

Retinal organoids on-a-chip: a 3D printed micro-millifluidic bioreactor for long-term retinal organoid maintenance

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ABSTRACT:

Retinal degeneration is a leading cause of vision impairment and blindness worldwide and medical care for advanced disease does not exist. Stem cell-derived retinal organoids (RtOgs) became an emerging tool for tissue replacement therapy. However, existing RtOg production methods are highly heterogeneous. Controlled and predictable methodology and tools are needed to standardize RtOg production and maintenance. In this study, we designed a shear stress-free micro-millifluidic bioreactor. We used a stereolithography (SLA) 3D printer to fabricate a mold from which Polydimethylsiloxane (PDMS) was cast. The multi-chamber bioreactor design and fabrications methods easily combined micro and millimeter features with very low cost and short manufacturing time. We optimized the chip design using *in silico* simulations and *in vitro* evaluation to optimize mass transfer efficiency and concentration uniformity in each culture chamber. We successfully cultured RtOgs on an optimized bioreactor chip for 37 days. We also characterized the RtOgs produced by static dish culture and chip culture methods using qualitative and quantitative techniques. Phase contrast imaging showed that both conventional and chip-cultured RtOgs developed a transparent outermost surface structure. Fluorescence lifetime imaging (FLIM) showed that RtOgs on the chip had significantly lower long lifetime species (LLS) ratio than static cultured ones, which demonstrated that bioreactor cultured RtOgs exhibited less oxidative stress. RtOgs in bioreactor culture demonstrated higher NADH signal overall, but both bioreactor and conventional cultures showed similar free/bound NADH ratio over time, which indicated normal differentiation time course. RtOg gene expression was examined by fluorescence imaging and quantitative polymerase chain reaction (qPCR) analyses. RtOgs in both groups showed thick nuclear outer layers expressing CRX on day 120 of differentiation. The gene profiling showed both groups expressed retinal progenitor genes and most of the tested photoreceptor markers. We, therefore, validated an autonomous micro-millifluidic device with significantly reduced shear stress and lower oxidative stress to produce RtOgs of equal or greater quality than those maintained in conventional static culture.

Key words: Retinal organoids; Microfluidics; Millifluidics; 3D printing; Fluorescence lifetime imaging; Phasor approach; Functional imaging.

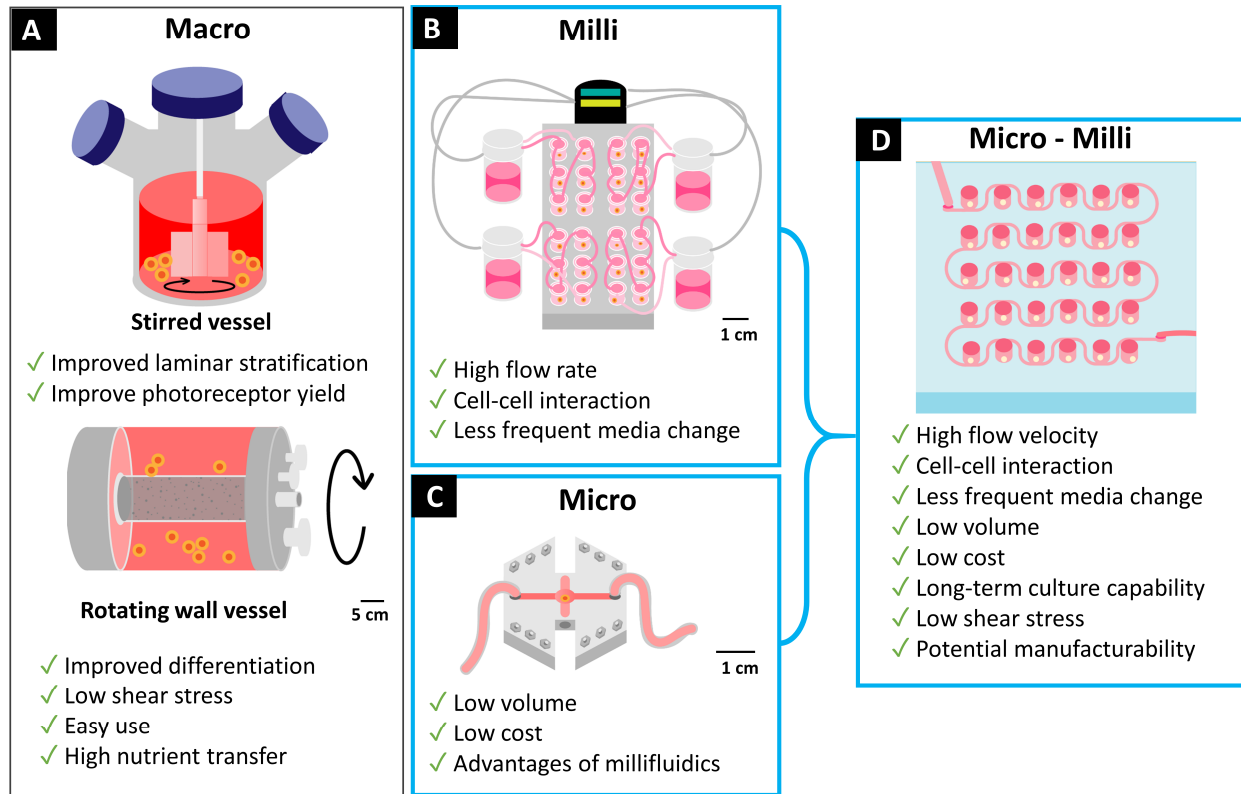
1 **INTRODUCTION:**

2 Retinal degeneration (RD) is a leading cause of vision impairment and blindness worldwide.
3 Visual degeneration can originate in any of the cell types in the retina. Some of the more common
4 visual degenerations stemmed from death and/or dysfunction of the photoreceptors (PR) and
5 retinal pigmented epithelial (RPE) cells. These irreversible cell damages lead to vision loss
6 manifested in age-related macular degeneration (AMD) and retinitis pigmentosa (RP). Retinal
7 sheets and dissociated retinal cells are candidates for retinal tissue replacement therapy.
8 However, both tissue sources have inherent limitations. Historically, retinal sheets derived from
9 fetal neurosensory retina and RPE transplanted into the subretinal space demonstrated utility to
10 restore vision and neurosensory functions ¹⁻⁷ in animals ⁸⁻¹⁰ and humans ¹¹. However, the use of
11 fetal tissue carried complex social, ethical, and political implications. Transplantation of
12 dissociated photoreceptor precursors overcame the ethical issues and demonstrated some visual
13 function improvements ^{12, 13} but dissociated cells introduced additional challenges ¹⁴⁻¹⁷ that mainly
14 resulted from insufficient cell type differentiation, polarization and eventual cell death.

15 With the advent of human embryonic (hESCs) ¹⁸ and induced pluripotent stem cells (iPSCs)
16 ¹⁹, stem cell-derived retinal organoids (RtOgs) have emerged as tools that exhibit the combined
17 advantages of retinal sheets and differentiated retinal cells. RtOgs are 3D spheroid tissues that
18 self-organized into layered retinal tissues containing retinal ganglion cells, rods and cones ²⁰⁻²².
19 Transplantation of RtOgs have been shown to restore vision in retina degenerated rats ²³, mouse
20 ²⁴ and primate ²⁵ models with RD. Even so, the current state-of-the-art RtOg production methods
21 are highly heterogeneous due to their use of different cell lines, culturing times, culturing methods,
22 manual labor and imprecise tissue selections ²⁶. A comparative study revealed that RtOgs
23 differentiated from iPSCs showed stage specific, cell line and methodological differences ²⁷. This
24 heterogeneity and imprecision limit human RtOg procurement for preclinical trials ²⁶ and *in vitro*
25 investigations. Many approaches, including bioreactors ²⁸⁻³⁴ and optimized production protocols
26 ^{26, 35} are investigated to standardize RtOg production and maintenance over months. Controlled

27 and predictable RtOg production is important to ensure a quality-controlled tissue product that is
28 suitable for transplantation.

29 In recent years, many *in vitro* cell culture platforms have emerged for organoid differentiation
30 and maintenance at the macro-, milli-, and microscales. Macro-scaled platforms are typically
31 utilized for their ease and effectiveness in producing organoids, while milli-scaled systems (≥ 1
32 mm) are employed for relatively high flow rates, cell-cell interaction, and less frequent media
33 changes and thus less organoid perturbation and lower probability for damage²⁹. Considering the
34 costs associated with the relatively high media volumes required by the macro-scaled bioreactors,
35 microscale devices ($< 100 \mu\text{m}$) are steadily growing in popularity³⁶. Microfluidic devices shared
36 the advantages of millifluidic devices, with the further advantage of even lower media
37 consumption. However, the dimensional limits of traditionally fabricated microfluidics devices
38 hinder its application to organoids research since organoids are 3D spherical tissues that can
39 grow up to several millimeters in size. Fig. 1 summarizes current published organoid bioreactors
40 and their advantages and disadvantages. The integration of micro- and millifluidic device is a
41 promising solution for organoids differentiation and maintenance.



42

43 **Figure 1: Review of Organoid Bioreactors.** (A) Macro scale bioreactors: stirred/spinning and
 44 rotating wall vessels ³⁷; (B) Millifluidic bioreactor ³⁸; (C) Microfluidic bioreactor ³⁹; (D) Micro-
 45 millifluidic bioreactor in this article.

