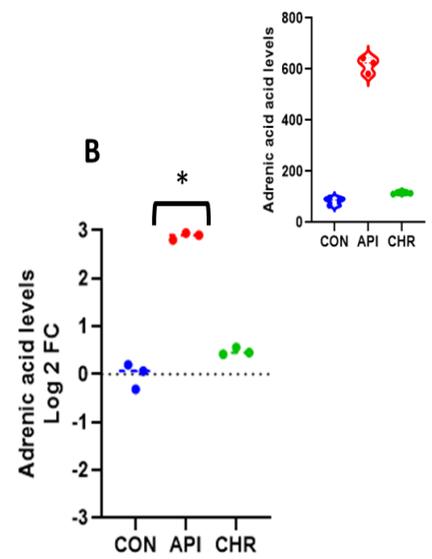
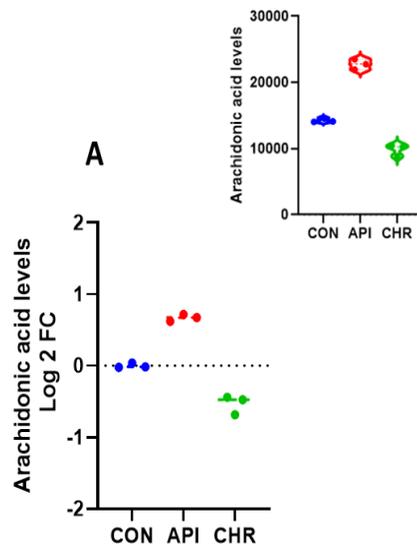
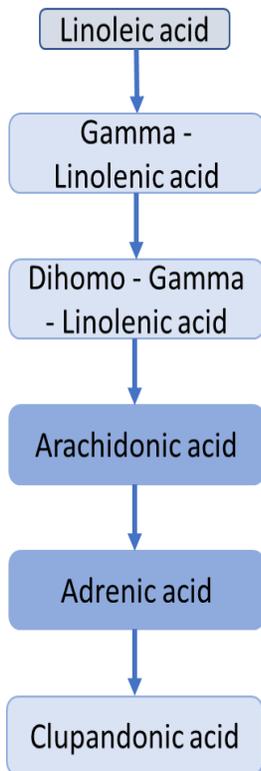
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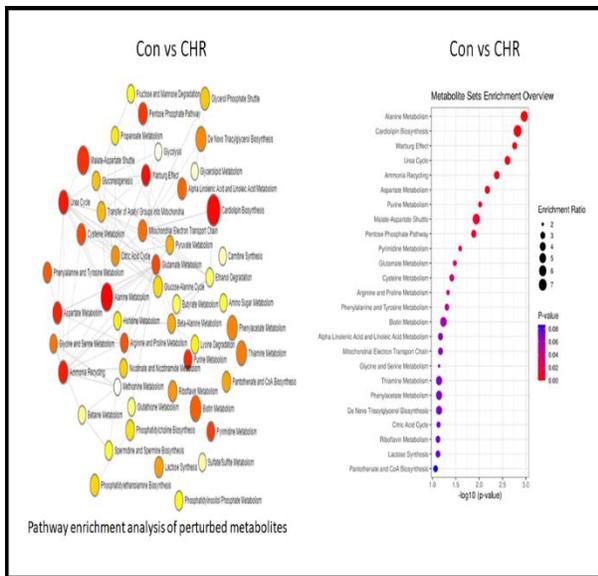
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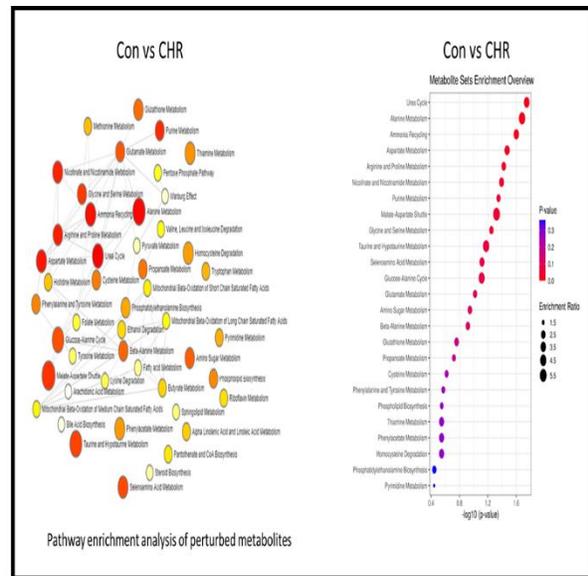
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571 **Figure – 5**

