

# **Reprocessing Zamak laryngoscope blades into new instrument parts; an ‘all-in-one’ experimental study**

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# **Abstract**

## **Introduction**

Disposable instruments in healthcare have led to a significant increase of medical waste. The aim of this study is to validate the recycling of disposable Zamak laryngoscope blades into new medical products by using a new 'all-in-one' affordable reprocessing setup as alternative for die-casting.

## **Methods**

An "all-in-one" casting set-up was designed and built. Laryngoscope blades, recovered from two hospitals, were disinfected, melted and casted into dog-bones and into new instrument parts. The quality of the casted material was evaluated using X-ray fluorescence spectrometry. The mechanical properties were obtained by assessing the Ultimate Tensile Strength (UTS) and tensile tests.

## **Results**

A recovery of 93% Zamak was obtained using a melting temperature of 420°C for three hours. The XRF Spectro data showed higher Zinc and silicon concentrations when compared with Virgin Zamak. The dog-bones tests resulted in an average UTS, Yield Strength (YS) and Young's Modulus (YM) of  $236 \pm 61$  (MPa),  $70 \pm 43$  and  $9 \pm 3$ , respectively, representing 82%, 103% and 64% of the UTS, YS and YM of standard Zamak. Functional instrument parts with extensions and inner chambers were casted with a maximal shrinkage percentage of  $1 \pm 1\%$ .

## **Discussion**

This study demonstrates that the created "all-in-one" reprocessing method can process contaminated disposable Zamak laryngoscope blades into new raw base material and new instrument parts. Although material and surface properties can deteriorate, reprocessed Zamak still has sufficient mechanical properties and can be used to cast complex parts with sufficient dimensional tolerances and minimal shrinkage.

## **Conclusion**

A circular micro reprocessing method was designed and used to turn disposed laryngoscope blades into new basis material and semi-finished products. Follow up studies are needed to scale and optimize this process towards a functional alternative for die casting. It should be

further investigated how this process can contribute to further medical waste reduction and a circular healthcare economy.

*Keywords: Circular economy; Recycle; Sustainable Production and Consumption; Cleaner Production; Sustainable Business; Clean Technology*

## 1. Introduction

Health care waste has been growing significantly as a result of the growing population and the use of disposable products [1,2]. Operating rooms are among the largest contributors of medical waste produced in hospitals as a result of disposable surgical supplies [3] creating huge amounts of waste [4].

In line with the circular economy (CE) philosophy, waste should be minimized and seen as a valuable input material for the manufacturing of raw base materials for new products. Waste can be prevented by conducting proper maintenance, repair or refurbishment to extend the product's life cycle. Recycling is preferred when the previous is not possible [5]. By reusing medical waste, the valuable materials are preserved, greenhouse gas (GHG) emissions are lowered and the environmental impact is reduced [6,7,1].

The European Green Deal stimulates sectors to participate in achieving a circular economy [8]. The aim is to become climate neutral by 2050 [9,10]. Healthcare waste in high income countries vary between 1.7 kg and 8.4 kg per bed per day [11]. Similar to the USA (7.9%), Japan (7.6%), Belgium (7.7%), Denmark (6.4%) to Germany (6.7%) [13], hospitals in the Netherlands are also responsible for around 7% of the total carbon footprint [12] meaning that improvements can be made with regard to waste processing and CO<sub>2</sub> emissions.

An analysis of the environmental impact when using disposable metal instruments indicated that disposable stainless-steel scissors have the highest negative environmental impact and appeared to have higher total cost of ownership than reusable scissors [14]. In line with these findings it is of interest to investigate other metal disposable instruments that are used in high quantities in the Operating Room (OR). During endotracheal intubation, laryngoscope blades are used in high quantities every day as either a disposable or reusable product. Due to the combination of the complex shaped blade with disposable parts such as an optical fibers and locking members, cleaning becomes difficult and sterilization costs are increased. Therefore, there is a trend towards the manufacturing of the disposable versions of these blades. Disposable metal blades such as the laryngoscope blades from Teleflex are made from a non-ferrous metal alloy named Zamak. Zamak allows for rapid casting of disposable complex

shapes [15]. Figure 1 shows an image of the disposable Rüsçh Polaris Fiber Optic Laryngoscope Blade (Teleflex, Dublin Road Westmeath, Ireland).



