# Polycrystalline Diamond Coating on Orthopaedic Implants: Realization, and Role of Surface Topology and Chemistry in Adsorption of Proteins and Cell Proliferation

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ABSTRACT: Polycrystalline diamond has the potential to improve the osseointegration of orthopaedic implants compared to conventional osteo-implant materials such as titanium. However, despite the excellent biocompatibility and superior mechanical properties, the major challenge of using diamond for implants such as those used for hip arthroplasty is the limitations of microwave plasma chemical vapor deposition (CVD) techniques to synthesize diamond on complex-shaped objects. Here, for the first time we demonstrate diamond growth on titanium acetabular shells using surface wave plasma CVD method. Polycrystalline diamond coatings were synthesized at low temperatures (~400 °C) on three types of acetabular shells with different surface structure and porosity. We achieved diamond growth on highly porous surfaces designed to mimic the structure of the trabecular bone and improve osseointegration. Biocompatibility was investigated on nanocrystalline diamond (NCD) and ultrananocrystalline diamond (UNCD) coatings terminated either with hydrogen or oxygen. To understand the role of diamond surface topology and chemistry in attachment and proliferation of mammalian cells we investigated adsorption of extracellular matrix (ECM) proteins, and monitored metabolic activity of fibroblasts, osteoblasts, and bone marrow-derived mesenchymal stem cells (MSCs). The interaction of bovine serum albumin (BSA) and Type I collagen with diamond surface was investigated by confocal fluorescence lifetime imaging microscopy (FLIM). We found that proliferation of MSCs was better on hydrogen terminated UNCD than on oxygen terminated counterpart. These findings corelate to the behaviour of collagen on diamond substrates observed by FLIM. Hydrogen terminated UNCD provides better adhesion and proliferation for MSCs, compared to titanium, while growth of fibroblasts is poorest on hydrogen terminated NCD and osteoblasts behave

similarly on all tested surfaces. These results open new opportunities for application of diamond coatings on orthopaedic implants.

### **1. INTRODUCTION**

Conventionally used materials for medical implants are not ideal and come with limitations, which can lead to complications or even to a worst outcome: a revision surgery. The ideal biomaterial is expected to promote cellular growth, inhibit bacterial adhesion, and have excellent tribological properties. One of the most widely used materials for orthopaedic implants, such as for a hip replacement, is titanium and its alloys. However, lifetime of such implants is limited and, typically, ranges from 5 to 25 years. Revision surgeries are more complex, takes longer time, are more costly and have greater risk of complications. Typically, 4-5% of people who receive a hip implant may require revision surgery within 10 years and 15% of patients need revision surgery within 20 years [1]. The most common reasons for the failure of titanium prosthesis are aseptic loosening and bacterial infection, which are directly related to the surface properties of titanium. This can be attributed to the fact that the surface of titanium has limited bioactivity and lacks anti-bacterial properties [2]. Therefore, much effort has been taken to improve performance of titanium by various modifications and structuring of surface or by application of coatings [3]. Conventional materials suggested as coatings on titanium for enhanced biocompatibility include hydroxyapatite, bioactive glass, biphasic calcium phosphate and TiN. However, the stability, adhesion, and degradation performance of these coatings are still challenging [4, 5]. The drawbacks and limited performance can be partly attributed to the

quality and coverage of coatings which has direct effect on responses such as initial cellular adhesion to substrate, subsequent growth and proliferation, and bioactivity of material [6].

One of the most promising candidates to address the drawbacks of the state-of-the-art coatings is diamond. Diamond as a coating on orthopaedic implants provides several solutions due to its unique properties including wear resistance, high biocompatibility, corrosion resistance, chemical inertness, and high adhesion to titanium. All these properties, potentially, make diamond as an ideal coating for orthopaedic implants overcoming shortcomings of currently used solutions. It has been demonstrated that diamond coatings promote osteoblast adhesion [7-9], shows anti-microbial properties [10, 11] and have high degree of biocompatibility [12]. Moreover, diamond showed high tribological performance for coated femoral heads in a wear simulator [13] and has high potential of being used also for wear-intense applications.

The standard method used for the growth of diamond on titanium substrate is chemical vapor deposition (CVD). Depending on the type of the energy source used to activate carboncontaining gas there are two most widely used CVD techniques: hot filament (HF) and microwave plasma enhanced (MWPE) CVD with diamond films, typically, grown at substrate temperatures ranging from 500 °C to 1000 °C [14]. In HFCVD reactors gasses are activated by heated tungsten wires (filaments) while in the MWPECVD reactors microwave radiation is used as an energy source to generate a gas discharge. The HFCVD can achieve large area CVD but suffers from filament instability and contamination of the growing diamond film [15, 16]. Therefore, for the growth of high purity diamond films, typically, resonant-cavity MWPECVD systems operating at 2.45 GHz frequency are used. The deposition area of these systems is limited of up to approximately 30 cm<sup>2</sup> [17] by the gas discharge shape and size, which is roughly half the wavelength at a given frequency. Planar-type nature of the above listed techniques has limited the size and shape of the objects, which can be used for the synthesis of diamond. The current state-of-the-art is Rifai et al. [18] demonstration of diamond deposition on additively manufactured hollow 3×3×3 mm<sup>3</sup> titanium cubes using MWPECVD method followed by the investigation of diamond synthesis on samples up to  $8 \times 8 \times 3$  mm<sup>3</sup> using a protective Faraday cage [19]. Maru et al. [13] used HFCVD method to deposit diamond on femoral heads 28 mm in diameter but did not study films uniformity. As an alternative to HFCVD and resonant-cavity MWPECVD either a distributed antenna array (DAA) [20] or a surface wave plasma (SWP) [21, 22] CVD system could be used for diamond synthesis even at temperatures below 100 °C [23]. These two techniques operate at low pressures (<2 mbar) and yield larger gas discharge volumes compared to HFCVD and MWPECVD methods, which is beneficial for diamond growth on complex-shaped objects. The latest demonstrations come from Dekkar et al. [24] showing diamond growth on cylindrical-shape titanium implant of 6.3 mm height with DAA CVD system and Varga et al. [25] achieving non-uniform growth on 30 mm heigh copper rods using SWP CVD. Therefore, there is a need to investigate diamond synthesis on larger than above mentioned objects to accelerate use of diamond-based materials for orthopaedic implants.