46 In this study, we designed and fabricated a shear stress-free micro-millifluidic bioreactor for
 47 use in RtOg culture and maintenance. We used a high resolution (25 μm) stereolithography (SLA)
 48 3D printer to fabricate the mold for Polydimethylsiloxane (PDMS) molding, which easily combined
 49 micro and millimeter features in one design with very low cost and short manufacturing time. First,
 50 we simulated the fluidic design parameters in COMSOL to optimize the fluidic transports in the
 51 chip design. We evaluated 3 different factors that could affect mass transfer efficiency and
 52 uniformity. We then successfully cultured RtOgs on the designed chip platform for more than one
 53 month (37 days). Finally, we did a comparative study to characterize the RtOgs produced by dish
 54 culture (denoted as “static” because there was no constant media flow through the dish) and chip
 55 culture. We compared live organoids both qualitatively and quantitatively.

56

57 **METHODS**

58 **COMSOL simulation**

59 The simulation was performed using finite element analysis software, COMSOL Multiphysics
60 (COMSOL, Inc, Palo Alto, CA, USA). COMSOL was used to evaluate different chip designs and
61 flow channel configurations to optimize mass-transport dynamics in culture chambers with
62 different heights. Three major factors that affected the mass transfer rate were taken into
63 consideration: 1) channel width (1000 or 500 μm wide), 2) channel configuration relative to culture
64 chambers (linear single-sided chambers, serpentine alternating side chambers, serpentine with
65 integrated mixer) and 3) the culture chamber height (2 or 4 mm tall).

66

67 The simulation parameters are listed in Table 1. The initial concentration of the whole system
68 was set to zero, which was considered the most extreme condition. The left end of the channel
69 was set as the inlet with concentration of 1 mol/m^3 as the boundary condition.

70

Table 1: Simulation parameters

Physics	Laminar flow & Transport of diluted species
Study type	Time dependent
Material	Water
Diffusion coefficient (m^2/s)	6.00E-10
Boundary conditions (mol/m^3)	$C_{\text{initial}} = 0, C_{\text{inlet}} = 1$

71

72 **Chip design and fabrication**

73 The mold was designed using SolidWorks (SolidWorks Corp., Waltham, MA, USA) and the
74 final design used for RtOg culture had the dimensions shown in Fig. 2A with channel height of
75 200 μm and chamber height of 2 mm. The chambers were arranged in a 6 x 5 array with the

76 distance between each chamber at 9 mm, which was the same as that of a 96-well plate for
77 compatibility with subsequent imaging steps. The mold was produced with 25 μm resolution with
78 the Formlabs Form 3B printer (Formlabs, Somerville, MA, USA) using standard clear resin
79 (Formlabs) (Fig. 2B). After printing, the mold was cleaned with 90% isopropanol to remove any
80 resin residue. The mold was then air dried for 24 hours and cured with ultraviolet light for 30
81 minutes.

82 The bioreactor was fabricated from the printed mold similar to the molding steps in soft
83 lithography⁴⁰. Polydimethylsiloxane (PDMS) Sylgard 184 (Dow Corning, Midland, MI, USA) was
84 mixed manually for 10 minutes at a 10:1 ratio (base elastomer/curing agent). After degassing in
85 a vacuum chamber, the PDMS was poured over the 3D-printed mold until the level reached the
86 top of the culture chamber features and degassed again in a vacuum desiccator to remove
87 bubbles (Fig. 2C). After 48 hours of curing under room temperature, the molded PDMS piece was
88 carefully peeled off from the mold. The fluidic inlet and outlet were created with a biopsy punch.
89 Finally, the PDMS piece was treated with air plasma (Harrick) (Harrick Plasma, Ithaca, NY, USA)
90 for 1 min. to promote adhesion and then pressure-bonded to a cover slip (#1.5, 64*50 mm,
91 ClariTex) (Ted Pella, Inc., Redding, CA, USA) (Fig. 2D).

92 **Stem cell culture and retinal organoids initiation**

93 Retinal organoids were differentiated from genetically modified registered human embryonic
94 stem cells (hESCs) with green fluorescent protein (GFP) tagged to CRX gene which encodes
95 cone-rod homeobox protein and is specifically expressed in photoreceptor cells (WA01 line
96 expressing CRX-GFP)⁴¹. Stem cells were maintained by feeding mTeSR 1 media (STEMCELL
97 Technologies, Vancouver, BC, Canada) daily and passaged every 4-7 days by ReLeSR
98 (STEMCELL Technologies) when cells reached ~80% confluency. Cells were expanded on
99 Vitronectin XF™ (STEMCELL Technologies) coated plates at 37 °C in a humidified 5% CO₂
100 incubator (Nuaire, Plymouth, MN, USA).

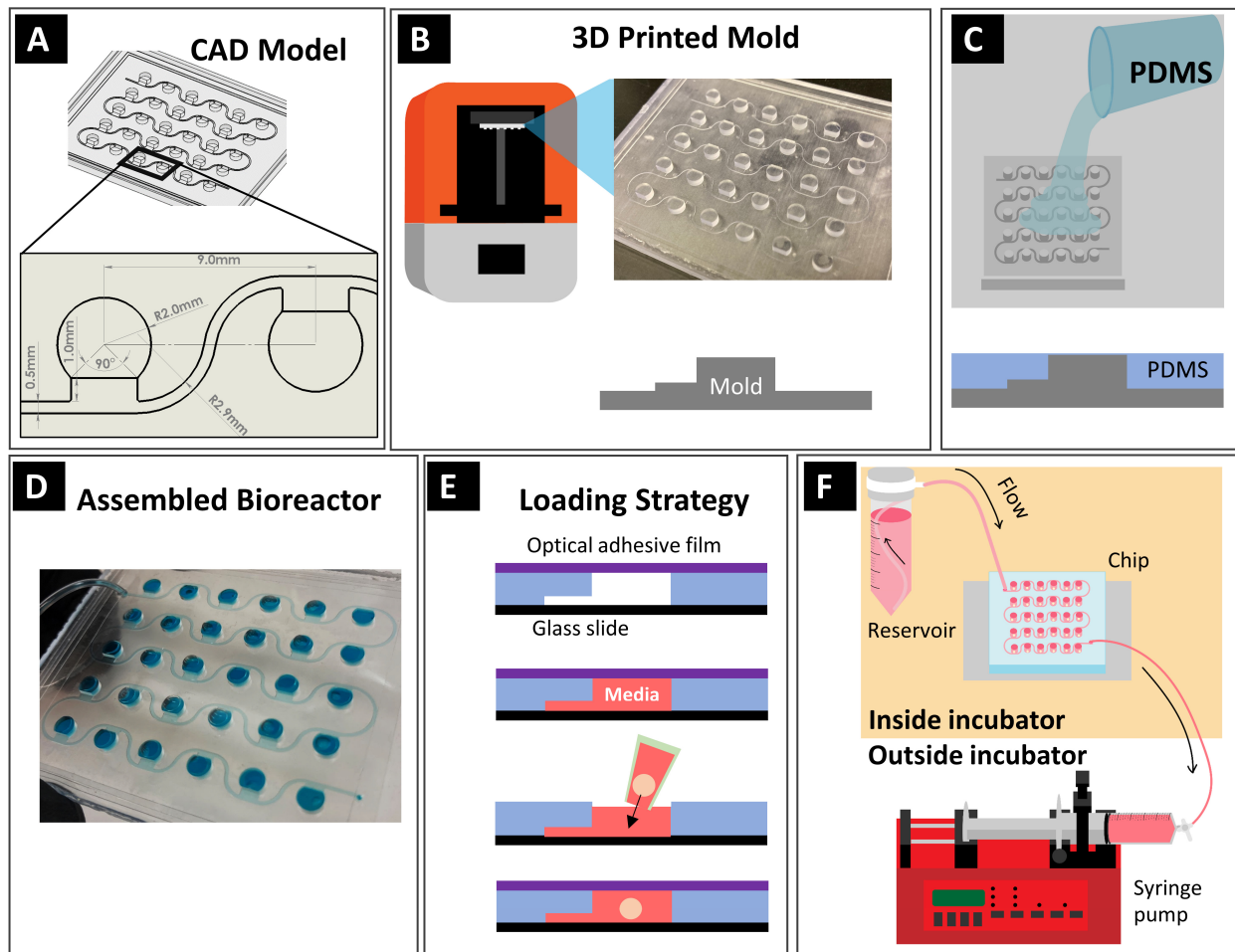
101 To initiate organoid formation, Accutase (Nacalai Inc, Kyoto, Japan) was added to the stem
102 cells into a single cell suspension when 2-dimensional culture reached ~80% confluency. The
103 cells were then placed in a 800- μ m micro-well EZSPHERE 12-well plate (Nacalai) and centrifuged
104 at 100g for 3 min. to evenly distribute the stem cells throughout the bottom of each well. From day
105 1 to 7, the stem cells self-aggregated into embryonic bodies (EBs) in the EZSPHERE microwells.
106 From day 8, the EBs were seeded onto a 1% growth factor reduced Matrigel (r) coated culture
107 dish. The EBs spread onto the Matrigel and began 2D differentiation. Retinal eye fields were cut
108 from the Matrigel on day 50 and transferred to ultra-low attachment 24-well plates (Corning Costar)
109 (Corning, Corning, NY, USA) for 3D culture to be loaded into the bioreactor chip. Media used for
110 retinal organoid differentiation was modified from Zhong *et al.*⁴² From day 0 to 18, the organoids
111 were gradually transitioned from mTeSR1 medium into neural induction media (NIM) containing
112 Dulbecco's modified eagle medium (DMEM)/F12 (1:1), 1% N2 supplement (Gibco™) (Thermo
113 Fisher Scientific, Waltham, MA, USA), 1x minimum essential media non-essential amino acids
114 (NEAA) (STEMCELL Technologies), 1x L-glutamine (STEMCELL Technologies), and 2 μ g/ml
115 heparin (Sigma-Aldrich, St. Louis, MO, USA), with daily media changes. From day 19 to 41, the
116 media was switched to NIM containing DMEM/F12 (1:1) supplemented with 2% B27 supplement
117 (without vitamin A, Gibco), 1x NEAA, 1x L-glutamine, and 2mg/ml heparin. From day 42 and
118 beyond, the organoids were cultured with media containing DMEM/F12 (1:1) supplemented with
119 2% B27 supplement (Gibco), 1x NEAA, 1x L-glutamine, 2ug/ml heparin, 100 μ M taurine (Sigma),
120 and 10% fetal bovine serum (FBS; Gibco). The media was changed 3 times a week and the
121 organoids were maintained at 37 °C in a humidified 5% CO₂ incubator.