**Figure 1. Zamak Laryngoscope blades. Left, the Rüsçh Polaris Miller and Mackintosh type Laryngoscope Blade. Right, Laryngoscope blades disposed after use.**

#### *Zamak Laryngoscope blades*

Zamak consists of Zinc, Aluminum, Magnesium and Copper [16]. The laryngoscope blades as shown in Figure 1 are disposed after use on the OR. Zamak 3 is the most common type of material and used for casting of medical products. The standard composition is 3.5-4.3% aluminum, 0.02-0.06% magnesium, a maximum of 0.25% copper with the remainder being zinc ( $\approx 95\%$ ) [17]. The function of aluminum and copper is to increase the strength. The function of magnesium is to prevent corrosion [18]. Table 1 shows the standard and mechanical properties of Zamak 3. The main body of the Teleflex laryngoscope blade is made from Zamak that is covered by an epoxy-polyester coating and contains three inserts with a diameter of 4 mm made of both stainless steel and brass. The influence of metal impurities and presence of other alloys may influence the occurrence of defects and diminish material properties [19,20] after casting. To ensure a high quality end-product, the influence of the melting, casting and presence of undesired plastics or metals should be investigated.

**Table 1. Standard thermal and mechanical properties of Zamak 3**

Zamak 3 [11]	Value
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Melting Temperature – Liquidus (Celsius)	390 °C
Melting Temperature – Solidus (Celsius)	380 °C
Viscosity [12] (Pa s)	≈ 3.5 mPa*s @ 400°C
Solidification shrinkage (%)	1.2 %
Ultimate Tensile Strength (Mpa)	280 MPa
Yield strength (0.2% offset)	210 MPa
Young's modulus	86 GPa
Elongation at Break	11 %

The casting of Zamak is commonly done through die-casting, a metal casting process where molten metal is forced under high pressure through a system into a mold [21]. This specific casting process is often used to produce geometrically complex shaped metal parts and requires expensive die-casting machines and processes [22]. Besides the need for dedicated machinery, the die-casting process involves critical optimization of injection parameters and mold configurations to prevent that gas is entrapped in the cast resulting in the formation of pores in the casted material [23]. Therefore, a need exists to develop an alternative and a less complex 'all-in-one' set-up in which disposed medical instruments can be disinfected, melted and directly molded into new end-products.

### ***Aim***

The aim of this study is to validate the recycling of disposable Zamak laryngoscope blades into new medical products by using a new 'all-in-one' affordable reprocessing setup as alternative for die-casting.

## **2. Methods**

For this study, two batches of disposable Teleflex laryngoscope blade waste with a total mass of 48kg were separated from the material flow of Spaarne Hospital, Hoofddorp, the Netherlands and Amsterdam University Medical Center, Amsterdam, the Netherlands. The OR staff deposited the waste in special containers with a lockable lid. The containers were opened after receipt, disinfected at 90°C and the blades were put in a larger collection bin until they were further processed.

Figure 2 shows how the blades were disinfected in a modified G7782 CD Miele medical thermo disinfectant at 90°C (Miele Nederland, Vianen, the Netherlands).



**Figure 2. Thermal disinfection with customized insert rack for disinfection of blades in larger quantities.**

The blades were manually put in the stainless steel bowl and funnel and placed in the melting oven. The blades were melted into ingots and cleaned ultrasonically. The melting and casting is done in a single production line, based on a single location at the Sustainable Surgery Lab of Delft University of Technology (Supplemental file, 1). An induction furnace (electric melting oven, KOS, series 219029) was used for melting the laryngoscope blades (Figure 3). The melting oven contains a cylindrical crucible with a diameter of 395mm and a height of 345mm as maximal space for the “all-in-one” melting process.



