

Cubosome-Induced Topological Transformations in Giant Vesicles

Zexi Xu^{1,2}, Michael Rappolt¹, Arwen I.I. Tyler^{1*}, Paul A. Beales^{2*}

¹ School of Food Science and Nutrition, University of Leeds, Leeds, LS2 9JT, United Kingdom

² School of Chemistry and Astbury Centre for Structural Molecular Biology, University of Leeds, Leeds, LS2 9JT, United Kingdom

*Corresponding authors

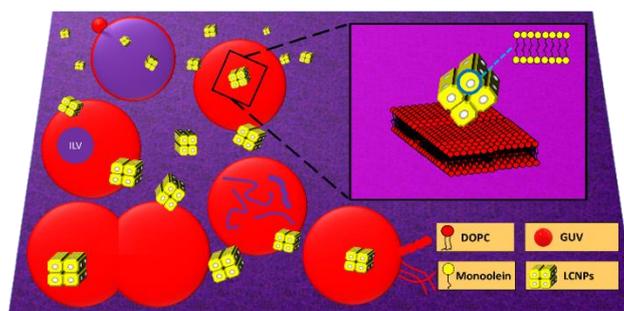
Arwen I.I. Tyler; e-mail: A.I.I.Tyler@leeds.ac.uk

Paul A. Beales; e-mail: P.A.Beales@leeds.ac.uk

16 **Abstract**

17 Lipid nanoparticles have important applications as biomedical delivery platforms and broader
18 engineering biology applications in artificial cell technologies. These emerging technologies
19 often require changes in the shape and topology of biological or biomimetic membranes. Here
20 we show that topologically-active lyotropic liquid crystal nanoparticles (LCNPs) can trigger
21 such transformations in the membranes of giant unilamellar vesicles (GUVs). Monoolein (MO)
22 LCNPs with an internal cubic nanostructure of space group Im3m incorporate into 1,2-dioleoyl-
23 sn-glycero-3-phosphocholine (DOPC) GUVs creating excess membrane area with stored
24 curvature stress. Using real-time fluorescence confocal microscopy, we observe and
25 characterise various life-like dynamic events in these GUVs, including growth, division,
26 tubulation, membrane budding and fusion. Our results shed new light on the interactions of
27 LCNPs with bilayer lipid membranes, providing insights relevant to how these nanoparticles
28 might interact with cellular membranes during drug delivery and highlighting their potential as
29 minimal triggers of topological transitions in artificial cells.

30



31 **Keywords:** Artificial cells, nanomedicine, membrane remodelling, lyotropic liquid crystal
32 nanoparticles, cubosomes, lipids, vesicles

33 Introduction

34 Lipid-based nanostructures are fundamental structures in nature, providing the structural basis
35 of organelles that support localised intracellular and extracellular biochemical functions within
36 living organisms.^{1, 2, 3} These structures have inspired a range of biotechnological
37 developments, including nanoparticulate formulations for enhanced therapeutic delivery.^{4, 5, 6}
38 Lipids can self-assemble into a broad array of different nanostructures dependent on their
39 molecular shape, which gives rise to a preferred interfacial curvature in their assembled
40 supramolecular state.^{7, 8} This rich lipid polymorphism gives rise to a broad range of tuneability
41 in the properties of lipid-based formulations.^{4, 7} Curved 3D membrane networks known as
42 cubosomes have been of particular recent interest; their high interfacial surface area gives a
43 high capacity for drug loading and interfacial chemical processes within an individual
44 nanoparticle.⁹ Therefore cubosomes are of broad interest within nanomedicine and bottom-up
45 approaches to synthetic biology through the design of artificial cells. The internal structure of
46 cubosomes consists of highly curved lipid bilayers being draped around a periodic minimal
47 surface creating two distinct continuous 3D-networks of water channels (**Fig. 1a,b**).

48 Real cells and many artificial cells are bound by a lipid bilayer membrane as their
49 intrinsic structural matrix. Therefore understanding the interactions between lipid cubic phases
50 and lamellar lipid bilayer structures is fundamental to improving our understanding of drug
51 delivery mechanisms and potential bio-engineering applications within artificial cells. Essential
52 to the functionality of biological membranes is their ability to undergo dynamic shape and
53 topology transformations involved in critical cell activities such as growth, division and
54 trafficking.^{10, 11} In nature, a range of protein complexes are involved in the regulation of these
55 membrane remodelling events by a range of active and passive interaction mechanisms that
56 scaffold, bend and cut the membrane as required, including the ESCRTs (endosomal sorting
57 complex required for transport), SNAREs (soluble N-ethylmaleimide-sensitive fusion protein
58 attachment protein receptors), caveolin, dynamin and cytoskeletal filaments.^{12, 13, 14, 15}
59 However, the fluidity and flexibility of these interfacial membrane structures are key to these

60 processes and the energy barriers to topological transitions are regulated by lipid composition
61 and the intrinsic curvature stress stored within these membranes, where the shape of lipid
62 molecules influence the lateral stress profile across a bilayer membrane.^{16, 17, 18} Therefore
63 seeding lipid bilayer membranes with curved lipid structures such as cubosomes has the
64 potential to enhance their topological activity.

65 The interaction of lyotropic liquid crystal nanoparticles (LCNPs) such as cubosomes
66 with surfaces has been extensively studied.^{19, 20, 21} Of particular interest are their interactions
67 with lipid membrane interfaces, where insight has previously been provided using solid-
68 supported lipid bilayers.^{22, 23} These studies suggest a strong and rapid attraction between
69 LCNPs and supported DOPC lipid bilayers on silica.²³ Once sufficient LCNPs incorporate into
70 the supported bilayer, this leads to destabilisation of its structure and a net release of material
71 from the bilayer; QCM-D revealed the lipid surface becomes viscoelastic with a large change
72 in dissipation following addition of LCNPs.²³ Moreover, a significant lipid exchange between
73 the hydrogenated monoolein (MO) LCNPs and the deuterated DOPC lipid bilayer was
74 confirmed by neutron reflectivity, revealing bidirectional transfer of MO to the supported bilayer
75 and DOPC to the LCNPs.²³ By contrast, the incorporation of LCNPs into supported bilayers
76 was hindered in more organised lipid bilayers in the gel phase, where
77 dipalmitoylphosphatidylcholine (DPPC) lipids densely pack in an orthorhombic fashion.²⁴
78 Complementary small angle X-ray scattering (SAXS) results confirmed that LCNPs have a
79 strong interaction with DOPC unilamellar and multilamellar vesicles: large changes in the unit
80 cell dimensions of the LCNPs were observed, eventually resulting in a transition from a cubic
81 to lamellar phase structure once DOPC and MO mix.²⁴

82 Insights into the interactions of LCNPs with bilayer membranes have also been gained
83 from cell interaction studies. MO-LCNPs stabilised by either Pluronic F127 or F108
84 copolymers were observed to alter the lipid distribution and membrane structures of HeLa
85 cells (human cervical carcinoma cells), resulting in lipid droplet accumulation, mitochondrial
86 hyperpolarization and mitochondrial reactive oxygen species (ROS) generation.^{25, 26, 27}