Surface topology and chemistry of diamond coatings plays an important role in adsorption of proteins and cells proliferation and viability. Alcaide et al. [26] showed that topology and doping of polycrystalline diamond films alter adsorption of serum proteins and can influence the resistance of fibroblasts adhesion and proliferation. Cytotoxicity evaluation of fibroblasts on diamond coatings showed no induced cytotoxic response [27]. Liskova et al. [28] findings show that osteoblast exhibited higher growth rate on oxygen terminated diamond films compared to hydrogen terminated counterparts. Furthermore, they found that oxygen terminated surface supports the deposition of extracellular matrix proteins. Recent study from Rifai [29] shows that

polycrystalline diamond promotes expression of adhesion proteins, and that surface topology can guide proliferation of osteoblasts. As suggested by Fong et al. [6] mesenchymal stem cells (MSCs) can be integrated on diamond coatings to improve osteoconductive properties of implants, however, literature within the field report inconsistent findings of MSC adhesion and proliferation on diamond [30]. Therefore, it is important to include in studies multiple cell types to gain better understanding of cell adhesion and proliferation on diamond substrates.

Here, for the first time, we use SWP CVD method to synthesize diamond on complex-shaped orthopaedic implants, namely titanium acetabular shells, taken from patients after revision hip replacement surgeries. Biocompatibility and properties of the films were investigated on two types of coatings, nanocrystalline diamond (NCD) and ultrananocrystalline diamond (UNCD), deposited on silicon wafers and titanium hemispheres designed to mimic the shape of the acetabular shells. We evaluated the metabolic activity of fibroblasts, osteoblasts and MSCs on NCD and UNCD surfaces terminated with hydrogen and oxygen showing that proliferation and viability of MSCs is best on hydrogen terminated UNCD. Furthermore, we show that hydrogen terminated UNCD provides better adhesion and proliferation for MSCs, compared to titanium substrate. Lastly, for the first time, we complement biocompatibility assessment of the cells with the investigation of adsorption of blood and extracellular matrix (ECM) proteins on diamond surface. We show that Type I collagen adsorption and behaviour observed by confocal fluorescence lifetime imaging microscopy (FLIM) correlates with proliferation of MSCs on hydrogen and oxygen terminated UNCD.

# 2. EXPERIMENTAL SECTION

#### 2.1. Synthesis of Polycrystalline Diamond.

2.1.1. Sample Preparation. Polycrystalline diamond was synthesized on three hemispherical acetabular shells taken from patients after revision hip replacement surgeries and donated by Haukeland University Hospital in Bergen, Norway. The bulk of all acetabular shells is made from Ti-6Al-4V alloy with following types of the backing material: i) porous metal made from trabecular-type tantalum material, referred to as "TRABECULAR" (Cat. No. T/TA 6202-58-20, Trabecular metal modular, Zimmer, d=58 mm), ii) fiber mesh made from commercially pure (CP) titanium, referred to as "M-MESH" (Cat. No. T6610-54-02, Harris Galante II, Zimmer, d=54 mm), and iii) arc-deposited plasma sprayed CP titanium, referred to as "TRIDENT" (Cat. No. 500-01-58F, Trident, Stryker, d=58 mm). The residual bone content on acetabular shells was mechanically brushed away in a warm water (50-70 °C). Residues of acrylic bone cement were dissolved in isopropanol followed by ultrasonication in acetone for 30 min. Uniformity of diamond coatings was investigated on hemispheres 40 mm and 60 mm in diameter machined from Ti-6Al-4V alloy and polished using high-capacity finisher (Radiance 50, Schmidts Polérmedel).

2.1.2. Diamond Coating. Prior to deposition all samples were exposed for 3 min *ex-situ* to a reactive oxygen gas plasma to achieve good nanodiamond (ND) seeding density [31, 32]. The acetabular shells and titanium hemispheres were seeded by pouring on them water-based colloidal solution of ultra-dispersed ND particles (5-7 nm) and rinsing them after with deionized water. Silicon substrates (polished 4-inch wafers) were seeded with the same ND suspension via drop casting and subsequent spin-drying [33]. Polycrystalline diamond samples were prepared by

SWP CVD (W&L Coating Systems, TruDi MWPECVD System) keeping all samples 2.5 cm away from the linear antenna (LA). The CVD gas mixture consisting of 2% methane (CH<sub>4</sub>), 6% carbon dioxide (CO<sub>2</sub>) and 92% hydrogen (H<sub>2</sub>) was used to grow NCD films while UNCD films were synthesized using 8% CH<sub>4</sub>, 6% CO<sub>2</sub> and 86% H<sub>2</sub>. Carbon dioxide was added to ensure effective etching of *sp2* carbon phases at low temperatures [34, 35]. The NCD and UNCD films were grown for 22 h and 10 h, respectively. Both types, NCD and UNCD films, were deposited on titanium hemispheres and silicon wafers while only NCD was synthesized on acetabular shells. The temperature of the samples 2.5 cm away from the LA was measured to be ~400 °C. The microwave power and gas pressure were 2800 W and 0.22 mbar, respectively.

2.1.2. Surface Treatment. The silicon wafers were cut into smaller samples and divided into two batches. Samples from the first batch were terminated with hydrogen by exposing them to hydrogen plasma inside the in-house built MWPECVD reactor for 10 min at 600-700 °C and 50 mbar keeping microwave power 1400 W. The reactive ion etcher Plasmatherm 790+ was used to terminate samples from the second batch with oxygen. The samples were placed on the grounded holder and submersed in oxygen plasma at 133 mbar pressure under room temperature for 2 minutes with no added bias keeping power at 100 W.

# 2.2. Material Characterization.

The surface morphology of polycrystalline diamond films was examined with Raith e-Line and Zeiss SUPRA 55VP scanning electron microscopes (SEM), using inlens secondary electrons detectors and an acceleration voltage of 10 kV. Surface topology and roughness was investigated with Bruker Dimension Icon atomic force microscope (AFM), employing peak force tapping

mode (ScanAsyst) with a ScanAsyst-Air probe (Bruker). The thickness of films was measured using spectral reflectance technique with Filmetrics 200 F10-RT reflectometer.

Composition of the diamond films was examined by Raman spectroscopy measuring spectra in 1000-2000 cm<sup>-1</sup> range with HORIBA LabRAM 800 HR spectrometer working in a confocal mode and using 488 nm wavelength Ar laser as an excitation source. Chemical composition of coatings surfaces was investigated with Axis Ultra DLD (Kratos Analytical) X-ray photoelectron spectrometer (XPS). High-resolution XPS spectra were taken by probing of  $700 \times 300 \ \mu\text{m}^2$  area using a monochromatic Al K $\alpha$  X-ray source operating at 10 kV and 10 mA. Survey and regional scans were acquired with pass energy of 160 and 20 eV, respectively. The step size was set to 1 eV for the survey and 0.1 eV for regional scans. The reported spectra were charge corrected with reference to adventitious carbon (C 1s peak at 284.8 eV). Acquired data were analyzed using CasaXPS (Casa Software Ltd).

The surface wettability of titanium and diamond samples was characterized with a video-based optical contact angle measurement system OCA20 LHT (Dataphysics) by measuring static water contact angle. The contact angles were measured at room temperature by gently depositing water droplets having a volume of 3  $\mu$ L.