**Figure 3. Melting Oven. A: The induction furnace for melting of the Zamak laryngoscope blades. B: All-in-one casting setup placed in the melting oven. C: Top bowl with filter allows only the Zamak to pass. D: Cast with riser. E: Exploded view cast with riser.**

After melting, the flow of the liquid Zamak is propagated into a mold using the principle of gravity casting. The adhesion of the epoxy-polyester coating is reduced with the bake-off method [24]. Earlier studies show that the bake-off requires heating of a coated item to 340°C - 400°C to turn the coating starts turning to ashes while keeping the inserts made from stainless steel and brass intact [25,26]. At these temperatures, the coating starts flaking and forming cracks. Once the coating has been degraded enough, the Zamak flows into the mold. This process usually takes between three to six hours. During oxidation, gases and debris can be absorbed by the Zamak, while in its liquid form it may create defects in the form of porosity during casting. To reduce the oxidation rate, a melting temperature of 420°C is chosen for the experiments as this lies within the margin of the Zamak recommended melting temperature



(395°C and 425°C) [27]. The used Zamak blades also contains a tube made of a shielded transparent fiber held in place by a polyvinylchloride part.

## 2.1 Melting setup

The melting setup consists of a flat bottom stainless steel bowl with a grate on the bottom and a stainless-steel ingot mold (Figure 3). The grate acts as a filter to prevent the coating residue, inserts and the particles from plastic parts to flow along into the mold. The funnel is held up by a stand and has the 3 x 3mm hole grate. The mold was placed below the bottom funnel hole. The conical shape of the funnel is used to have all of the liquid converging towards the funnel opening supported by gravity, contributing to a higher Zamak recovery.

During solidification, the melted material decreases its volume and the casting shrinks. The particles are pulled in the direction where the solidification starts, tending to start at the walls of the mold. This causes cavities to appear if not enough melt is available to compensate for the lost volume named shrinkage porosity [28]. To prevent this shrinkage porosity, the ingot mold was designed with a riser, a reservoir for casting. The melted material in the riser solidifies last. Therefore, the mold can pull from the riser towards areas where cavities would otherwise emerge. The design of the riser follows Chvorinov's rule, stating that the solidification time of a casting depends on the relation between the volume and surface area according to [29]:

$$t = B \left( \frac{V}{A} \right)^2 \quad (1)$$

t = Solidification time in [s]

B = Mold constant in [s·m<sup>-2</sup>]

V = Volume in [m<sup>3</sup>]

A = Surface area in [m<sup>2</sup>]

According to DeGarmo [30], a 25% difference between the solidification time of the casting and the riser is sufficient. Because the riser and the rest of the casting use the same mold, the

mold constant B would be equal to each other. When applying the 25% difference, the equation can be simplified to:

$$\left(\frac{V}{A}\right)_{Riser}^2 = 1.25 \left(\frac{V}{A}\right)_{Casting}^2 \quad (2)$$

The riser has a cylinder shape with a volume of 10.75 cm<sup>3</sup> and a surface area of 33.13 cm<sup>2</sup>. Following Equation 2, the riser has a solidification time 26% slower than that of the casting. Because the mold and the casting both have to cool down from the same temperature when removed from the furnace, the riser and casting solidification process starts once the mold walls have cooled down to the solidification temperature. Assuming that every part of the mold wall cools down equally, the shrinkage cavities start occurring in the middle. Therefore, the riser is positioned above the middle part of the casting so gravity forces the melting material into the casting in an efficient way (Figure 3). The setup is used to cast two ingots at 420°C, that are machined into dog-bones and 2 cylinders. The cylinders with a diameter between 30 and 50mm are used for material analysis. The dog-bone samples were designed in accordance with the ASTM E8 standard [36] and are used to carry out the tensile tests (Supplemental file 3). Furthermore, an ingot made from virgin Zamak was made and used to machine dog-bones. These ingots were made using laryngoscope blades from which the coating is removed by means of a chemical dissolving agent (Superafbijt 507645, Pearl Paint Holland BV, Lelystad – the Netherlands).

## 2.2 Material validation experiments

To determine the purity of all of the casted ingots, they are compared with samples made from virgin Zamak 3. All of the cylindrical samples are analyzed using X-ray fluorescence (XRF) spectroscopy (Panalytical Axios Max WD-XRF, Malvern, United Kingdom) [31-35]. The purity is calculated with SuperQ5.0i/Omnian software. Based on the concentrations of zinc, aluminum, magnesium and copper.

The dog-bones and tested material properties were used to determine the stress-strain curves. The Ultimate Tensile Strength (UTS) was defined as the highest measured tensile

strength before breakage. The Yield Strength (YS) is defined as the first point in the graph the stress remains constant during elongation. The Young's Modulus is defined in this study as YS/strain.