87 Furthermore, Dyett *et al.* observed individual MO-LCNPs interact with the cell membranes of
88 small intestine epithelial cells and STO fibroblasts (Sandos inbred mice (SIM) 6-thioguanine-
89 resistant, ouabain-resistant cell line) by docking onto the membrane surface before diffusing
90 into the membrane, suggestive that the MO incorporates into the cell membrane structure,²¹
91 analogous to reported interactions with minimal model membrane systems.^{22, 24}

92 Current studies have shown strong evidence for the interaction and mixing of LCNPs
93 with bilayer membranes with synergies between findings in model membranes and live cells.
94 However studies in cell-sized unsupported model membranes are missing that would provide
95 greater fundamental insight into the dynamic processes that might occur in unsupported
96 membranes seeded with topologically-active MO-LCNPs. Here we bridge this gap by applying
97 time-resolved confocal fluorescence microscopy to study the interaction between MO-LCNPs
98 and DOPC-GUVs and the dynamic processes during re-equilibration. We reveal a rich
99 diversity and interplay of membrane topological and shape changes that mimic many of the
100 processes of living cellular membranes. These findings shed new light on the potential cellular
101 interaction mechanisms of LCNPs in drug delivery systems as well as underpin the potential
102 of LCNPs as topologically active triggers for membrane remodelling events in artificial cell
103 technologies.

104 Results

105 Incorporation of MO from LCNPs into the lipid bilayer causes GUV growth

106 LCNPs composed of MO stabilized by Pluronic F127 were assembled by hydration of
107 a dried lipid film and sonication. Small angle X-ray scattering (SAXS) characterisation
108 demonstrated that the LCNPs were in the Im3m inverse bicontinuous cubic phase (**Fig. S1a**).
109 **Figure 1b** shows the 'primitive' minimal surface with crystallographic space group Im3m.
110 LCNPs had an average hydrodynamic diameter of 179 ± 19 nm and a polydispersity index
111 (PDI) of 0.172 ± 0.005 , determined by dynamic light scattering (DLS) (**Fig. S1b**). Cryogenic
112 Transmission Electron Microscopy (cryo-TEM) revealed the structure of the dispersed LCNPs,

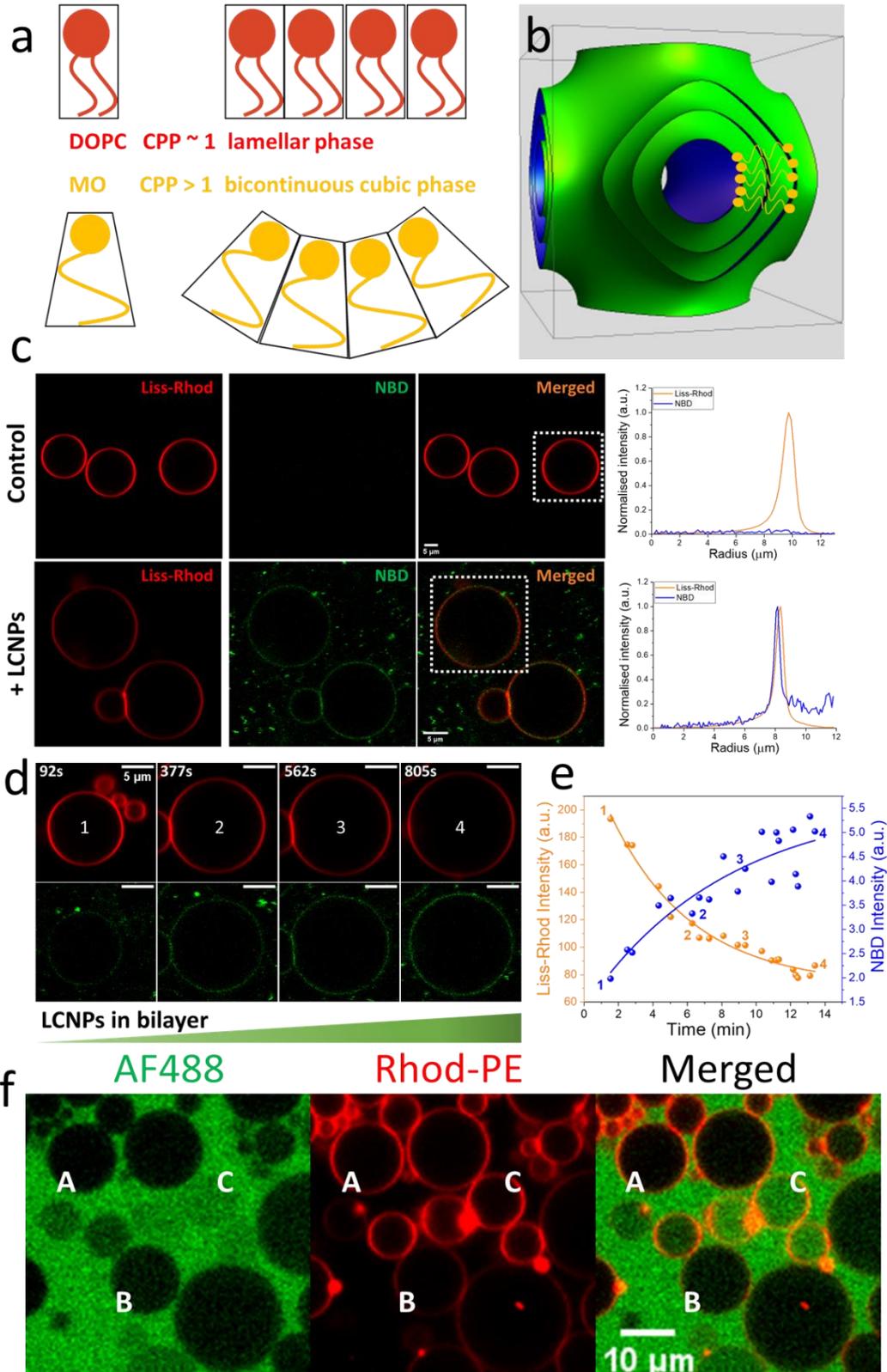
113 with a fast Fourier transform (FFT) image analysis, confirming the internal Im3m crystal
114 structure (**Fig. S1c**).

115 An initial LCNP concentration screen between 0.95 and 6.7 mg/ml MO mixed with
116 DOPC GUVs using confocal fluorescence microscopy revealed a range of behaviours from
117 rich morphological transformation in the GUVs at low concentration, seen after approximately
118 2 to 5 minutes, to significant destabilisation and destruction of GUVs at high concentration.
119 From this initial screen, a LCNP concentration of 1.4 mg/ml MO and a MO/DOPC molar ratio
120 of ~ 250 was selected for further investigation as, under these conditions, rich structural
121 changes were observed in the GUVs over the experimental time window of approximately 20-
122 30 min. We note that the general vesicular architectures of GUVs were stable within the
123 studied time frame.

