

LC-MS/MS validation for drug of abuse testing utilizing a split sample oral fluid collection system.

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8 **Keywords: oral fluid, drugs of abuse, mass spectrometry, point of care testing, split sample,**

9

10 **Abstract**

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12 The Substance Abuse and Mental Health Services Administration (SAMHSA) recently authorized
13 oral fluid (OF) as a preferable biofluid for drugs of abuse (DOA) screening compared to urine, and
14 they required that each screening method be confirmed by a laboratory test. We developed a DOA
15 mass spectrometry (MS) assay optimized for undiluted OF as a matching confirmatory test for the
16 EZ-Saliva point of care (POC), split sample, rapid visual test. Using a double isotope ratio
17 standardization, we achieved a limit of detection of <0.3 ng/mL for seven DOAs, with high precision
18 in undiluted patient OF ($CV < 7.2\%$), linearity of $R^2 = 0.99$, lack of interference ($<1.0\%$) by a panel of
19 interfering compounds at 1000-fold excess, and a dynamic range of 0-850 ng/mL, from a consented
20 population of $N=84$ self-reported THC users using the collection device (device yield $>90\%$).
21 Stability from degradation exceeded 72 hours. The lateral flow immunoassay strips of the POC
22 exhibited a dose-dependent response, with a 90% sensitivity and 100% specificity for $N=22$ self-
23 reported, THC patient OF, digitized for quantitation. We conclude that the split sample POC device
24 in combination with the MS assay meets the SAMHSA stated requirements for a POC test with a
25 laboratory confirmation. Split sample collection has significant advantages because it minimizes
26 potential error created by taking a separate OF sample for laboratory confirmation. We recommend
27 scaling to a larger validation study set and quantification of user OF THC levels that correlate with
28 driver impairment levels.

29

30 1 Introduction

31 Recreational marijuana use is legal in 11 USA states as well as the District of Columbia.¹² In 2018, the
32 National Survey of Drug Use and Health found that cannabis is the most commonly used psychoactive
33 drug, with 52% of people surveyed between the ages of 18-26 reporting the use of cannabis during
34 their lifetime, and 35% reporting cannabis use in the month prior to the survey.¹⁻² After cannabis,
35 synthetic opioids are the second-most consumed drugs of abuse in North America. Roughly 4.1% of
36 the US population (5.8% of males, 2.5% of women) report driving while under the influence of illicit
37 drugs of abuse, resulting in car accidents with a higher driver fatality rate than in accidents involving
38 drivers under the influence of alcohol (44% versus 38% in 2016).⁷⁻⁸ Additional health consequences
39 associated with drug use include mental health disorders, viral infections, including HIV and Hepatitis
40 C, and liver cancer.²⁴ These serious consequences of drug use lead to high societal costs estimated at
41 55.7 billion USD in 2007. Workplace earnings lost due to DOA use are estimated at 11.2 billion USD
42 and police/criminal correctional units costs to enforce DOA misuse are 3.8 billion USD in 2007.⁵
43 However, despite the risk of marijuana use impairing the driving capabilities of the user, there currently
44 exists no standardized oral fluid test for law enforcement to confirm drug use for suspected impairment.
45 The Substance Abuse and Mental Health Services Administration (SAMHSA) regulates the required
46 guidelines for testing patients or individuals suspected to be under the influence of drugs in the
47 workplace, driving vehicles, or medical environments. In the past, most testing for drug of abuse
48 (DOA) have used urine-based testing. Urine testing has inherent drawbacks for onsite testing and
49 requires preservation methods (i.e. refrigeration) for additional confirmatory testing. In October of
50 2019, SAMHSA addressed the drawbacks of urine testing and authorized the use of oral fluid as a
51 preferable biofluid for DOA testing.¹¹ Compared to urine-based testing, DOAs within OF do not require
52 renal clearance and are indicative of recent drug use through direct exposure by smoking and/or oral
53 administration.^{6,10,13} In addition to recommending OF as a preferred matrix, SAMHSA requires all
54 DOA screening tests to undergo an additional laboratory test confirming the primary screening result.
55 Thus, in the DOA surveillance testing environment there is an unmet need for a rapid OF screening
56 method matched to a highly sensitive confirmatory method for DOA measurement in OF.
57 To achieve this important need, two technical components need to be addressed. The first is a
58 technology or tool for OF collection, rapid diagnosis, and storage for confirmatory test. This device
59 must be tamper-proof to protect the OF/saliva sample chain of custody. Secondly, a robust, precise,
60 accurate, and quantitative laboratory analysis method for undiluted OF samples needs to be matched
61 and available in tandem to validate the screen results from the point-of-care device.
62 In the present study we introduce an OF mass spectrometry multiple reaction monitoring (MS/MRM)
63 protocol for DOA detection that uses a combination of heavy and light isotope standards as internal
64 calibrators. Secondly, we introduce a split sample point of care device, the EZ-Split Saliva II (ESS),
65 that takes the same input of OF and splits the sample into a) a 5 DOA panel rapid lateral flow
66 immunoassay (LFI), and, b) simultaneously securely aliquots the same OF for confirmatory analysis.
67 We used the MS/MRM quantification method to evaluate the sensitivity, yield, linearity, and stability
68 of 7 DOAs. Using this method we examined a cohort of self-reported THC positive OF samples to
69 determine the distribution of THC levels in a given population and correlate THC patient data to the
70 point of care (POC) diagnosis. The overall purpose of this study was to evaluate the split sample
71 collection device for on-the-spot screening followed by liquid chromatography with tandem mass
72 spectrometry (LC/MS-MS) confirmatory testing.

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77 2 Experimental

78 2.1 Reagents and Standard Solutions

79 Optima LC/MS grade methanol (MeOH), LC/MS grade 0.1% formic acid in water, LC/MS grade
80 formic acid ampules, optima grade dichloromethane (DCM), optima LC/MS grade isopropanol (IPA),
81 hydrochloric acid HCl, tert-butyl methyl ether, (MTBE), and hexane were purchased from Fisher
82 Scientific. Ammonium hydroxide (NH₄OH) was purchased from Sigma. DOA analytical standards:
83 (+/-) amphetamine, (+/-) methamphetamine, cocaine, benzoylecgonine, morphine, phencyclidine, (-)
84 delta9-THC, (+/-) amphetamine – D5, (+/-) methamphetamine – D5, cocaine – D3, benzoylecgonine –
85 D3, morphine – D3, phencyclidine – D5, and (-) delta9-THC – D3 were obtained as 1mg/mL solutions
86 from Cerilliant (Round Rock, TX, USA). Interfering substances: Diphenhydramine HCl, Alprazolam,
87 Dihydrocodeine, S-Nicotine, Caffeine, Cortisol, - Cotinine, Dextromethorphan, Ibuprofen, Naproxen,
88 Prednisone, R-Pseudoephedrine, Amobarbital, Propranolol, Nicotinamide, Carbamazepine, Clobazam,
89 Clonazepam, Valproic Acid, Verapamil, and Sertraline were purchased from Cerilliant (Round Rock,
90 TX, USA). Stabilization buffer was purchased from Immunalysis (Pomona, CA). The Raptor Bipheyl
91 LC column; 2.7um, 100mm x 2.1mm was purchased from Restek (Bellefonte, PA). Isolute SLE+
92 columns were purchased from Biotage (Charlotte, NC). The PRESSURE+ 48 positive pressure
93 manifold was obtained from Biotage (Charlotte, NC).

94 2.2 Oral fluid collection and human subjects.

95 Saliva was collected from volunteers using mLIFE EZ Saliva-II Saliva (ESS) Based Drug Test kits
96 (<https://www.mlifedx.com/>). The ESS device collects the OF in a sponge which splits the OF into a
97 channel which communicates the OF to a lateral flow immunoassay DOA line, and, b) into a secure
98 aliquot for later confirmatory mass spectrometry testing. The collected oral fluid is undiluted. The ESS
99 displays a color change in the stem when the proper adequate volume of OF is collected.

