

# Light-controlled lyotropic liquid crystallinity of polyaspartates

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In nature, proteins like rhodopsin act as transducer for photo-chemical reactions causing biological responses (e.g. enabling vision)<sup>1</sup>. The underlying concept – a photo-induced conformational change of the protein as amplifier of the photo-responsive moiety – can also be adopted by synthetic polymers or foldamers<sup>2</sup> that have the propensity to form ordered secondary structures (e.g. polypeptides)<sup>3,4</sup>. An alternative approach to amplify photo-chemical responses is their incorporation into liquid crystals<sup>5</sup>. With only a few exceptions<sup>6,7</sup>, photo-insensitive liquid crystals are doped with dyes<sup>8,9</sup> that favour disorder upon irradiation<sup>10</sup>. In theory, photo-responsive polypeptides<sup>11</sup>, capable of forming lyotropic liquid crystals<sup>12</sup>, could exploit both amplification approaches but, in practice, their photo-responsivity is hampered by the reduced mobility of polypeptides in concentrated solutions<sup>13</sup>. Here we show that the E/Z photo-isomerisation of an azobenzene containing polyaspartate initiates a helix-coil backbone transition, which reversibly alters the polypeptide solution from anisotropic to isotropic. In contrast to other photo-responsible polymers<sup>14</sup>, in which thermal relaxation to the more stable photo-isomer is quite fast, both photo-isomers are thermally stable and interconvertible by visible light in a single solvent. Local irradiation and magnetic fields lead to spatial resolution and unidirectional architectures of the liquid crystal, respectively. Our results demonstrate that photo-isomerisation on a molecular level is amplified in three stages via intra- and intermolecular interactions to yield a unidirectional, chiral liquid crystal. We believe, the morphological changes of the liquid crystal induced by light will facilitate a multitude of applications, like photo-alignment<sup>15</sup> or the photo-control of solution viscosity<sup>14</sup> and anisotropic

25 **diffusion**<sup>16</sup>. **When incorporated into layer-by-layer architectures the polymer could find application**  
26 **in biomedicine**<sup>17</sup> **and the spatial and temporal resolution could be exploited in nano-technology**<sup>18</sup>.

27 Poly-[4-(2,6-difluorophenyl)-azo-3,5-difluorobenzyl]-L-aspartate (PpFABLA, **1**) was targeted, because  
28 polyaspartates in general have the propensity to form rigid secondary structures that are sensitive to side-  
29 chain, solvent or temperature variations<sup>11</sup>. Additionally, certain copolyaspartates with high amounts of *p*-  
30 phenylazobenzyl-L-aspartate show a light-induced helix-coil transition in 1,2-dichloroethane<sup>19</sup> but the  
31 corresponding homopolyaspartate proved insoluble in this solvent<sup>20</sup>. If these polymers were soluble in  
32 higher concentrations, their helical conformation would possess the necessary shape anisotropy to form  
33 lyotropic liquid crystalline solutions. From our previous investigations on poly- $\beta$ -benzyl-L-aspartate  
34 (PBLA)<sup>21</sup>, we know that polyaspartate solubility can crucially depend on the polymer weight and, thus,  
35 we believed that solubility issues can be addressed similarly by utilisation of a controlled polymerisation  
36 protocol. To overcome the thermal instability of light-induced conformational changes of the  
37 polyaspartates mentioned<sup>22</sup>, we chose stable (*o*-F)<sub>4</sub>-azobenzene<sup>23</sup> instead of the unsubstituted azobenzene.  
38 For (*o*-F)<sub>4</sub>-azobenzene, Hecht has shown a thermal half-life of 700 d at 25 °C in acetonitrile and a 42 nm  
39 separation of the n- $\pi^*$  absorption bands of the two photo-isomers. If the increased separation and  
40 bathochromic shift of the n- $\pi^*$  absorption and its reduced extinction coefficient (by one order of  
41 magnitude compared to the  $\pi$ - $\pi^*$  absorption band) are transferable to the polymer, the usage of a low-  
42 intensity visible light source would allow access to both states with high photo-conversions. Furthermore,  
43 this will improve the penetration depth while reducing the photo-induced degradation in future  
44 applications<sup>24</sup> of the polymer.

45 PpFABLA (**1**) was synthesised starting from 3,5-difluorobenzaldehyde (**2**) and 2,6-difluoroaniline (**3**)  
46 (Extended Data Figure 1). Prior to their coupling<sup>25</sup>, the former was reduced to 3,5-difluorotoluene (**4**) and  
47 lithiated using *n*-butyllithium while the latter was converted to its diazonium salt (**5**). 4-(2,6-  
48 Difluorophenyl)-azo-3,5-difluorotoluene (**6**) was brominated to yield 4-(2,6-difluorophenyl)-azo-3,5-  
49 difluorobenzyl bromide (**7**) and further esterified with copper-protected<sup>26</sup> L-aspartic acid (**8**). Conversion

50 of  $\beta$ -aspartate **9** with phosgene<sup>27</sup> to its N-carboxyanhydride **10**, acting as monomer in the subsequent  
51 polymerisation<sup>28</sup>, yielded PpFABLA (**1**).

## 52 **Switching the secondary structure**

53 Investigation of the photo-isomerisation of the azobenzene moieties of PpFABLA (**1**) and determination  
54 of the optimum wavelengths for selective interconversion of the two isomers are accomplished by  
55 acquisition of absorbance spectra (Figure 1, panel a and b). A sample of PpFABLA (**1**) in 1,1,2,2-  
56 tetrachloroethane (TCE) solution was irradiated with light-emitting diodes (LEDs) with violet light  
57 (400 nm, leading to E-**1**) and green light (525 nm, leading to Z-**1**) and the spectra with the highest photo-  
58 conversion achieved are displayed (93 % E after violet light irradiation and 95 % Z after green light  
59 irradiation). Due to the absence of thermal relaxation after switching of the LED (c.f. next section) the  
60 isomer ratio remains the same as in the photostationary state (pss). Thus, it is referred to as pss-E-**1** and  
61 pss-Z-**1**, respectively. The azobenzene  $n-\pi^*$  absorbance of pss-E-**1** (450 nm) exhibits a bathochromic shift  
62 and is separated from pss-Z-**1** (420 nm) by 30 nm. Consequently, excitation of the E-isomer with green  
63 light (525 nm) seems ideal, as the optical density is low (enabling excitation of more concentrated  
64 polymer solutions as well) and the Z-isomer only weakly absorbs at 525 nm. The azobenzene  $\pi-\pi^*$   
65 absorbance is also different for pss-E-**1** and pss-Z-**1** and, in general, is increased by one order of  
66 magnitude compared to the azobenzene  $n-\pi^*$  absorbance. This higher optical density (below 380 nm)  
67 might impede homogeneous excitation. Thus, violet light (400 nm,  $n-\pi^*$  transition) was chosen for  
68 efficient excitation of the Z-isomer. The successful excitation and reversible interconversion of E-**1** and  
69 Z-**1** in dilute isotropic solution is proven via UV-vis spectra (Figure 1, panel b).