122 The organoids used in this study were all generated from the same batch. On day 87 of
123 differentiation, 15 RtOGs were randomly selected to load one each into every other chamber in
124 the bioreactor chip. After 37 days of on-chip culture, 3 RtOGs were selected for histology. The
125 remaining 12 RtOGs were divided into 3 groups of 4 RtOGs for qPCR gene expression analysis.

126 **Bioreactor system assembly and organoid loading**

127 The chip and the associated tubing were disinfected with 70% ethanol and 30 min. in a UV
128 and ozone cool clave (CoolCLAVE Plus) (Genlantis, San Diego, CA, USA). Each chamber was
129 treated with anti-cell adherence solution twice (STEMCELL Technology) and washed by
130 Dulbecco's phosphate-buffered saline (DPBS) without calcium and magnesium (STEMCELL
131 Technology). The on-chip culturing system was assembled as shown in Fig. 2F. The media
132 reservoir was comprised of a 50 mL Steriflip-GP sterile centrifuge tube (MilliporeSigma, Burlington,
133 MA, USA) and a filter cap with a pore size of 0.22 μm .

134 Before loading the organoids, the chip chambers were sealed by pasting a slice of
135 MicroAmp™ optical adhesive film (Thermo Fisher Scientific, Waltham, MA, USA) on the top
136 surface, then slowly withdrawing the syringe to apply negative pressure to fill the channel with
137 fresh media drawn from the media reservoir. Tubing clamps were then applied to block both the
138 inlet and outlet tubing, so that the adhesive film could be removed without disturbing the fresh
139 media level in the channel. One organoid was loaded into each chamber by 20 μL pipette tips
140 with tip heads cut off. Lastly, the top of the chambers was resealed with sterile optical adhesive
141 film (Fig. 2E). The flow rate used for long-term culture was 250 $\mu\text{L}/\text{h}$. Under this flow rate, 50 mL
142 media was sufficient for about 8 days of culture. When changing the media, the inlet and outlet
143 tubing were clamped and fresh media was refilled in the centrifuge tube. All these steps were
144 performed in an ESCO Class II Type A2 biosafety cabinet (Labculture, ESCO) (ESCO Micro Pte.
145 Ltd., Singapore) to avoid contamination.



146

147 **Figure 2: Fabrication methods.** (A) Mold design with CAD software; (B) Mold printing; (C) PDMS
 148 casting on the mold; (D) Assembled bioreactor; (E) Cross section view of organoid loading
 149 procedure whereby microchannels were filled with media first, then an organoid was placed in the
 150 open well, and the wells were sealed using adhesive optical film; (F) On-chip culturing system
 151 assembly.

152 **In vitro dye test**

153 The dye test experiment was performed to compare the uniformity of the concentration in
 154 chambers between the four different channel designs. Four chips with 3x3 chamber array were
 155 fabricated with 2-mm chamber height. The channels were first filled with blue food dye solution
 156 following similar steps as the organoid loading procedure (Fig. 2E). The flow was then blocked by
 157 clamping both the inlet and outlet tubing, and the inlet was switched to a yellow dye solution.

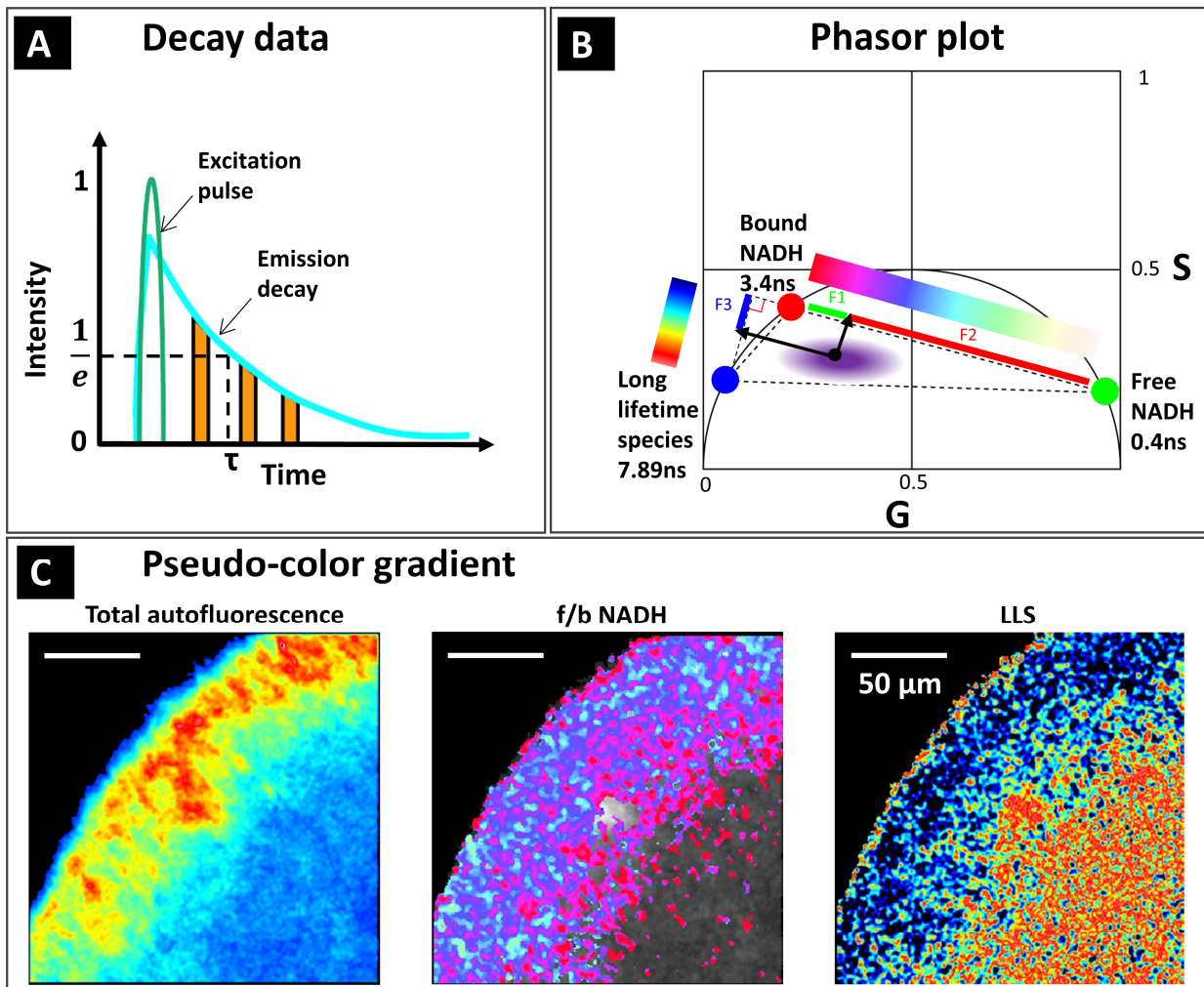
158 Lastly, a syringe pump was used to draw the yellow dye solution into the chip at a rate of 600
159 $\mu\text{L/h}$. The whole flow process was recorded with a camera. The grayscale value of each chamber
160 was obtained by ImageJ to quantify concentration changes of each chamber from the images.

161 **Fluorescence life-time imaging**

162 Fluorescence lifetime imaging (FLIM) was used to study the intrinsic fluorophore
163 Nicotinamide adenine dinucleotide (NADH) in the RtOg. The fluorophore's emission decay curve
164 was obtained by photon counting to calculate the fluorescent lifetime (Fig. 3A). FLIM data was
165 displayed on a phasor plot after Fourier transform, with the intensity decay curve of fluorescence
166 for each pixel represented by the g and s coordinates. Using this method, the decay and spectrum
167 for each pixel could be depicted on the phasor plot (Fig. 3B).