100 All participants signed a written informed consent. The study received approval from the George
101 Mason University Institutional Review Board. Saliva was self-collected by the participants under the
102 direct observation of a study team member. Saliva was collected until the color indicator on the
103 collection device turned red/pink. The wand was inserted into the test kit, and the test kit was placed
104 in a Ziplock, plastic biohazard specimen transport bag, and stored at -20C prior to mass spectrometric
105 analysis of THC.

106 Four sets of volunteers were analyzed. Set 1 contained N=84 patients whose OF was collected after
107 self-reported marijuana recreational use in a group setting. This set was used to establish the expected
108 dynamic range distribution of OF THC within an active-intake population. Set 2 contained N= 39
109 negative controls who reported no use of marijuana. This set was used to ascertain mass spectrometry
110 analysis specificity. Set 3 contained N=21 patients whose OF was collected after self-reported
111 marijuana use. This set was analyzed in a blinded fashion and was used to determine performance of
112 the LFIs in comparison with mass spectrometry analysis. 14/21 volunteer samples had adequate amount
113 of OF in the collection device to be subjected to both MRM and LFI analysis. Set 4 was a pilot
114 examination of the time course of THC concentration in OF and perceived drug impairment in one
115 participant who smoked 0.5g of medical marijuana. The last known use of marijuana compounds was
116 >30 days prior to this event. Seven minutes post marijuana use, OF was self-collected by the participant
117 using the mLIFE EZ Saliva-II Saliva Based Drug Test. OF was self-collected hourly for 3 hours, for a
118 total of 4 specimens: 7 minutes, 1 hour, 2 hours, and 3 hours post marijuana use. Participant height and
119 weight were 5' 9", and 200 lbs, respectively.

120 2.3 Pre-analytical sample processing.

121 Two hundred (200) μL of each undiluted OF sample was transferred to a low binding 1.5mL centrifuge
122 tube; 600 μL of stabilization buffer and 3 μL of concentrated ammonium hydroxide were added, and all
123 samples vortexed.

124 The samples organic fraction, containing the DOA, was separated from the aqueous fraction using
125 supported liquid extraction columns. In order to do so, 800 μL of stabilized OF sample was transferred
126 to 1mL Biotage SLE+ Isolute columns, which were positioned on a Biotage PRESSURE+ 48 positive
127 pressure manifold. After 5-minutes, elution from the columns was accomplished by the addition of
128 2.5 mL of DCM:IPA (95:5), followed by another addition of 2.5 mL of DCM:IPA (95:5). Each elution
129 step was performed with a small pressure of about 0.5psi, with a 5-minute waiting period between
130 elution steps. Both elutions were collected into 12 x 75mm borosilicate glass test tubes. After the final
131 elution, a higher pressure of about 10psi was used to empty the columns of all liquid into the glass
132 tubes. To each glass tube, 100 μL of 50mM HCl in MeOH was added. Each tube was dried on a
133 MicroVap at 40°C under about 4LPM nitrogen. Each sample was reconstituted with 200 μL of 0.1%
134 formic acid in MeOH. Fifty (50) μL of each test tube was transferred to an autosampler vial for MRM
135 analysis.

136 2.4 DOA internal standard and calibration curves.

137 DOA heavy isotopes (DOA-Hv, (+/-) amphetamine, (+/-) methamphetamine-D5, cocaine-D3,
138 benzoylecgonine-D3, morphine-D3, phencyclidine-D5, and (-) delta9-THC-D3) were used as internal
139 standards for DOA quantification, and spiked in OF samples at a concentration of 50 ng/mL. Linearity
140 of the assay was assessed by regression of standard curves expressed as light/heavy isotope ratio. For
141 all DOAs, light isotopes were spiked in OF at the following concentrations: 100ng/mL, 50ng/mL,
142 25ng/mL, 12.5ng/mL, 6.25ng/mL, 3.125ng/mL, and 1.56ng/mL.

143 2.5 Mass Spectrometry Analysis

144 LC-MRM experiments were performed on a TSQ Quantum XL triple quadrupole mass spectrometer
145 (ThermoFisher) equipped with an Accela HPLC and autosampler system (ThermoFisher). Drugs of
146 abuse were separated using a Raptor BiPhenyl, 100mm x 2.1mm, 2.7 μm LC column (Restek). The
147 mobile phase consisted of 0.1% aqueous formic acid (mobile phase A) and 0.1% formic acid in
148 methanol (mobile phase B). After injection, the DOA were eluted using a gradient of 5% - 40% B in
149 2 minutes, 40% - 60% B in 5 minutes, 60% - 90% B in 4 minutes, and finally back to 5% B over 2
150 minutes. Flow rate was set at 300 $\mu\text{L}/\text{min}$. Spray voltage was set at +4000V and nitrogen sheath gas
151 pressure was set at 40. The first quadrupole was operated at 0.7amu (FWHM), and set to pass 14
152 different precursor m/z. The second quadrupole was filled with 1.5mTorr of argon gas for
153 fragmentation. The third quadrupole was set to cycle through 42 different transitions (3 transitions per
154 precursor). The cycle time was set to 1 second, which equates to a dwell time of 24msec. All optimal
155 precursor, transition, collision energy, and tube lens values were determined by direct infusion of all
156 drugs of abuse in MeOH into the mass spectrometer prior to conducting any LC-MRM analyses. These
157 values are all shown in Table S2. All MRM data was imported into, and analyzed with, Skyline v 4.1
158 (University of Washington, Seattle WA, Michael MacCoss laboratory). All procedures followed
159 guidelines under CAP/CLIA certification in the authors' high complexity CAP CLIA clinical
160 laboratory.

161 2.6 Interfering Substances

162 In order to test assay specificity, the interfering substances listed in Supplementary Table 1 were diluted
163 in methanol and added to OF samples containing DOAs in the following amounts:

- 164 1. 100ng/mL 7 DOA + 100ng/mL each for all 22 interfering substances in a unique sample.
- 165 2. 100ng/mL 7 DOA + 1000ng/mL each for all 22 interfering substances in a unique sample .
- 166 3. 100ng/mL 7 DOA only
- 167 4. 100ng/mL each for all 22 interfering substances in a unique sample

168 **2.7 EZ-Saliva Kit DOA stability assessments at 24 hours, 72 hours, and 1 week.**

169 All seven DOAs were spiked in negative donor OF at a concentration of 50 ng/L. 1mL of DOA spiked
170 OF were placed into EZ-Saliva II tamperproof mass spectrometry collection vials. The vials were
171 capped, placed in a foil bag out of the light, and left at room temperature. After 24 hours, 72 hours, and
172 1 week, 200 μ L of saliva from each sample was transferred to 1.5mL low binding centrifuge tubes.
173 Each time saliva was transferred, the vial was recapped, and placed back into the foil bag and left at
174 room temperature. Samples were subjected to mass spectrometry as described above.

175 **2.8 Lateral Flow Immunoassay**

176 EZ-Saliva Lateral Flow Immunoassay Strips were donated by MLife Diagnostics. The 5-panel LFI
177 strips were for the following DOAs: Amphetamine, Methamphetamine, Cocaine, THC, and Opiates.
178 The cut-offs for the LFIs were indicated on the package insert. A dose response curve (0-100 ng/mL)
179 of the DOAs (excluding THC), were spiked into a neat, undiluted oral fluid sample. The 5-panel
180 wicking strips were submerged into the spiked-OF sample and held at a 90° angle for 5 minutes. After
181 the sample completely flowed to the absorbent pad, an image was taken of the LFI panel. Digital image
182 was acquired using an iPhone 6S. Densitometry analysis was performed on the test and control lines
183 of the LFI using ImageJ software. All experimentation was performed using disposable glassware.