# 2.3. Adsorption of Proteins.

*2.3.1. Sample Preparation.* Bovine serum albumin (BSA) and Type I collagen (COL) from bovine skin, both labeled with fluorescein isothiocyanate (FITC), were purchased from Sigma-Aldrich. Silicon samples with hydrogenated and oxygenated NCD and UNCD were immersed in BSA (1 mg/ml in 10 mM Tris buffer at pH 7.4) and COL (1 mg/ml in 0.01 M acetic acid at pH

5.0) solutions for 1 h at room temperature. Subsequently, samples were rinsed 3 times and submerged in 10 mM Tris buffer at pH 7.4 prior to the fluorescence lifetime measurements.

2.3.2. Fluorescence Lifetime Imaging Microscopy (FLIM). Fluorescence lifetime data of BSA<sup>FITC</sup> and COL<sup>FITC</sup> conjugates were obtained using time-correlated single-photon counting (TCSPC). A Ti:Sapphire laser (Coherent Chameleon Ultra) tuned to 900 nm wavelength, generating femtosecond pulses (pulse width 140 fs) at an 80 MHz repetition rate (12.5 ns between each pulse) was used for two-photon excitation of the samples. Excitation light was guided to confocal inverted microscope (Leica TCS SP5) and focused by a water immersion objective (NA = 1.2). The samples were scanned at a line frequency of 400 Hz and fluorescence of FITC was detected by a built-in photomultiplier tube (PMT) in a range of 500-700 nm. Line, frame, and pixel clock signals were generated and synchronized by Hamamatsu R3310-02 PMT detector and linked via a TCSPC imaging module (SPC-830, Becker-Hickl) to generate fluorescence lifetime data. The fluorescence lifetime data for each sample was collected by scanning 110×110 µm area with the spatial resolution of 128×128 pixels. The collected photons for each pixel were stored as a histogram (decay trace). We used a bi-exponential decay model convoluted with the instrument response function (IRF) to represent the data of each pixel. To increase the signal-to-noise ratio, for each pixel 8×8 decay traces of the neighboring pixels were summed and the fluorescence lifetimes ( $\tau_1$  and  $\tau_2$ ) for the central pixel were obtained from the Maximum-Likelihood fit to the summed decay trace using SPCImage software, hence obtaining a decay matrix (128×128 pixels) for each tested sample.

#### 2.4. Cell Growth on Diamond-Coated Substrates.

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2.4.1. Cells and cultivation. Human bone marrow-derived mesenchymal stem cells (BMSCs) were isolated from 2 donors, 53 years old male (BMSCmax) and 59 years old female (BMSCbeh), under ethical approval from the Regional Committee for Medical and Health Research Ethics in Norway (approval number: REK vest 7199). BMSCs were characterized based on expression of a set of cell surface markers (CD34, CD45, CD73, CD90, CD105 and HLA-DR). BMSCs were cultured at a seeding density of  $5 \times 10^3$  cells/cm<sup>2</sup> using culture medium Minimum Essential Medium - Alpha Modification (aMEM, Thermo Fisher Scientific) supplemented with 10% fetal bovine serum (FBS, Sigma-Aldrich) and 1% antibiotics (penicillin/streptomycin, Sigma-Aldrich). Human primary lung fibroblasts (Innoprot) were cultured in fibroblast medium (Innoprot) at a seeding density of  $6 \times 10^3$  cells/cm<sup>2</sup>. The osteosarcoma cell line Saos-2 (DSMZ) was cultured at a seeding density of  $1.2 \times 10^4$  cells/cm<sup>2</sup> in McCoy's 5a medium (Thermo Fischer Scientific) supplemented with 15 % FBS, GlutaMAX<sup>TM</sup> (Thermo Fischer Scientific) and 1 % antibiotics. All cells were maintained in humidified incubator with 5% CO<sub>2</sub> at 37 °C. The medium was changed twice a week and cells were subcultured when reaching 70-80 % confluency. For experiments, BMSCs and fibroblasts were used at passages 3-6, while Saos-2 at passages 6-9.

*2.4.2. Cell viability/proliferation assay.* Diamond-coated silicon wafers were cut in 1.8×4.5 cm<sup>2</sup> strips and surface treated as described in Section 2.1.2. Titanium sheet 0.52 mm in thickness (TI010450/10, GoodFellow) was polished as described in Section 2.1.1 and cut in strips. The strips were ultrasonicated in acetone for 30 min and then immersed in 70% ethanol for 10 min and let air-dry inside a laminar flow hood. The sterile strips were stuck to the bottom of a black, bottomless 96-well plate (ProPlate MP<sup>TM</sup>, Grace Bio-Labs). Wells were rinsed twice with sterile water and let air-dry while preparing cell suspensions in culture medium. Before seeding, cell

suspensions were mixed 1:1 with medium containing 2X RealTime-Glo<sup>TM</sup> MT Cell Viability Assay (Promega) following manufacturer's instructions. Cells were seeded at the following densities in duplicate wells; 9350, 7800 and 12 500 cells/cm<sup>2</sup> for BMSCs, fibroblasts and Saos-2, respectively. Upon cell seeding, luminescence was measured at different time points (0, 1, 2, 4, 8, 24 and 48 h) using a microplate reader (SkanIt<sup>TM</sup>, Thermo Fischer Scientific) equipped with temperature control module (37 °C). Three independent experimental repetitions were performed for each cell line, and the data shown is normalized to luminescence at time 0 h.

2.4.3. Immunostaining and fluorescence microscopy. Titanium sheet and diamond-coated silicon wafers were cut in 2.2×2.2 cm<sup>2</sup> squares. Diamond films were terminated with hydrogen and oxygen as described in Section 2.1.2. Substrates were sterilized in 70% ethanol for 10 min and let air-dry inside a laminar flow hood. The substrates were adhered to the bottom of a re-usable 8-well silicon insert (flexiPERM<sup>R</sup>, Heraeus Instruments). Cells were seeded at the densities stated in Section 2.4.1 and cultured for 5 days. Medium was changed every second day and at day 5 cells were fixed with 4 % paraformaldehyde for 15 min. Cells were then permeabilized with 0.2% Triton X-100, blocked with 4% BSA/4 % FBS and incubated overnight at 8 °C with mouse anti-vinculin antibody (clone hVIN-1, Sigma-Aldrich). The anti-vinculin antibody was detected with goat anti-mouse antibody-AlexaFluor 488 (Thermo Fischer Scientific). Cells were counter-stained with DAPI and Phalloidin-Atto 565 (Sigma-Aldrich). Finally, substrates containing the stained cells were mounted on #1.5 glass coverslips using Mowiol<sup>R</sup> (Sigma-Aldrich) mounting media. Specimens were imaged using a TCS SP8 confocal microscope (Leica Microsystems) equipped with hybrid detectors, White and Blue diode lasers and 40x immersion objective (NA = 1.1). Whole volume images of the cells were acquired with a z-step of 0.5  $\mu$ m.