124 LCNPs were found to incorporate within the membranes of GUVs. LCNPs labelled with
125 0.5 mol% NBD-PE were mixed with Rhod-PE labelled DOPC GUVs (1.4 mg/ml MO and
126 MO/DOPC ≈ 250 mol/mol). A uniform signal from the LCNPs was observed at the GUVs
127 membrane surface, indicating that the lipid components of the LCNPs had incorporated within
128 the bilayer structure of the GUVs as simple adsorption of LCNPs on the GUV surface would
129 be observed as punctate spots of fluorescence at the GUV membrane (**Fig. 1c**). This is in
130 agreement with previous studies, showing that LCNPs can adsorb into the DOPC membrane
131 surface.^{23, 28, 29, 30} The kinetics of LCNP incorporation into GUV membranes was measured
132 (**Fig. 1d, e**). Over 13 min, the Rhod-PE probe intensity in the GUV membranes decreased as
133 it was diluted by MO lipids that fused into the membrane structure (**Fig. 1e**). A proportional
134 increase in NBD fluorescence intensity at the GUV membrane correlates with this Rhod-PE
135 intensity decrease. The GUV membrane surface area is also seen to increase in a correlated
136 GUV growth process. For example, in **Figure 1b**, the GUV diameter increased by a factor of
137 1.4 in 14 min, which corresponds to the surface area increasing by a factor of ~ 2 . Consistent
138 with this observed GUV growth, the dilution of Rhod-PE in the membrane showed a decrease
139 in fluorescence intensity by a factor of ~ 2.2 .

140 GUV growth in response to LCNP addition was also observed to correlate with an
141 increase in membrane permeability. A membrane-impermeable dextran (10 kDa) labelled with
142 Alexa Fluor 488 (AF488) or Cascade Blue was added to the extra-vesicular medium. These
143 passive membrane permeability probes were observed to leak into the lumen of the GUVs
144 over time. GUV leakage to these probes was observed to be stochastic and hence variable
145 between different GUVs in a sample, evident by the different degrees of dextran leakage
146 shown in **Fig. 1f** with unsealed, partially sealed and fully sealed GUVs. Further evidence for
147 the stochastic enhanced permeability of the GUVs induced by MO lipids can be seen in the
148 correlation between vesicle growth (or swelling) and the onset of vesicle leakage (**Fig, S2**).

149 Generally, GUV permeabilisation occurs near-simultaneously or with a lag time
150 compared to GUV growth from the fusion of MO lipids into the bilayer structure. We attribute
151 the influx of large macromolecules such as 10 kDa dextran into the lumen of the GUVs to be
152 induced by the formations of pores in the vesicle membrane.^{31, 32} This is likely due to the
153 enhanced curvature elastic stress in the GUV membranes due to the non-bilayer preferring
154 MO lipids, which favour highly curved structures such as toroidal pores. The stochastic
155 resistance to leakage by some GUVs in the sample is suggestive that the enhancement of
156 membrane permeability might be suppressed under appropriate conditions, such as different
157 GUV membrane compositions.^{20, 21} After the GUVs were observed to swell during a growth
158 process induced by MO incorporation, a stability limit appeared to be reached, beyond which
159 a rich array of morphological transitions was observed in the GUVs.



160

161 *Figure 1: GUVs swell and become permeable after the addition of MO LCNPs (1.4 mg/ml MO;*
 162 *MO/DOPC ≈ 250 mol/mol). (a) Schematic depicting the molecular shapes of DOPC and MO, their*
 163 *critical packing parameters (CPP) and preferred self-assembly polymorphs; (b) The minimal surface of*
 164 *the primitive $Im3m$ bicontinuous cubic phase; (c) The incorporation and homogenous distribution of*
 165 *NBD-PE labelled LCNPs (green) on the surface of GUVs labelled with Rhod-PE (red). Intensity profiles*

166 *before and after addition of NBD-PE labelled LCNPs are shown on the right; (d) Real-time observation*
167 *of LCNPs incorporation into Rhod-PE labelled GUV membranes.; (e) NBD-PE LCNP probe intensity*
168 *increases while Rhod-PE GUV intensity decreases with time. (f) GUVs labelled with Rhod-PE with*
169 *different degrees of permeability to 10 kDa dextran labelled with AF488: unsealed (< 25% fluorescence*
170 *leakage) GUV (A), partially leaked (25 ~ 80 % fluorescence leakage) GUV (B), and fully leaked (> 80%*
171 *fluorescence leakage) GUV (C).*

172

173 **MO LCNPs bring DOPC GUVs to life by triggering a cascade of dynamic shape and**
174 **topological transformations.**

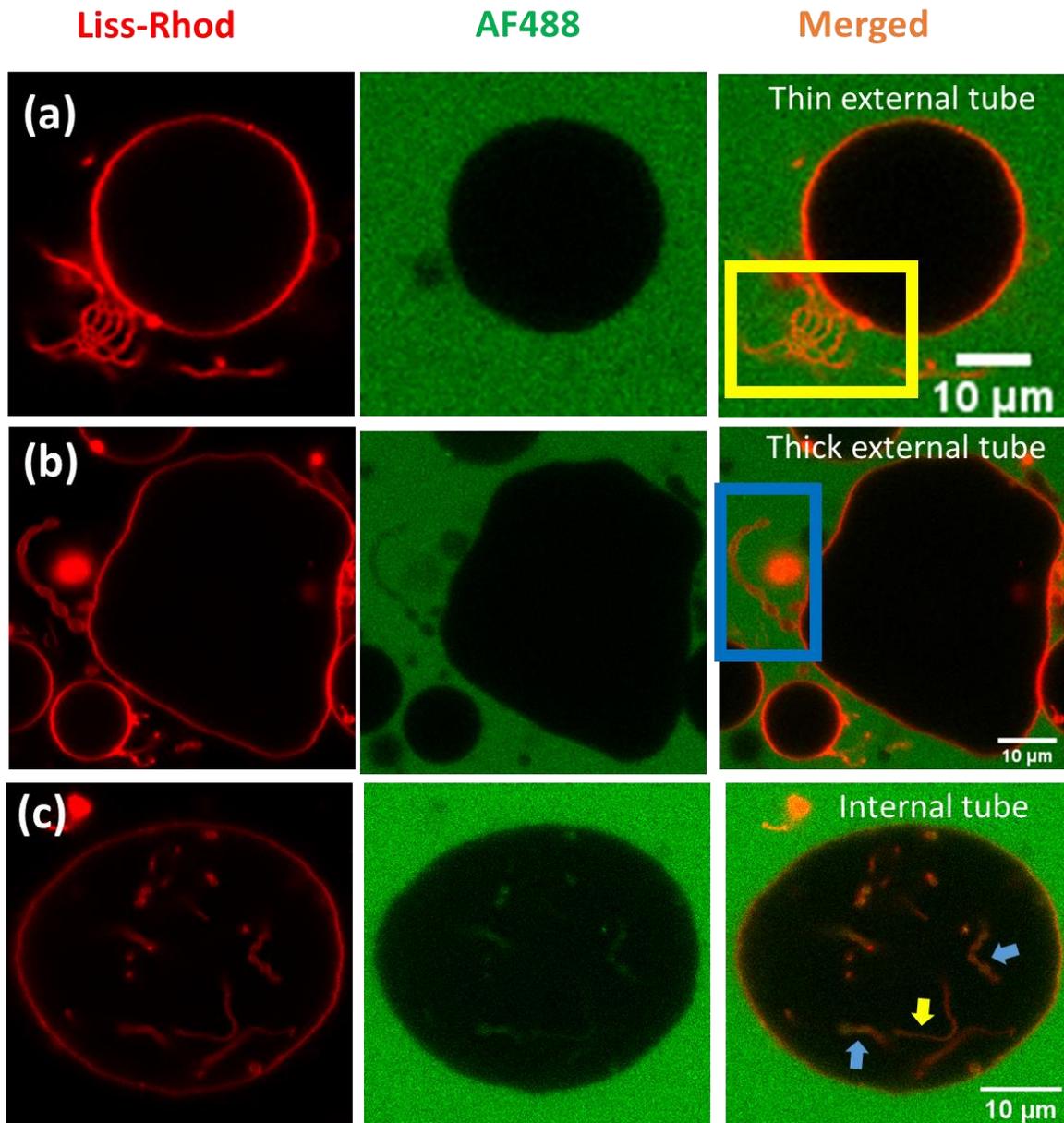
175 Incorporation of MO-LCNPs into DOPC-GUVs is expected to create a significant stored
176 curvature elastic stress in the membrane. Non-bilayer-forming MO lipids (spontaneous
177 curvature = $-0.054 \pm 0.003 \text{ \AA}^{-1}$) have an inverted cone shape that prefers curved membranous
178 interfaces,³³ such as in the Im3m cubic phase. This contrasts with the near-cylindrical shape
179 of DOPC lipids (spontaneous curvature = $-0.0091 \pm 0.0008 \text{ \AA}^{-1}$) that preferentially aggregate
180 as bilayer membranes.³⁴ Increasing concentration of MO lipids in the GUV membrane
181 enhances the lateral pressure profile in the hydrophobic core of the bilayer such that each lipid
182 monolayer wants to bend towards the hydrating aqueous medium. Once the MO concentration
183 reaches a critical threshold, these stored stresses are observed to release through a range of
184 GUV morphological transitions.