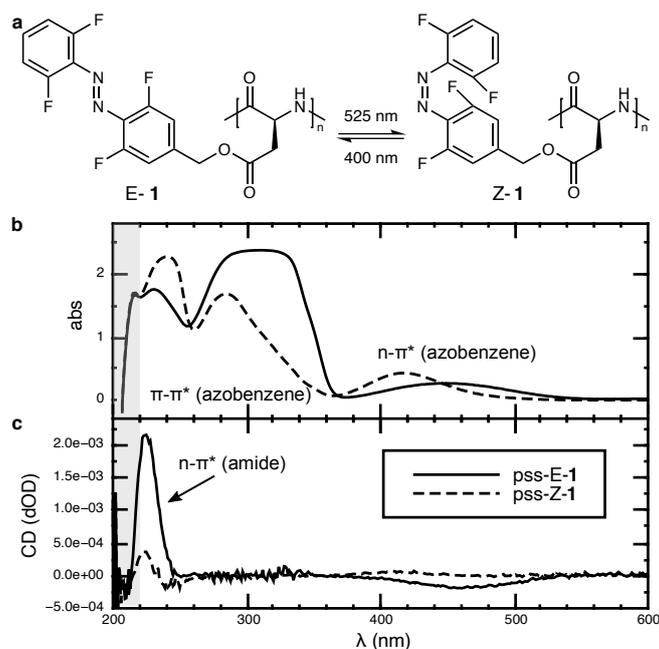


Figure 1. **Photochromism.** **a**, Reversible photo-isomerisation of PpFABLA (**1**), induced by green (525 nm) and violet (400 nm) light, respectively. **b**, UV-vis spectra of both pss (pss-E-**1**, solid line and pss-Z-**1**, dashed line) demonstrate a bathochromic shift of the azobenzene  $n-\pi^*$  absorbance ( $> 380$  nm) for E-**1** compared to Z-**1**. **c**, CD spectra reveal a left-handed helical secondary structure of pss-E-**1** (solid line, positive CD of the backbone amide  $n-\pi^*$  absorbance, 222 nm) and a random-coil secondary structure of pss-Z-**1** (dashed line, reduced and dispersion-like backbone amide CD). The presence of a small negative CD observed for the pss-E-**1** azobenzene  $n-\pi^*$  absorbance (450 nm) suggests a low degree of chiral perturbation of the side-chain by the helical backbone.

70 Simultaneous acquisition of circular dichroism (CD) spectra is used to shed light on the secondary  
 71 structure of the peptide backbone of pss-E-**1** and pss-Z-**1** (Figure 1, panel c). CD is the different  
 72 absorbance of oppositely circularly polarised light by chirally perturbed chromophores ( $CD \neq 0$ ), while  
 73 achiral chromophores do not give rise to absorption differences ( $CD = 0$ ). For pss-E-**1**, a positive CD is  
 74 observed at 222 nm (amide  $n-\pi^*$  absorbance, polypeptide backbone). The sign, intensity, wavelength of  
 75 maximum CD and shape is characteristic for a periodically ordered, left-handed helical secondary  
 76 structure of L-configured polyaspartates<sup>19</sup> and, thus, proves that this secondary structure is adopted by pss-  
 77 E-**1**. A small CD is also observed for the pss-E-**1** azobenzene  $n-\pi^*$  absorbance, which indicates a chiral  
 78 perturbation of the per se achiral side-chain by the left-handed helical backbone. For pss-Z-**1**, the intensity  
 79 of the CD signature below 250 nm is significantly reduced as compared to pss-E-**1** and has a dispersion-  
 80 like shape. We believe this reduction in CD is a consequence of a breakdown of the ordered secondary  
 81 structure of PpFABLA (**1**). In principle either a random-coil conformation or a helical secondary structure

82 without a predominant handedness (similar amounts of (interconverting) left- and right-handed helices) of  
83 pss-Z-1 would result in a reduction of CD as compared to pss-E-1. But the latter could be excluded in this  
84 case, because a different spectral pattern would be expected<sup>29</sup>. Thus, we claim that pss-Z-1 forms a  
85 random-coil *induced* by the photo-isomerisation of the azobenzene side-chain.

86 However, the different CD of pss-E-1 and pss-Z-1 could also be due to a change in absorption of both  
87 photo-isomers in the side-chain (E- vs. Z-azobenzene) without a change of the secondary structure. To  
88 rule out this *direct* consequence of the photo-isomerisation on the CD observed, a statistical copolymer  
89 (PpFABLA-co-PBLA, **11**) of 75 %(n/n) PpFABLA (**1**) and 25 %(n/n) PBLA was synthesised and  
90 investigated in the same manner (Extended Data Figure 2). Left-handed helical PBLA has no  
91 photochromic moieties and, thus, is chosen with the intention to preserve the left-handed helical  
92 polypeptide secondary structure favoured by the E-isomer when converting azobenzenes in PpFABLA  
93 residues to the Z-isomer. UV-vis and CD spectra of both pss of PpFABLA-co-PBLA (**11**) show that the  
94 photo-isomerisation of its azobenzene moieties still takes place while the secondary structure is preserved  
95 in its left-handed helical conformation. Consequently, the different CDs observed for both pss of  
96 PpFABLA (**1**) are proven to be the result of a change in backbone secondary structure *induced* by the  
97 photo-isomerisation of the side-chain.

98 For monitoring the photochromism of PpFABLA (**1**), a different analytical method is required, in which  
99 the acquisition of data does not interfere with the light used for excitation and is found in *in-situ*  
100 irradiation NMR spectroscopy<sup>30-32</sup>. An isotropic solution of PpFABLA (**1**) in TCE-*d*<sub>2</sub> is measured by time-  
101 resolved <sup>19</sup>F NMR spectroscopy while being irradiated using the same LEDs already used for excitation  
102 of the UV-vis samples (Figure 2). When considering only the isolated side-chain, fluorines attached to the  
103 same ring of a given isomer are isochronous (identical <sup>19</sup>F NMR chemical shift), resulting in a total of  
104 four signals expected for mixtures of E-1 and Z-1 (inner and outer ring of azobenzene of either E- and Z-  
105 isomer). The signal ratio within each isomer is 1:1 and the signal ratio between isomers should yield the  
106 ratio of E- and Z-isomer. In the absence of a change in secondary structure as in PpFABLA-co-PBLA (**11**)

107 quantification of isomers is found to be possible (Extended Data Figure 3). However, for PpFABLA (**1**)  
 108 the side-chain cannot be regarded as isolated from the backbone and different signal sets of the E-isomer  
 109 moieties are expected for pss-E-**1** and pss-Z-**1**. This complicates quantification of the isomers (signal  
 110 overlap) and only a rough estimate of E/Z-ratios is possible (Extended Data Figure 4). Nonetheless,  
 111 irradiation of pss-Z-**1** first with violet light (60 min) and afterwards with green light (120 min) leads to  
 112 pss-E-**1** and back to pss-Z-**1**, respectively. Compared to the UV-vis samples and despite using the same  
 113 LEDs, the equilibration time needed is increased by two orders of magnitude, because light intensity is  
 114 lost inside the waveguide. Furthermore, the NMR samples were more concentrated (increased optical  
 115 density) and thicker (increased path lengths). After turning off the light, the Z-isomer proves thermally  
 116 stable at 20 °C over the course of one day. Thus, the outstanding thermal stability is highlighted as  
 117 compared to previously mentioned azobenzene-containing polyaspartates, which fade within minutes<sup>22</sup>.