### 2.3 Part manufacturing, a test case

To investigate whether the “all-in-one” process can be used to manufacture functional quality products, a stainless steel casting mold for a steering wheel is made. The steering wheel is part of the handle of the SATA instrument, a medical instrument used for laparoscopy [37]. This specific wheel has a complex shape with multiple cutouts and an inner chamber making this medical part the ideal test subject. The mold shown in Figure 4, consists of 3 slabs, each 10 x 55 x 55 mm in size, held to together by nuts and bolts. The wheel ingot is casted with the same melting setup after heating the laryngoscope blades for an hour on 420°C. To determine the level of shrinkage, the most relevant steering wheel dimensions are measured and compared to the dimensions of the original shape. Measurements are conducted with a Mitutoyo digimatic caliper. The dimensions of the four extremities shown in Figure 4 are measured in an alternating way. Protrusion and indentation are measured on four locations on 0, 45, 90 and 135 degrees (Figure 4-Left). The shrinkage is determined by calculating the percentage the steering wheel dimensions deviated from the cast shape dimensions.

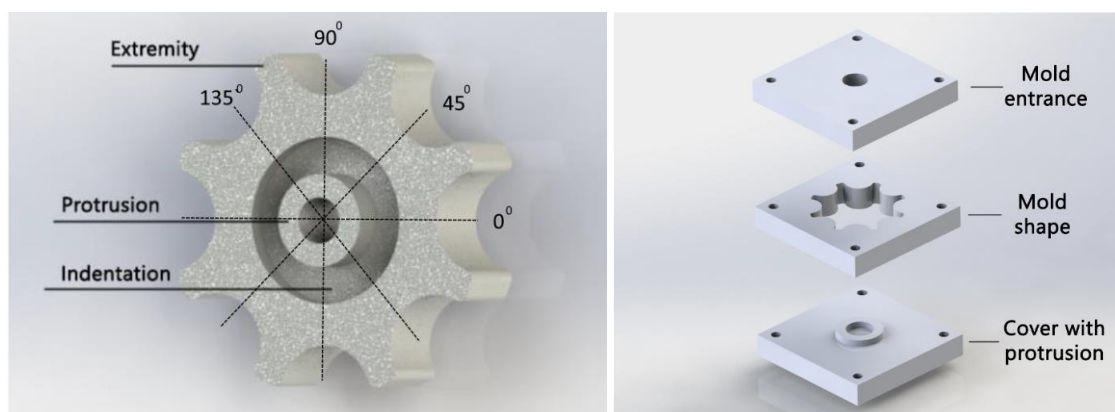


Figure 4. Steering wheel casting. Left, the simplified cast. Right, mold design.

The edges of the inner shape of the steering wheel cast are not rounded to investigate the potential of the Zamak to form uniform sharp edges within the process. An electric microscope system with zoom capability up to 10.000x (MF measuring microscope, Mitutoyo, Kanagawa, Japan) is used to determine the roughness of the edges on four locations on a pair of opposing extremities in order to quality assure the casted parts. Finally the wheel surfaced is machined to match the exact properties of a functional wheel by machining the rims and surfaces on a Lathe. A hole is drilled and a thread cut inside the hole for a fixation screw. The wheel is placed on an instrument for functional testing of the thread during and after assembly and the thread was optically inspected after disassembly.

### **3. Results**

Two batches of laryngoscope blades were collected from the Spaarne Hospital (Hoofddorp, the Netherlands) and the Amsterdam University Medical Center (Amsterdam, the Netherlands) and melted and casted. An example of a produced ingot is given in Figure 5.



**Figure 5. Ingot after ultrasonic cleaning.**

The amount of Zamak extracted from the blades per melting setup is provided in Table 2. The melting setup resulted in approximately 93% recovered Zamak over a time span of three hours.

Table 2. Results of the weighing test for the melting setup

<b>Temp</b>	<b>number of blades used</b>	<b>Zamak mass before casting</b>	<b>Zamak mass after casting</b>	<b>Zamak recovery %</b>
420 °C	10	750 g	680 g	91.9%
420°C	10	742 g	700 g	94.4%

The results from the XRF tests show that although impurities are present in the castings, they mainly contain Zinc. The tested ingots S2-C and S2-D had a purity of 99.7% (Table 3). The full material composition data from the XRF tests can be found in Supplemental file 2.

Table 3. Chemical composition of the casted ingots.