185 *Nanotubes*

186 Within a few minutes following the addition of LCNPs to DOPC GUVs, the majority of
187 vesicles developed lipid tubes protruding from the membrane. These tubes varied in size and
188 direction (into the extra-vesicular medium or the interior lumen). Thin cylinder-like (**Fig. 2a**)
189 and thick unduloid-like (**Fig. 2b**) external nanotubes were observed to protrude from the parent
190 GUV toward the extra-vesicular medium. We also observed internal lipid nanotubes originating
191 at the surfaces of the GUV and protruding into the vesicle lumen (**Fig. 2c**). Both external and
192 internal tubes are undulating and wavy, while some of them form an undulatory pearling
193 pattern. Dynamic fluctuations in all morphologies of both external and internal tubes were
194 observed, suggesting that the incorporation of MO into the DOPC membrane facilitates the

195 membrane to be highly flexible. In addition, the fluorescence of water-soluble membrane
196 permeability probes in the internal nanotubes indicates that they have an open neck that
197 connects to the extra-vesicular medium (**Fig. 2c**).

198 Previous studies have reported the pearling instability of GUV nanotubes when the
199 membrane is subject to tension caused by bilayer asymmetry.³⁵ In our experiments, it is
200 unclear whether LCNP fusion into the GUVs creates bilayer asymmetry or not. Asymmetry
201 exists in terms of the LCNP interaction with the GUV membrane, which is exclusively from the
202 extra-vesicular side of the membrane. However, the rate of MO flip-flop across the bilayer is
203 unknown and any potential asymmetry cannot be resolved from our fluorescence microscopy
204 methods. Lipid flip-flop may occur through collective formation of transmembrane pores, which
205 we often observe after a lag time following GUV growth. Pearling instabilities were mostly
206 observed in unsealed GUVs. Therefore, we speculate that asymmetric membrane stresses
207 from enhanced MO localisation in the outer membrane monolayer of GUVs drives the pearling
208 of lipid tubules that are observed.



209

210 *Figure 2. Membrane tubulation following initial growth of GUVs after being fed with MO LCNPs. Thin*
 211 *(a) and thick (b) external lipid nanotubes protrude from vesicles toward the extravesicular medium; (c)*
 212 *thin (yellow arrows) and thick (blue arrows) internal lipid nanotubes that have originated at the*
 213 *surfaces of the GUVs and protrude into the vesicle lumen. Membrane-impermeable dextran (10 kDa)*
 214 *labelled with Alexa Fluor 488 (green) was observed in the internal nanotubes.*

215

216 *Fusion and fission*

217 GUV fission and fusion events were also observed following the addition of LCNPs. To study
 218 these phenomena in more detail, two populations of DOPC GUVs labelled with different
 219 fluorescent probes were mixed prior to the addition of LCNPs. The two distinctly labelled

220 populations of GUVs can therefore report on lipid mixing phenomena between adjacent
221 vesicles. One GUV population was labelled with 3,3'-Diocadecyloxacarbocyanine Perchlorate
222 (DiO; green) and the other GUV population was labelled with Rhod-PE (red, as above).

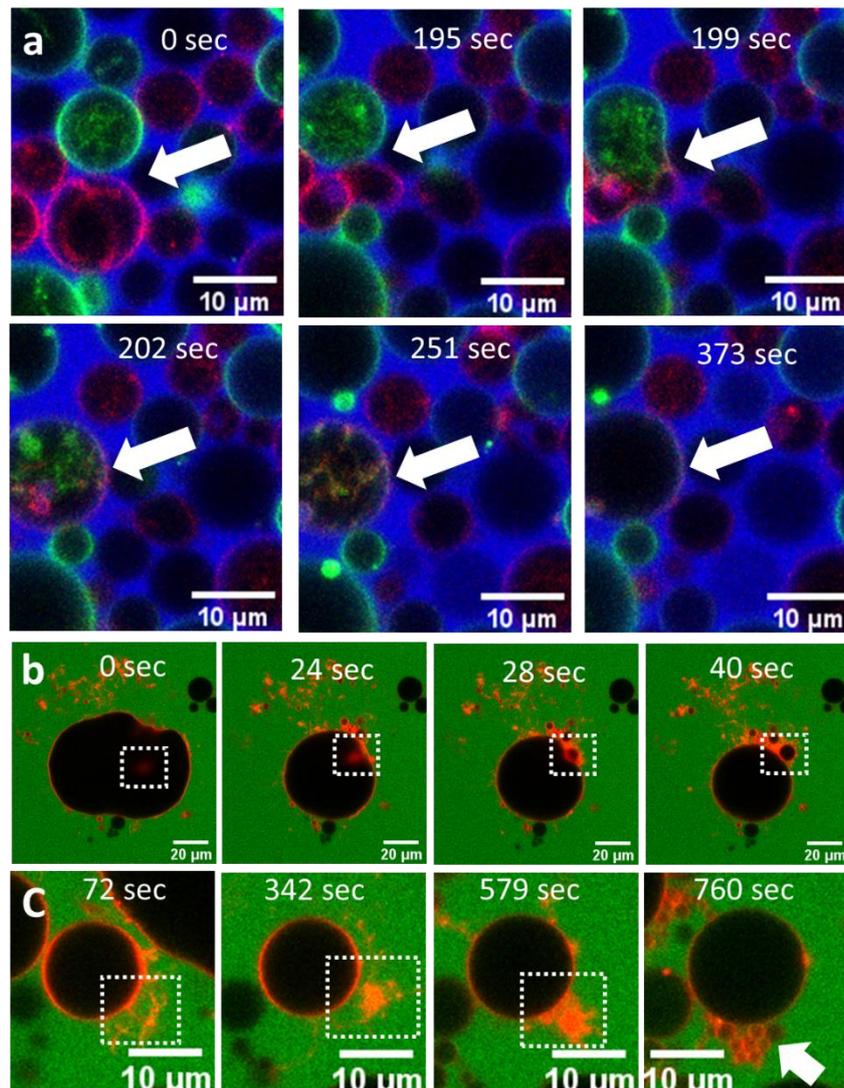
223 A typical GUV fusion event is shown in **Fig. 3a**. The contact area between two
224 neighbouring GUVs increases without any observable lipid mixing between the two GUVs. A
225 full fusion pore then opens and the interior lumens of the GUVs mix. This is followed by
226 reconfiguration of the combined GUVs into a single spherical vesicle, where the red and green
227 lipid probes become evenly mixed throughout the membrane by lateral diffusion. Lipid
228 nanotubes that can be seen in the two initial vesicles are conserved within the lumen of the
229 initial fused GUV. However, these tubes disappeared within 2 min of the fusion event, likely
230 retracting into the GUV membrane as the lipid mixture re-equilibrates.