168 The metabolic trajectory was visualized with phasor approach ⁴³. The phasor plot has a
169 universal circle, with boundaries of each point representing a single exponential lifetime of one
170 type of molecule. Different components on the phasor plot followed a linear relationship, thus, the
171 ratio of the linear combination could be used to determine the fraction of each component. The
172 lifetime of free and lactate dehydrogenase-bound NADH was about 0.37 ns and 3.4 ns,
173 respectively ⁴⁴. Free NADH was linked to more glycolysis and a more proliferative state, while
174 bound NADH was correlated with more oxidative phosphorylation and a more differentiated state
175 ⁴⁵. The lifetime of lipid was 7.89 ns associated with long lifetime species (LLS) (Fig. 3B), the
176 presence of which indicated oxidative stress ⁴⁶. The fraction of each component was calculated
177 as Fig. 3B suggested, $F1/F2$ was the free/bound NADH ratio, and $F3$ was the ratio of LLS. Based
178 on the above mechanism, we evaluated the metabolic state of RtOgs quantitatively by calculating
179 the free/bound NADH ratio and LLS ratio in representative image cross-sections. Qualitatively,
180 the metabolic differences were visualized by applying a pseudo color gradient to the phasor plot
181 (Fig. 3C).

182 Images were taken by Zeiss LSM 780 microscope using a Plan-Apochromat 20x/0.8 M27
 183 objective (Carl Zeiss, Jena, Germany). The excitation wavelength was 740 nm, produced by Mai
 184 Tai multi-photon laser source (Spectra-Physics Mai Tai, Mountain View, CA). Imaging settings
 185 used were as follow: 256 x 256 frame size, 1.66 μm pixel size, 25.21 μs pixel dwell time and 8 bit
 186 pixel depth. Emission laser passed through an MBS 690+ and an SBS SP 610 filters and the
 187 lifetime data was collected by the photomultiplier tube (H7422p-40, Hamamatsu, Japan) and a320
 188 FastFLIM FLIMbox (ISS, Champaign, IL). Before imaging, the system was calibrated on
 189 frequency factor and lifetime by coumarin 6 solution with the known lifetime of 2.5ns. FLIM data
 190 were collected after 100 counts in the brightest pixel of the image were acquired.



191

192 **Figure 3: Fluorescence lifetime imaging and analysis using the phasor approach.** (A)
193 Fluorescence lifetime was acquired by quantifying emitted fluorescent photon over time after an
194 excitation pulse was supplied to obtain an emission decay curve; (B) Phasor plot produced a 2-
195 dimensional space for intrinsic fluorophors with different lifetimes corresponding with different
196 types of metabolism (oxidative phosphorylation favors bound NADH and glycolysis favors free
197 NADH) and different amounts of oxidative stress (long lifetime species). The free/bound NADH
198 ratio and long LLS ratio were obtained by calculating projecting the 3 dimensional photon count
199 histogram onto the Bound-Free axis and LLS axis respectively; (C) A representative images of
200 RtOg analyzed by the phasor approach. The autofluorescence images encapsulated all total
201 fluorescence, while the f/b NADH and LLS are pseudocolor images based on the phasor analysis
202 of quantized fluorescent emission. f/b NADH was free to bound NADH ratio. LLS was long lifetime
203 species.

204 **Phase contrast imaging**

205 The phase contrast microscopy images were acquired using an Olympus IX71 (Olympus,
206 Tokyo, Japan) and a QICAM FAST1394 CCD camera (Teledyne QImaging, Surrey, BC, Canada)
207 under two magnifications by UPlanFL N 4x/0.13 PhL and UPlanFI 10x/0.30 PhL objectives.

208 **Green fluorescent protein imaging**

209 Green fluorescent protein images were acquired using a Zeiss LSM 780 microscope using
210 Plan-Apochromat 20x/0.8 M27 objective (Carl Zeiss, Jena, Germany). The excitation wavelength
211 was 488nm with a pixel dwell time of 1.58 μ s. We used the frame size of 512 x 512 pixels and
212 each pixel is 0.42 μ m.

213 **Quantitative polymerase chain reaction analysis**

214 The primers for qPCR test were listed in Table S1 (Qiagen, Germantown, MD, USA). We
215 used 12 retinal progenitor and photoreceptor genes and 1 housekeeping gene to identify and

216 quantify the gene expression profile in retinal organoids. Human adult retinal tissue was used as
217 a positive control (n = 3). Each RtOg sample was analyzed at days 122 to 124 of differentiation
218 (n = 3 for both static and chip groups). Each sample consisted of 4 individual RtOgs. Trizol reagent
219 (Qiagen), DNase I digestion (Fisher, Waltham, MA, USA), and phenol-chloroform extraction
220 (Fisher) were used to isolate RNA, and an RT² cDNA synthesis kit (Qiagen) was used to
221 synthesize cDNA. RT² SYBR Green with ROX qPCR master mix (Qiagen) was used for
222 amplification, which was performed under the following conditions: 95°C (15 minutes), 40 cycles
223 at 95°C (15 seconds each), 55°C (30 seconds each) and 72°C (30 seconds each). The annealing
224 temperature was 60°C. The double delta cycle threshold (Ct) method was used to calculate the
225 fold expression, and day 0 undifferentiated hESC (line CSC14) was used as a control. For the
226 purpose of analysis and heatmap generation, non-detected amplification in the control tissue and
227 organoids were assigned cycle threshold values of 40. Heat maps were generated using
228 Graphpad Prism software (Graphpad Software LLC, La Jolla, CA, USA), the heat map has the
229 value of $\log_2(\text{Fold Expression})$, which is equal to $-\Delta\Delta C_t$.

230 **Histology and hematoxylin-eosin staining**

231 RtOgs at day 124 of differentiation were fixed with cold 4% paraformaldehyde in 0.1M Na-
232 phosphate buffer for 1 hour (static: n = 2; bioreactor: n = 3), cryoprotected (30% sucrose) and
233 frozen in optimal cutting temperature compound. Cryostat sections (10 μm) were stored at -20°C .
234 Slides in both groups were stained using hematoxylin and eosin and then imaged on an Olympus
235 BXH10 (Center Valley, PA, USA) using an Infinity 3-1U camera (Lumenera, Ottawa, Ontario,
236 Canada).

237 **Statistical analysis**

238 Data in the plot were presented as means with standard deviations. Graphpad Prism software
239 was used for all statistical analyses. In the GFP MFI, free/bound NADH and LLS ratio figures,

240 one-way ANOVA test was performed. In the qPCR heatmap, two-way ANOVA test was performed.
241 The significance was determined by a p value less than 0.05.

242

243 **RESULTS**

244 **Microfluidics design and testing**

245 The chip design was a miniature version of a conventional tissue culture plate with the
246 distance between chambers matching a 96-well plate to retain microscope compatibility.
247 Preliminary designs in which chambers were located on one side of a 1000 μm wide perfusion
248 channel revealed two problems: 1) uneven concentration among chambers and 2) low mass
249 transfer efficiency (Fig. S1). Therefore, not all wells in the preliminary design received comparable
250 media perfusion. To optimize the design, three different variables that affected the mass transfer
251 rate were evaluated with COMSOL simulation: channel width, channel alignment and chamber
252 height.

253 The channel width determined the cross-section area and thus affected the flow velocity (v)
254 as indicated in Equation (1). Holding volume flow rate (Q) constant, the larger the cross-sectional
255 area (A), the slower the flow velocity (v) would be.

$$256 \quad Q = Av \quad (1)$$

257 According to the definition of Péclet number (Pe_L , the ratio of advective transport rate to
258 diffusive transport rate, Equation (2)), larger flow rate would lead to higher advective transport
259 rate, accelerating mass transports.