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Negative mode [ESI⁻]



Positive mode [ESI⁺]

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578 **Figure – 6**

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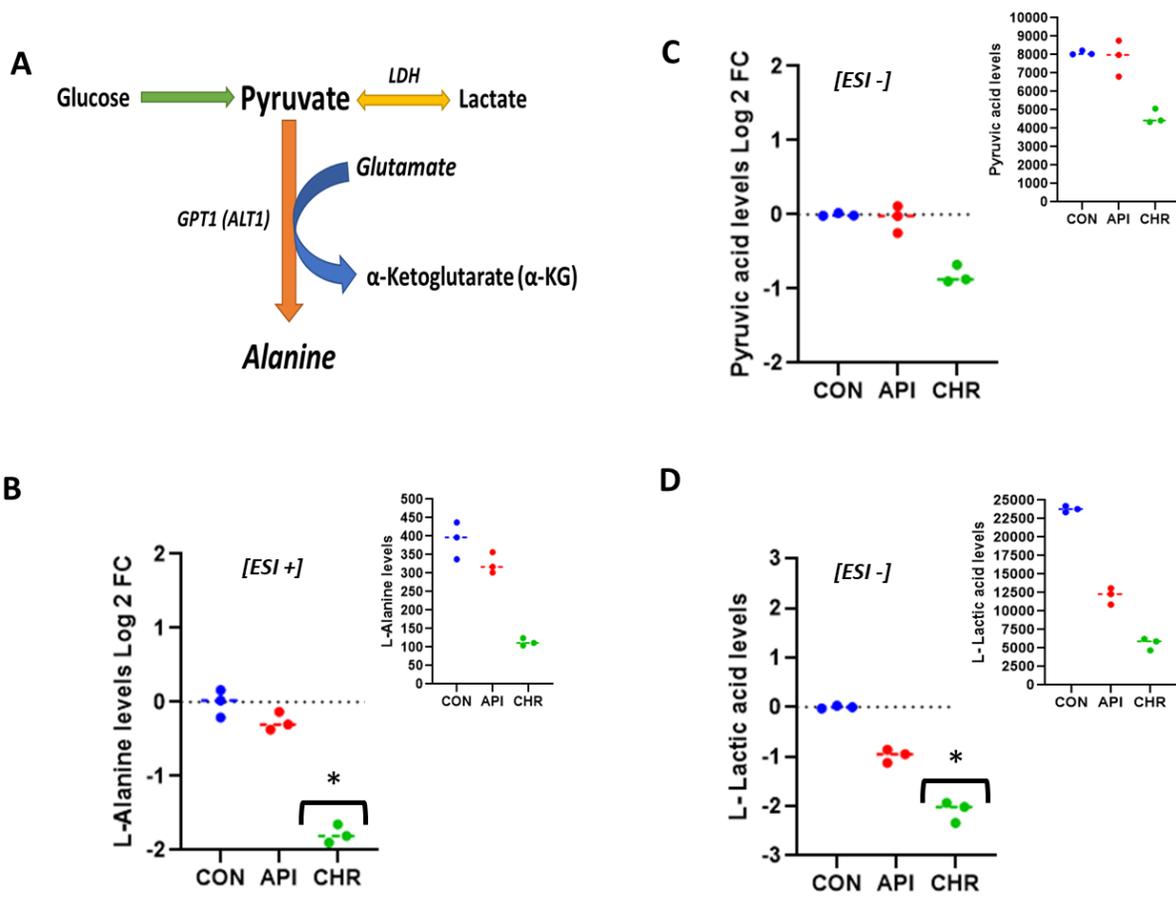
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598 **Figure – 7**