184 **2.9 Statistical Methods**

185 Linear regression of light/heavy isotope peak area ratio versus standard concentration was used to
186 build calibrator curves. Variation of DOA concentrations in different experimental conditions was
187 assessed by t test. Discriminatory performance of THC LFI strips compared to binary outcome of
188 MRM analysis was assessed via received operating characteristics (ROC) analysis. All statistical
189 analyses were performed using GraphPad Prism Version 8.0 Software.

190

191 3 Results & Discussion

192 3.1 Rapid Point of Care Oral Fluid Collection System allows for dual simultaneous diagnosis 193 and storage for downstream confirmatory analysis.

194 Driving after use of illicit drugs increases a person's risk of being seriously injured or killed in a driving
195 accident up to three-fold.^{6,7} Compared to subjective officer-based assessments of impaired driving, a
196 POC rapid diagnostic screening device, at the roadside, can contribute objective information to inform
197 the officer's judgement. Oral fluid DOA levels may reflect the current or recent use of DOA and can
198 be easily collected in a public setting under observation. OF has been documented to reflect DOA
199 systemic levels within 1 hour after intake.⁴ In contrast, urine collection must be done in private, and
200 the urine levels may lag 24 hours behind the peak level of DOA, and its associated impairment.
201 The EZ-Split Saliva II (ESS) device is a novel OF collection system for multiplexed diagnosis and
202 secure storage of sample (**Figure 1**).²¹⁻²² The device collects the saliva in a sponge which splits the OF
203 into a) a channel which communicates the OF to a LFI DOA line, and, b) into a secure aliquot for later
204 confirmatory testing. The ESS LFIs utilize a competitive immunoinhibitory method opposite to the
205 double-antibody sandwich immune assay. Specifically, the immunoinhibitory lateral flow assay has a
206 pre-bound analyte antigen on the test line. When the patient's analyte binds to the labeled monoclonal
207 antibody, this prevents the labeled antibody from binding to the bound antigen on the test line. This
208 type of immunoassay is necessary for DOA screening, compared to a sandwich immunoassay because
209 a small molecular weight drug does not present the available dual non-competing epitopes required for
210 a typical sandwich assay. A major advantage the ESS device compared to single aliquot POC OF tests
211 is that the device collects, in parallel, the same OF confirmatory sample, approximately 1.9 mL to
212 2.5mL, into a secure, tamper proof collection vial.^{4,16} The ESS device collects undiluted saliva for LFI
213 analysis and confirmation. In contrast, commercialized OF DOA screening devices such as Quantisil
214 and the Draeger DDT5000 require an OF buffer dilution step that can reduce sensitivity. Depending
215 on the collection yield, swab protocol, and mouth residence time an individual OF sample may not
216 collect sufficient volume for further confirmatory testing within the same device kit.^{6,12,18,20} To address
217 this source of preanalytical variability, the ESS displays a color change in the stem to insure that the
218 proper adequate volume of OF is collected. Laboratory confirmation testing of suspected DOA samples
219 is an essential step to legally verify if an individual was exceeding a legal limit of OF DOA levels at
220 that moment in time. Due to the variability of OF collection and storage methods, it is impractical for
221 a technician or officer to take more than one OF sample for diagnosis and confirmation testing
222 respectively. Furthermore, taking multiple OF samples increases the variability of time-dependent
223 DOA concentration within the OF leading to poorer quantitation and inaccuracies. The split sample
224 system introduced here overcomes these difficulties with dual OF collection sponges (**Figure 1**). The
225 ESS collection vial ensures that the same neat, undiluted OF sample can be utilized for downstream
226 confirmatory analysis (LC/MS-MS). This tamper proof vial meets chain of custody requirements and
227 ultimately, protects the patients by removing the subjectivity and uncertainty regarding the LFI
228 diagnosis. Overall, the ESS kit has features supporting value as a screening in the workforce or during
229 police traffic stops.

230 3.2 LC/MS-MS Isotope ratio analysis is highly specific and precise.

231 Previous published MS protocols for OF DOA testing report that precision and linearity of the assay
232 is affected by analytical sensitivity, variance, and linearity, volume of OF, OF dilution by stabilization
233 buffers, and OF matrix effects.^{17,19} Herein we introduce a simple MS MRM OF DOA assay that utilizes
234 the neat, undilute OF collected in the tamper proof vial of the ESS kit. We follow guidelines under
235 CAP/CLIA certification in the authors' high complexity CAP CLIA Clinical Lab. The MS MRM

236 protocol is user-friendly and rapid (**Figure 2A**). Our protocol introduces heavy isotope reference
237 standards for DOA quantitation. The panel of DOAs included morphine, amphetamine (AMP),
238 methamphetamine, Cocaine (COC), benzoylecgonine (BZE), phencyclidine (PCP), and Delta-9-
239 tetrahydrocannabinol (THC) (**Figure 2 B**).^{14,15} Assurance of accuracy and linearity, particularly around
240 the legal limit cut point is critically important because of the legal implications. For all DOAs, the
241 assay was linear over the range of 1.56 ng/mL to 100 ng/mL (**Figure 2 C**). In order to assess ion
242 suppressive matrix effects, DOAs were spiked into N=5 DOA-free OF samples at different
243 concentrations. Matrix effects were evident when considering DOA peak areas without the addition of
244 heavy isotope standardization (AMP CV=40.33% across 5 volunteer samples at 100ng/mL) (**Figure 2**
245 **D**). Importantly, when heavy isotope standard were used, DOA light/heavy isotope ratio were much
246 less susceptible to patient-to-patient variability and showed improved linearity ($R>0.99$) (AMP CV=
247 6.48% at 100 ng/mL) (**Figure 2 D-E, Supplemental 1 A-L**).

248 **3.3 High precision of the LC/MS-MS method of DOA identification from OF has no** 249 **significant measurable interference from potential OF contaminants.**

250 To further analyze the LC-MS/MS precision we spiked in 50 ng/mL each of 7 DOA into N=5 DOA-
251 free replicate donor OF. The samples were analyzed in triplicate by LC/MRM. Using the
252 standard/heavy isotope ratio quantitation, the average DOA concentration calculated was 50.0 ng/mL,
253 demonstrating excellent agreement with the concentration of the DOA spiked into the OF. Individual
254 quantification of each DOA within the OF led to less than 10% CV values for each drug tested (**Figure**
255 **3 A,B**). Furthermore, the LC-MS/MS limits of detection for each DOA are below 0.3ng/mL, well below
256 the legal cut-off limits (**Figure 3 C**). To validate the specificity of the LC/MS-MS detection method
257 against potential OF interfering substances, we spiked in 100 ng/mL and 1000 ng/mL of 22 different
258 commonly prescribed medications (**Supplemental Table 1**) along with 100ng/mL of a 7 DOA mix
259 into DOA-free donor OF sample. The peak areas of the individual DOA spectra were not substantially
260 affected by either concentration of the 22 interfering substances (**Figure 3 D**). Lower peak area values
261 for specific DOA tested can be attributed to drug specific degradation rates. A specific example is
262 shown in **Figure 3E** for Amphetamine, where even at a level of 1000 ng/mL of the 22 interfering
263 substances (vs 100ng/mL of the 7 DOA), all 3 transition ions, including the ion used for quantification
264 (m/z 91.045) are unaffected. The insert demonstrates that the 22 interfering substances at 1000ng/mL
265 alone (no DOA) show nothing but background when detecting the 3 transition ions for Amphetamine.
266 Overall, the methodology developed shows strong specificity to the DOA of interest with no
267 disturbance from high concentrations of non-DOA OF interfering substances.