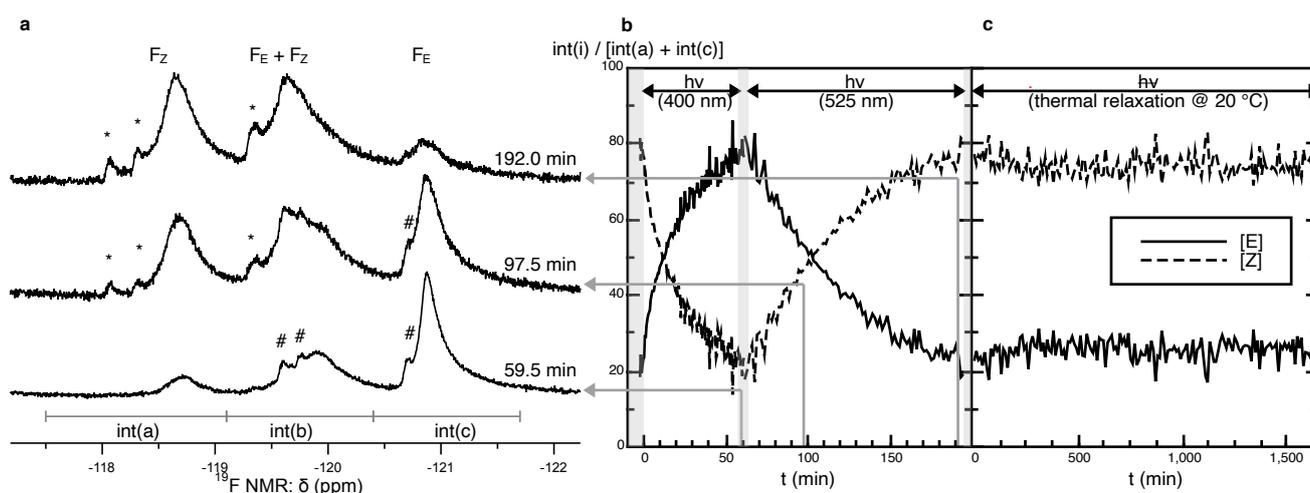


Figure 2. **Monitoring photochromism.** **a**, <sup>19</sup>F NMR spectra of PpFABLA (**1**), acquired at 59.5, 97.5 and 192.0 min (pss-E-**1**, mixed state and pss-Z-**1**, respectively). Additional signals for high ratios of either E- or Z-isomers observed (marked with # and \*, respectively) complicate quantification of the spectra. Thus, integral ratios should be viewed with caution and should serve only as rough estimate of the E/Z-ratio. **b**, Fraction of integrals a (Z-isomer, dashed line) and c (E-isomer, solid line) plotted vs. time obtained by *in-situ* irradiation NMR experiments with violet (400 nm) and green (525 nm) light for 60 and 120 min, respectively. **c**, Similar plot obtained in the absence of irradiation at 20 °C demonstrating the thermal stability of Z-**1**.

### 118 **Switching between lyotropic liquid crystal and isotropic liquid**

119 So far investigations were made in isotropic, dilute polymer solutions. For further amplification of the  
 120 photo-isomerisation (beyond the induction of a change of secondary structure) 20 %(w/w) solutions of  
 121 PpFABLA (**1**) in TCE-*d*<sub>2</sub> were prepared. This concentration should enable the formation of a lyotropic

122 liquid crystal for the rod-like pss-E-1. Although detection of the E-isomer content of this sample was not  
123 possible due to its high optical density (impeding acquisition of UV-vis spectra) and broad  $^{19}\text{F}$  NMR  
124 signals (no quantification possible), the sample was irradiated with two violet LEDs for one week and  
125 afterwards is assumed to consist majorly of the E-isomer (for consistency also referred to as pss-E-1). The  
126 sample appeared bright between crossed polarisers, which is characteristic for an anisotropic solution due  
127 to its birefringence. Irradiation of the sample for two days with a green LED resulted in the pss-Z-1,  
128 which appeared dark between crossed polarisers (isotropic solution, no birefringence). To our delight, the  
129 birefringence was restored by irradiation with two violet LEDs for another week as confirmed by its  
130 bright appearance between crossed polarisers. This indicates that for a 20 % (w/w) PpFABLA (**1**) solution,  
131 the lyotropic liquid crystallinity is switched on and off by visible light.

132 Additionally to visual observations of birefringence the sample was introduced into the magnetic field of  
133 an NMR spectrometer and  $^2\text{H}$  NMR spectra of the solvent were measured<sup>33</sup> (Extended Data Figure 5). In  
134 isotropic solution a singlet is expected for TCE- $d_2$  as both deuterium nuclei are isochronous, which is  
135 observed for pss-Z-1. For anisotropic solutions without uniform macroscopic orientation (randomly  
136 distributed subdomains) the quadrupolar splitting (averaged to zero in isotropic solution) results in a Pake  
137 doublet<sup>34</sup> – a broad doublet with two horns and feet. If the anisotropic solution is oriented unidirectionally,  
138 however, a regular, sharp doublet is expected for a homogenous sample instead of the Pake doublet<sup>35</sup>. The  
139 latter sharp doublet is observed for pss-E-1, not only verifying the sample's anisotropy and its restoration  
140 after being fully isotropic (pss-Z-1) but also proving unidirectionality of the lyotropic liquid crystal  
141 induced by the magnetic field.

142 Another benefit of light as stimulus is based on its spatial controllability<sup>36</sup>, which would enable further  
143 photo-control. The aforementioned anisotropic NMR sample (pss-E-1) was only partially irradiated with  
144 the green LED for two days. The sample's lower, irradiated part was thus converted to pss-Z-1 while the  
145 upper, non-irradiated part remained in pss-E-1 (Figure 3). A distinct phase boundary is observed both on  
146 direct sight and between crossed polarisers revealing the successful spatial resolution of isotropic solution

147 and lyotropic liquid crystal. The sample turns out to be stable for several days. Additionally, the formation  
148 of a unidirectional lyotropic liquid crystal (upper part) and of an isotropic solution (lower part) was  
149 verified by  $^2\text{H}$  z-image NMR spectroscopy<sup>37</sup>, in which spatially resolved spectra show the characteristic  
150 solvent doublet and singlet, respectively.

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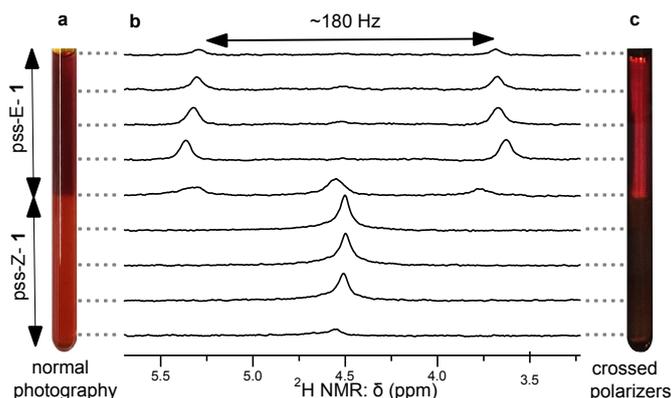


Figure 3. **Spatial resolution and unidirectionality.** A sample of 20 %(w/w) PpFABLA (**1**) dissolved in TCE- $d_2$  inside a 3 mm NMR tube. The previously homogeneous pss-E-**1** sample has been irradiated locally with green light resulting in the lower part to be in pss-Z-**1** while the upper part remains in pss-E-**1**. **a**, Photograph of the sample, the lower part is orange and the upper part is red. **b**,  $^2\text{H}$  z-image NMR spectra of the solvent: For the lower and upper part, a singlet and a sharp doublet are observed, respectively, indicating isotropic and anisotropic phases. **c**, Photograph of the sample between crossed polarisers. The anisotropic upper part appears bright (birefringence), whereas the lower part is dark (isotropic).