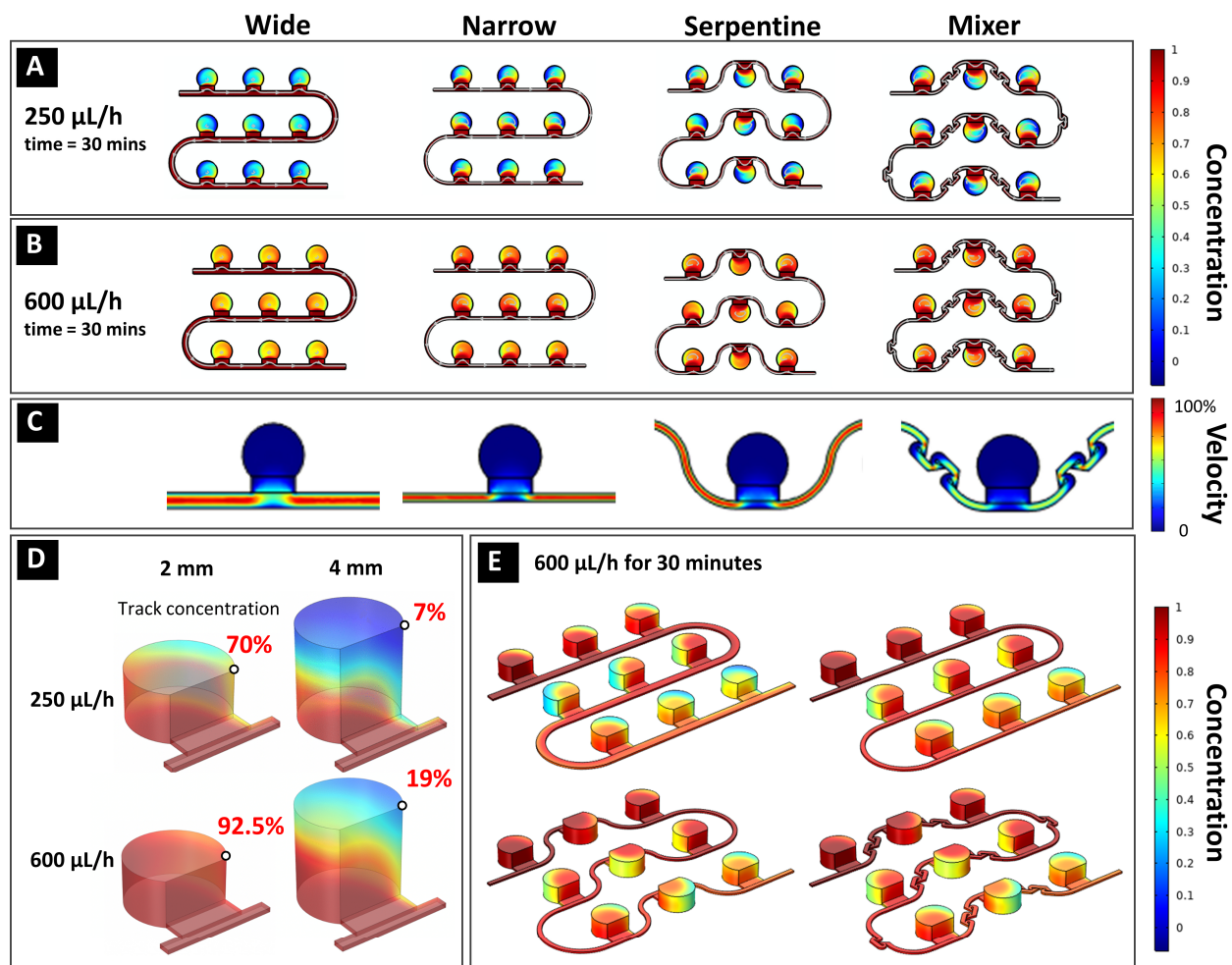
$$260 \quad Pe_L = \frac{Lv}{D} \quad (2)$$

261 where L is the characteristic length, v the local flow velocity, and D the mass diffusion
262 coefficient. Therefore, narrowing the channel width would facilitate an increase in flow velocity.
263 Based on the simulation results, under both flow rates, the narrow channel (500 μm) designs

264 showed faster mass transfer (Figs. 4A-B) and therefore, a theoretically faster delivery of media to
265 each culture chamber.

266 Incompressible fluid flow within the microfluidic device, due to its small size, should be
267 laminar with a parabolic velocity profile when fully developed. As a result, the velocity next to the
268 channel walls should be close to zero. Thus, the designs with all chambers on one side of each
269 channel should show a higher velocity in the fluid close to the channel wall connected to a
270 chamber and that on the opposite wall. Figs. 4A-B show that single-sided channel showed a
271 concentration gradient from the first chamber to the last chamber in each row and then entire
272 series of chambers. This difference was even more pronounced in larger series of 5 x 6 chambers
273 (SFig. 1). To minimize this effect, a serpentine channel was designed to promote comparable
274 media diffusion from both sides of the channel. To further improve concentration distribution, a
275 mixer unit was added between each chamber ⁴⁷. Empirical evidence with a larger 5 x 6 array of
276 organoids demonstrate significant variability between chambers in each row (SFig. 1). Simulation
277 demonstrated that narrow channels with or without mixer showed comparable qualitative
278 performance as indicated with the color map representation of the concentration variations
279 between the first and last culture chambers in each row and those between rows.

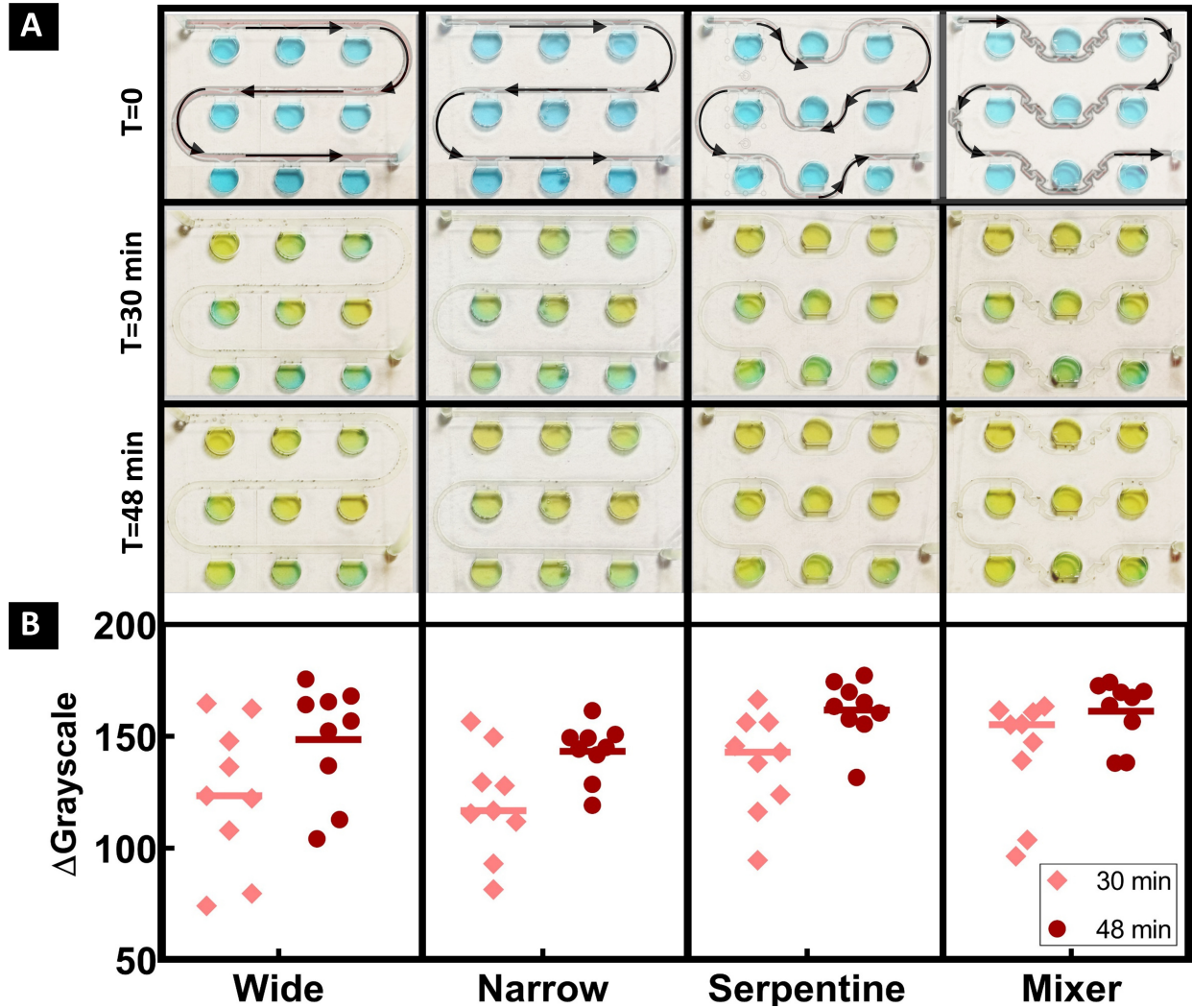
280 The third variable evaluated with simulation was the chamber height. By tracking the point
281 concentration on the same top corner of each chamber, the 3D COMSOL simulation results
282 showed that doubling the height of the chamber to 4 mm caused a dramatic change (4~10 folds
283 difference) in mass transport efficiency (Fig. 4D). To maximize the transport efficiency, we chose
284 2 mm as our final chamber height for bioreactor fabrication. Fig. 4E shows the 3D concentration
285 patterns in four different bioreactor designs.



286

287 **Figure 4: COMSOL simulation of 4 different channel designs.** (A) Concentration distribution
 288 after 30 minutes of slow flow (250 $\mu\text{L/h}$); (B) Concentration distribution after 30 minutes of fast
 289 flow (600 $\mu\text{L/h}$); (C) Velocity distribution – zero velocity in all chamber demonstrated shear stress-
 290 free culture environment. A single culture chamber and adjacent flow channels is shown because
 291 focal flow velocity was identical for every culture chamber and interconnecting microfluidic
 292 channels in the linear series; (D) Mass transfer efficiency comparison between different height
 293 chambers under two different flow rates after 30 minutes. Black circles represent location of
 294 concentration determination at 30 minutes; (E) 3D concentration pattern of four different designs.
 295

296 To confirm simulation results and examine the functionalities of the four designs, a dye test
297 was performed to confirm the optimum design for culturing RtOgs. A 3 x 3 chamber array was
298 fabricated for each channel design with a 2 mm tall culture chamber. Blue dye was used to fill
299 each channel followed by 30 and 48 minutes of 600 $\mu\text{L}/\text{h}$ flow of yellow dye (Fig. 5A). The
300 grayscale photogrammetry from pictures taken on each chamber were quantified (Fig. 5B). The
301 serpentine channel with mixer design showed the smallest standard deviation, indicating that this
302 design had the most uniform concentration among the four. The serpentine channel without mixer
303 exhibited the next best performance based on variability after 48 minutes of flow. The simple
304 serpentine channel without mixer showed higher fabrication success with 3D printing and lower
305 probability of trapped air bubbles in the microfluidic channels than the serpentine channels with
306 mixer.