268 **3.4 Split Saliva Collection Device successfully recovers and prevents DOA degradation for over** 269 **72 hours.**

270 We tested the collection efficiency of the ESS devices (N=6) wicking sponge pads by spiking in 50
271 ng/mL of a 6 DOA (morphine, AMP, methamphetamine, COC, BZE, and Delta-9-
272 tetrahydrocannabinol (THC)) mix into DOA free OF. The spiked OF was collected by the ESS sponge
273 pads and then deposited into the test cassette. Samples were analyzed using the MS method above. The
274 percentage of DOA recovery from the wicking sponge pad for each sample ranged from 85-99% which
275 further demonstrates the ESS POC device having a high yield of recovery. Cocaine had the lowest
276 recovery rate of the drugs tested and delta-9-THC had the most variable rate of recovery from the
277 sponge pad (**Figure 4 A**). Next the stability of the glass vial was tested by spiking in 50 ng/mL of a
278 DOA mix into N=3 unique donated DOA free OF. The sample was processed through the collection
279 kit and stored in the opaque, sealed package in which the kit arrives in. At 24h, 72h, and 1 week time
280 points the collection vial was analyzed by MRM in triplicate. We found that a majority of the DOAs
281 tested remain at 50 ng/mL at 1 week time, however, cocaine rapidly metabolizes into benzoylecgonine
282 (BZE), cocaine's primary metabolite, post-24h (**Figure 4 B**).⁹ BZE's concentration increases inversely

283 to cocaine's metabolization at the 48h and 1 week time points. This present data indicates that MS
284 quantified concentrations of DOAs within unbuffered OF is acceptably stable for 72 hours at room
285 temperature or 4 degrees C. This timeline fits directly within the standard shipping timelines for police
286 officers to send samples to confirmatory labs. Our data indicates that holding the OF sample more than
287 72 hours, may be associated with a breakdown of certain DOAs into their respective metabolic side
288 forms that are different from the *in vivo* native state of the drug. Specifically, for cocaine OF
289 confirmation testing, we recommend the total level of cocaine and BZE be calculated concurrently,
290 with their values combined, in order to determine the most accurate levels at the time of collection.
291 These data support the need for further pharmacodynamic time course studies of emerging DOA tests
292 employing OF samples, recognizing the potential for metabolic conversion *in vivo* and *ex vivo* under
293 common storage conditions to provide the most accurate measurement of the drug.

294

295 **3.5 Competitive LFIs within the Collection Device demonstrate a dose-dependent response for** 296 **non-THC DOAs.**

297 The LFIs within the ESS device employ a competitive immunochromatography method where the
298 colloidal gold bead is labelled with the antibody against the DOA antigen. When the antigen is present
299 (positive sample) and binds to the antibody labelled bead, the bead migrates past the test line. However,
300 when the antigen is not present (negative sample), the antibody labelled bead arrests at the test line
301 which contains the antigen bound to an antibody. Therefore, a negative sample presents with two lines,
302 whereas a positive samples presents with only one line, the top control line (**Figure 5 A**). Competitive
303 immunoassays are required for small molecule LFI assays because small drug analyte molecules lack
304 the space for dual binding epitopes that are required for sandwich-based immunoassays. We tested and
305 quantified the LFI response to a dose response of 4 DOAs. Densitometry analysis using Image J
306 software quantified the pixel intensity of the test and control lines. The DOAs, excluding THC, show
307 a clear dose dependent response on the LFI test line (**Figure 5 B**). Native THC was extremely
308 absorptive to polymeric surfaces of the ESS collection device, whereby the antigen failed to reach the
309 LFI test line resulting in a false negative diagnosis (**Figure 5 C**). We will mitigate this drawback using
310 chemical additives that increase THC solubility and minimize loss. Despite the value of visual rapid
311 screening, these tests can suffer from the subjectivity of the visual reader and the lighting conditions.
312 Additionally, since the mechanics of the LFI are opposite to the conventional sandwich based LFIs,
313 inexperienced or distracted users may not read the test properly. Digital scanning was effective in
314 measuring and identifying a dose response curve for the DOAs tested. We recommend that the all DOA
315 LFI based rapid screening tests incorporate a low cost digital based quantification of the test line in
316 order to reduce the subjectivity of the user, and protect the individual who is being tested.

317

318 **3.6 MS Method Accurately Quantifies the Distribution of THC within a Population of Self-** 319 **Reported THC Positive OF.**

320 Using the ESS kit, N=84 volunteers donated OF after self-reported cannabis use (smoking) in a group
321 setting. All samples were collected within the same time period. The goal was to evaluate the expected
322 required dynamic range for THC oral fluid levels for subjects actively using recreational THC. The
323 distribution ranged from 0 to 825 ng/mL, with the vast majority of subjects tested at a level of 50 ng/mL
324 (**Figure 6 A**). Although impairment measures were not collected in this set of volunteers, this dynamic
325 range study reveals an example expected distribution of THC within an active-intake population.

326

327 **3.7 LFI is concordant with DOA MS MRM in a blinded study.**

328 Due to the rise in marijuana legalization in the United States, police departments have been evaluating
329 rapid THC LFI screening test candidates. Unfortunately, in published studies, THC LFIs can yield
330 unacceptable variability and low sensitivity regardless of the biofluid used.^{10,23} We performed a
331 blinded analysis of N=39 self-reported THC negative patient OF. For all N=39 patients, 100% returned

332 negative by MS analysis (**Supplemental Table 2**). For a final independent cohort, self-reported THC
333 OF samples were quantified using the MS method and analyzed on the ESS's LFI. The control and test
334 lines of the LFI were quantified via ImageJ densitometry analysis. A digital scan cut-off of 1562
335 arbitrary units (AU) was used to determine positive (LFI values < cut off) and negative (LFI values >
336 cut off) samples (**Figure 6 B**). ROC analysis of the patient data led to a LFI sensitivity of 90% and
337 specificity of 100% at a threshold of 1562 AU (**Figure 6 C**). Under object digital scanning the strip,
338 the sensitivity and specificity of the ESS test appears highly accurate under this blinded pilot study
339 confirmed by MS MRM.

340 We performed a pilot examination of the time course of THC concentration in and perceived drug
341 impairment in a patient who used marijuana for medical reasons. Results showed that for OF THC
342 levels were metabolized quickly to fall well below the legal cut-off of 50 ng/mL 1 hour after smoking,
343 while the levels of perceived impairment remained high (**Supplemental Figure 3**). Consequently,
344 there is an urgent unmet need to correlate OF parent THC and metabolites with impairment.²³ In the
345 future conventional impairment scoring can be correlated with OF THC levels using driving
346 simulations.

347 **4 Conclusions**

348 In conclusion the present study describes an improved protocol for sensitive and accurate MS
349 laboratory confirmation of DOA in oral fluid coupled to a POC device that can both diagnose and store
350 OF simultaneously. Within our patient cohorts, we were able to demonstrate the feasibility and
351 accuracy of the quantitation of the MS test. We used this method to evaluate a novel POC device that
352 collects, diagnoses, and stores a patients unbuffered saliva for DOA screening. The device
353 demonstrated minimal loss of analyte during use, and protects and stores the OF in a stable state for a
354 sufficient time without the need for diluting buffers. The split sample test can be easily deployed and
355 implemented into drug detection programs. Furthermore, the split sample device can be expanded to
356 test up to 52 different analytes and can be customized to rapidly detect and confirm other drugs,
357 antigens, or pathogens of interest, such as COVID-19 within OF. Moreover, alternative pathogen and
358 drug analytes can also be verified by MS in parallel. While the existing pilot study is promising, it has
359 weaknesses in terms of sample number size, and lack of information from participants about level of
360 impairment, or timing since THC use. future studies should include larger patient sets and should
361 evaluate the kinetics of the DOA within OF after drug administration. Additionally, the mode of drug
362 administration should be evaluated, such as inhaled versus ingestion, and correlated with the level of
363 impairment for experienced and first time users.