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### **3. RESULTS AND DISCUSSION**

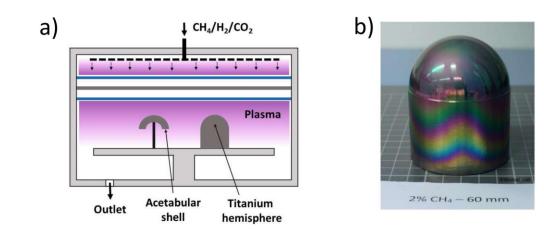
We synthesized polycrystalline diamond on acetabular shells with three different surface structures and porosities and investigated diamond films properties on titanium hemispheres, machined to mimic the shape of the shells. The role of surface topology and chemistry of diamond in adsorption of proteins is studied by time-resolved fluorescence microscopy based on excited state lifetimes of FITC conjugates with BSA and collagen. Biocompatibility of diamond films is assessed by observing metabolic activity of fibroblasts, osteoblasts, and MSCs. The role of ECM proteins in cell proliferation on diamond is investigated by measuring behavioural changes of adsorbed collagen.

**3.1. Polycrystalline Diamond Coating on Acetabular Shells and Hemispheres.** Figure 1a shows a schematic drawing of the linear antenna SWP CVD system used to synthesize diamond at ~400 °C. The titanium hemispheres (Figure 1b) and acetabular shells (Figure 1c) were placed within the so called "CVD region" [36, 37], which can extend up to 20 cm from the antennas, to achieve homogeneous CVD of diamond. Figure 1b shows titanium hemisphere 60 mm in diameter coated with NCD. The thin film interference pattern visible in the lower part of the sample indicates non-uniform thickness of the film extending up to the hemispherical part. Figure 1c shows SEM micrographs of uniform NCD coating on TRABECULAR, M-MESH and TRIDENT acetabular shells. The TRABECULAR mimics the structure of the trabecular bone and has up to 80% porosity with the average pore size of ~400 µm. Porous structure of the shell makes seeding and, as a result, CVD challenging. From SEM micrographs (Figure S1, Supporting Information) we estimated that NCD was deposited on porous tantalum structures reaching up to 600-800 µm deep. The NCD film uniformly covers the surface of the M-MESH titanium fibers ~300 µm in diameter except for some random regions of fibers intercrossing. The

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coatings in these regions do not fully cover the implant surface (Figure S1, Supporting Information), which can be explained by lower ND seeding density. The TRIDENT is an arcdeposited titanium shell with lower porosity and smaller pore size (30-100 µm) compared to the TRABECULAR shell. The NCD coating on the TRIDENT is smooth and covers most of the investigated surface area except of few random voids present in regions of high granularity, (Figure S1, Supporting Information), which can be attributed to the variations of the seeding density due to the size of the pores and surface roughness.

Figure 1d shows the background corrected Raman spectra of NCD films grown on TRABECULAR, M-MESH, and TRIDENT acetabular shells. The characteristic diamond peak (D band) is observed at 1332 cm<sup>-1</sup> and a broad line shape (G band) is visible at around 1580 cm<sup>-1</sup>. The broad peaks clearly visible near 1190 cm<sup>-1</sup> and at around 1480 cm<sup>-1</sup> are assigned to transpolyacetylene segments at grain boundaries and represents a signature of NCD [38-40]. The amount of *sp3* bonded carbon in NCD coatings is estimated to be 49.4 %, 35.7 % and 44.1 % for TRABECULAR, M-MESH and TRIDENT, respectively using the method detailed in Ref [17].



c) TRABECULAR

M-MESH



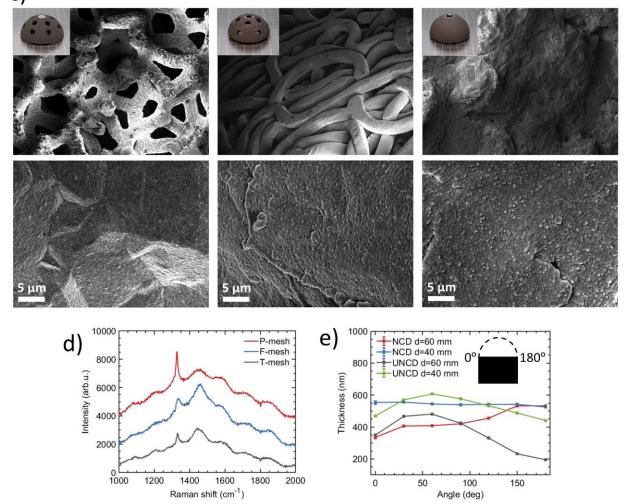


Figure 1. (a) Schematic drawing of the surface wave plasma chemical vapor deposition (SWP CVD) system. (b) titanium hemisphere 60 mm in diameter coated with nanocrystalline diamond (NCD). (c) Scanning electron micrographs of NCD coating on TRABECULAR, M-MESH, and TRIDENT acetabular shells. The insets show photographs of the acetabular shells after CVD.

(d) The background corrected Raman spectra of NCD films grown on acetabular shells. (e) Thickness profiles of NCD and ultrananocrystalline diamond (UNCD) films grown on titanium hemispheres.

The uniformity of diamond coatings was investigated on titanium hemispheres, since thickness measurements of thin films on porous surfaces is challenging. Figure 1e shows thickness profiles along titanium hemispheres 60 mm and 40 mm in diameter for NCD and UNCD films. The mean thickness for 40 mm in diameter hemisphere is 543 nm (526 nm) for NCD (UNCD) and 441 nm (355 nm) for 60 mm counterpart for NCD (UNCD). The uniformity of NCD on 40 mm in diameter hemisphere is 2.8 % and drops to 22.3 % with diameter increased up to 60 mm. The poor uniformity of UNCD coatings can be attributed to the drift of the surface waves on the linear antenna during CVD process. This hypothesis is supported by the similarity of thickness profiles for both hemispheres, hence indicating a systematic effect. We observed that granularity of NCD films changes with distance from the top (at 90  $^{\circ}$ , see Figure 1e) to the bottom (at 0  $^{\circ}$ , see Figure 1e) of the hemispheres: for 40 mm in diameter hemisphere the average grain size decreases from  $334 \pm 46$  nm to  $241 \pm 59$  nm, while for 60 mm from  $265 \pm 42$  nm to  $135 \pm 31$  nm (Figure S2, Supporting Information). This can be explained by decreasing plasma density with the distance from the antenna [37]: increasing the diameter of the hemisphere increases the difference in plasma density at the top and at the bottom of the hemisphere, thus yielding a larger difference of the average grain size.