307

308 **Figure 5: Flow and concentration distribution experiment with dye.** (A) Diffusion pattern of
 309 four different designs (flow rate was 600 μ L/h); (B) Grayscale change of each well after 30 minutes
 310 and 48 minutes.

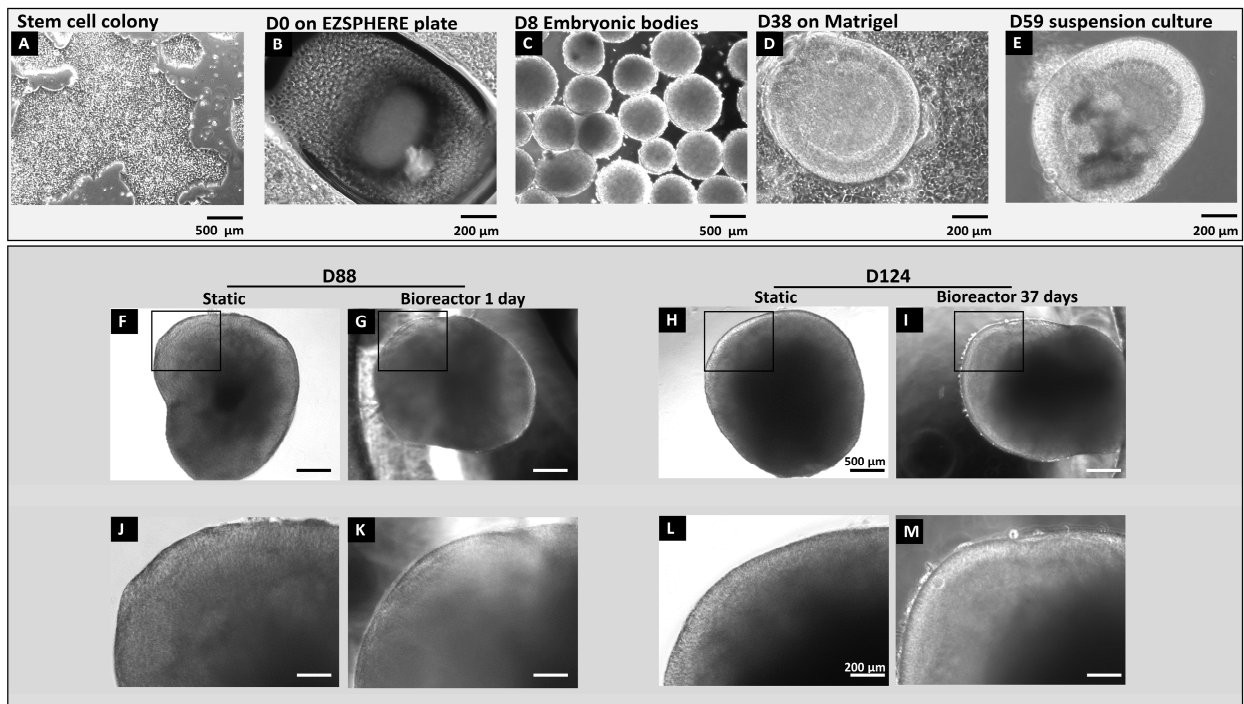
311 **Retinal organoid culture methods comparison**

312 **Phase contrast imaging**

313 The RtOgs used in this study were differentiated from human embryonic stem cells.
 314 Representative phase contrast images in Figs. 6A-E showed the key stages of RtOg
 315 differentiation. The EZSPHERE microwell was used to form stem cells into uniformly sized
 316 embryonic bodies. Eye fields cut from Matrigel were maintained in ultra-low attachment 24-well

317 plate as they assembled into RtOGs. In this study, RtOGs were put on the bioreactor on day 87 of
318 differentiation.

319 Figs. 6F-M showed two representative RtOGs in both groups on day 88 and day 124 of
320 differentiation, respectively. The observable transparent and laminar outer surface, which was
321 observed in both groups, indicated development of a photoreceptor layer. For the bioreactor
322 culture method, the RtOGs tended to grow beside the chamber wall (Fig. 6I). The bioreactor was
323 treated with anti-cell adherence solution twice (STEMCELL Technology) before introducing
324 RtOGs, which effectively prevented adhesion during the first three weeks. However, after three
325 weeks, some of the RtOGs began attaching to the chamber walls without extending along the
326 PDMS surface. As a result, the RtOGs continued to undergo 3D differentiation albeit displaying
327 slight deformation due to the physical contact with the chamber wall.



328
329 **Figure 6: Phase contrast images.** (A) Human embryonic stem cell colony; (B) Day 0 of
330 differentiation, dissociated stem cells in EZSPHERE microwell plate (well size: 800 μm); (C) Day
331 8 of differentiation, embryonic bodies ready for seeding on Matrigel; (D) Day 38 differentiation on
332 Matrigel; (E) Retinal organoid in suspension culture on day 59; (F-G) RtOGs on day 88 of

333 differentiation; (H-I) RtOgs on day 124 of differentiation; (J-M) Higher magnification images
334 correspondeng to images above in F-I.

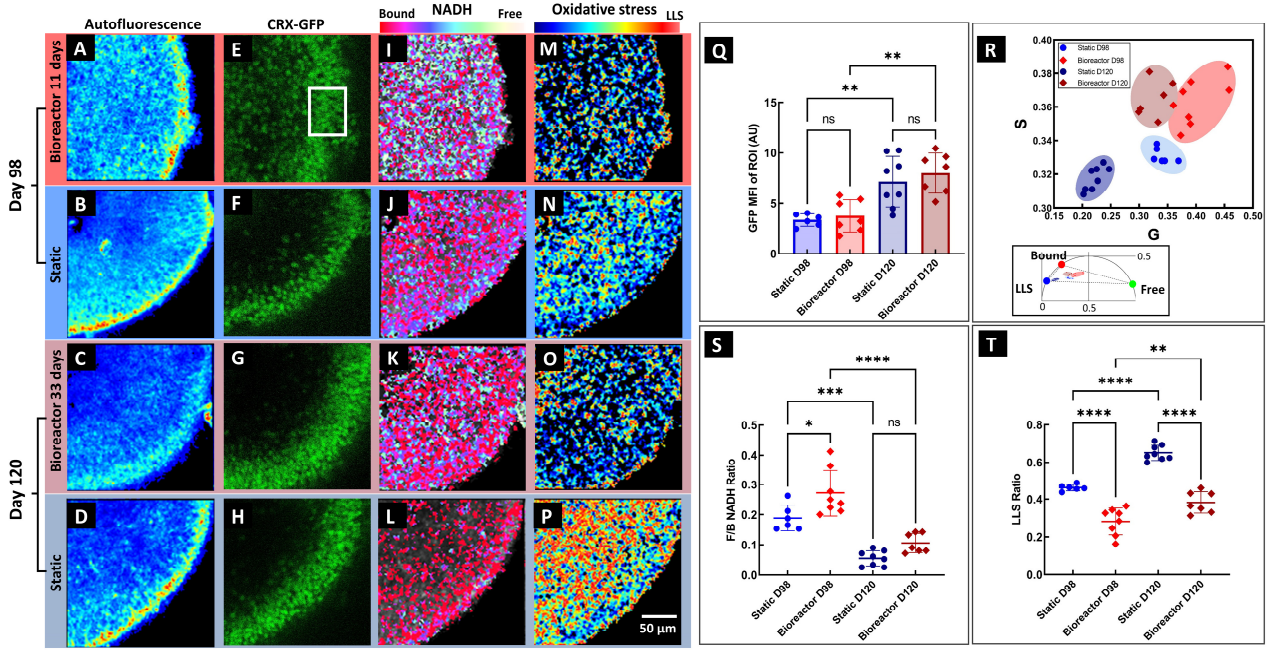
335 Fluorescence lifetime imaging

336 The bioreactor chip platform was supplied with nutrients continuously while the RtOgs in
337 conventional dish culture received nutrient exchange every 3 days. This distinction might cause
338 metabolic differences in the long-term. The hypothesis is that chip cultured RtOgs would
339 experience less oxidative stress caused by reactive oxygen species (ROS), and the sufficient
340 nutrients supply would benefit RtOgs survival and maturation. We previously used FLIM for live
341 RtOg characterization⁴⁸. FLIM was used to measure the metabolic activity in a non-invasive and
342 non-destructive way as described in the method section.

343 Four imaging modalities were used to visualize the same cross-section in RtOgs.
344 Conventional fluorescence microscopy demonstrated greenfluorescent protein in photoreceptors
345 and their progenitors (Figs. 7E-H). Multiphoton infrared stimulation was used to acquire total
346 autofluorescent images showing the total NADH (Figs. 7A-D), which delineated cellular structures
347 and viability of RtOgs. Multiphoton lifetime imaging revealed metabolic changes in NADH from its
348 free to bound form and their associated free:bound ratio (f/b NADH) (Figs. 7I-L). Long lifetime
349 species analysis highlighted oxidative stresses in the tissues (Figs. 7M-P).