### 152 Photo-switchable alignment

153 So far the polypeptide solution is proven to be switched reversibly from an anisotropic lyotropic liquid  
154 crystal to an isotropic state. In a next step, we investigate the influence of this change on intermolecular  
155 interactions between probe molecules and the polymer. As the lyotropic liquid crystal is inherently chiral  
156 due to the one-handed helical backbone of the polypeptide, its enantiomer differentiation capabilities<sup>38,39</sup>  
157 were simultaneously tested. Therefore, either (+)- or (-)-IPC additionally dissolved in the NMR sample as  
158 probe molecules were investigated (Figure 4, panel a). Usually enantiomers are not distinguishable in  
159 conventional NMR spectroscopy and show identical signals. However, dissolution of enantiomers into a  
160 homochiral lyotropic liquid crystal enables intermolecular, diastereomorphous interactions ((+)-IPC with  
161 L-polymer **1** vs. (-)-IPC with L-polymer **1**) leading to different induced mean orientations of the

162 enantiomers with respect to the NMR spectrometer's magnetic field. This can lead to different anisotropic  
 163 NMR observables like dipolar couplings ( $D$ ). In anisotropic solution, the dipolar coupling adds up onto  
 164 the scalar coupling ( $J$ , directly measurable in isotropic solution) resulting in the total coupling ( $T$ ) (Figure  
 165 4, panel b). In the absence of anisotropy (pss-Z-1) no dipolar couplings were measured, which is expected  
 166 due to their averaging to zero in isotropic solution (Figure 4, panel c). For pss-E-1 dipolar couplings of  
 167 both enantiomers were measured. Interestingly, these are different for certain coupling partners (e.g. C2-  
 168 H2), which proves a successful and chiral alignment transfer of the lyotropic liquid crystal onto the  
 169 dissolved probe molecules. The enantiomer differentiation capabilities can further be quantified by using  
 170 the  $\beta_{SD}$ -angle<sup>40</sup> to be  $17.5^\circ$  (with  $0^\circ$  and  $90^\circ$  corresponding to no and maximum differentiation,  
 171 respectively).

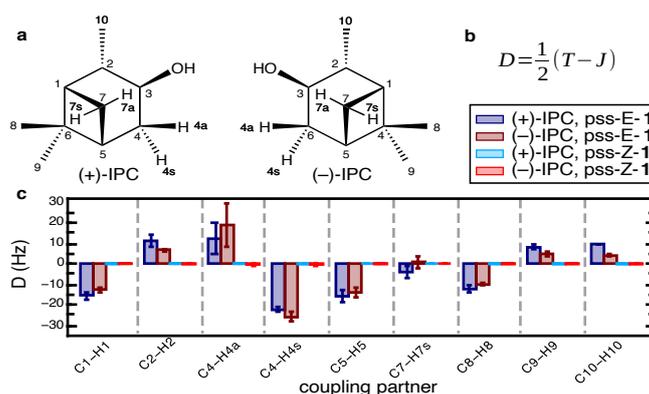


Figure 4. **Photo-controlled alignment.** **a**, Structures of (+)- and (-)-IPC used as probe molecules (introduced into a 20 % (w/w) PpFABLA (**1**) solution in TCE- $d_2$ ). **b**, Equation used for calculation of the dipolar coupling ( $D$ ) by measurement of the total ( $T$ , sample: IPC + PpFABLA (**1**) + TCE- $d_2$ ) and scalar ( $J$ , sample: IPC + TCE- $d_2$ ) coupling. **c**, Dipolar couplings ( $D$ ) of (+)- and (-)-IPC (blue and red, respectively) in either pss-E-1 (dark coloured item) or pss-Z-1 (bright coloured item) containing samples. For pss-Z-1,  $D$  is zero, which is expected for an isotropic solution. Differences of  $D$  between (+)- and (-)-IPC (e.g. for C2-H2) result from the enantiomer differentiation capabilities of the liquid crystal. The coupling of C3-H3 and C7-H7a could not be extracted.

172 For the measurement of dipolar couplings, PpFABLA (**1**) thus proves directly useful as it allows for  
 173 acquisition of the scalar and total coupling using only one sample, which could further be measured  
 174 simultaneously by exploitation of spatial resolution (isotropic and anisotropic part of the sample,  
 175 respectively) and acquisition of spatially resolved<sup>41</sup> NMR spectra (Extended Data Figure 6).

176 Additionally, PpFABLA-co-PBLA (**11**) was tested for its enantiomer differentiation capabilities likewise.  
177 Dipolar coupling sets of (+)- and (-)-IPC, respectively, obtained for pss-E-**11** and pss-Z-**11** exhibit a small  
178 but noticeable difference. Thus, the preserved secondary structure but different photo-isomers of the side-  
179 chains of PpFABLA-co-PBLA (**11**) upon irradiation affects the alignment induced onto IPC and their  
180 enantiomeric differentiation.

## 181 **Conclusions**

182 In summary, the photo-isomerisation of the (*o*-F)<sub>4</sub>-azobenzene moieties of PpFABLA (**1**) have been  
183 shown to be amplified in three stages via the change of the polypeptide secondary structure, the formation  
184 of a lyotropic liquid crystal and its unidirectional orientation by a magnetic field. The helix-coil transition  
185 of the polypeptide by itself is remarkable, as it is thermally stable and can be selectively altered with  
186 violet (400 nm) and green (525 nm) light, respectively, even in highly viscous solutions. Such drastic  
187 secondary structure changes can be exploited in the future in the fields of e.g. layer-by-layer polymer  
188 architectures in biomedical applications<sup>17</sup>. Reversible control of the state of matter (lyotropic liquid  
189 crystal vs. isotropic solution) and its directionality enable regulation of solution viscosity<sup>14</sup> and anisotropic  
190 diffusion<sup>16</sup>. Furthermore, macroscopic lyotropic liquid crystal and isotropic domains are obtainable by  
191 exploitation of spatial controllability by light. This represents a fourth stage of photo-control and might  
192 enable e.g. photo alignment<sup>15</sup> and its usage in nano technology<sup>18</sup> in the future. The lyotropic liquid crystal  
193 has further been shown to transfer its chirality onto probe molecules dissolved therein. This can be  
194 regarded as light-induced enantiomer differentiation. Future work aims at lowering the optical density of  
195 the system by development of new azobenzene-containing (co)-polyaspartates and, thus, reducing the  
196 total amount of azobenzene-moieties necessary to induce a change in secondary structure.