364 **5 Conflict of Interest**

365 Among the authors, RG is a shareholder for mLIFE DX LLC. All other authors affirm that they have
366 no other personal, financial interest, or have received personal income that are related to this topic.
367 The partial-sponsor of this study (mLIFE DX LLC) had no influence nor role in the content of the
368 analysis of the collection device technology.

369 **6 Acknowledgments**

370 Oral fluid samples were obtained under patient consent and anonymized following George Mason
371 University's Institutional Review Board approved protocol (No. 1244866-6). Support for this study
372 was provided by the College of Science at George Mason University, the Beck Foundation, and a
373 research grant from mLIFE DX LLC.

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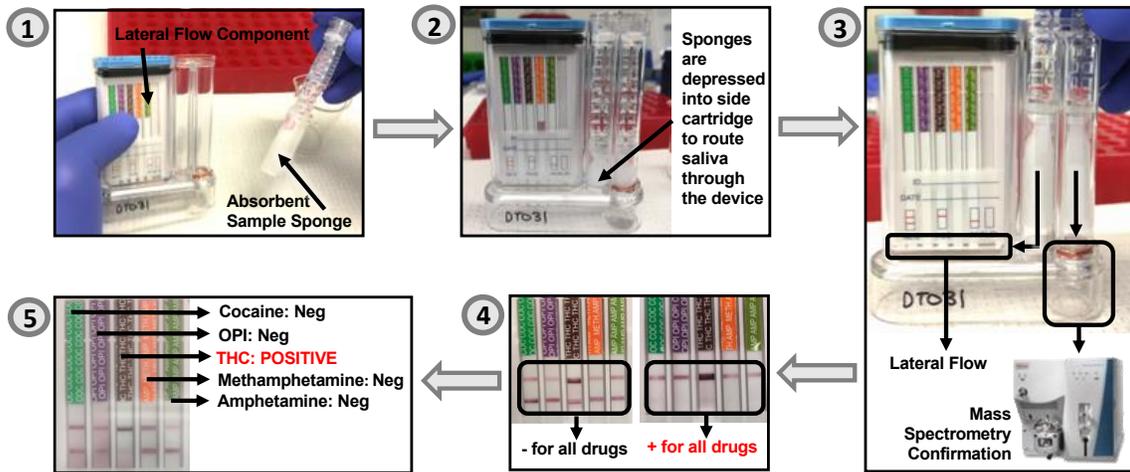
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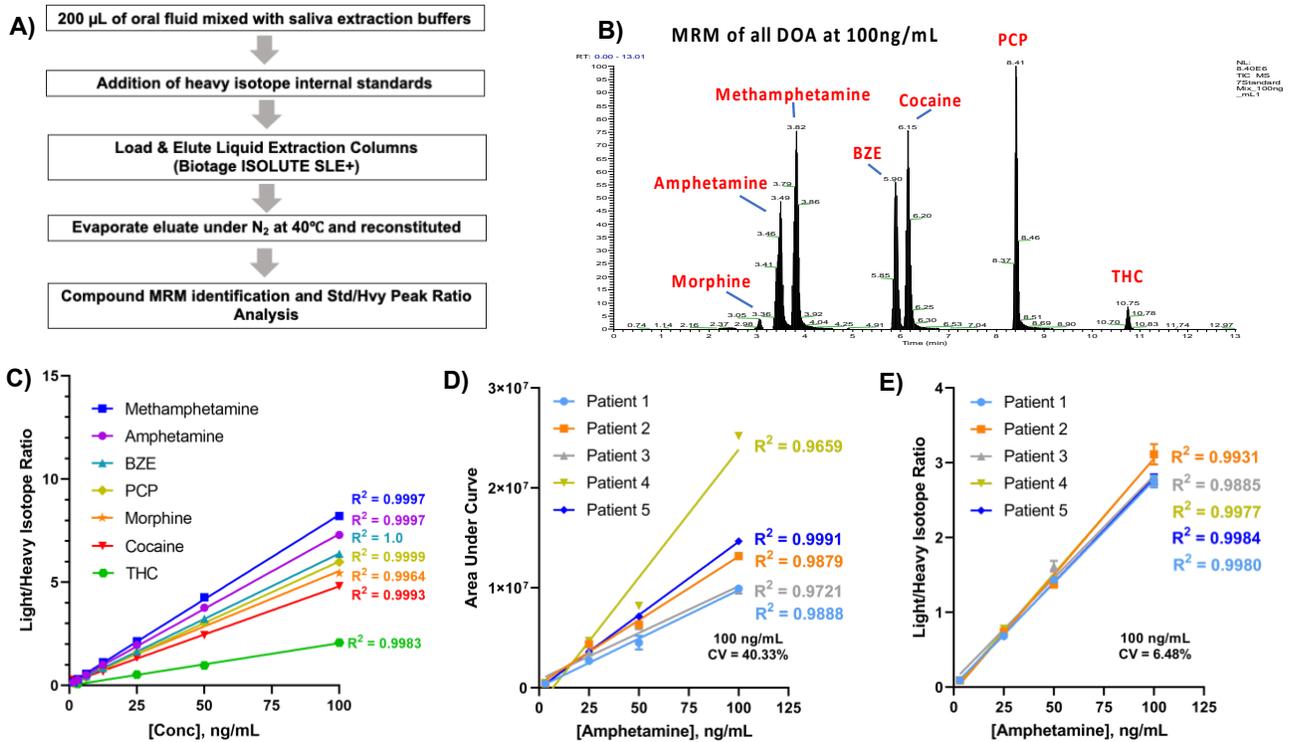
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Figures



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Figure 1. Oral fluid collection system includes dual simultaneous testing and storage for downstream confirmatory analysis. 1) A dual sponge wand is inserted in the mouth and a colorimetric indicator in the wand turns pink when an adequate volume of oral fluid is collected. 2,3) Sponges are depressed and release undiluted oral fluid into two compartments: a) lateral flow immunoassay drug of abuse line and b) secure aliquot for later confirmatory mass spectrometry analysis. 4) The competitive immuno-inhibitory method used in the strips entails 2 visible lines (control at the top and test at the bottom) for negative samples, and 1 visible line (control at the top) for positive samples. 5) Current panel of the multiplex MRM assay includes: cocaine, opioids, THC, methamphetamine, amphetamine.



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Figure 2. Pre-analytical sample processing and mass spectrometry protocols yield a method

that can reproducibly detect seven DOAs in patient oral fluid samples. A) The experimental

workflow includes several steps: neat oral fluid is stabilized with buffers and spiked with heavy

internal standards prior to sample clean-up via supported liquid extraction columns. Cleaned samples

are dried and reconstituted prior to MS MRM analysis. B) MRM chromatogram of 7 DOA at 100

ng/mL. C) Standard curves for all 7 DOAs in oral fluid show linear regression coefficients r^2 higher

than 0.999 over a range of 1.56 ng/mL to 100 ng/mL. D) Peak area quantification of DOA spiked in 5

donors' OF is pronouncedly affected by matrix effects, showing %CV of 40.33% at 100 ng/mL. Data