350 From day 98 to day 120 of differentiation, RtOgs in both groups shifted from more glycolytic
351 (yellow-green) to more oxidative phosphorylation (red) (Figs. 7I-L), the difference was significant
352 (Fig. 7S), which suggested that RtOgs on day 120 were more differentiated from a stem cell state
353 (glycolytic)^{49, 50}. Furthermore, greater metabolic signature from NADH was present from
354 bioreactor cultured organoids (Comparing Figs. 7K and 7L). When compared within groups, the
355 bioreactor cultured RtOgs had no significant different f/b NADH ratio on day 120 (Fig. 7S), which
356 indicated that RtOgs in both groups obtained comparable differentiation states. The LLS images
357 showed a distinct color difference between two groups (Figs. 7M-P). RtOgs on the bioreactor had
358 experienced significantly lower oxidative stress than RtOgs in static culture at both imaged

359 timepoints, and both groups increased LLS ratio across days (Fig. 7T). The time-dependent
 360 metabolic shifts and the metabolic difference between two groups were also reflected on G-S
 361 phasor plot, which provided the metabolic fingerprint of each group of samples. The measured
 362 RtOgs were located at four different clusters (Fig. 7R).



363
 364 **Figure 7: Qualitative and quantitative comparison of RtOgs in two culture methods. (A-D)**
 365 Total NADH autofluorescence images showed the cellular structures within the RtOgs' cross
 366 section; (E-H) Fluorescence images showed distinct cell nuclear layer corresponding to the CRX-
 367 GFP fusion protein localized in nuclei; (I-L) Pseudo color-coded free/bound NADH distribution
 368 and (M-P) LLS distribution images were generated based on photon lifetime locations within the
 369 2-dminensional phasor space; (Q) The mean fluorescence intensity of GFP signals at region of
 370 interest (white box in Fig. 7E) (One-way ANOVA test was performed: Static D98, n = 6; Bioreactor
 371 D98, n = 7; Static D120 n = 8; Bioreactor D120, n = 7); (R) Scatter plot of imaged RtOgs and their
 372 location on the FLIM phasor diagram; (S) Plot of free/bound NADH ratio to evaluate metabolism
 373 (higher f/b value represented glycolysis, and lower f/b indicated greater oxidative phosphorylation;
 374 (T) Plot of LLS ratio to evaluate oxidative stress. (One-way ANOVA test was performed: Static
 375 D98, n = 6; Bioreactor D98, n = 8; Static D120 n = 8; Bioreactor D120, n = 7).

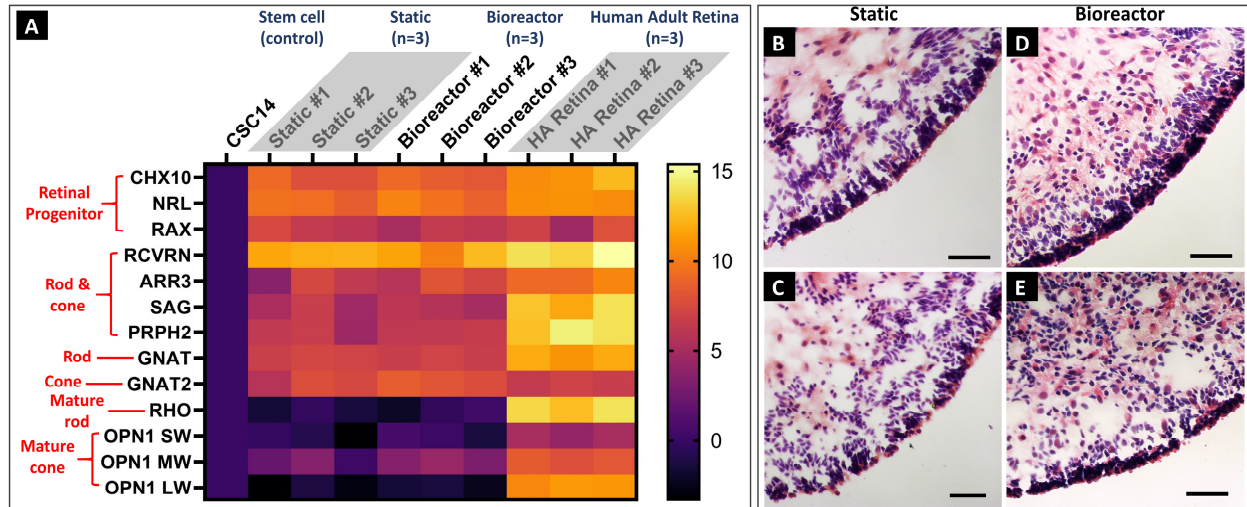
376 Gene expression profile

377 We also examined the RtOgs' gene expression by fluorescence imaging and qPCR analysis.
378 RtOgs in both groups displayed a thick nuclear outer layer which expressed CRX gene on day
379 120 of differentiation (Figs. 7E-H). The mean fluorescent intensity (MFI) of the selected outer
380 surface region showed no significant difference between static and bioreactor cultured RtOgs on
381 day 98 and 120. However, both groups had a significant increase of MFI over time, which
382 suggests an increase of CRX expression during RtOgs differentiation (Fig. 7Q).

383 The qPCR test provided a comprehensive retina related gene profile. Fig. 8A showed that
384 both groups expressed retinal progenitor genes (CHX10, NRL and RAX) that were comparable
385 to those of human adult retina. Both groups also expressed rod and cone genes including RCVRN,
386 ARR3, SAG, PRPH2, GNAT and GNAT2. However, both groups had very little mature
387 photoreceptor gene expression, which was expected, as RtOgs typically do not reach full maturity
388 until day 150~200 of differentiation. The gene expression level showed no significant difference
389 between static group and RtOgs group (two-way ANOVA test, $p>0.05$). However, RtOgs on the
390 bioreactor expressed more OPN1 MW than static group ($p=0.0633$), which implied that micro-
391 millifluidic bioreactor might be the optimal platform for photoreceptor maturation.

392 Hematoxylin-eosin staining

393 Lastly, the RtOgs maintained in both conventional static culture or the bioreactor were fixed
394 on day 124 of differentiation and frozen sectioning performed to acquire hematoxylin and eosin
395 (H&E) cross-sections. Representative images are shown in Figs. 8B-E. RtOgs in both groups
396 demonstrated clear and compact outer nuclear layer on the organoids surface, which suggested
397 the formation of photoreceptor layer. RtOgs maintained in conventional culture demonstrated lacy
398 vacuolization of the inner tissues, whereas the same was not as prominent in the bioreactor-
399 maintained organoids.



400

401 **Figure 8: Gene profile and representative histology images of different experimental**

402 **groups.** (A) The CSC14 stem cell was used as negative control and calibrator for all other groups.

403 Each sample in each experimental group contained 4 RtOgs. The human adult (HA) retina

404 samples were set as positive controls. (B) Four Representative RtOgs in static culture (B-C) and

405 bioreactor culture (D-E) on day 124 of differentiation (scale bar: 50 μ m).

406

407 **DISCUSSION**

408 The overall goal of this study was to improve current RtOgs culture techniques by reducing

409 manual labor required for organoid culture and improve the RtOgs reproducibility and quality. Two

410 main differences between *in vivo* retina and conventional *in vitro* RtOg culture: consistency of

411 nutrition supply and fluid mechanical stability. In the human body, the visual system is the highest

412 energy-consuming system in the brain⁵¹ and photoreceptor cells are identified as the most

413 metabolically active cell. Retinas in the human body are continuously nourished by the dual blood

414 supply from the choriocapillaris and the retinal vasculature. Additionally, the retina *in vivo* is

415 isolated from mechanical forces, by virtue of the non-compressible fluid contents for the globe

416 and the outermost structural support provided by the sclera. In its natural configuration, the

417 photoreceptors are isolated from dynamic fluid forces, whereas organoids in tissue culture

418 develop photoreceptors surrounded by turbulence in multi-well culture plates. Shear stress can
419 impact the stem cell differentiation phenotypes ⁵², destroy circulating tumor cells ⁵³, induce cells'
420 metabolite production ⁵⁴, and cause RtOgs to lose the outer segment like structures ⁵⁵. Loss of
421 photoreceptor outer segments is also seen clinically in patients with retinal detachments who
422 develop glaucoma as a consequence of outer segment shedding ⁵⁶.