<b>Element Concentration</b>	<b>Ingot A</b>	<b>Ingot B</b>	<b>Coating removed</b>	<b>Virgin Zamak</b>
Zinc (Zn)	94.97%	95.65%	96.36%	91.55%
Aluminum (Al)	4.28%	3.78%	3.3%	4.5%
Magnesium (Mg)	0.42%	0.25%	0.17%	0.8%
Copper (Cu)	0.04%	0.04%	0.02%	2.8%
Iron (Fe)	0.04%	0.05%	0.01%	0.01%
Nickel (Ni)	0.01%	0.02%	-	0.01%
Silicon (Si)	0.12%	0.1%	0.05%	0.05%
Chloride (Cl)	0.08%	0.04%	0.17%	0.17%
Sulfur (S)	0.03%	0.02%	0.04%	0.01%
Phosphorus (P)	0.01%	0.01%	-	0.01%
Potassium (K)	-	0.01%	0.04%	0.03%
Calcium (Ca)	-	0.02%	0.02%	0.02%
Fluorine (F)	-	-	-	-

Chromium (Cr)	-	0.02%	-	-
Total Purity %	99.7%	99.7%	99.85%	99.7%

Examples of machined dog-bone samples for tensile testing, according to ASTM E8, are shown in Figure 6.

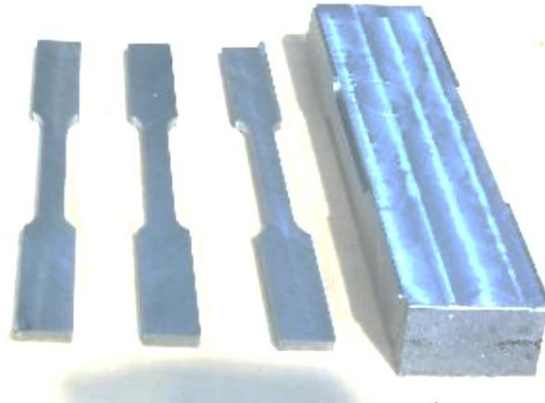


Figure 6. Dog-bone samples machined from the casted ingots.

### 3.1 Mechanical properties

The results of the tensile tests are shown in Table 4. Figure 7 shows the stress-strain curves of two dog-bones from each cylinders (A1, A2, B1, B2), and two virgin dog-bones (IPS 1, IPS2). The individual stress-strain curves of each sample are shown in Supplemental file 4. The average UTS of reprocessed Zamak was  $236 \pm 61$  (MPa), being 82% of the averaged UTS of standard Zamak (287 MPa). The average YS of the reprocessed Zamak was 103% or  $70 \pm 43$  MPa when comparing to standard (virgin) Zamak (68 MPa). The average Young's Modulus of the reprocessed Zamak was 64% or  $9 \pm 3$  GPa of the standard Zamak (14 GPa).

Table 4. Results of the tensile tests.

<b>Zamak Properties</b>	<b>Ultimate Tensile</b>	<b>Yield Strength</b>	<b>Young's Modulus</b>
<b>Tensile Test</b>	<b>Strength [MPa]</b>	<b>[MPa]</b>	<b>[GPa]</b>
<b><i>Standard Properties</i></b>	<i>280 MPa</i>	<i>210</i>	<i>86</i>
<b><i>Literature</i></b>			

<b>Ingot Virgin IPS</b>			
<i>Sample IPS-1</i>	293	67	14,6
<i>Sample IPS-2</i>	280	68	14,3
<b>Ingot A</b>			
<i>Sample A-1</i>	220	43	6.8
<i>Sample A-2</i>	161	28	8,3
<b>Ingot B</b>			
<i>Sample B-1</i>	304	124	12,3
<i>Sample B-2</i>	260	86	10
<b>Ingot average, SD/±</b>	236 ±61	70 ±43	9 ±3