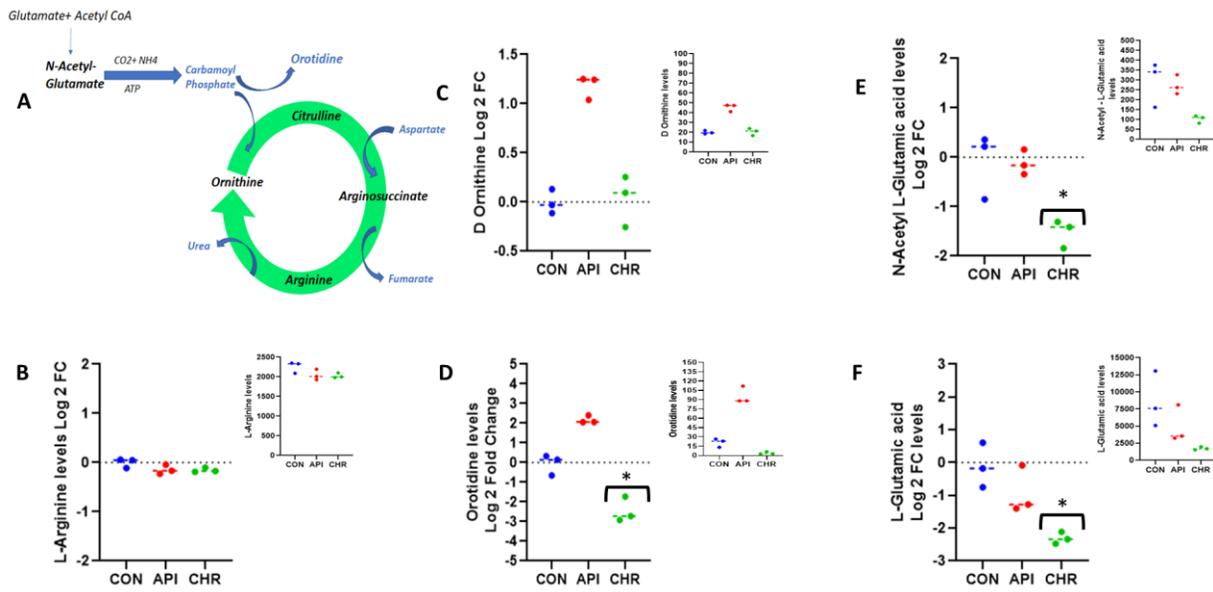
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Figure – 8

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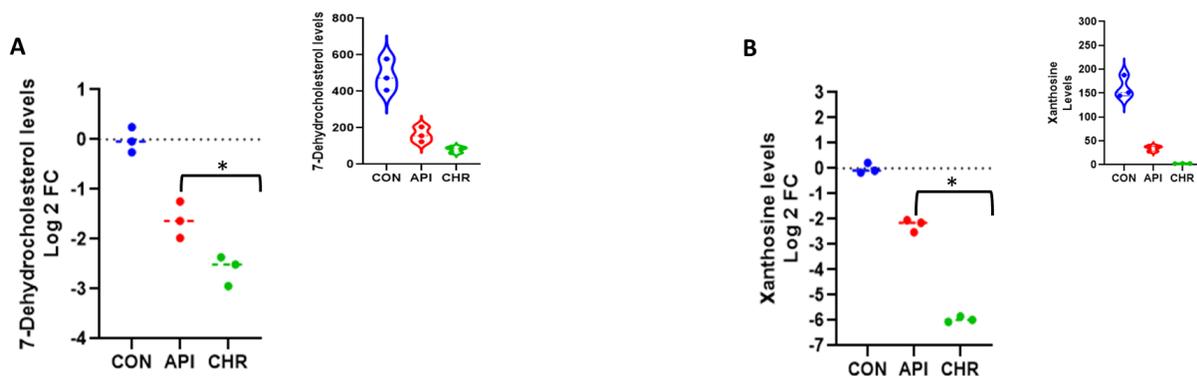
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632 **Figure – 9**

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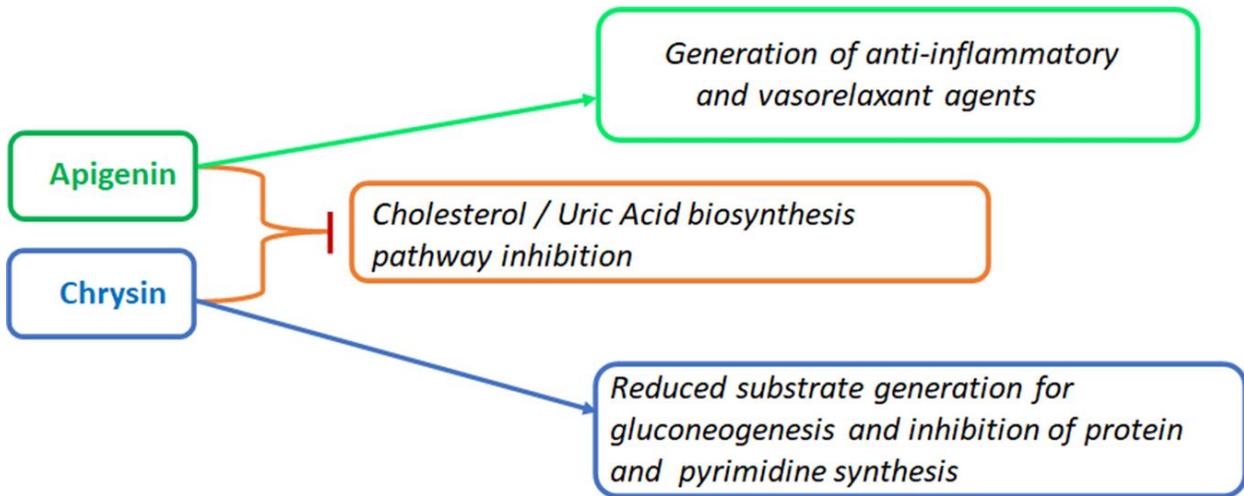
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652 **Figure – 10**