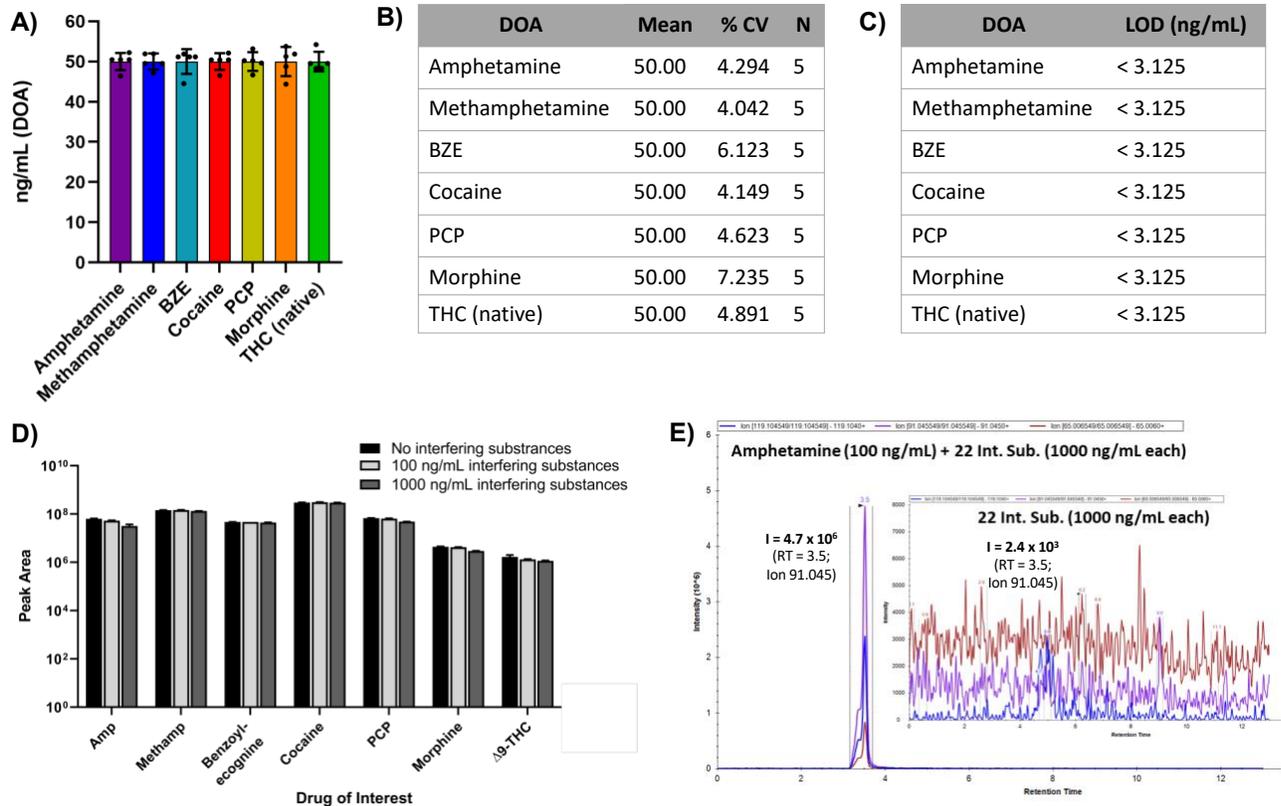
shown for a single drug, Amphetamine. Error bars represent SD for 3 independent measurements. E)

Inclusion of a heavy isotope standard and quantification reduces variability due to matrix effects and

improves CV values (6.48% at 100 ng/mL). For this reason, quantitation was conducted using heavy

isotope standards. Data shown for a single drug, Amphetamine. Error bars represent SD for 3

independent measurements.



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Figure 3. MS MRM detection method for 7 DOA shows high precision, low limits of detection, and is unaffected by the presence of 22 common interfering substances, even at high

concentration. A) Individual replicates (N = 5) in a single patient's oral fluid show high

reproducibility between MRM analyses. 50 ng/mL of each drug was spiked into a single patient's

oral fluid; individual data point are presented as black dots while error bars represent SD between the

5 independent MRM analyses to demonstrate column extraction efficiency. B) Quantitation of each

DOA via std/heavy shows the average of 5 runs for all drugs was 50 ng/mL. All CV values were

under 10%; 5 of the 7 DOAs have CV values under 5%. C) Limits of detection for each DOA are

under 3 ng/mL. D) Peak area was not substantially affected by either 100 or 1000 ng/mL each of 22

common interfering substances, ensuring effective quantitation. All DOA were spiked at 100 ng/mL.

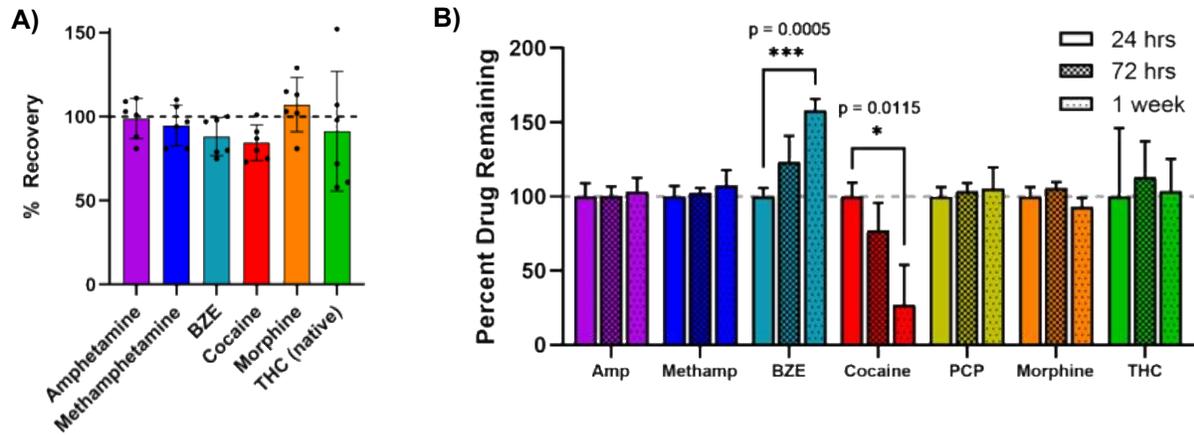
E) Peak intensity of amphetamine fragment ion 91.045 (purple) in the presence of 22 interfering

substances is 4.7×10^6 (RT= 3.5). Spectrum of only the 22 interfering substances and no

amphetamine shows no signal (only background) at RT = 3.5 for fragment ion 91.045 (purple)