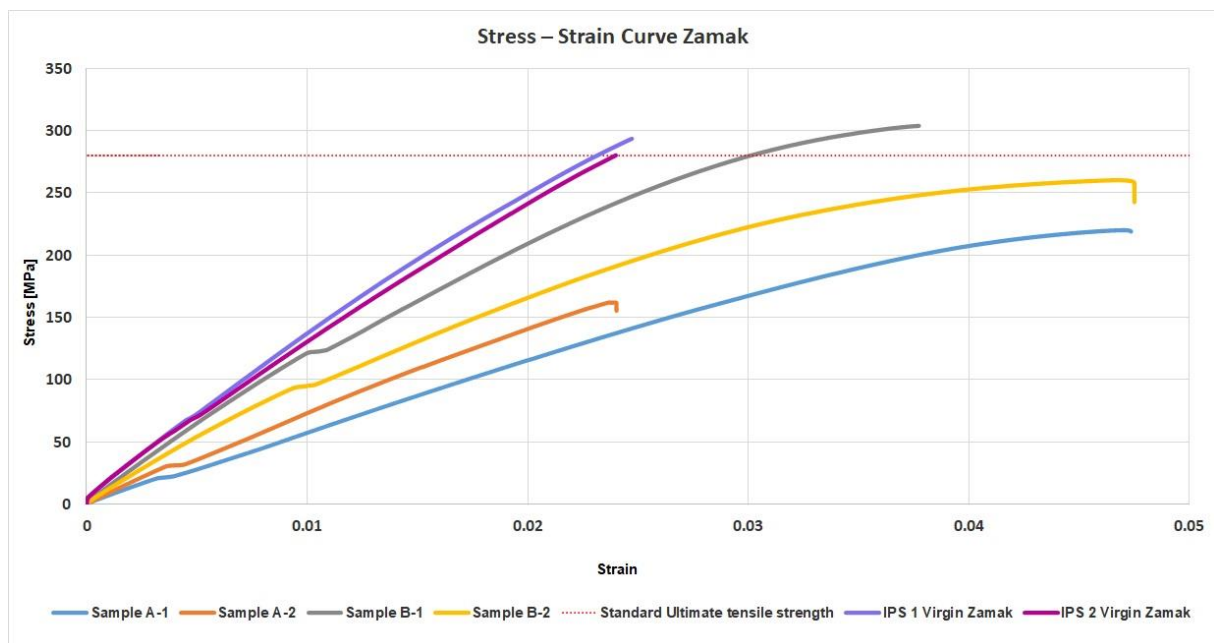











Figure 7. Stress-strain curve of the tensile tests with dog-bones.