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## 289 **Methods**

290 *Pp*FABLA (**1**) and *Pp*FABLA-*co*-PBLA (**11**) were synthesised starting from commercially available  
291 sources (Extended Data Figure 1). The detailed synthesis procedures and compound characterisation data  
292 are given in the supporting information. Irradiation of the polymers is performed using green (525 nm  
293 absorption maximum, LUXEON CZ Color Line, part number: L1CU-GRN1000000000) and violet  
294 (400 nm absorption maximum, LUXEON UV U Line, part number: LHUV-0405) LEDs from Lumileds.  
295 The light intensity depends on the measurement setup, is always reduced compared to the radiometric  
296 power of the LEDs and could thus not be used to determine the quantum efficiency of the photo-  
297 conversion.

### 298 **UV-vis and CD spectroscopy**

299 UV-vis and CD spectra were recorded simultaneously on a JASCO J-1500 spectrometer equipped with a  
300 PTC-510 peltier element (at 20 °C) and a PM-539 detector. Spectra were recorded in a wavelength range  
301 from 600 to 200 nm, with a data interval of 1 nm, a bandwidth of 2 nm, an integration time of 0.5 s and a  
302 scanning speed of 200 nm/min. Polymer solutions (0.076 M, per residue) were prepared by dissolving the  
303 polymer over night in TCE, were placed inside a demountable cuvette<sup>42</sup> with a path length < 10 µm  
304 (necessary to lower the solvent cut-off to ~215 nm, defined by a high tension (HT) voltage > 500 V) and  
305 were irradiated inside the cuvette holder for 5 min with a violet LED prior to the first measurement of a  
306 measurement series (ensuring pss-E of the sample). After each measurement within the series, the sample  
307 was irradiated first with a green LED for a few seconds until no further spectral changes were observed  
308 (pss-Z reached) and after that with a violet LED for a few seconds until the sample is restored in pss-E.  
309 The measurement series thus consist of approx. 10 individual spectra of the polymer in different E/Z-  
310 ratios. Prior to analysis, a background correction was performed by subtraction of signals obtained from  
311 pure TCE. The spectra thus obtained could only be interpreted qualitatively due to the absolute path  
312 length uncertainty for demountable cuvettes<sup>43</sup> that further prevent the calculation of the extinction

313 coefficient (UV-vis) and the molar ellipticity (CD). The whole measurement series for each polymer is  
314 given in the supporting information.

### 315 ***In-situ* irradiation NMR spectroscopy**

316 <sup>19</sup>F NMR spectra were recorded on a Bruker Avance III HD NMR spectrometer (400 MHz proton  
317 frequency) equipped with a 5 mm BBFO probe with z-gradient. Polymer solutions (22.3 g/L for  
318 PpFABLA (**1**) and 10 g/L for PpFABLA-co-PBLA (**11**)) in TCE-*d*<sub>2</sub> were prepared and 0.45 mL thereof  
319 placed inside a thin-wall 5 mm NMR tube that was closed with a coaxial insert (Wilmad-LabGlass)<sup>30</sup>. A  
320 waveguide (0.39 NA TECS-Clad Multimode Optical Fiber from Thorlabs) with roughened tip was  
321 inserted enabling irradiation of the sample inside the NMR spectrometer. The receiving end of the  
322 waveguide was attached to the LEDs by an SMA connector. Prior to the measurement of <sup>19</sup>F NMR spectra  
323 series, a pulse length optimisation and a *T*<sub>1</sub> relaxation time determination were performed. The sample  
324 was irradiated with the green LED until no further spectral changes were observed (pss-Z). <sup>19</sup>F NMR  
325 spectra series were recorded at 20 °C by accumulation of 4 scans with a recovery delay *DI* of 2.5–3.0 s  
326 and a time interval between experiments of 30 s and 10 min. The sample was first irradiated with a violet  
327 LED (conversion of Z-isomer into E-isomer), followed by irradiation with a green LED (conversion of E-  
328 isomer into Z-isomer) and finally irradiation was stopped to investigate thermal relaxation of the Z-  
329 isomer. Individual spectra thus obtained were phase and baseline corrected and signal intensities were  
330 obtained by integration of 3 spectral regions (integral a: –117.5 to –119.1 ppm, integral b: –119.1 to –  
331 120.4 ppm and integral c: –120.4 to –121.7 ppm), which were further used to estimate the E/Z ratio of the  
332 polymer. Although acquisition of NMR spectra was assured to be quantitative (*DI* > 5*T*<sub>1</sub>), the  
333 quantification of E/Z ratio was only possible for PpFABLA-co-PBLA (**11**), presumably due to the drastic  
334 conformational changes of PpFABLA (**1**) leading to two signal sets for the respective E-isomers  
335 (Extended Data Figure 4).

### 336 **Concentrated polymer samples**

337 4 samples were prepared by dissolving either PpFABLA (**1**, 20 %(w/w)) or PpFABLA-co-PBLA (**11**,  
338 16 %(w/w)) together with (+)- and (-)-IPC, respectively in TCE- $d_2$  directly inside a 3 mm NMR tube  
339 (sample composition is given in the supporting information). The NMR samples were frozen, evacuated  
340 and sealed by melting the top of the NMR tube using a propane torch. Sample homogeneity was  
341 established by centrifuging the sample back and forth while heating the sample in between each  
342 centrifugation step. Prior to the first NMR measurements, the samples were irradiated by two violet LEDs  
343 (from opposite sides) inside an aluminium box<sup>44</sup> resulting in pss-E. To change the E/Z ratio, the samples  
344 were irradiated with a green LED or two violet LEDs either homogeneously or with spatial control  
345 (detailed sample history and irradiation times are given in the supporting information). Homogeneously  
346 irradiated samples were further centrifuged back and forth again after irradiation to enhance sample  
347 homogeneity.

348 Prior to NMR measurements, the sealed polymer samples were placed inside a 5 mm NMR tube filled  
349 additionally with acetone- $d_6$  to enable locking and shimming. However, the outer 5 mm NMR tube was  
350 not tightly sealed and, thus, was prone to take up water (air humidity), which was observed as additional  
351 signal of HDO in  $^2\text{H}$  NMR spectra ( $^2\text{H}$  and  $^{19}\text{F}$  NMR spectra of all samples are given in the supporting  
352 information).

### 353 **NMR spectroscopy of concentrated polymer samples**

354 Spectra were recorded on a Bruker Avance III HD NMR spectrometer (700 MHz proton frequency)  
355 equipped with a QCI cryo probe with z-gradient.  $^2\text{H}$ ,  $^2\text{H}$  z-image and  $^{19}\text{F}$  z-image NMR spectra were  
356 measured to ensure sample homogeneity and to observe the spatial resolution of partially irradiated  
357 samples<sup>37</sup>.