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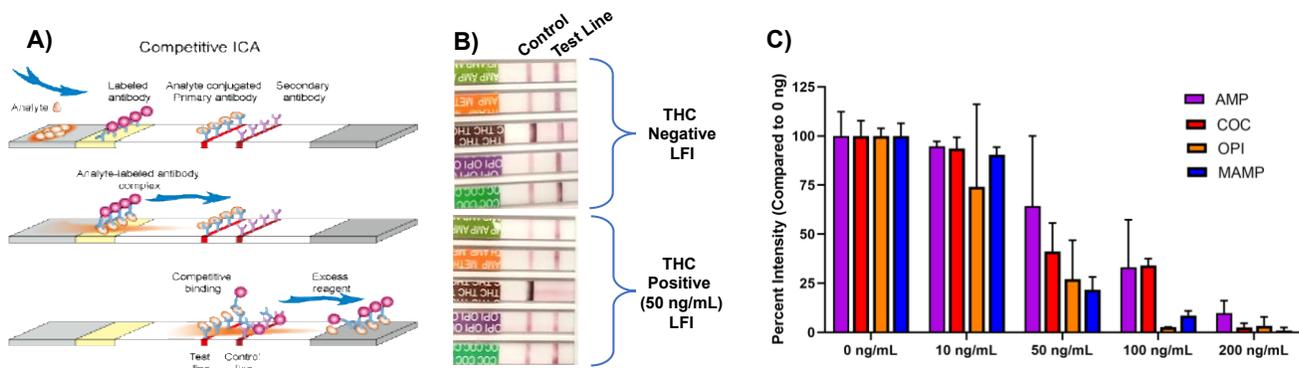
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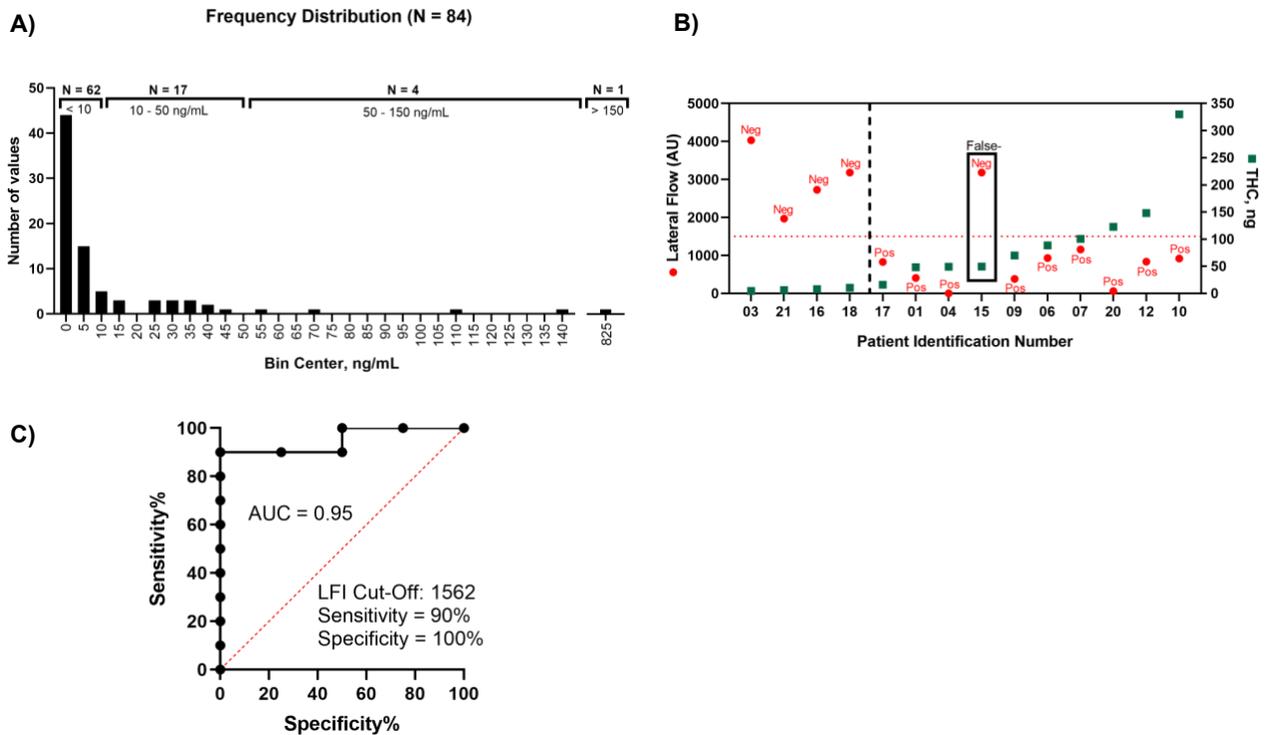
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Figure 4. Split sample saliva kits show good recovery of DOAs from the mass spectrometry validation vial, but can be stored at room temperature and analyzed via mass spectrometry no later than 72 hours after collection. A) Recovery of all drugs of abuse from split sample sponge of the collection device was around 100%. N = 6 independent experiments. B) Saliva was spiked with 50 ng/mL DOAs and quantified at 24 hrs, 72 hrs, and 1 week. Significant degradation was observed only for cocaine; metabolite BZE concentration increased as cocaine decreased, suggesting primary degradation of cocaine was conversion to BZE. Significance was determined via t-test using Graphpad Prism v. 8.0. N = 3 saliva samples per time point from 3 unique individuals.

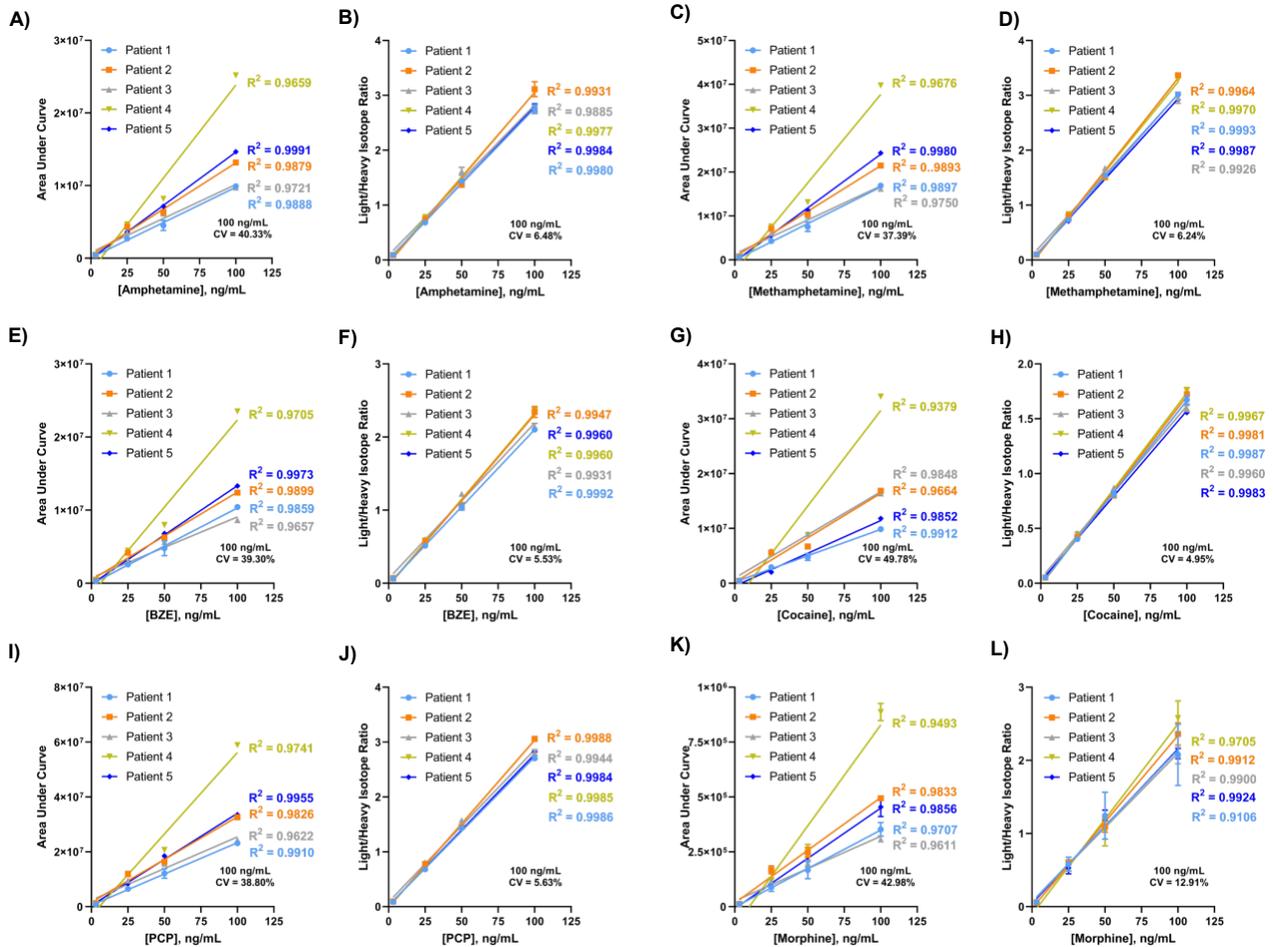


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Figure 5. Split-sample oral fluid lateral flow device functions via a competition model and shows dose-dependent LFI response to four DOAs. A) Schematic of lateral flow strips where DOA is detected by labelled antibody. The labelled antibody can competitively bind to either the analyte in the sample (positive, test line does not show up), or to the test line with analyte (negative, test line does show up). B) Example LFI results for both a negative THC sample and a THC-positive sample spiked with 50 ng/mL. C) Percent intensity of the test line for four DOAs was dependent on the dose of DOA in the saliva sample.