The uniformity of coatings on porous meshes might be improved by improving the uniformity and density of pre-seeding of the substrates. One possible option for nucleation enhancement would be to use adamantane seeding instead of ND as suggested by Tsugawa et al. [41]. Another possibility comes from Tsugawa et al. [23] study where they observed that diamond nucleation rate increases with decreasing substrate temperature and suggested that at certain conditions diamond nucleation takes place in the gas phase. In this way nucleated diamond in a plasma could diffuse towards the substrate, penetrate inside porous structures finally precipitating on them and yielding more uniform coating.

**3.2. BSA and Collagen Adsorption on NCD and UNCD coatings.** We investigate adsorption of proteins on NCD and UNCD films grown on silicon substrates using the same conditions as for the synthesis of diamond on acetabular shells and titanium hemispheres (Figure S3, Supporting Information). Figures 2a and 2b show high resolution AFM images of NCD and UNCD films topography on silicon substrates, respectively. The root-mean-square (RMS) roughness of the surface was measured to be 51 nm (10 nm) for NCD (UNCD) films. Figure 2c shows 1D profiles of surface topology scans depicted in Figure 2a and 2b indicating fivefold difference between roughness of NCD and UNCD films tested. The contact angle indicating wettability of the surfaces was measured to be  $70.4 \pm 3.0^{\circ}$  and  $64.9 \pm 3.1^{\circ}$  for hydrogenated NCD (NCD-H) and UNCD (UNCD-H), respectively as well as  $9.9 \pm 0.5^{\circ}$  and  $11.0 \pm 3.4^{\circ}$  for oxygenated NCD (NCD-O) and UNCD (UNCD-O), respectively.

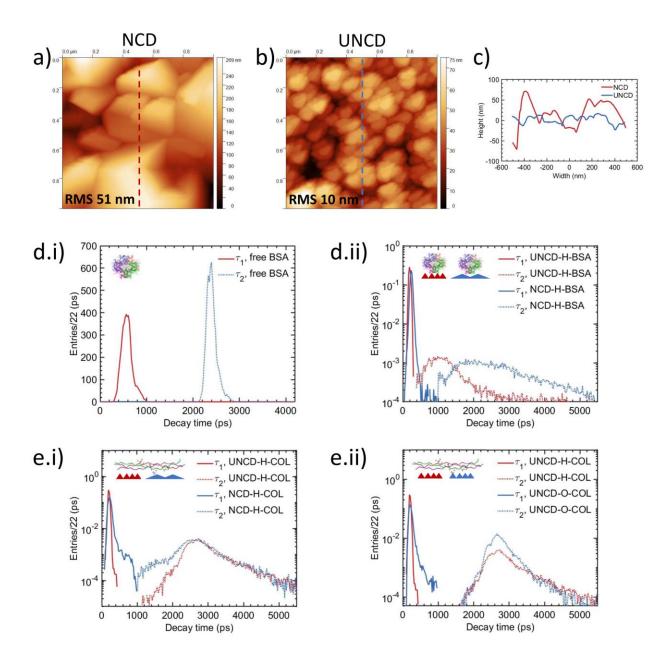


Figure 2. High resolution atomic force microscopy images of (a) nanocrystalline diamond (NCD) and (b) ultrananocrystalline diamond (UNCD) films topography on silicon substrates. (c) 1D profiles of surface topology scans shown as dashed red and dashed blue lines in (a) and (b), respectively. (d.i) Weighted histograms of fluorescence lifetimes  $\tau_1$  and  $\tau_2$  of bovine serum albumin and fluorescein isothiocyanate (BSA<sup>FITC</sup>) conjugates in 10 mM Tris buffer at pH 7.4. (d.ii) Normalized and weighted histograms of fluorescence lifetimes  $\tau_1$  and  $\tau_2$  of BSA<sup>FITC</sup> adsorbed on hydrogenated UNCD and NCD films. (e.i) Normalized and weighted normalized and  $\tau_2$  of collagen fluorescein isothiocyanate (COL<sup>FITC</sup>) conjugates adsorbed on hydrogenated UNCD and NCD films, and on (e.ii) oxygenated UNCD and NCD films.

First, we investigate BSA<sup>FITC</sup> conjugates in 10 mM Tris buffer at pH 7.4. Figure 2d.i shows weighted histograms of fluorescence lifetimes  $\tau_1$  and  $\tau_2$  obtained from the decay matrix (128×128 pixels). Each entry in the histogram  $\tau^{i}_{1,2}$  is weighted by the corresponding decay time fraction  $a^{i}_{1,2}$  extracted from the fit to a decay trace for a given pixel in the decay matrix. Both distributions are normally distributed, and yields mean lifetimes of  $\tau_1$ =0.59 ns and  $\tau_2$ =2.42 ns. The fluorescence lifetime of fluorescein reported in literature  $\tau_{FITC}=3.7-4.1$  ns [42] is longer compared to the longest obtained lifetime  $\tau_2$ . The shorter decay lifetime of BSA<sup>FITC</sup> conjugate can be explained by dynamic self-quenching of the excited fluorophore in the encounter complex with monomer in the ground state, accelerated by fluorescence resonance energy transfer (FRET) [42]. Furthermore, FITC is bound to BSA through the  $\varepsilon$ -amino group of lysines of the albumin with 7 to 12 fluorophores decorating each protein. High labeling ratios yield shorter dye-to-dye distances and, hence shortening of average lifetimes [43]. We found from the goodness of the fits that two lifetime components are sufficient to describe fluorescence decay of BSAFITC conjugates. The longer lifetime ( $\tau_2$ ) was attributed to outermost fluorophores on albumin while intermediate and locally concentrated FITC-FITC pairs were assigned the shorter lifetime ( $\tau_1$ ).

Figure 2d.i shows normalized and weighted histograms of fluorescence lifetimes  $\tau_1$  and  $\tau_2$  of BSA<sup>FITC</sup> conjugates adsorbed on UNCD-H and NCD-H films. The distributions of  $\tau_2$  are centered at around 1 ns and 2 ns for UNCD-H and NCD-H, respectively and have broader line shape compared to  $\tau_2$  distribution for albumin in a solution. The mean value of  $\tau_1$  is 0.21 ns for UNCD-H and 0.25 ns for NCD-H. Since BSA undergoes irreversible structural changes upon adsorption on hydrophobic surface [44] the broadening of  $\tau_2$  distributions can be attributed to changes in distances of the outermost fluorophores with respect to each other and with

fluorophores associated to  $\tau_1$ . On UNCD-H (NCD-H) surface the difference in electronegativity between hydrogen (2.1) and carbon (2.5) produces H-C dipoles with +0.05e at surface of hydrogen yielding effective electric surface charge density of up to  $1 \times 10^{14}$  cm<sup>-1</sup> [45]. The H-C dipoles provides sites for negatively ionized residues (ASP and GLU) of albumin with the total charge of approximately -9e at pH=7.2 [46], hence inducing conformational changes, which in turn affects excitation lifetimes. Our findings of  $\tau_2$  shortening for smoother UNCD-H surface compared to NCD-H surface agrees with Handschuh-Wang et al. [42] results showing that fluorescence lifetime of BSA<sup>FITC</sup> adsorbed on polycrystalline diamond decreases with decreasing diamond grain size. The shortening of  $\tau_1$  is attributed to surface-induced fluorescence quenching of fluorophores interacting with the diamond surface and changes in dye-to-dye distance due to conformational changes of BSA. These results show that topology and hydrophobicity of diamond surface can be used to affect conformational behavior of BSA upon adsorption. Since albumin is one of the most abundant proteins and adsorb immediately after implantation from blood and biological fluids, control over albumin adsorption on diamond coating might be used to tailor the integration of orthopaedic implants.