358 CLIP-HSQC NMR spectra<sup>45</sup> were measured with an INEPT delay of 145 Hz, a spectral width of 10 (8192  
359 data points, 2 ppm offset) and 35 ppm (512 data points, 32.5 ppm offset) in the direct and indirect  
360 dimension, respectively, and accumulated over 4 scans per increment. For partially irradiated samples a

361 spatially selective version<sup>41</sup> of the CLIP HSQC NMR spectrum was used instead with similar acquisition  
362 parameters. To obtain spatial selectivity a slice width of 0.5 cm and a spatial offset of 0.5 and -0.5 cm  
363 from the centre of the coil to excite the upper and lower part of the sample, respectively, were used as  
364 additional parameters and the number of scans was adjusted to 60. Additionally, F1-coupled HSQC NMR  
365 spectra<sup>46</sup> were measured for samples consisting of PpFABLA (**1**) to enhance the total number of couplings  
366 extractable for IPC. Acquisition parameters were chosen as follows: INEPT delay of 145 Hz, scaling  
367 factor of 8, a spectral width of 10 (1398 data points, 2 ppm offset) and 80 ppm (4096 data points, 45 ppm  
368 offset) in the direct and indirect dimension, respectively, and 2 scans. A zero filling of two in both  
369 dimensions and a shifted squared sine window function was used for processing of the 2D NMR spectra.

### 370 **Analysis of dipolar couplings**

371 Total couplings of IPC were extracted from the 2D NMR spectra<sup>47</sup> and used to calculate the dipolar  
372 coupling following the  $T=2D+J$  convention by using the scalar couplings of IPC<sup>21</sup>. Proton carbon dipolar  
373 couplings of methyl groups were further converted into carbon carbon dipolar couplings of the methyl  
374 group and the adjacent carbon<sup>48</sup>. For conversion gyromagnetic ratios of  $6.728 \cdot 10^7$  rad/(T s) and  $26.752 \cdot 10^7$   
375 rad/(T s) for <sup>13</sup>C and <sup>1</sup>H, respectively, and bond lengths of 150.7 and 109.1 pm for carbon carbon and  
376 carbon proton bonds, respectively, were used. The dipolar couplings together with a structural model of  
377 IPC<sup>21</sup> were used as input for the program RDC@hotFCHT<sup>49,50</sup> to calculate the alignment tensor and  
378 alignment values derived thereof (couplings extracted and alignment values calculated are given in the  
379 supplementary information).

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## 405 Acknowledgements

406 The authors thank Volker Schmidts for setting up the spatially selective NMR experiments and for  
407 simulating expected spectra in Extended Data Figure 5b, Dominik Herold for setting up the LED  
408 illumination device and helping with the *in-situ* irradiation NMR experiments, Christopher Roß for  
409 measuring GPC, the M.S. service of TU Darmstadt for measuring mass spectra and Janne Reisch for  
410 assistance in UV-vis and CD spectra measurement.

## 411 Author Contributions

412 Both authors conceived the project and discussed the results. Syntheses, characterisation of compounds,  
413 sample preparation and acquisition of UV-vis, CD and NMR spectra was done by M.H. The manuscript  
414 was written by M.H. with revisions provided by C.M.T. The project was supervised by C.M.T.