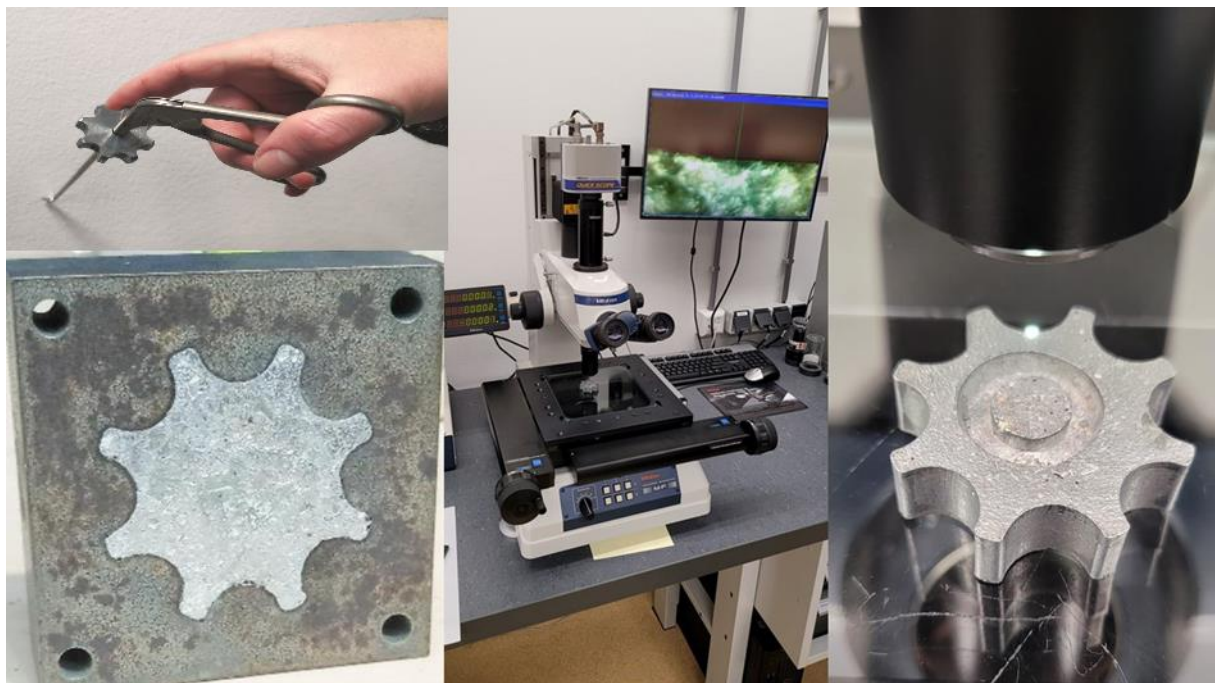
### 3.2 Part manufacturing, a test case

Casting turned successful (Figure 8) and only three undesired surface faults were detected with a maximal depth of 0.6 mm along the edges of the protrusion. It was possible to remove the product from the cast within 10 minutes by pressing the wheel from its cast with a 0.5 tonnage rack and pinion press. The casts did not show any damage after removal. Table 5 shows the measured dimensions of both cast and steering wheel.

**Table 5. Pattern shrink percentages of different sections of the rotation knob (averaged over 4 measurements)**

Description	Outer diameter indentation [mm]	Inner diameter protrusion [mm]	Most outer diameter wheel [mm]	Outer diameter minus cutout [mm]	thickness rims [mm]	with rims [mm]	height cutout [mm]	sharpness corner side 1 [mm]	sharpness corner side 2 [mm]
Location									
Product measurements	17,95	9,90	37,96	27,08	10,22	3,62	3,03	0,02	0,02
	17,80	9,89	37,92	27,03	10,24	3,60	3,09	0,02	0,05
	17,84	9,87	37,94	27,07	10,19	3,58	3,07	0,04	0,03
	17,79	9,90	37,92	26,98	10,23	3,62	3,02	0,04	0,06
Mean	17,85	9,89	37,94	27,04	10,22	3,61	3,05	0,03	0,04
SD	0,07	0,01	0,02	0,05	0,02	0,02	0,03	0,01	0,02
Cast measurements	17,96	9,89	37,98	27,03	10,19	3,73	3,12	0,02	0,04
	17,92	9,90	38,02	27,23	10,25	3,61	3,08	0,03	0,03
	17,97	9,92	37,91	27,00	10,23	3,62	3,09	0,03	0,04
	17,99	9,89	38,24	27,01	10,21	3,63	3,07	0,04	0,03
Mean	17,96	9,90	38,04	27,07	10,22	3,65	3,09	0,03	0,04
SD	0,03	0,01	0,14	0,11	0,03	0,06	0,02	0,01	0,01
averaged difference	0,12	0,01	0,10	0,03	0,00	0,04	0,04	0,00	-0,01
Difference in % (shrinkage)	0,64	0,10	0,27	0,10	0,00	1,17	1,21		

The shrink varied between 0.0% and 1.2% and varied over the individual extremities. The shrink for the thickness of the steering wheel was around 0.0%, whereas the shrink for the height of the cutout was around 1.2%. The sharpness of the corners was measured to be around 0.01 mm.



**Figure 8. Assessment of the final product. Top left: a finalized wheel fixed on the instrument to test the fixation strength. Below Left: a very tight fit established between product and casted half fabricate. Middle and Right, measuring microscope with casted steering wheel close up.**



## **4. Discussion**

### **4.1 Mechanical properties**

The results of this study show that melting Zamak disposable blades into raw material to make new products and components is feasible. The melting, having a temperature of 420°C, was implemented for three hours, resulted in 93% Zamak extracted from the blades. The tensile tests revealed that the mechanical properties of the reprocessed laryngoscope blades are lower compared to the standard Zamak properties from the literature. Nevertheless, they are in line with the tested virgin Zamak (IPS). The averaged UTS, yield strength and Young's modulus were 82%, 103% and 64% of virgin Zamak (IPS). Within our "all-in-one" processing method, gravity casting was used. The most noticeable results of the mechanical tests are the values of the YS of all tested samples in relation to the theoretical YS of 280 MPa. In all cases, the values remained much lower, indicating a significant difference in the location of the yield point. In case of pure Zamak, the stress strain curve is more linear compared to the tested samples. Therefore, it is likely that the theoretical YS is based on the 0.2% offset method [38] instead of using the true Yield point. Another factor which may affect the mechanical qualities are the impurities [39]. Although it is likely that most observed impurities on the surface of the ingots came from the coating and the other plastic parts of the laryngoscope blades, the XRF data show that removal of the coating did not result in significant differences in composition regarding impurities.