Figure 2e.i shows normalized and weighted histograms of fluorescence lifetimes  $\tau_1$  and  $\tau_2$  of  $COL^{FITC}$  conjugates adsorbed on UNCD-H and NCD-H films. The distributions of  $\tau_2$  have broad line shapes and are centered at around 2.6 ns. Collagen is decorated on average with one fluorophore, which yields longer dye-to-dye distances compared to BSA<sup>FITC</sup> conjugates and, hence longer lifetimes of  $\tau_2$ . Collagen at pH=7.2 assembles into fibrillar structures, typically, forming a confluent monolayer on the substrate [47]. Therefore, fluorophores can be distributed radially and be exposed to a solution, diamond surface or to neighboring amino acids. We attribute lifetime  $\tau_2$  to fluorophore interaction with solution and neighboring proteins. Similarly,

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as for the BSA<sup>FITC</sup>, lifetime  $\tau_1$  is attributed to surface-induced fluorescence quenching of fluorophores interacting with the diamond surface. The distribution of lifetime  $\tau_1$  for NCD-H has a broader right-hand side tail compared to one for UNCD-H. Broadening of the distributions can be explained by topological differences between the two surfaces and size of the collagen. Collagen consists of tropocollagen molecules ~300 nm in length with diameters of ~1.5 nm, leading to high aspect ratio of ~190 [48]. Higher roughness of NCD-H surface (see Figure 2) given the length of collagen might increase the distance between fluorophores, residing on the fibrils and the surface, thus reducing fluorescence quenching and yielding broader distributions.

Figure 2e.ii shows distributions of lifetimes  $\tau_1$  and  $\tau_2$  of COL<sup>FITC</sup> conjugates adsorbed on UNCD-H and UNCD-O films. The distributions of  $\tau_2$  have similar line shapes and are centered at around 2.6 ns. The right-hand side tail of  $\tau_1$  distribution for UNCD-O is broader compared to one for UNCD-H and cannot be a result of surface topology of the substrates. Cole et al. [49] investigated the adsorption of a collagen fragment on hydrogen terminated and natively oxidized silicon surface using all-atom molecular dynamics. They found that within 5 ns collagen might be highly mobile on the hydrophilic surface while on hydrophobic surface it remains adsorbed more stably and maintains its helical structure. Therefore, we attribute the broadening of  $\tau_1$ distribution for UNCD-O to a higher mobility of collagen on hydrophilic diamond surface. These results show that adsorption of collagen on diamond surface is affected by surface topology and wettability. Since collagen constitutes the major component of ECM and can promote adhesion and proliferation of MSCs [50], control of collagen adsorption by tailoring diamond surface and chemistry might be beneficial for enabling better integration of implants into existing bone via stem cell recruitment and bone regeneration [6].

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3.3. Cell Proliferation. Next, we sought to investigate the interaction and growth of primary adult fibroblasts, the osteogenic cell line Saos-2 and BMSCs, all from human origin, onto diamond films and bare titanium as the reference material. For simplicity, we only show results for BMSC from one donor (BMSCmax) in the main text. Figure 3a shows the evolution in luminescence signal as a measurement of increasing metabolic activity, which includes cell growth and division, of living cells over time. We observed that UNCD-H outperformed its oxygen terminated counterpart and NCD films regarding the support of cell growth of fibroblasts and BMSCs over the whole 48 h incubation time. In addition, fibroblasts and BMSCs seeded on UNCD-H films exhibited growth profiles close or slightly better than those observed on titanium (Figure 3a). For Saos-2, all diamond films, except UNCD-O, performed equally well and close to the growth profile seen on titanium (Figure 3a). Notably, metabolic activity during the first 4 h of culture, which reflects cell attachment, of BMSCs and Saos-2 was considerably higher on hydrogen terminated UNCD and NCD films compared to oxygen terminated counterparts and even to titanium (Figure S4, Supporting Information). This suggests that hydrogen terminated diamond films facilitate adsorption of cell attachment factors (e.g., ECM proteins like collagen) present in the cell culture medium and secreted by the cells. However, this was not the case for fibroblasts; the initial cell attachment process was similar in all substrates except for NCD-H, where fibroblasts attached poorly.

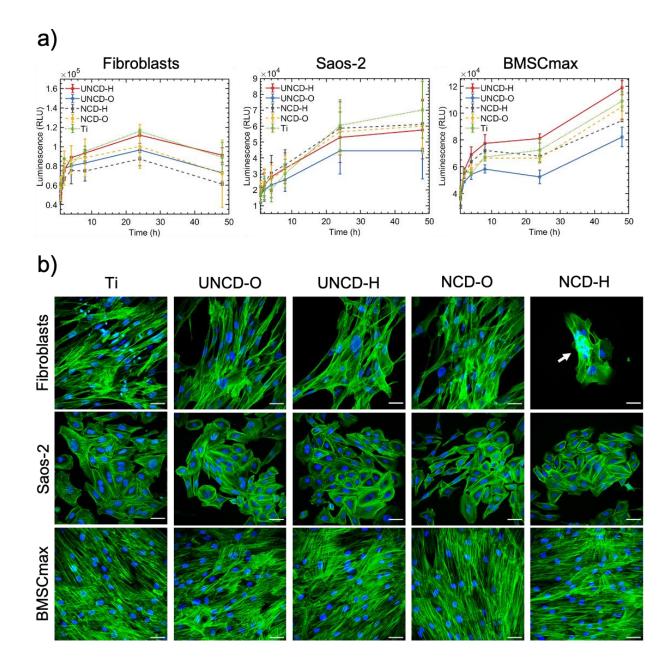


Figure 3. Growth of fibroblasts, osteogenic cells (Saos-2) and bone marrow-derived mesenchymal stem cells (BMSCmax) on titanium and diamond-coated substrates. (a) Evolution in luminescence signal as a measurement of increasing metabolic activity. (b) Fluorescence micrographs of cells fixed at day 5 and stained with phalloidin-ATTO 565 (green) and DAPI (blue) to visualize actin filaments (F-actin) and nuclei, respectively. Shown are maximum z-projections of merged phalloidin-ATTO 565/DAPI. Arrow points to a densely packed cell cluster. Scale bars is 50 µm.