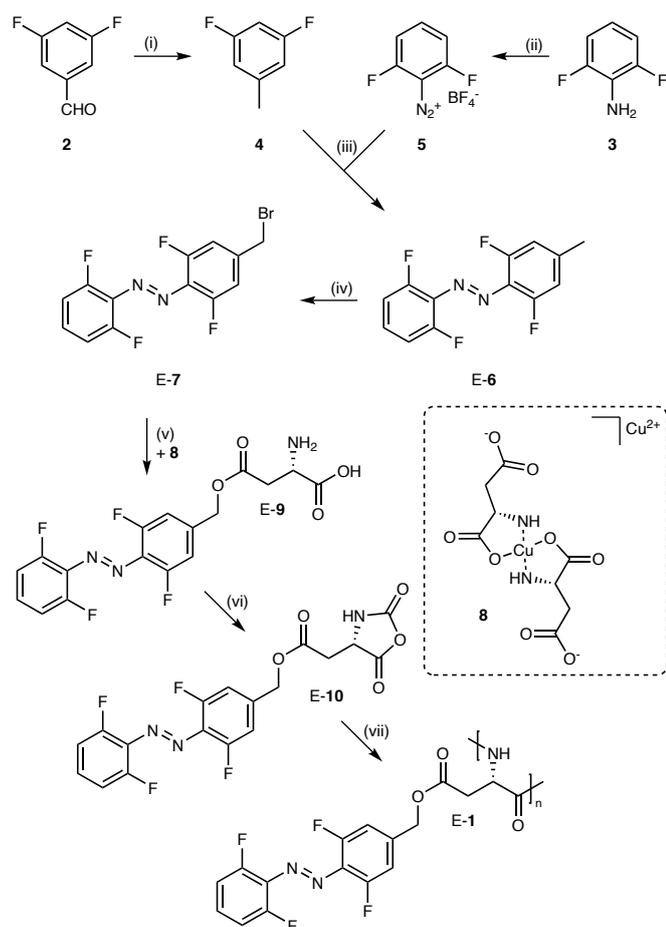
## 415 Competing Interest Declaration

416 The authors declare no competing interest.

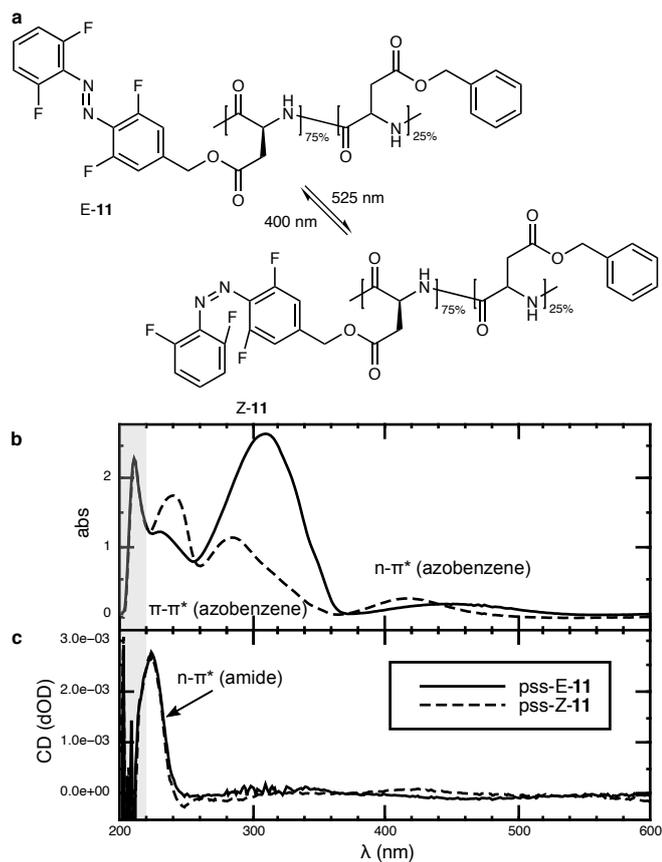
## 417 Additional Information

418 supplementary information is available for this article

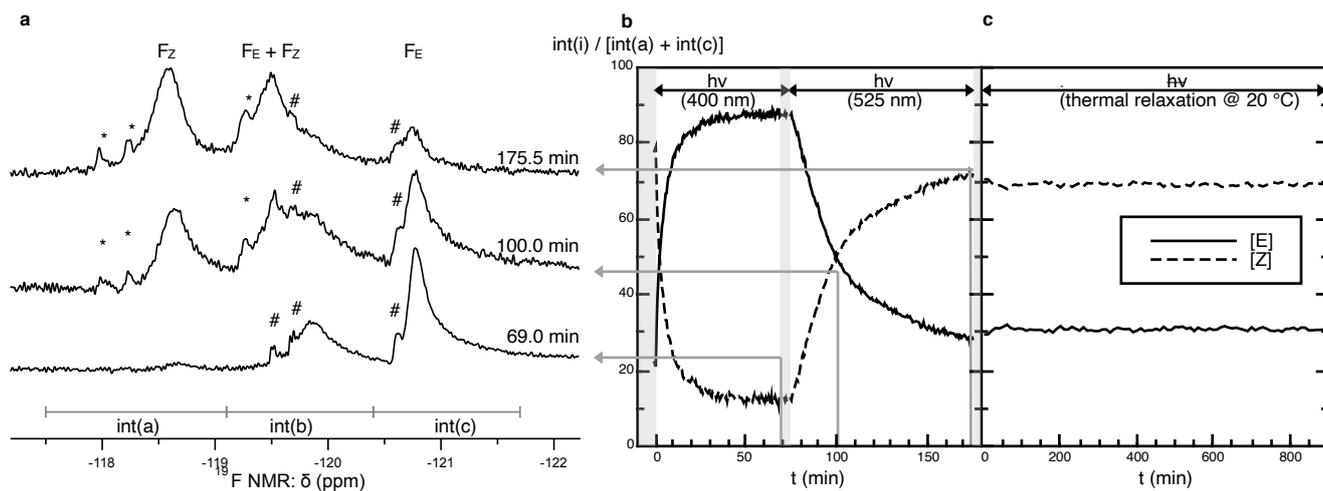
419 correspondence should be addressed to C.M.T. (cthiele@thielelab.de)



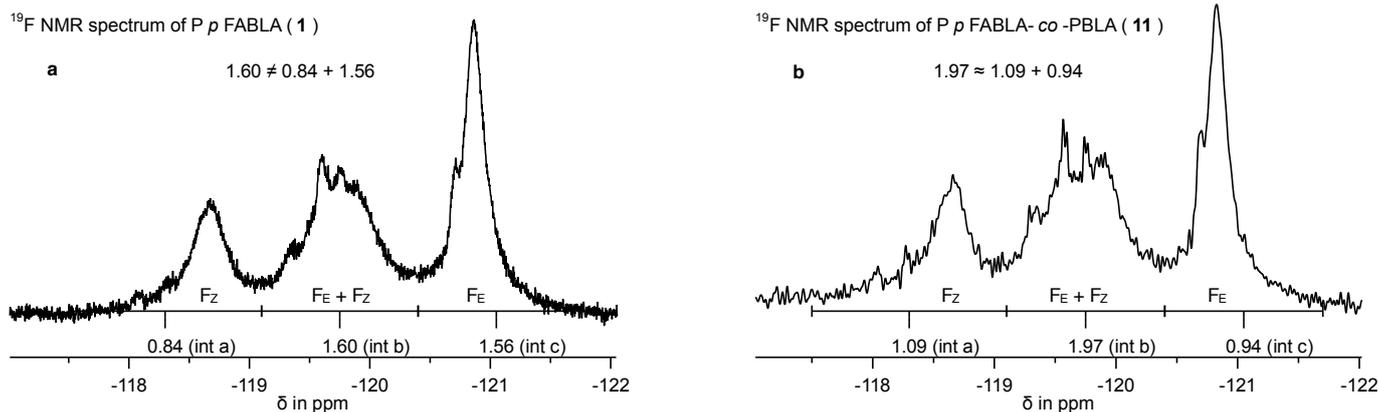
Extended Data Figure 1: **Synthesis of PpFABLA (1)**. Reagents and conditions: (i) hydrazine monohydrate, triethylene glycol, 150 °C, 2 h, 46 % (ii) sodium nitrite, aqueous tetrafluoroboric acid solution, 0 °C, 1 h, 51 % (iii) *n*-butyllithium, tetrahydrofuran, -78 °C, 2 h, 84 % (iv) *N*-bromosuccinimide, TCE, 150 °C, 16 h, 64 % (v) *N,N,N',N'*-tetramethylguanidine, dimethylformamide / water, 40 °C, 3 d, 56 % (vi) phosgene, tetrahydrofuran, 20 °C, 2.5 h, 57 % (vii) dimethylethanolamine, dichloromethane, 20 °C, 16 d, 96 %.



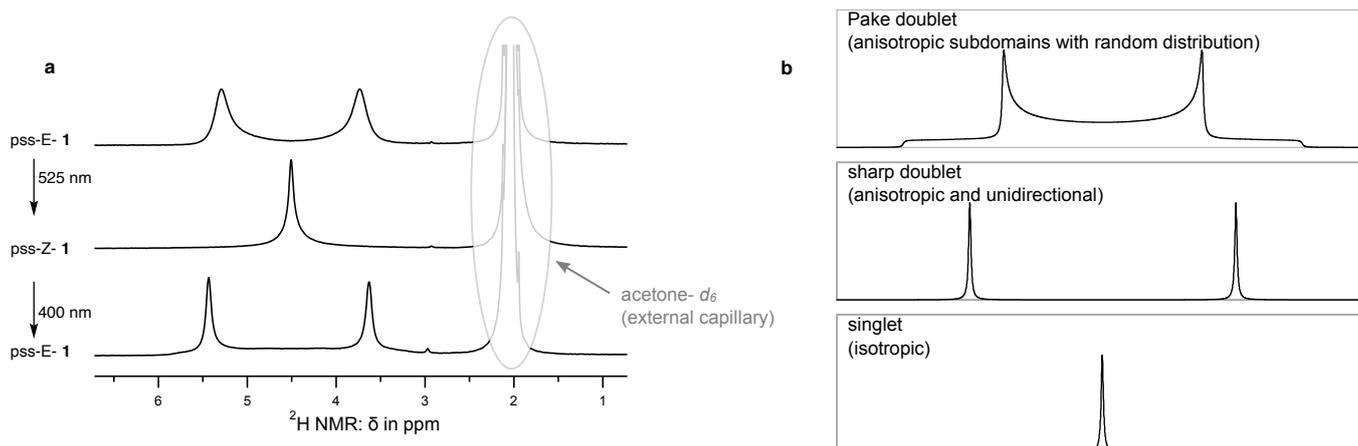
Extended Data Figure 2: **Photochromism of PpFABLA-co-PBLA (11)**. **a**, Reversible photoisomerisation of PpFABLA-co-PBLA (11), induced by green (525 nm) and violet (400 nm) light, respectively. **b**, UV-vis spectra of both pss (pss-E-11, solid line and pss-Z-11, dashed line) demonstrate a bathochromic shift of the azobenzene n-π\* absorbance (> 380 nm) for E-11 compared to Z-11. **c**, CD spectra reveal a left-handed helical secondary structure of both pss (positive CD of the backbone amide n-π\* absorbance, 222 nm).