231 Other fusion-related mechanisms were observed. An example is shown in **Fig. 3b**
232 (**Movie S1**), where a GUV “gives birth” to a smaller GUV from its interior lumen. The interior
233 GUV adheres to the membrane of the outer GUV before translocating to the exterior of this
234 vesicle within a few seconds. We speculate that the internal GUV becomes hemifused with
235 the outer membrane to facilitate this translocation event. It should also be noted that the outer
236 GUV is initially non-spherical and gradually loses its large excess membrane area to become
237 near-spherical during the time course of our observation window (~2 min).

238 Fusion can also occur between external lipid nanotubes that initially formed on the
239 GUV surface. These tubes have been observed to fuse with one another on a time scale in
240 the order of 10 min, resulting in the formation of many smaller, spherical GUVs (**Fig. 3c**).

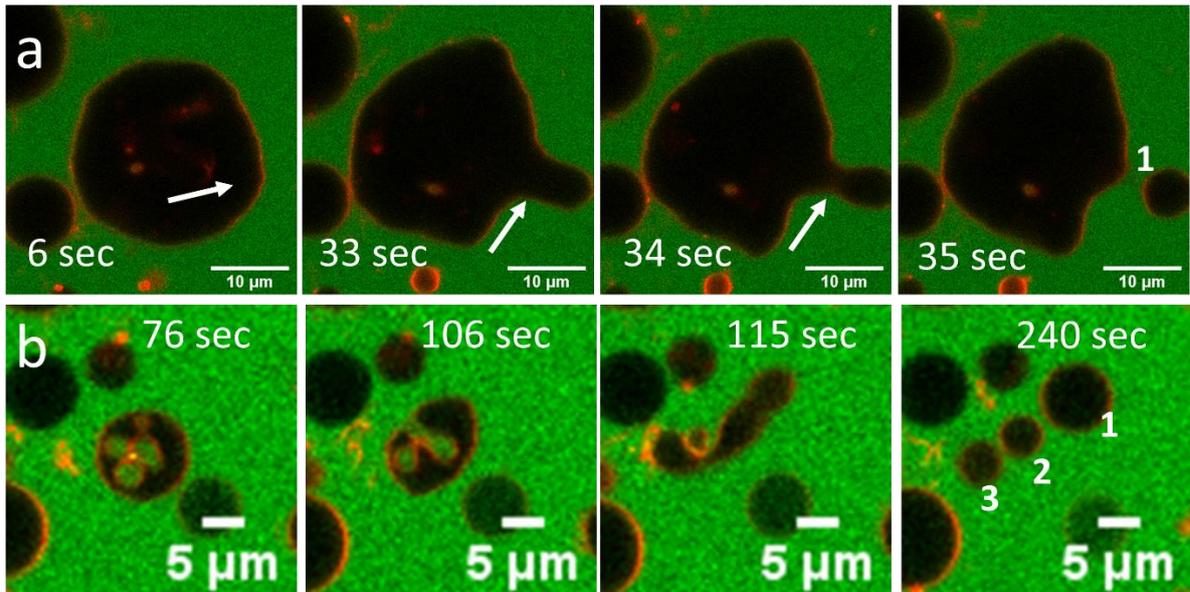
241 Analogous to membrane fusion, membrane fission was also observed. The excess
242 membrane area induced by fusion of LCNPs into the GUV membrane can lead to membrane
243 buds that fission and divide into daughter GUVs (**Fig. 4, Movie S2**). The large excess area
244 and dynamic shape transformations in these vesicles can also lead to vesicles fissioning into
245 multiple daughter GUVs as they re-equilibrate to a spherical GUV geometry (**Fig. 4b**).

246 Following fusion of LCNPs into GUV membranes, relaxation of fluctuating GUVs with
 247 a larger excess membrane area to re-equilibrate back to a near-spherical GUV structure is
 248 commonly observed. We characterise the time course of one such GUV in **Fig. 5 (Movie S1)**
 249 in terms of the apparent membrane area and vesicle aspect ratio ($AR = \frac{\text{major axis}}{\text{minor axis}}$) over time.
 250 The GUV gradually reduces its membrane area and aspect ratio on the time scale of order 80
 251 s until the aspect ratio returns to approximately 1.0 (spherical shape).



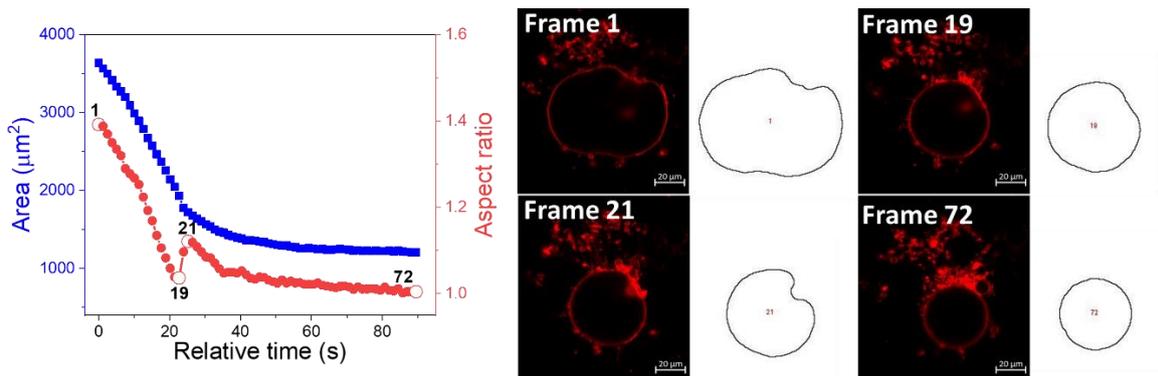
252

253 *Figure 3. LCNPs trigger fusion events between GUVs or lipid nanotubes. (a) Full fusion of two individual*
 254 *vesicles labelled with DiO (green) and Rhod-PE (red) respectively; (b) An internal vesicle fuses with the*
 255 *outer GUV before translocating to the vesicle exterior. (c) The formation of several small spherical*
 256 *vesicles from the fusion of external lipid nanotubes.*