To further validate these observations, we carried out microscopic analysis of the three cell types cultured for 5 days on diamond-coated films and titanium. As illustrated in Figure 3b and Figure

S5 (Supporting Information), BMSCs seemed to grow equally well on all surfaces after 5 days of culture; BMSCs were able to form confluent monolayers of elongated cells with fully developed filamentous (F)-actin bundles (i.e., stress fibers) across the cytoplasm. Surface coverage by the Saos-2 cell population was larger on titanium than on diamond films. Regarding morphology, the osteogenic Saos-2 cells developed a polygonal shape with abundant F-actin bundles along the cell periphery on titanium, on UNCD films and on NCD-H. In contrast, Saos-2 exhibited an oval to spindle-like shape when cultured on NCD-O films. In addition, Saos-2 appeared smaller in size on NCD than on UNCD films and titanium. This indicates better cell attachment and expansion of Saos-2 on titanium, hydrogen and oxygen terminated UNCD than on NCD films. For fibroblasts, cell confluency was higher on titanium and UNCD-O than on the other diamond films. Fibroblasts attached and grew poorly on hydrogen terminated films. On NCD-H cells tended to grow in highly packed cell cluster, i.e., colonies, rather than single, spindle-shaped cells with long F-actin bundles across the cytoplasm as observed on titanium and oxygen terminated films. Fibroblasts are the primary source of ECM, which includes fibronectin, laminins, and collagen matrix. These matrix-producing cells can adhere to and grow on any of the aforementioned proteins. However, cell adhesion forces and proliferation rates are higher on fibronectin than on laminin and collagen [51]. In addition, fibronectin adsorption is favored on hydrophilic surfaces while laminin and collagen adsorb better onto hydrophobic ones [51]. Therefore, the poor cell growth observed for fibroblasts on hydrogen-terminated diamond films may be explained by low fibronectin adsorption and disruption of its active conformation as shown by Baujard-Lamotte et al. [52] for adsorption of fibronectin on hydrophobic polystyrene. In contrast, Saos-2 and BMSCs grow preferentially on collagen. However, wettability alone cannot explain cell behavior since fibroblasts grew better on UNCD-H than on NCD-H surface

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both of which have similar contact angle values ( $64.9 \pm 3.1^{\circ}$  and  $70.4 \pm 3.0^{\circ}$ ). Thus, surface roughness may also influence fibronectin 3D structure as observed for BSA.

Taken together, UNCD-H and NCD-H appear to be excellent candidate coatings for orthopedic implants since both support colonization of BMSCs and osteogenic cells as well as medical grade titanium does. In addition, fibroblasts showed lower colonization on hydrogen terminated diamond than of titanium. This may help prevent implant failure due to the development of fibrosis [53, 54], which is driven by uncontrolled grow of fibroblasts and their transformation to myofibroblasts, leading to excess deposition of pathological ECM around the implant. In this regard, it has been shown that released metal particles generated by mechanical loading in metalon-metal hip implants are able to activate synovial fibroblasts. This leads to abnormal deposition of ECM, fibrosis and ultimately implant failure [55]. Diamond coating of metal-on-metal implants could prevent or minimize the release of metal and/or diamond wear particles due to its excellent resistance and wear properties. Even though diamond particles may be released, some studies suggest that diamond nano/microparticles have low cytotoxicity [56, 57]. Although promising, these results should be taken with care. Further *in-vitro* analyses are needed to investigate growth and activation of synovial fibroblasts, ECM deposition and release of wear particles from diamond-coated implants.

# 4. CONCLUSIONS

In this work, for the first time, we demonstrated deposition of NCD at low temperatures (~400 °C) on three types of acetabular shells each having unique surface structure and porosity. Coatings on all acetabular shells uniformly covered high and low porosity structures present on the surface. Entire surface of each shell was covered with NCD apart from random regions where diamond films contained small voids or showed signs of delayed nucleation attributed to imperfect seeding density. Furthermore, homogeneous NCD and UNCD coatings were deposited on titanium hemispheres purposely chosen to mimic the shape of acetabular shells showing high potential of surface wave plasma CVD technique for coating orthopaedic implants. Biocompatibility of coatings was assessed by investigating adsorption of albumin and Type I collagen, and monitoring in time proliferation of primary adult fibroblasts, osteogenic cells Saos-2 and bone marrow-derived MSCs. By measuring fluorescence lifetimes, we studied conformational changes of albumin showing that surface topology of diamond has a pronounce effect on structure of adsorbed albumin. Results obtained for collagen indicate that hydrophilicity of diamond surface can yield higher mobility and reduced structural stability of collagen. Lastly, we found that hydrogen terminated UNCD and NCD support colonization of MSCs and osteogenic cells and diminish colonization of fibroblasts compared to titanium. Proliferation of MSCs on hydrogenated UNCD was found to be much better than on its oxygen terminated counterpart indicating possible correlation with observed behavior of adsorbed collagen. Biocompatibility assessment shows that surface topology and chemistry of diamond plays profound role in adsorption of proteins and cell proliferation. Results for hydrogenated diamond films show that this type of coating has a great potential being an excellent candidate for orthopaedic implants.

# ASSOCIATED CONTENT

# **Supporting Information**

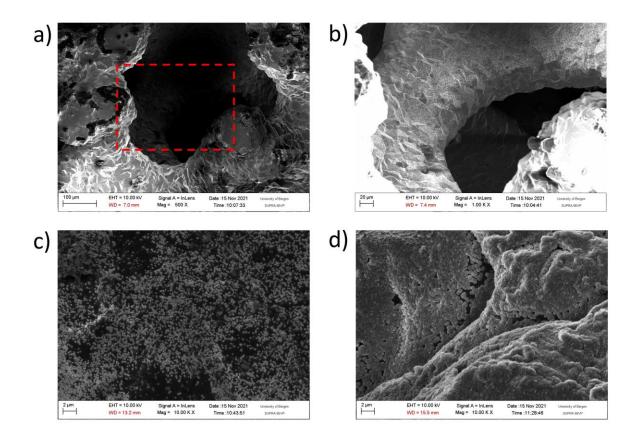


Figure S1. (a, b) Scanning electron micrographs (SEM) of nanocrystalline diamond (NCD) coating on TRABECULAR acetabular shell. Dashed red line indicates area depicted in (b). (c) SEM micrograph of NCD coating on M-MESH acetabular shell illustrating delayed nucleation and growth of diamond. (d) SEM micrograph of voids observed in NCD coating on TRIDENT acetabular shell.