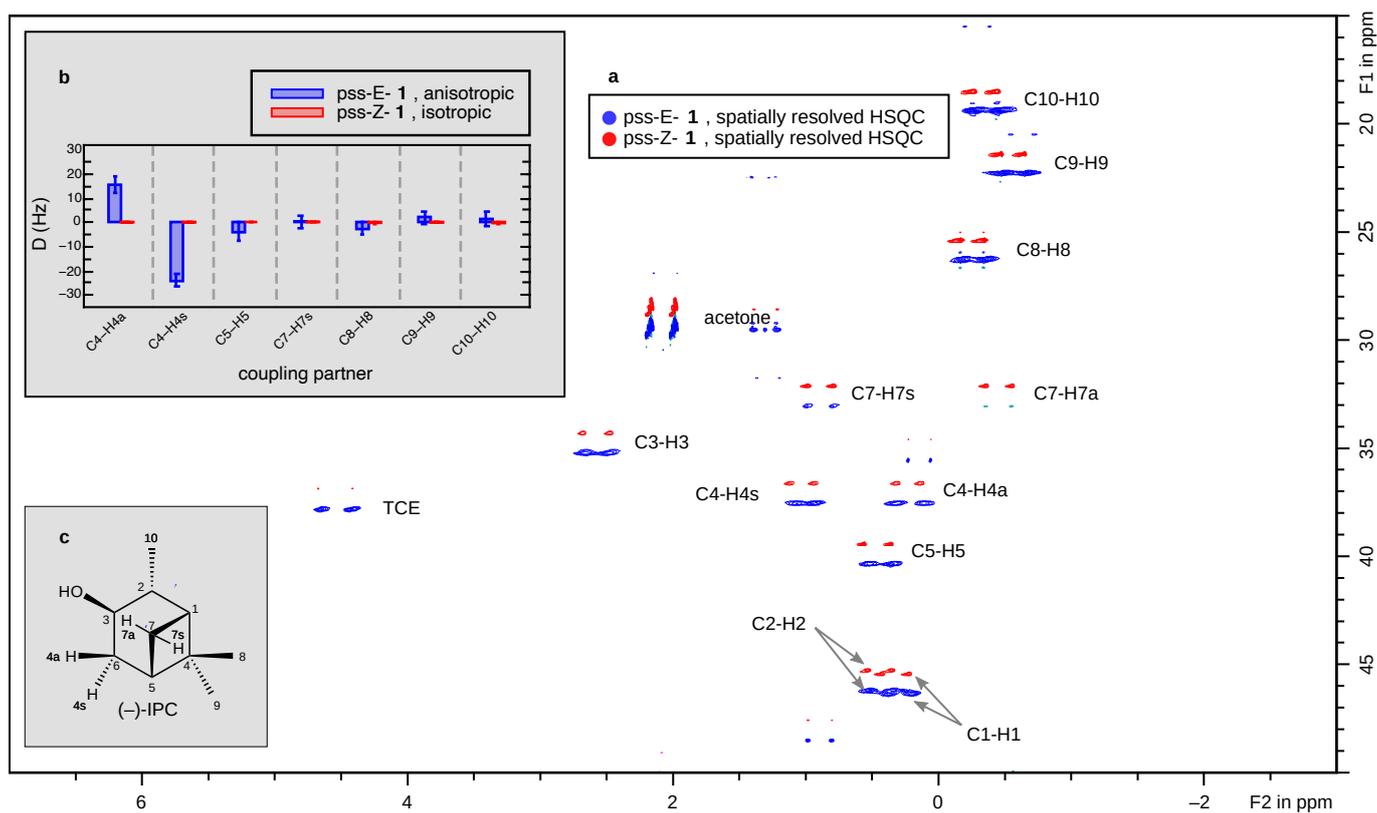
Extended Data Figure 3: **Monitoring photochromism of PpFABLA-co-PBLA (11).** **a**,  $^{19}\text{F}$  NMR spectra of PpFABLA-co-PBLA (11), acquired at 69.0, 100.0 and 175.5 min (pss-E-11, mixed state and pss-Z-11, respectively). **b**, Fraction of integrals a (Z-isomer, dashed line) and c (E-isomer, solid line) plotted vs. time obtained by *in-situ* irradiation NMR experiments with violet (400 nm) and green (525 nm) light for 70 and 110 min, respectively. **c**, Similar plot obtained in the absence of irradiation at 20 °C demonstrating the thermal stability of Z-11.



Extended Data Figure 4: **Quantification of *in-situ* irradiation  $^{19}\text{F}$  NMR polymer spectra.** If the azobenzenes in the side-chain are considered to be isolated from the polymer backbone, four  $^{19}\text{F}$  NMR signals (each belonging to two isochronous fluorines per residue of either the E-isomer or the Z-isomer) are expected. However, as the side-chains are not isolated from the backbone, more than four signals of the azobenzenes are possible<sup>[31]</sup>. Two signal sets (total of eight signals) result due to the influence of the secondary structure being helical and random-coil, respectively. The number of signal sets could be even higher, if the surroundings of the side-chain (e.g. the isomeric state of neighbouring azobenzenes) is taken into account. However, the latter influence (surroundings of the side-chain) on the chemical shift is presumably too small to be resolved (but contributes to broadened signals observed) and, thus, is not considered to increase the amount of expected  $^{19}\text{F}$  NMR signals. **a**, For PpFABLA (**1**), eight  $^{19}\text{F}$  NMR signals are expected but could not be resolved due to signal overlap. Therefore, only rough estimates of E/Z ratios are obtainable. **b**, For PpFABLA-co-PBLA (**11**), four  $^{19}\text{F}$  NMR signals are expected. In this case, only two signals overlap (region b, E- and Z-isomer) while regions a and c refer to signals of the Z-isomer and the E-isomer, respectively. Consequently, the sum of integrals a and c equalling integral b is a prerequisite for quantitatively interpretable spectra, which is met for PpFABLA-co-PBLA (**11**). Therefore, the spectra can be used for quantitative determination of E/Z ratios.



Extended Data Figure 5: **Reversible lyotropic liquid crystallinity**. A sample of 20 % (w/w) PpFABLA (**1**) dissolved in TCE- $d_2$  (identical to sample of Figure 3). **a**,  $^2\text{H NMR}$  spectra of the solvent of the freshly prepared pss-E-1 sample (top) after irradiation with green light resulting in pss-Z-1 (middle) and with violet light resulting in pss-E-1 (bottom). **b**, Expected  $^2\text{H NMR}$  signal shapes for the solvent in anisotropic environment with randomly distributed subdomains (top, Pake doublet<sup>[34]</sup>), in anisotropic environment with unidirectional orientation (middle, sharp doublet) and in isotropic environment (bottom, singlet). The spectra were simulated using the software SIMPSON.<sup>51</sup>



Extended Data Figure 6: **Spatially resolved NMR spectra.** A sample of 20 % (w/w) PpFABLA (**1**) and (-)-IPC dissolved in TCE- $d_2$ . The previously homogeneous pss-E-1 sample has been irradiated locally with green light resulting in the lower part to be in pss-Z-1 while the upper part remains in pss-E-1 (identical to sample of Figure 3). **a**, Spatially resolved HSQC NMR spectra of the upper, anisotropic part (blue) and lower, isotropic part (red, shifted in the F1 dimension to enhance visibility) of the sample (slice width of 0.5 cm and spatial offset of 0.5 and -0.5 cm from the centre of the coil, respectively). **b**, Comparison of dipolar couplings extracted from both spectra. **c**, Structure of (-)-IPC.