257

258 *Figure 4. Vesicle fission induced by LCNPs. The white arrows indicate the positions of where the*
 259 *membrane neck closes. The labelled numbers show new vesicles generated by fission events. (a) The*
 260 *“mother” vesicle generates one smaller GUV; (b) the “mother” vesicle separates into three smaller*
 261 *GUVs.*



262

263 *Figure 5. Kinetics of GUV re-equilibration to a spherical shape. Graph of GUV surface area and aspect*
 264 *ratio vs time (left). Representative GUV images from Movie S1 and the extracted GUV outline (right).*

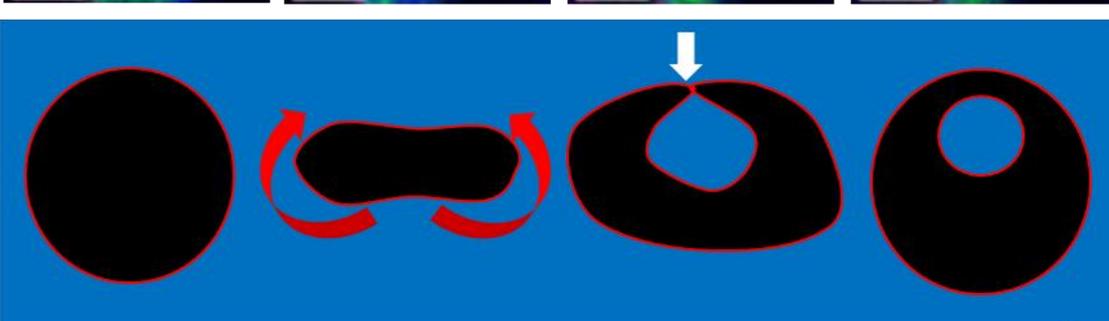
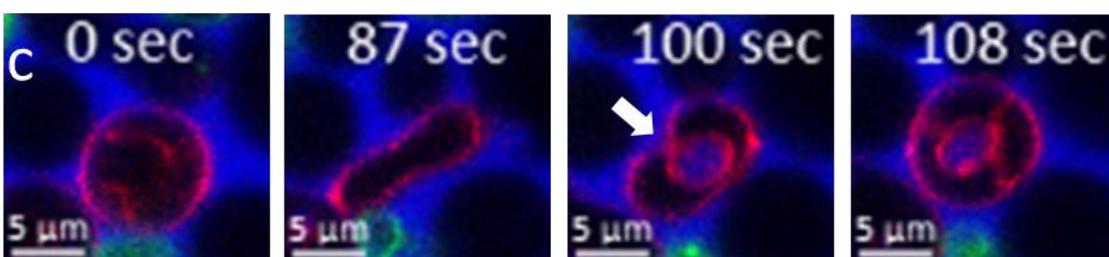
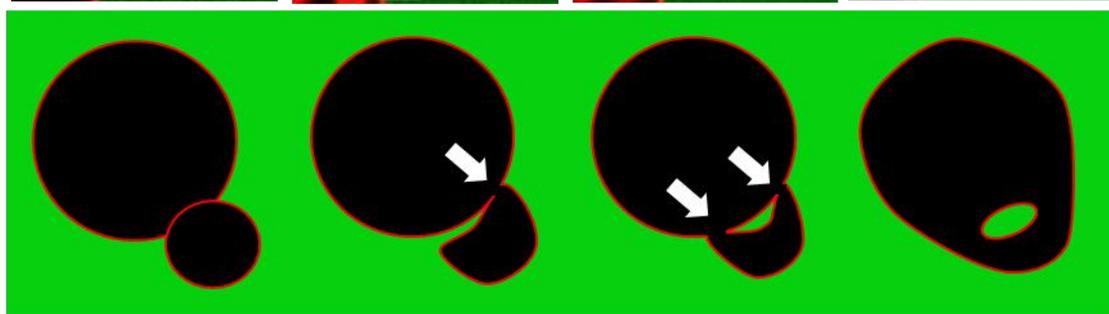
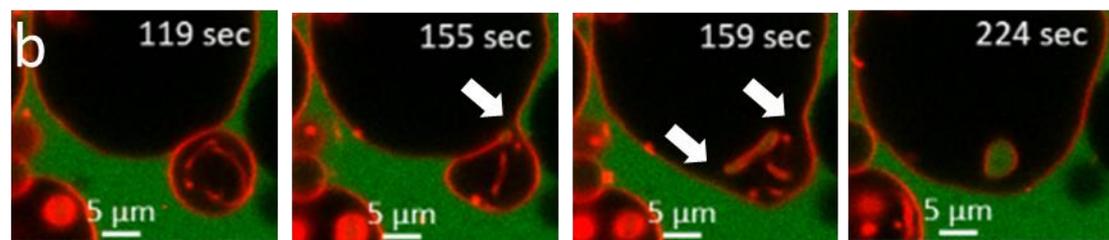
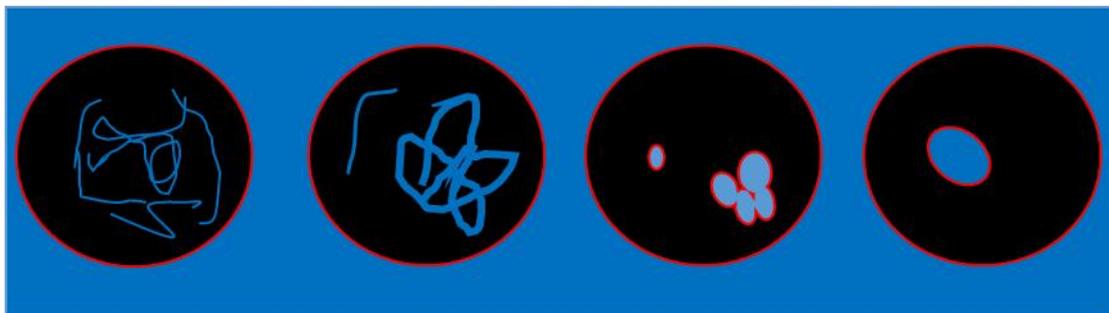
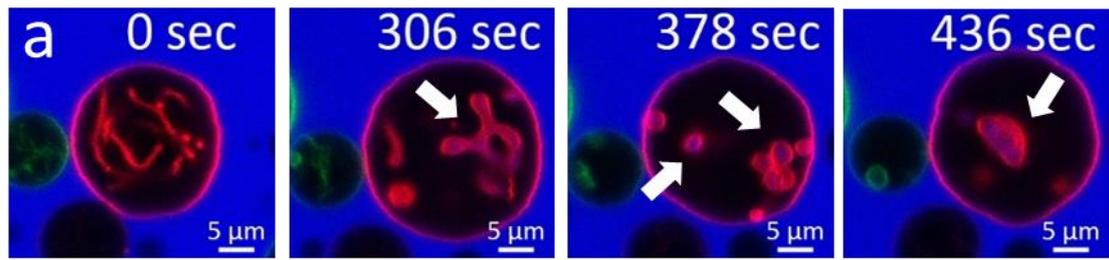
265

266 Intraluminal vesicles (ILVs)

267 Membrane topological changes through fusion and fission processes can lead to the
 268 generation of new internal lipid compartments inside GUVs: intraluminal vesicles (ILVs). To
 269 investigate ILV formation, where extra-vesicular media is encapsulated within these new
 270 compartments, a membrane-impermeable 10 kDa dextran labelled with Alexa Fluor 488

271 (AF488) or Cascade Blue (CBlue) was added to the bulk medium. Formation of ILVs is
272 characterised by the inclusion of AF488 or CBlue in the lumen of these internal vesicles.