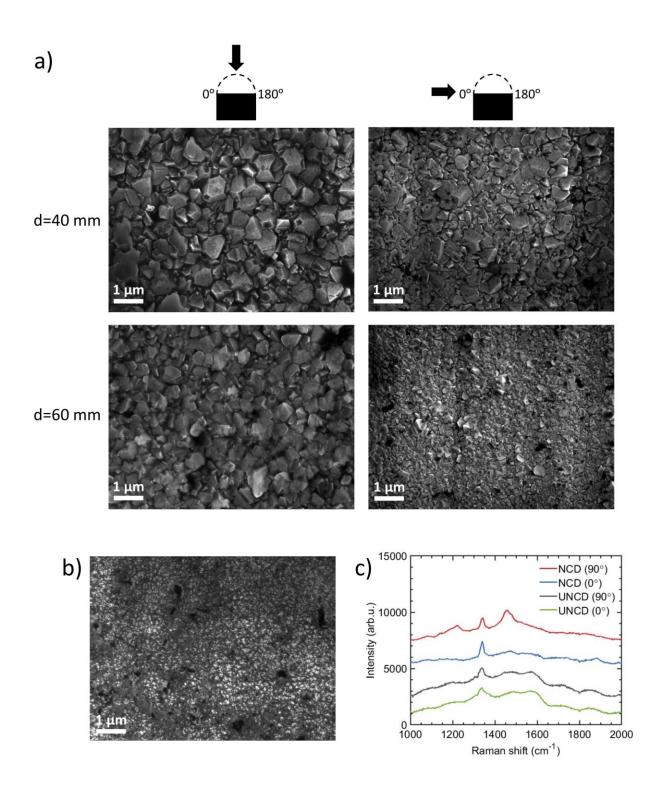


Figure S2. (a) Scanning electron micrographs (SEM) of nanocrystalline diamond NCD on titanium hemispheres showing granularity of coatings at 0 ° and 90 °. (b) SEM micrograph of ultrananocrystalline diamond (UNCD) coating on titanium hemisphere. (c) The background corrected Raman spectra of NCD and UNCD coatings on titanium hemispheres.

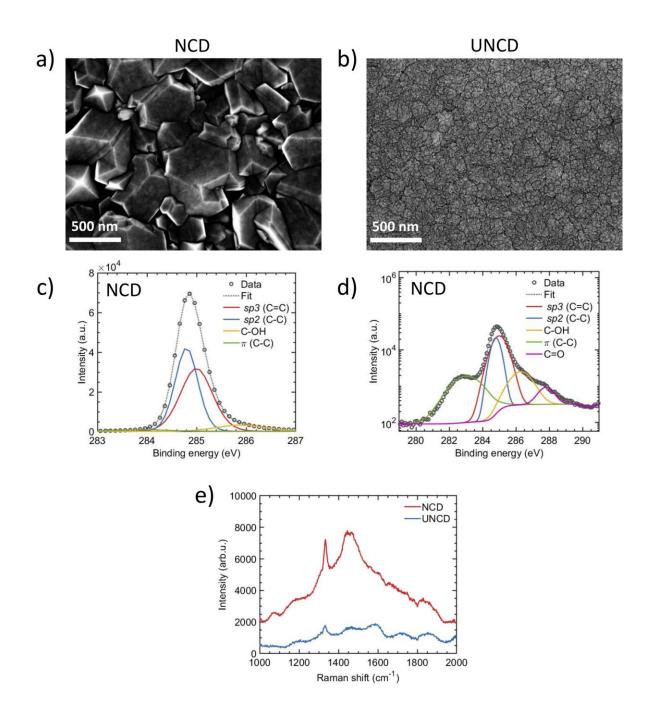


Figure S3. Scanning electron micrographs (SEM) of (a) nanocrystalline diamond (NCD) and (b) ultrananocrystalline diamond (UNCD) films on silicon wafers. Deconvoluted C 1s (carbon) high-resolution X-ray photoelectron spectra (XPS) of (c) hydrogenated and (d) oxygenated NCD film showing peaks fitted for sp3, sp2, C–OH, C=O bonds and  $\pi$ -bonded C atoms. (e) The background corrected Raman spectra of NCD and UNCD films on silicon wafers.

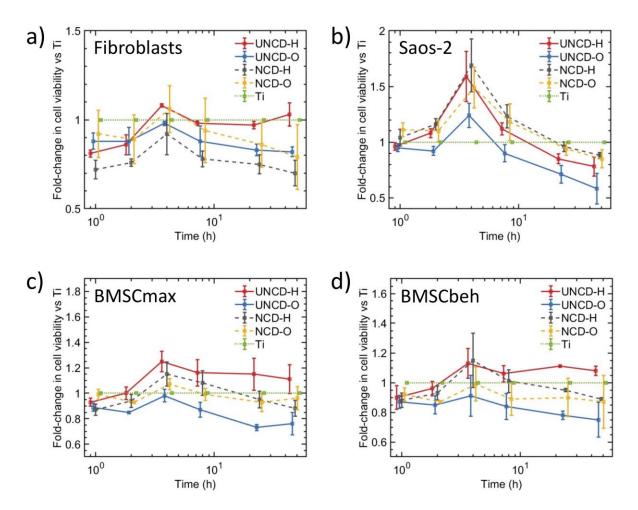


Figure S4. Fold-change in the evolution of luminescence signal versus titanium substrate for (a) fibroblasts, (b) osteosarcoma cell line (Saos-2), (c) human bone marrow-derived mesenchymal stem cells (BMSCmax) and BMSCbeh. Data points are spread around nominal values for better representation of error bars.

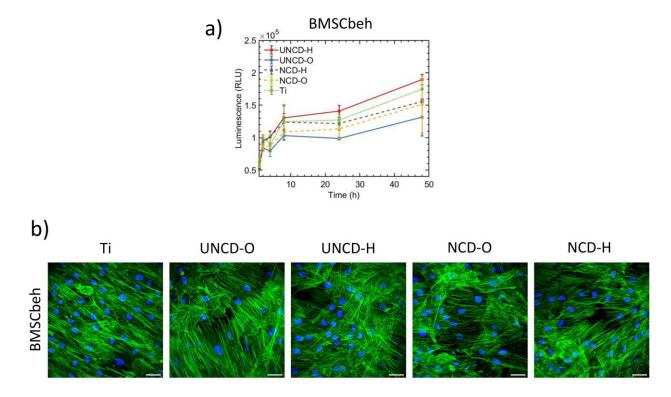


Figure S5. Growth of bone marrow-derived mesenchymal stem cells (BMSCbeh) on titanium and diamond-coated substrates. (a) Evolution in luminescence signal as a measurement of increasing metabolic activity. (b) Fluorescence micrographs of cells fixed at day 5 and stained with phalloidin-ATTO 565 (green) and DAPI (blue) to visualize actin filaments (F-actin) and nuclei, respectively. Shown are maximum z-projections of merged phalloidin-ATTO 565/DAPI. Arrow points to a densely packed cell cluster. Scale bars is 50 µm.

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# Notes

The authors declare no competing financial interest.

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