### **4.2 Ingot Porosities**

The concentrations of Zinc and silicon found in the ingots after casting were higher than in virgin Zamak. The silicon is likely coming from the plastic parts of the laryngoscope blades. No significant porosities were observed in the ingots. Therefore, it is likely that gas porosity is prevented due to the use of the Zamak recommended casting temperature of 420°C and the presence of a riser that prevented shrinkage porosity. This is supported by the lack of visual signs of shrinkage porosity. The observed contaminants and inclusions most likely come from entrainment of liquid/gas that is sucked out of the surrounding material as the pressure in the flowing medium is lower compared to its environment [40].

### **4.3 Gravity casting process**

The results show that it is feasible to create an “all-in-one” Zamak casting process for functional new parts with a minimal production setup as alternative for die-casting. Although it demonstrated to be possible to incorporate specific details into the stainless cast-design, some minor flaws were detected along the edges of the wheel part. Therefore, it is suggested to investigate if the inflow of material in the indentations and protrusions of the cast can be improved by adjusting the height of the setup or by controlling the cooling down of the setup. The used molds were manufactured from 10 mm thick stainless steel plate with multiple sections. It is likely that the segments with differing surface areas and volumes have different cooling rates. As this can lead to non-uniform shrinkage as observed in the indentation cut-out, the segments in the mold design should compensate for this by removal or adding material around the wall of the mold to create a more uniform wall thickness. A more uniform wall thickness and controlled cooling can result in less material tension in the product leading to better tolerances.

#### **4.4 Circular economy**

Despite the observed limitations, the results indicate that it is feasible to use medical waste, such as laryngoscope blades, as source of raw material and semi-finished products. After this process is further matured and scaled, it can contribute to reduce medical waste. Reducing waste within the Circular Economy is growing in significance due to its benefits to society [41,42]. Reusing and reprocessing of disposable medical devices after sterilization have been reported earlier [43]. The reuse of Zamak laryngoscope disposables in their current design may significantly contribute to CO<sub>2</sub> reductions but is legally restricted [44]. Melting, as a second option, will require more energy than (re)sterilizing but is more sustainable than incineration. Before environmental claims can be made about the benefits of using disposed Zamak as input material for new products, a Life Cycle Assessment (LCA) study needs to be conducted to calculate other environmental impacts categories as water- and land use, fine particulate matter and eco-toxicity. To investigate the costs of reprocessing versus the manufacturing of components made out of virgin and reprocessed Zamak, an in-depth cost study, such as a Life Cycle Costing (LCC) should be conducted.

#### **4.5 Study limitations**

Although not included in the scope of this study, a cost analysis of the logistical process of the urban mined laryngoscope blades, melting and casting would be an area of interest for further investigation as this has not been explored in this study. Special logistical set-up is needed, as these blades have been used with patients in the Operating Room, meaning that they are potentially contaminated, generating more costs. These costs include safe-handling of the waste, use of validated and special containers with closable lids and the costs of the process of thermo-disinfection. These costs should be compared with the standard current costs for hospitals when disposing medical waste. With regard to the casting procedure, additional research is needed to determine whether the Zamak quality remains constant with gravity casting as compared to die-casting. Furthermore, the material use and quality consistency of molds, used during the casting, is an area to be explored additionally.

### **5. Conclusion**

A circular “all-in-one” process was designed using disposed Zamak laryngoscope blades that were successfully reprocessed into raw material and directly molded into a surgical instrument component. After being optimized, a gravity driven “all-in-one” reprocessing setup for Zamak disposables can be an affordable alternative for expensive die casting methods. Despite the changing mechanical properties as compared to standard Zamak, reprocessing Zamak laryngoscope blades demonstrated to have potential for making new (medical) parts. The casted Zamak parts still require post-processing, and is not yet an ‘as-ready’ product when the part is released from the mold. However, this study demonstrated the feasibility of reprocessing Zamak medical waste into new product components contributing to a circular health care economy.

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### **Competing interests**

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

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