273 We observed three different pathways for ILV formation, summarised in **Fig. 6**. In **Fig.**
274 **6a (Movie S3)**, internal lipid nanotubes that include the external CBlue probe remodel into
275 discrete ILVs that also encapsulate CBlue from the bulk medium. A second mechanism saw
276 two separate GUVs undergo a fusion mechanism, where two independent fusion pores form
277 in the adhesion contact area, such that the membrane in the adhesion plaque becomes
278 scissioned inside the new GUV and encapsulates the AF488 probe (**Fig. 6b, Movie S4**). A
279 final ILV formation mechanism was observed when a non-spherical GUV with larger excess
280 membrane area undergoes membrane fluctuations that lead to a discocyte GUV shape folding
281 around such that the spheroidal end-caps of this structure contact and fuse. This topological
282 transition leaves a CBlue-encapsulating ILV trapped inside an outer membrane (**Fig. 6c,**
283 **Movie S5**).



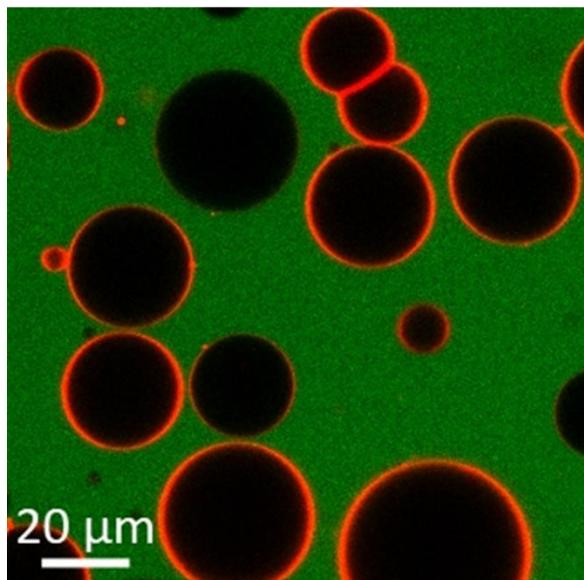
285 *Figure 6. Intraluminal vesicles can form by different mechanisms. (a) Internal nanotubes fuse to form*
286 *ILVs. White arrows indicate thin tubes that first fuse to form thicker tubes before forming small ILVs,*
287 *which continue to fuse into a larger ILV. (b) Two individual vesicles fuse in a mechanism that leads to*
288 *a trapped ILV. White arrows indicate fusion at each edge of the membrane contact area during fusion.*
289 *(c) Wrapping of a discocyte GUV leads to fusion of the end caps and formation of an ILV. Red arrows*
290 *represent the movement of the vesicle and white arrows show fusion of the membrane. In all cases,*
291 *ILVs are filled with external medium that contains the membrane-impermeable AF488 or CBlue dextran*
292 *(10 kDa).*

293

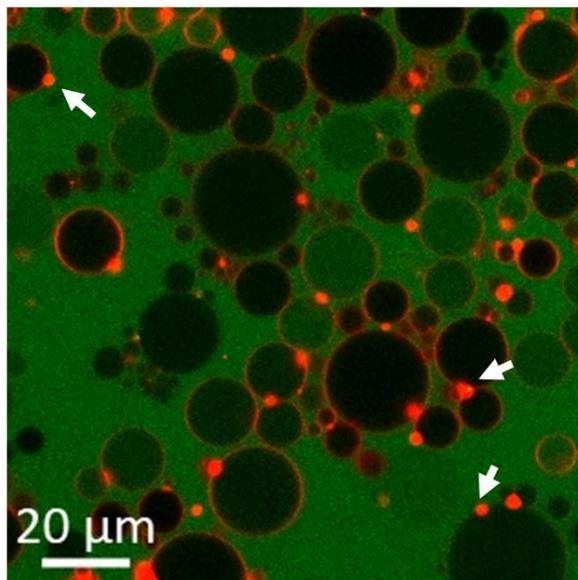
294 *Buds*

295 The final re-equilibrated state of the GUVs often resulted in remaining excess membrane area
296 being taken up in membrane buds at the GUV surface. These small buds often have a high
297 fluorescence intensity, suggesting that they may be multilamellar structures (**Fig. 7**). The
298 estimated composition of the MO and DOPC mixture in these buds would favour lamellar
299 structures, based on previous small angle X-ray and neutron reflectivity experiments^{24, 36} (note,
300 the MO to DOPC ratio was about 45 mol%; see also discussion below). Neutron scattering
301 studies have revealed an initial rapid adsorption of intact LCNPs at the DOPC bilayer interface,
302 followed by exchange of lipids. Furthermore, SAXS confirmed the strong interaction between
303 LCNPs and DOPC vesicles including unilamellar and multilamellar that initially leads to
304 changes in the size of the unit cell of the cubic phase before transition to the lamellar structure
305 (DOPC/MO molar ratio of 0.01-0.18).

DOPC GUVs



DOPC GUVs + LCNPs



306

307 *Figure 7. DOPC GUVs before (left) and after (right) LCNPs addition. Following equilibration after LCNP*
308 *addition, red buds with high fluorescence intensity were observed at the edge of GUVs (white arrows*
309 *indicate some example buds within the image).*

310

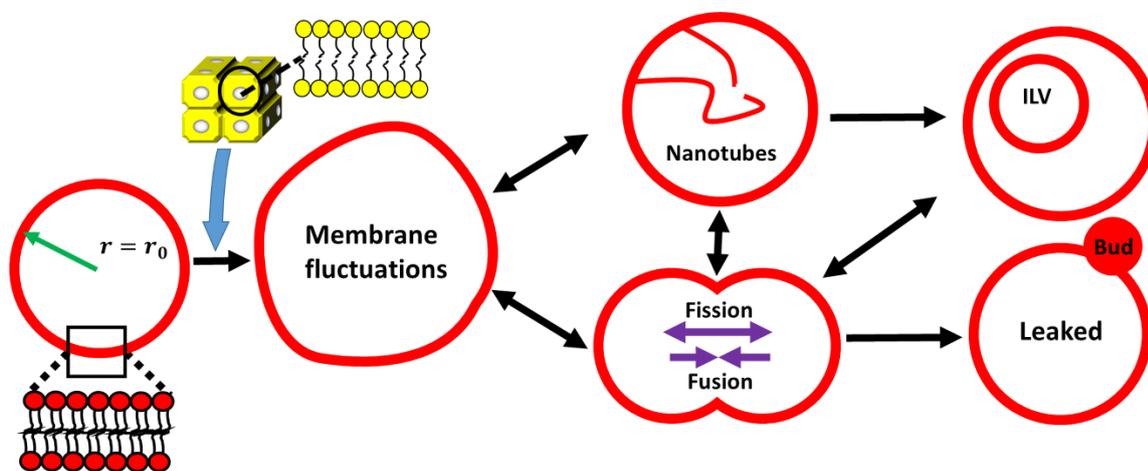
311 Discussion

312 We have observed a rich variety of morphological and topological transitions in DOPC GUVs
313 induced by MO-LCNPs in the Im3m cubic phase. These LCNPs fuse into the GUV membrane,
314 increasing the excess membrane area and seeding the membrane with enhanced topological
315 Gaussian curvature energy that lowers the energy barrier to the observed fission, fusion and
316 tubulation processes. The interplay between these different morphological changes is
317 summarised in **Fig. 8**.