423 Bioreactors for organoid culture to remedy the drawbacks of conventional tissue culture have
424 been described in recent years. Existing challenges for bioreactor designs include minimizing the
425 volume of media used, minimizing shear stresses on tissues and reducing their incompatibility
426 with longitudinal non-invasive imaging. At the macro level, stirred and rotating wall vessel (RWV)
427 platforms have been used for retinal organoid differentiation. The former has been shown to
428 produce retinal organoids with improved laminar stratification and increased yield of
429 photoreceptor cells with outer segment structure, with drawbacks of damage to these fragile
430 structures from sheer stress ⁵⁵. The latter has the advantages of improved differentiation, easy
431 use, and high nutrient transfer, and has also been used to culture bladder, lung, intestinal, and
432 vaginal epithelial cell types into three-dimensional cell aggregates ^{31, 57-60}. However, these larger
433 systems share the disadvantage of high cost due to the high volume of media required to maintain
434 the organoids ³⁴. At an intermediate scale is the millifluidic system used to manipulate fluids for
435 organoid maintenance ³⁶. These bioreactors have been used for development of kidney organoids
436 and long-term maintenance of human midbrain and liver organoids ^{29, 61, 62}. Millifluidic systems
437 have the advantages of supporting relatively high flow rates, cell-cell interaction, and less frequent
438 media changes and thus less organoid perturbation but has the disadvantage of intermediately
439 high volume and cost, and low throughput. At the microscale, microfluidic devices have the added
440 advantages of lower volume and lower cost compare to millifluidics ³⁶. Microfluidic devices have
441 been used to culture human intestinal, lung, hepatocyte, and cardiac organoids, ⁶³⁻⁶⁵. For both the
442 milli- and microfluidic devices, shear stress can be minimized by placing organoids in wells or

443 chambers at a set distance from the flow channels. Therefore, we sought to reduce shear stress
444 while creating a perfused environment to house and isolate individual organoids for long term
445 non-invasive imaging.

446 First, we developed a hybrid bioreactor design that incorporated both micro and millifluidic
447 components. This design was made possible from the novel fabrication method relying on SLA
448 3D printers to create a mold incorporating micro-, milli- and even macroscopic features (Figs. 2A-
449 D). Thanks to the development of additive manufacturing techniques, we were able to utilize the
450 SLA 3D printing to combine the micro and milli features easily in one single design. 3D printing
451 also enabled rapid prototyping bioreactor designs to iteratively optimize the design. Cost savings
452 and facility compared with traditional microfabrication methods offers additive manufacturing as
453 a useful approach to manufacturing bioreactors ⁶⁶.

454 We used computer simulation to first demonstrate that each millifluidic culture chamber could
455 be supplied with media from a microfluidic channel. We evaluated flow velocity inside culture
456 chambers and found no active flow (Fig. 4C), which satisfied the design goals to minimize
457 turbulence and shear stresses on retinal organoids by eliminating fluidic movement in the culture
458 chamber. We further optimized channel geometry relative to the culture chambers, flow rate of
459 media through the bioreactor and inclusion of microfluidic mixers between each culture chamber.
460 The endpoint for determining success in each design iteration was comparing uniformity of media
461 composition in each culture chamber. We performed both COMSOL simulations *in silico* (Fig. 4)
462 as well as dye tests *in vitro* (Fig. 5). *In silico* simulations demonstrated that narrow microfluidic
463 channels (500 μm wide x 200 μm tall) allowed greater mass transfer than wider microfluidic
464 channels (1 mm wide x 200 μm tall). We also observed *in silico* that high flow rate (250 vs 600
465 $\mu\text{L/hr}$) also improved mass transfer into culture chambers (Fig. 4B). *In vitro* dye tests to confirm
466 *in silico* modeling predictably revealed that bioreactor designs with all culture chambers arranged
467 on the same side of the microfluidic channel suffered from diffusion from a single side of the

468 channels laminar flow. This resulted in the first chamber in each row of the microfluidic series to
469 have the highest mass transfer of fresh media, while the last chamber had the lowest (Fig. 5A).
470 To overcome this limitation, we designed a bioreactor with serpentine microfluidic flow line and
471 culture chambers on alternating sides of the microfluidic flow line. These designs were simulated
472 *in silico* to reveal improved concentration uniformity in each culture chamber compared with
473 straight channel designs. *In vitro* dye testing confirmed that media concentration variability
474 between all wells was improved by the serpentine design (Fig. 5B). Finally, we introduced mixers
475 in the flow channel to determine if mixing would improve culture chamber concentration uniformity.
476 *In silico* simulation demonstrated improved chamber concentration uniformity over the serpentine
477 channel design (Fig. 5A). *In vitro* dye testing demonstrated a marginal improvement when the
478 mixer was included than when it was not. A decision based on practical implementation was made
479 to exclude the mixer because of the higher probability of trapping bubbles in the mixer elements
480 as well as the mixer having tapered features that exceeded the resolution of the 3D printers
481 employed.

482 A second major requirement for our design was to enable long-term imaging of retinal
483 organoids maintained in perfused culture. The bioreactor chip design included glass cover slips
484 to seal the microfluidic circuit. Glass cover slips are thinner than microscope slides and, therefore,
485 suitable for both multiphoton imaging and conventional fluorescence microscopy. Multiphoton
486 imaging relies upon optimally efficient photon capture, and thicker glass slide reduces captured
487 photons below threshold of practical imaging.

488 Archberger *et al.* demonstrated a chip platform containing tissue chambers seeded with RPE
489 and fed with media via a porous membrane to mimic vasculature in the retina⁶⁷. This platform
490 emphasized human physiological fidelity and minimized shear stress. However, a limitation was
491 the relatively short 7-day maintenance of the chip platform for organoid culture. After optimizing
492 our bioreactor design, we evaluated its performance in sustaining retinal organoids. The protocol

493 for loading organoids into the bioreactor was determined as described in Figs. 2E-F. In this body
494 of work we sought to evaluate the bioreactor's ability to maintain RtOgs for 1 month. We
495 compared organoids differentiated to 88 days *in vitro* that were either placed in the bioreactor for
496 37 days or remained in conventional plate culture. Non-invasive functional imaging of metabolism
497 and oxidative stress, sustained development of photoreceptors on the organoids outer layer, and
498 terminal PCR analysis of RtOg tissue were endpoints for comparing culture conditions. Phase
499 contrast microscopy revealed that RtOgs maintained in conventional culture and bioreactors
500 developed a comparable semi-translucent outer layer. Qualitatively, we observed slightly more
501 photoreceptor outer segments in the RtOgs maintained in the bioreactor. The fluorescent reporter
502 GFP linked to nuclear CRX served as a marker for photoreceptors and their progenitors. We
503 observed an insignificant difference in the fluorescence intensity of GFP⁺ nuclei in organoids of
504 the same age when they were cultured in the bioreactor or conventional culture (Fig. 7Q),
505 suggesting the cellular composition is likely similar between RtOgs maintained in either culture
506 condition.

507 However, we observed a statistically significant difference in metabolism and oxidative stress
508 between organoids maintained in the bioreactor versus conventional culture (Fig. 7). Organoids
509 in the bioreactor had significantly higher total NADH signal. It is worth noting that bioreactor
510 cultured RtOgs at both timepoints presented similar f/b NADH ratio as those in static culture,
511 indicating similar differentiated state⁶⁸ (Fig. 7S), but the total NADH signal was lower in organoids
512 maintained in conventional culture. Furthermore, organoids in the bioreactor demonstrated lower
513 LLS levels suggesting that they experience less oxidative stress than organoids maintained in
514 conventional tissue culture (Fig. 7T). We confirmed with gene expression for retinal genes and
515 observed no significant difference between RtOgs maintained in conventional culture or the
516 bioreactor (Fig. 8A). Because RtOgs expressed similar gene expression profiles after 37 days of
517 on-chip culture to human adult retina, this is promising for future observations optimization to
518 develop mature retinal without segment structures (SFig. 2), which are typically observed under

519 long term culture conditions ⁶⁹. H&E staining of organoids maintained in the bioreactor or in
520 conventional culture suggested a possible difference in tissue architecture between the two
521 groups. RtOgs maintained in culture may have greater propensity for vacuole formation that
522 correlates anatomically with a greater LLS and oxidative stress (Fig. 8B-E).

523

524 **CONCLUSION**

525 In this study, we designed and optimized a bioreactor for long term RtOg culture in a low
526 shear stress environment that was also compatible with multimodal imaging. We found that
527 higher flow rates through narrower channels with culture chambers on alternating sides of the
528 perfusion channel enabled optimal and practical concentration uniformity between culture
529 chambers. We subsequently achieved RtOgs culture on a shear stress-free micro-millifluidic
530 bioreactor for 1 month and identified key similarities and differences between RtOgs maintained
531 in either static culture or the bioreactor. We found that: 1) bioreactor cultured RtOgs developed
532 transparent layered surface structure comparable to static cultured ones; 2) the outer surface
533 region of bioreactor cultured RtOgs had comparable free/bound NADH ratio and overall lower
534 long lifetime species (LLS) ratio than static culture RtOgs; 3) RtOgs maintained for 22 days in
535 either the bioreactor or conventional culture expressed significantly higher CRX than that on day
536 98; and 4), there was no significant difference in gene expression between static conventional
537 culture and bioreactor culture. Therefore, the micro-millifluidic bioreactor in this study has
538 demonstrated its potential to sustain RtOgs of equal or better quality than organoids maintained
539 in static culture, while achieving this goal in a low maintenance, sheer stress-free system.

540

541 **AUTHOR CONTRIBUTIONS**

542 Y.X.: methodology, data curation, formal analysis, investigation, visualization and writing of
543 original draft; M.S.: funding acquisition, project administration, resources, supervision, validation

544 and manuscript review & editing; W.T.: conceptualization, project administration, supervision,
545 validation and manuscript review & editing ; J.W.: investigation, visualization and writing of original
546 draft; A.B.: conceptualization, funding acquisition, methodology, project administration, resources,
547 supervision, validation, visualization, manuscript review & editing.

548

549 **CONFLICTS OF INTEREST**

550 There are no conflicts to declare.

551

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562

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