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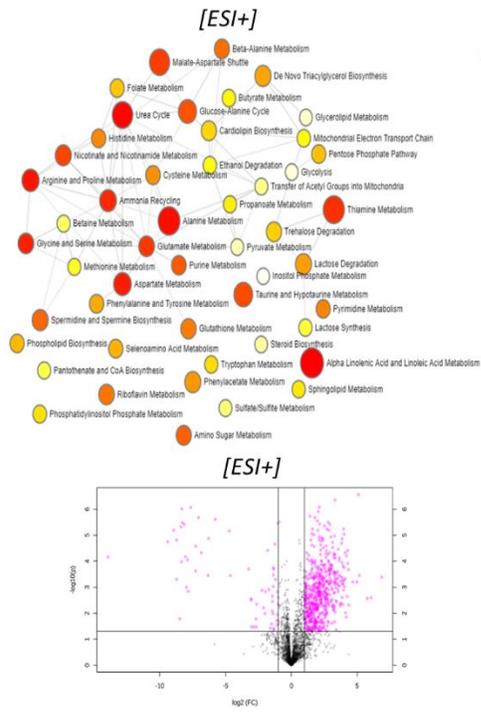
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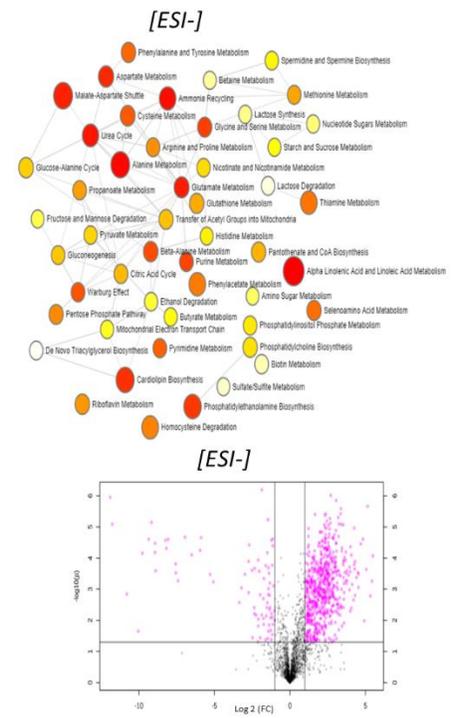
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API vs CHR



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672 **Supplementary Figure -1**