318 The observations presented here are at a MO concentration of 1.4 mg/ml, which results
319 in a MO/DOPC molar ratio of ~250. However, this is not the molar ratio of MO/DOPC in the
320 mixed GUV membranes. The average swelling ratio of GUVs with an average diameter of 11
321 $\pm 4 \mu\text{m}$ was found to be $19 \pm 11\%$ within 20 min of LCNP incubation (**Table S1**). Taking the
322 molecular surface area of DOPC to be 0.72 nm^2 ,³⁷ and the polar molecular surface area of
323 MO to be 0.33 nm^2 ,³⁸ we estimate the average molar ratio of MO in the GUV membrane to be

324 45 ± 17 mol%. Comparing our calculation to the phase diagram of MO/DOPC,³⁹ where
 325 equilibrium mixtures are found to be in the lamellar L_α phase up to ~75 mol% MO, we predict
 326 that these mixed systems are still in the lamellar phase of the equilibrium phase diagram within
 327 the studied time scale. At this ~45 mol% MO composition, the membranes dynamically
 328 undergo morphological transitions that re-equilibrate the GUVs by decreasing the excess
 329 membrane area until they return to their near-spherical final state. Note that fission and fusion
 330 events during the studied time scale will decrease or increase the swelling ratio, which might
 331 affect the calculated number of LCNPs incorporated per GUV.

332 At higher concentrations of MO-LCNPs, GUVs can become rapidly destabilised and
 333 destroyed. Here, the kinetics of MO incorporation into the GUV membrane will increase. We
 334 propose that under these conditions the increasing MO concentration in the membrane may
 335 pass the lamellar-cubic phase boundary (~75 mol% MO in the MO/DOPC membrane), where
 336 the faster kinetics of the lamellar to cubic phase transition occur before the slower dynamics
 337 of membrane topological and morphological transitions can occur.



338
 339 *Figure 8. Schematic representation of morphological changes of DOPC GUVs induced by MO-LCNPs*
 340 *(cubosomes).*

341

342 These fundamental new findings on the interaction of cubic phase LCNPs with lamellar
343 GUV membranes will provide vital insights into a number of scientific questions and
344 applications. Firstly, this approach might be able to provide new fundamental insight into the
345 role of the Gaussian curvature modulus in vesicle fission and fusion.⁴⁰ By seeding lamellar
346 GUVs with cubic phase forming lipids, the Gaussian curvature modulus of the GUV membrane
347 might be controllably and systematically tuned. The major technical challenge with this
348 approach is that the mechanical moduli of mixed membrane systems are not linearly additive
349 based upon the moduli of each single lipid component in the mixture. However, a semi-
350 quantitative approach may be the best strategy forward here.

351 Our approach holds promise for the bio-engineering field of artificial cells.^{41, 42} Dynamic
352 topological changes such as fusion and fission are essential functional processes in living cells
353 and hence are highly desirable features to engineer into minimal artificial cells.^{43, 44, 45, 46} To
354 enhance this approach for the engineering biology toolbox, the leakage of GUV contents
355 should be minimised to prevent loss of vital functional biomolecules from the GUV lumen, and
356 further regulation of the interactions between LCNPs and GUVs might direct the morphological
357 and topological transitions towards a specific mechanism (e.g., fusion, fission, ILV formation).
358 Our findings here present important first steps in gaining control over membrane remodelling
359 processes that will lead to simplified and enhanced mechanisms for regulating dynamic
360 processes in artificial cell membranes.

361 Cubosome nanoparticles are of interest for nanomedicine drug delivery systems.^{9, 47,}
362 ⁴⁸ Their high internal surface area gives a high potential drug loading capacity, but the higher
363 curved nature of cubic phase lipid assemblies is also thought to be relevant in inducing
364 topological changes in the cell that facilitate cell entry and endosomal escape.^{21, 47, 49, 50}
365 Fundamental studies of LCNP-GUV interactions may assist with understanding different
366 mechanisms of nanoparticle delivery in cells and also unwanted side effects of cell toxicity that
367 needs to be minimised to facilitate translation to clinical applications

368 Conclusion

369 Here we have presented new insights into the interactions of cubosome nanoparticles
370 with bilayer lipid membranes, important to our understanding of cubosomes as drug delivery
371 systems and their application in other bioengineering technologies, such as synthetic biology.
372 Our observations reveal a rich array of morphological and topological transitions driven by the
373 kinetics of adsorption of MO-LCNPs into the lipid bilayer and equilibration processes within
374 the GUV once seeded with excess area and enhanced stored curvature stress in the
375 membrane. The new insights and understanding we have presented in this study are not
376 achievable in previous work on planar bilayer membranes, where the membrane dynamics
377 are suppressed by a solid support, or in living cells, where deep mechanistic insight is
378 frustrated by the complexity of living matter. Future exploration of the broad parameter space
379 of the structure and composition of LCNPs and GUV membranes will promote optimisation of
380 drug delivery and artificial cell technologies.

381

382 Methods

383 Monoolein (MO) cubosomes were prepared by resuspending MO thin films (5 wt%) into an
384 aqueous buffer (10 mM phosphate buffer, 2.7 mM potassium chloride and 137 mM sodium
385 chloride, pH 7.4) in the presence of Pluronic F127 (6.92 mg/ml) as a stabiliser followed by
386 pulse sonication. MO cubosomes were characterised by small angle x-ray scattering (SAXS),
387 dynamic light scattering (DLS) and cryogenic transmission electron microscopy (cryo-TEM).
388 DOPC GUVs containing 0.5 – 1 mol% fluorescent lipid (Rhod-PE or DiO) were formed by
389 electroformation in a 300 mM sucrose solution on ITO glass plates. Confocal microscopy was
390 performed using a Zeiss LSM 880 + Airyscan confocal microscope. Image analysis was
391 conducted using the ZEN Blue version 3.2 (Carl Zeiss Microscopy, Jena, Germany) and Fiji
392 software (National Institute of Mental Health, Maryland, USA).⁵¹ Full materials and methods
393 are described in the supplementary information.

394

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412 Author contributions

413 Z.X., A.I.I.T. and P.A.B. conceived and designed the research. Z.X. performed the
414 experiments and analysed the results. Z.X., M.R., A.I.I.T. and P.A.B. wrote the paper and
415 interpreted the results.

416 Competing interests

417 The authors declare no competing interests.

418 Correspondence and requests for materials should be address to A.I.I.T. and P.A.B.

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