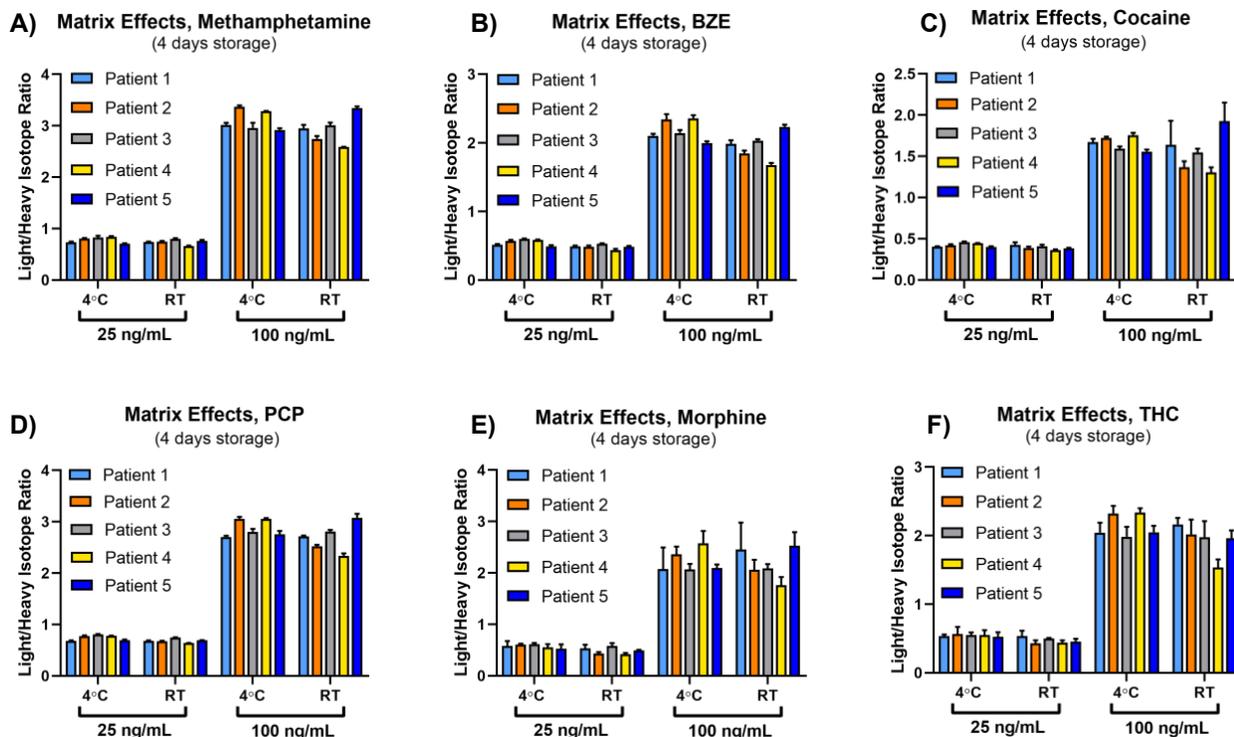


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511 **Figure 6. THC patient cohorts demonstrate wide OF THC dynamic range and split sample**
512 **device's THC lateral flows have 93% concordance with MRM.** We examined a cohort of self-
513 reported THC positive OF samples to determine the distribution of THC levels in a given population,
514 and correlate THC patient data to the point of care (POC) diagnosis. A) MRM quantification in a set
515 of recreational THC users revealed a large OF THC dynamic range, from 0-825 ng/mL. B) A blinded
516 MRM study on fourteen independent volunteers who self-reported THC consumption on a single
517 night revealed four negative patients (under 15 ng/mL THC), and 10 positive patients (greater than
518 15 ng/mL THC). LFI analysis of the same 14 samples revealed 93% concordance with MRM. C)
519 ROC curve analysis demonstrates that the LFI can determine positive or negative THC status with a
520 sensitivity of 90% and a specificity of 100% for 14 patients at a threshold of 1562 arbitrary units.
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Supplemental Figure 1: Individual DOA area of the curve analysis for quantitation demonstrates higher variability between patients based on matrix effects. The inclusion of standard/heavy ratio analysis reduces the area under the curve variability due to patient matrix effects, thus improving the CV values for all drugs analyzed. Error bars represent SD for 3 independent measurements.



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Supplemental Figure 2: Individual DOA stability analysis across N=5 patients at 25 ng/ml and 100 ng/mL stored in either 4C or room temperature over 4 days. Values are the ratio of standard over heavy isotope.

Table S1: Interfering Substances Analysis

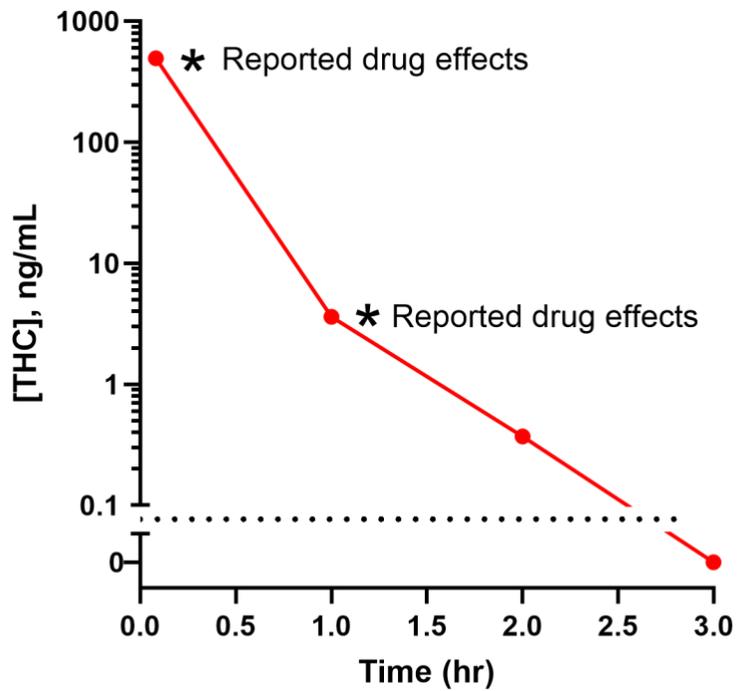
Alprazolam	S-Nicotine	Ibuprofen	Verapamil
Dihydrocodeine	Caffeine	Naproxen	Sertraline
Diphenhydramine	Cortisol	Clonazepam	Prednisone
Doxylamine	Cotinine	Valproic Acid	R-Pseudoephedrine
Amobarbital	Propranolol	Nicotinamide	Carbamazapine
Clobazam	Dextromethorphan		

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Supplemental Table 1: List of Interfering Substances incorporated into the specificity assay in Figure 3.

Supplemental Table 2: Optimal values for MRM determined by direct infusion of all drugs of abuse. Values specified are precursor m/z, transition m/z, collision energy (CE) voltage, analysis start and stop time, and tube lens voltage. Transition values shown in bold were used for quantitation.

Supplemental Table 3: Blinded Analysis of N-39 self-reported THC negative unique OF samples via MS returned with 100% negative results.



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541 **Supplemental Figure 3:** THC time course paired with patient perceived impairment. THC levels
542 were above legal threshold immediately after smoking. At 1-hour post smoking, the individual
543 perceived impairment, however their levels of THC were below the legal cut-off point of 50 ng/mL.
544 Beyond 1 hour, levels of THC continued to decrease linearly until it reached the limit of detection
545 and patient reported no impairment.