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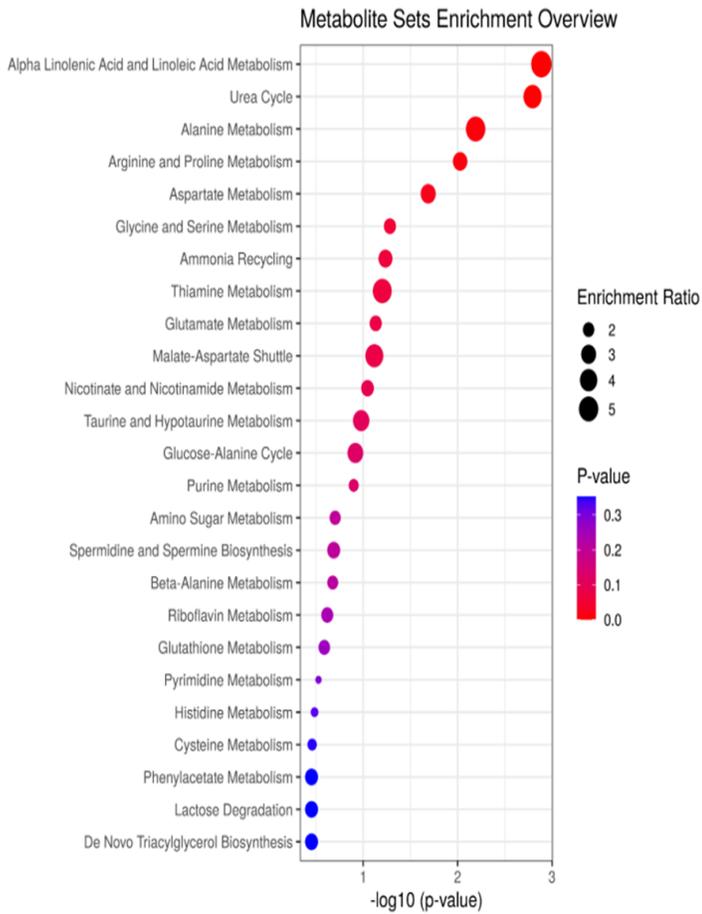
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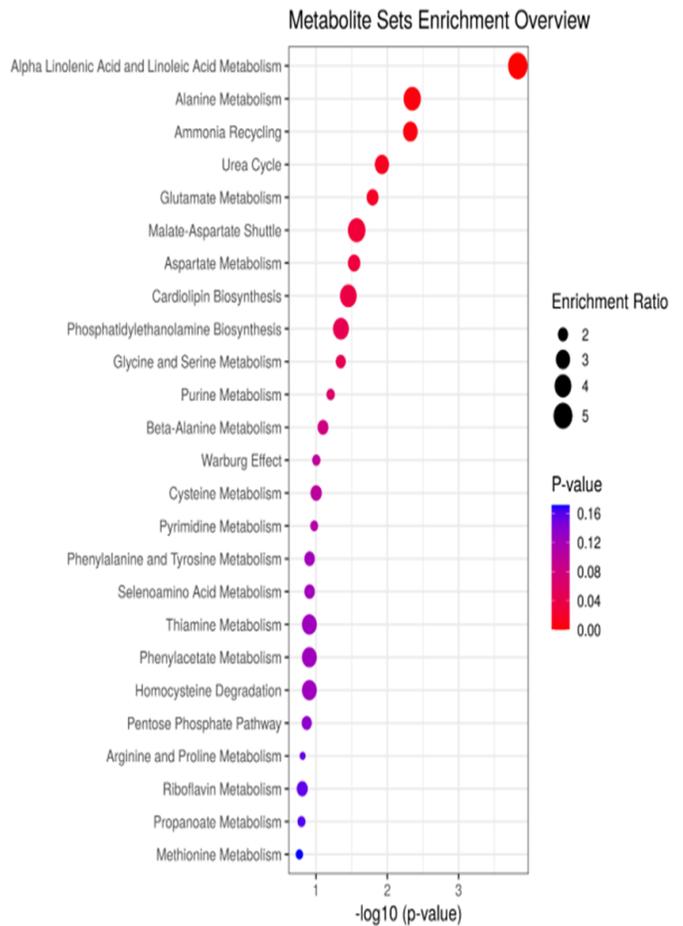
[ESI+]

API vs CHR

[ESI-]



Dot plot of enrichment analysis in perturbed metabolites



Dot plot of enrichment analysis in perturbed metabolites

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681 Supplementary figure – 2

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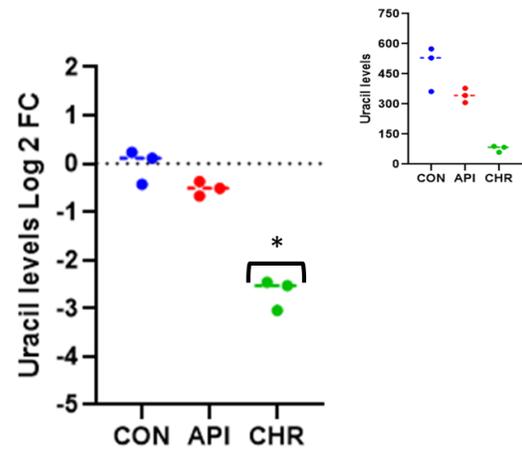
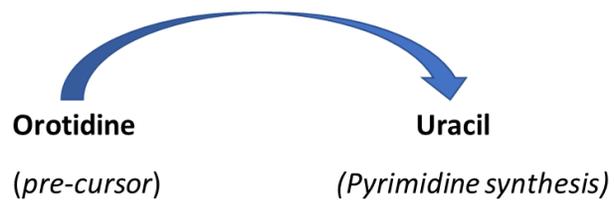
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699 **Supplementary figure – 3**

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